

### Three To Get Married

Holy Sex! Three to Get Married Making Marriage Work Why You're Not Married Yet Getting Ready for Marriage 10 Great Dates Before You Say 'I Do' The Argument-Free Marriage What's It Like to Be Married to Me? Boundaries in Marriage Three to Get Married The Three Marks of Manhood Joined by Grace Get Married This Year For Married Women Only Connecting Through Yes! Three Secrets to Holiness in Marriage How to Improve Your Marriage Without Talking About It 101 Questions to Ask Before You Get Engaged Life-Giving Love And Tango Makes Three Get Married 12 Questions to Ask Before You Marry Get Married, Stay Married The Seven Principles for Making Marriage Work Saving Your Marriage Before It Starts Marriage The Surprising Secrets of Highly Happy Marriages God, When Will I Get Married? Just Married Catholic Church Saved My Marriage The Mission of Love I Want to Get Married! Marriage, a History Three to Get Married Surviving a Spiritual Mismatch in Marriage Love and Responsibility So You're Getting Married 1001 Questions to Ask Before You Get Married How Can I Be Sure? Things I Wish I'd Known Before We Got Married

### Holy Sex!

Before we examine the nature, the meaning, and the beauty of Christian marriage (which St. Paul calls "a great mystery in Christ and the Holy Church"), we shall examine the essence and meaning of marriage in the realm of nature, and its specific character in reference to all other fellowships and communities. Only in this way can we understand what was so gloriously exalted by Jesus Christ and thus dispel the misinterpretations

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of the nature of marriage so frequently encountered. Why does Holy Scripture choose this particular relationship as an image? It is chosen because marriage is the closest and most intimate of all earthly unions in which, more than in any other, one person gives himself to another without reserve, where the other in his complete personality is the object of love, and where mutual love is in a specific way the theme (that is to say, the core) of the relationship.

### Three to Get Married

Based on the author's blog, Ayzah atjawaz.

### Making Marriage Work

One of the greatest and best-loved spokesmen for the Faith here sets out the Church's beautiful understanding of marriage in his trademark clear and entertaining style. Frankly and charitably, Sheen presents the causes of and solutions to common marital crises, and tells touching real-life stories of people whose lives were transformed through marriage. He emphasizes that our Blessed Lord is at the center of every successful and loving marriage. This is a perfect gift for engaged couples, or for married people as a fruitful occasion for self-examination.

### Why You're Not Married Yet

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More than a million couples can't be wrong! And with this updated edition of their award-winning book, Drs. Les and Leslie Parrott help you launch lifelong love like never before. This is more than a book—it's an experience, especially when you use the his/her workbooks filled with more than 40 fun exercises. Get ready for deeper intimacy with the best friend you'll ever have. *Saving Your Marriage Before It Starts*, in more than 15 languages, is the most widely used marriage prep tool in the world. Uncover the misbeliefs of marriage Learn to communicate with instant understanding Discover the secret to resolving conflict Master the skills of money management Get your sex life off to a great start A compelling video, featuring real-life couples, is available, and with this updated edition Les and Leslie unveil the game-changing SYMBIS Assessment. Now you can discover how to leverage your personalities for a love that last a lifetime. Make your marriage everything it is meant to be. Save your marriage—before (and after) it starts.

### Getting Ready for Marriage

Singles are getting conflicting messages from today's culture, both Christian and secular. Is it okay to want to be married? Is there anything a never-married woman can do, within a biblical framework, to "assist" the process? Candice Watters gives women permission to want Christian marriage, encourages them to believe it's possible, and supplies the tools to get there - despite our anti-marriage culture. This book blends the author's personal journey from singleness to marriage with the biblical perspective on marriage. As an editor for Focus on the Family's Boundless webzine, Candice Watters knows the target audience inside and out. Whether a woman has been told to "get married" or marriage is on her lifelong wish list, *Get Married* points her to the source!

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### 10 Great Dates Before You Say 'I Do'

Forget waiting for Mr. Right! You can go out and find "The One" yourself when you follow this plan. Celebrated relationship expert Dr. Janet Blair Page has distilled the very best of her acclaimed dating class at Emory University—the one covered by CNN, FOX, Good Morning America, and The Early Show—into this one-of-a-kind book. She's helped bring thousands of singles true love—and now it's your turn! Your To-Do List This Year: Today: Get to know yourself. Next Month: Figure out what you really want from your man. Month 3: Learn how to get out of your own way. Month 6: Take the field and find the right guy. Month 10: Make the big decision. Month 12: Get married! The power is yours—and with Dr. Page's guidance, you'll use that power to meet and marry your Perfect Guy. From designing the ultimate Spouse Shopping List to getting the right guy to commit, this tried-and-true method gives you the blueprint you need to take charge of your love life and find love that can last a lifetime—in only 12 months or less!

### The Argument-Free Marriage

Get Married, Stay Married is a complete series of marriage counseling sessions rolled into one comprehensive book that couples can read and absorb together. The reality of the authors' own 44-year marriage and the infidelity and addiction troubles they faced bring home the credibility of their sound advice based on biblical principles and real-life experiences. With honesty, humor, and profound insight, Get Married, Stay Married speaks directly to the difficult truths of marriage with authentic, redemptive love. Timeless principals and practical tools are presented for all modern-day couples: Preparing for marriage.

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Who want to strengthen and safeguard an already stable marriage. Who want to bring healing and wholeness to a struggling marriage. Get Married, Stay Married is a unique map and compass that keeps any marriage on the road to lifelong joy and fulfillment. The secrets you learn will dramatically change for the better your life, your spouse, and your love for each other.

### What's It Like to Be Married to Me?

“ Most people spend far more time in preparation for their vocation than they do in preparation for marriage. ” With more than 35 years of experience counseling couples, Gary has found that most marriages suffer due to a lack of preparation and a failure to learn to work together as intimate teammates. So he put together this practical little book, packed with wisdom and tips that will help many develop the loving, supportive, and mutually beneficial marriage they envision, such as: What the adequate foundation for a successful marriage truly is What to expect about the roles and influence of extended family How to solve disagreements without arguing How to talk through issues like money, sex, chores, and more Why couples must learn how to apologize and forgive Ideal for newly married couples and those considering marriage, the material lends itself to heart-felt, revealing, and critical conversations for relational success. Read this book and you ’ ll be prepared for—not surprised by—the challenges of marriage. - Bonus features include: Book suggestions and an interactive websites to enhance the couples ’ experience “ Talking it Over ” questions and suggestions to jumpstart conversations over each chapter Appendix on healthy dating relationships and an accompanying learning exercise

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### Boundaries in Marriage

The relationship expert from the Ladies' Home Journal, the Wall Street Journal, and Lifetime Television shows how to prevent marriage problems before they start. There's nothing wrong with starter jobs and starter homes, but starter marriages? Relationship expert Monica Mendez Leahy is on a mission to help readers make their marriage last. Her *1,001 Questions to Ask Before You Get Married* offers a reality check for couples on the marriage path, helping them realize how much they have yet to discover about their partner's nature, thought processes, lifestyle, and marital expectations. Engaged couples learn to discuss issues deeper than "chicken or fish" and to broach subjects that are often ignored before the nuptials yet essential for the foundation of an intimate, long-lasting relationship. Posed in a variety of fun formats, including multiple choice, fill-in-the-blank, and hypotheticals, these questions include topics such as: "Does your partner feel that you're too attached to your parents?" "Is there such a thing as innocent flirting?" "Is it OK to cheat on your taxes?" And more.

### Three to Get Married

Kimberly Hahn invites all families to embrace Catholic teaching on life issues. With personal testimony and practical advice, she shows that God's design for union and procreation in marriage--far from being a rigid, burdensome law--is really a truth that allows us to be all we were created to be.

### The Three Marks of Manhood

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Everyone longs to love and be loved. Being single and waiting on the person who God has for you can, at times, be somewhat frustrating. We might wonder if there is something wrong with us or if maybe God has forgotten about that deep prayer of our heart. Have you found yourself looking for the right one with no luck? How can you improve your confidence in taking the next step after so many relationship challenges? God, *When Will I Get Married?* Will open up your understanding of how important it is to trust in God, so you can use your waiting period as a time to prepare for that special one. You will also learn to be confident enough to watch out for red flags, discern relationship patterns and know when you have met someone who is worth you taking a risk.

### Joined by Grace

The ultimate goal for the Christian life is heaven, but what path should a couple take to get there? Dan and Amber DeMatte, who have worked together in youth and family ministry for more than fifteen years, believe it 's holiness—living as Jesus did. Giving and receiving love and living for the sake of others—especially your spouse and children—will help you achieve holiness, the DeMattes say. You can even find holiness in the everyday tasks of marriage and family life such as doing the dishes, changing diapers, and cleaning up messes. In *The Three Secrets to Holiness in Marriage*, the DeMattes walk you through a thirty-three -day retreat that culminates in consecrating your marriage to Christ. They will help you achieve perfect love for each other, your family, and God by incorporating the virtues of poverty, chastity, and obedience into your life. This retreat will help you fall deeper in love with Christ, your spouse and children, and the world God calls you to serve. Each chapter includes discussion questions and a prayer for couples.

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### Get Married This Year

The noted Catholic psychologist Dr. G.C. Dilsaver writes that the time has come for Catholic families to re-discover true patriarchy--time for Catholic men to accept and fulfill their role as leader and head of their families. The role of Christian manhood, as ordained by God and confirmed by Catholic teaching, is symbolized by three staffs: the Scepter of authority and self-discipline, the Crosier of spiritual headship, and the Cross of redemptive suffering. Dr. Dilsaver promotes a new and untainted patriarchy in which the husband's ultimate authority is rooted in Christ's example of humility and self-sacrificing love. Three Marks of Manhood can help Christian families realize their identity to the fullest--empowering them to resist the encroachment of secular culture. Read it and learn how to build a strong and lasting marriage, raise children to become faithful men and women of God, and foster an authentic Catholic culture in your home. Dr. Dilsaver, with his development of the first fully integrated Christian psychology, Imago Dei Psychotherapy, is truly the father of Christian Psychology; with the publication of Three Marks of Manhood he may also be the father of a new Christian patriarchy.

### For Married Women Only

What's It Like to Be Married to Me? is about knowing the difference between having a desire for a better marriage and setting the goal of a better marriage—as readers look in the mirror to see how they can change. Bestselling author Linda Dillow understands that most women want more from their marriage but don't know how to get it. In What's It Like to Be Married to Me?, Dillow challenges readers to ask the riskiest

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questions: What is it like to be married to me? What is it like to make love with me? Why do I want to stay mad at you? Extremely intimate and honest, *What's It Like to Be Married to Me?* is not a book about marriage at all. It is a book about how to live out marriage, day-by-day and year-by-year, and watch how you become as a wife impact the intimacy in your marriage!

### Connecting Through Yes!

Previously published as *Help Me, I'm Married*, *MAKING MARRIAGE WORK* offers Joyce's insights on how to make a marriage succeed, thrive, and bless the lives of entire families. Joyce shares with married couples how God can transform a marriage. Whether newly wed, happily married, in a marriage crisis, or just in a relationship rut, Joyce's principles will help energize and revitalize a relationship. Discover how to: Take the focus off yourself and your spouse and look to the Lord Unleash powerful truths from God's Word for you and your marriage Understand the opposite sex Overcome roadblocks to a triumphant marriage Live successfully with an insecure person Create peace and order in your heart and in your home. Joyce's practical, how-to advice will guide couples along the path to releasing God's power on their lives, and in their marriage.

### Three Secrets to Holiness in Marriage

Someone came between Lee and Leslie Strobel, threatening to shipwreck their marriage. No, it wasn't an old flame. It was Jesus Christ. Leslie's decision to become a follower of Jesus brought heated opposition

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from her skeptical husband. They began to experience conflict over a variety of issues, from finances to child-rearing. But over time, Leslie learned how to survive a spiritual mismatch. Today they 're both Christians--and they want you to know that there is hope if you 're a Christian married to a nonbeliever. In their intensely personal and practical book, they reveal:\* Surprising insights into the thinking of non-Christian spouses\* A dozen steps toward making the most of your mismatched marriage\* Eight principles for reaching out to your partner with the gospel\* Advice for raising your children in a spiritually mismatched home\* How to pray for your spouse--plus a 30-day guide to get you started\* What to do if you 're both Christians but one lags behind spiritually\* Advice for single Christians to avoid the pain of a mismatch

### How to Improve Your Marriage Without Talking About It

Men are right. The “ relationship talk ” does not help. Dr. Patricia Love 's and Dr. Steven Stosny 's How to Improve Your Marriage Without Talking About It reveals the stunning truth about marital happiness: Love is not about better communication. It's about connection. You'll never get a closer relationship with your man by talking to him like you talk to one of your girlfriends. Male emotions are like women's sexuality: you can't be too direct too quickly. There are four ways to connect with a man: touch, activity, sex, routines. Men want closer marriages just as much as women do, but not if they has to act like a woman. Talking makes women move closer; it makes men move away. The secret of the silent male is this: his wife supplies the meaning in his life. The stunning truth about love is that talking doesn 't help. Have you ever had this conversation with your spouse? Wife: “ Honey, we need to talk about us. ” Husband: “ Do we have to? ” Drs. Patricia Love and Steven Stosny have studied this all-too-familiar dynamic between men and women and have reached a truly shocking conclusion. Even with the best of intentions, talking about your

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relationship doesn't bring you together, and it will eventually drive you apart. The reason for this is that underneath most couples' fights, there is a biological difference at work. A woman's vulnerability to fear and anxiety makes her draw closer, while a man's subtle sensitivity to shame makes him pull away in response. This is why so many married couples fall into the archetypal roles of nagging wife/stonewalling husband, and why improving a marriage can't happen through words. *How to Improve Your Marriage Without Talking About It* teaches couples how to get closer in ways that don't require "trying to turn a man into a woman." Rich in stories of couples who have turned their marriages around, and full of practical advice about the behaviors that make and break marriages, this essential guide will help couples find love beyond words.

### 101 Questions to Ask Before You Get Engaged

*The Perfect Remedy for Cold Feet!* More than half of all couples who become engaged this year will never make it to the altar. Why? Leading experts believe it's because couples fail to really get to know their potential mate before getting engaged. Relationship expert and noted couples counselor Norm Wright steers potential brides and grooms through a series of soul-searching questions to discern if they've really met "the One." Couples will be much more confident about whether or not to pursue marriage after completing these in-depth and personal questions. Norm also addresses the delicate subject of calling off the wedding if readers discover that a potential mate isn't actually meant to be a life partner.

### Life-Giving Love

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"Holy Sex!' unveils Christianity's best-kept secret, and does so in an informative, solidly grounded, and delightful way. Want to know your Holy sex quotient? Ever wondered why Catholics have better sex more often? From a presentation of the church's actual teachings on sex to 'The infallible lover's guide to pleasure' to 'Natural family planning' to a Q & A section on 'Overcoming common problems', this book truly empowers couples to take their relationship to the next level of fulfillment and soulful satisfaction"--Back cover.

### And Tango Makes Three

The heartwarming true story of two penguins who create a nontraditional family. At the penguin house at the Central Park Zoo, two penguins named Roy and Silo were a little bit different from the others. But their desire for a family was the same. And with the help of a kindly zookeeper, Roy and Silo got the chance to welcome a baby penguin of their very own.

### Get Married

Only when you and your mate know and respect each other's needs, choices, and freedom can you give yourselves freely and lovingly to one another. Boundaries in Marriage gives you the tools you need. Drs. Henry Cloud and John Townsend, counselors and authors of the award-winning bestseller Boundaries, show you how to apply the principles of boundaries to your marriage. This book helps you understand the friction points or serious hurts and betrayals in your marriage -- and move beyond them to the mutual care, respect,

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affirmation, and intimacy you both long for.

### 12 Questions to Ask Before You Marry

If you're looking to get married and you're not, there's most likely a very good reason: you. Not that you're a bad person — you're certainly not! It's just that you haven't yet become the woman you need to be in order to have the partnership you want. Based on her wildly popular Huffington Post article — one of the site's most-viewed of all time — *Why You're Not Married Yet* dishes out straightforward, no-holds-barred practical and proven advice for women hoping to head down the aisle or just have a great relationship. With sisterly insight, razor-sharp wit, and refreshing candor, McMillan points out the things that might be in your blind spot: unhelpful attitudes, behaviors, and beliefs so easy to identify in others, much more difficult to see in yourself. Then she shows you how to adjust them to get the relationship you deserve. And with advice like 'stop acting like a dude' and 'casual sex is like casual heroin use' she'll make you laugh out loud along the way. *Why You're Not Married Yet* isn't so much about getting a husband as it is about shifting your perspective on being a wife. Here's a funny, insightful guide to becoming a more loving woman and creating a more loving marriage — even if you're already partnered. It's a book that will change your life and the way you think about relationships, and it may very well lead you down the aisle.

### Get Married, Stay Married

10 Fun, Innovative Relationship-Building Dates for Seriously Dating and Engaged Couples! 10 Great Dates

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Before You Say “ I Do ” combines the best of marriage preparation research with a fun, easy-to-follow format. Couples will love growing together while going out together. Share your hopes and dreams  
Appreciate your differences  
Communicate and connect  
Develop spiritual intimacy  
Evaluate your relationship  
Celebrate romance  
And more!

### The Seven Principles for Making Marriage Work

From this moment forward you can be sure that nothing in your marriage is left up to chance. In *So You're Getting Married*, you'll find biblical wisdom and a rock-solid plan to help you make sure that your life together will be the best it can be.

### Saving Your Marriage Before It Starts

Just when the clamor over "traditional" marriage couldn't get any louder, along comes this groundbreaking book to ask, "What tradition?" In *Marriage, a History*, historian and marriage expert Stephanie Coontz takes readers from the marital intrigues of ancient Babylon to the torments of Victorian lovers to demonstrate how recent the idea of marrying for love is—and how absurd it would have seemed to most of our ancestors. It was when marriage moved into the emotional sphere in the nineteenth century, she argues, that it suffered as an institution just as it began to thrive as a personal relationship. This enlightening and hugely entertaining book brings intelligence, perspective, and wit to today's marital debate.

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### Marriage

This book shows how to use agreement to transform the biggest areas of marital conflict into closeness, cooperation, and mutually desirable outcomes. Licensed psychologist, marriage, and relationship coach Jack Ito PhD illustrates with clear, easy to follow examples, how to communicate about the biggest problems that couples face. These are the same techniques his coaching clients use to stop divorces, end affairs, deal with addicted spouses, solve problems, end blaming, improve dating, handle money issues, parent cooperatively, get out of debt, and more. This book is unique in offering communication training to couples when one spouse (or significant other) is not ready or willing to work on the relationship.

### The Surprising Secrets of Highly Happy Marriages

One of the greatest and best-loved spokesmen for the Faith here sets out the Church's beautiful understanding of marriage in his trademark clear and entertaining style. Frankly and charitably, Sheen presents the causes of and solutions to common marital crises, and tells touching real-life stories of people whose lives were transformed through marriage. He emphasizes that our Blessed Lord is at the center of every successful and loving marriage. This is a perfect gift for engaged couples, or for married people as a fruitful occasion for self-examination.

### God, When Will I Get Married?

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Today, marriages have a 50 percent chance of lasting. Longing to improve those odds, pastor Clayton King, author of the popular *Dying to Live*, and his wife, Sharie, reveal a revolutionary biblical perspective—at the heart of a godly union is a heart of service. Love is more about understanding one's spouse than being understood. Offering wisdom from God's Word and beneficial advice from their decade of marriage, the Kings present 12 relationship-building questions for couples to ask before they wed. They guide and encourage couples to discuss their: religious backgrounds past relationships desires for family and future financial habits and goals vocational aspirations These questions reveal expectations and concerns and help each person understand the needs and hopes of their loved one. A great resource for churches, counselors, dating couples, and young men and women who dream of a forever marriage.

### Just Married

One of the greatest and best-loved spokesmen for the Faith here sets out the Church's beautiful understanding of marriage in his trademark clear and entertaining style. Frankly and charitably, Sheen presents the causes of and solutions to common marital crises, and tells touching real-life stories of people whose lives were transformed through marriage. He emphasizes that our Blessed Lord is at the center of every successful and loving marriage. This is a perfect gift for engaged couples, or for married people as a fruitful occasion for self-examination.

### Catholic Church Saved My Marriage

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Nationally syndicated radio hosts and international family life speakers Greg and Lisa Popcak combine decades of counseling, the latest findings in marriage research, twenty-three years of marriage, and the wisdom of Catholic teaching to offer newlyweds a master plan for creating a strong bond in the first five years of marriage. Recent research shows that now, more than ever, couples doubt their ability to create a marriage that will withstand the test of time. In their newest book, Catholic therapist Greg Popcak and family life coach Lisa Popcak offer their own story and a master plan for creating and sustaining a Catholic marriage that will last a lifetime. Readers will be heartened to see that despite the odds, every couple has the capacity to live happily ever after. They need only commit to learning the critical skills of the first five years of marriage, including: praying together, conflict resolution, stress management, and holy sex.

### The Mission of Love

Jim Burns and Doug Fields wish you the very best for your wedding, but sadly, they won't be able to make it. What they are here for is your marriage. Jim and Doug have seen it all. They have worked with many couples and have studied extensively to uncover the essential elements for making marriages thrive. This book is their early wedding gift to you: a comprehensive, easy-to-navigate road map for beginning your union. Filled with premium fuel for the journey—including meaningful exercises, hard truths, and conversations starters—this book will nourish and guide your relationship for the long haul.

### I Want to Get Married!

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Is an argument-free marriage possible? Fawn Weaver ' s answer is yes, absolutely, even when one or both partners are strong willed, independent, and opinionated. (She admits to being all three.) In this groundbreaking book, the best-selling author and award-winning marriage blogger asks readers to invest twenty-eight days in learning how to live together without bickering, blame, angry outbursts, or silent treatments. Fawn begins with the startling premise that, contrary to popular opinion, conflict in marriage is not necessary or inevitable. Then she leads readers on a day-by-day journey toward a more peaceful and supportive relationship. Chapter by brief chapter, she offers fresh perspectives and practical strategies for communicating effectively, building understanding, and defusing anger while at the same time nurturing honesty, vulnerability, and mutual support.

### Marriage, a History

Feldhahn has identified twelve powerful habits that the happiest marriages have in common. These little, unexpected, often overlooked actions can make a huge difference in your relationship!

### Three to Get Married

Pope John Paul II's discussion of family life and sexual morality, first published in 1960, which defends Catholic tradition and draws upon physiological and psychological research regarding the sexual urge, love, chastity, and sexology and ethics.

### Surviving a Spiritual Mismatch in Marriage

“ The Catholic Church saved my marriage and, quite possibly, my life. ” So begins David Anders in this remarkably forthright book. In it, David reports that by the early 2000s, his marriage was so painful he actually longed for death. It wasn ’ t simple incompatibility; he and his wife had just one thing in common: contempt for each other. Today, David and his wife are happy together — not because of marriage therapy, but because they came to know and fully embraced the Catholic Church ’ s teachings on marriage. Many people who encounter such teachings are shocked by their rigor. Yet the Church offers much more than rules about sexual restraint; she offers a way to make marriage into something supernatural, even mystical. Here Dr. Anders shares his personal discovery of the Church ’ s teaching on marriage and offers a robust defense of the Church ’ s most controversial teachings, including divorce, remarriage, gay marriage, and contraception. With the Church ’ s teachings and the writings of the saints as his guide, he also offers practical, time-tested ways to improve your marriage, such as how to live in peace despite an unhappy marriage, the value of suffering, and ways to overcome your reluctance to forgive grave offenses. In a culture that breaks apart marriages and undermines human dignity, Dr. David Anders offers a hope-filled alternative for those who live moral and spiritual lives in union with Christ and His Church.

### Love and Responsibility

To be like-minded is to be truly together. *How Can I Be Sure?* is a helpful tool for assisting any couple to explore one another ’ s minds and find areas of agreement and a basis for resolving disagreements. Dr.

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Henry Brandt This manual will prove a vital tool to any counselor. Tim LaHaye Now better than ever! For more than 20 years this proven premarriage guide (over 100,000 sold) has helped couples engage in meaningful discussion about vital marriage issues. Freshly updated to more accurately reflect the concerns of today, this workbook asks couples to respond to insightful questions about everything from their communication patterns to their sexual desires, and from their family histories to their future dreams. Can be used by couples on their own or in conjunction with a counselor.

### So You're Getting Married

Joined by Grace introduces engaged and newly married couples to the rich traditions of Catholic prayer: how Catholics pray, texts of our most commonly used prayers, and a primer on devotions. A warm invitation to the faith and a simple approach to Catholicism, *Joined by Grace* is a book for beginners and those who want to know more about Catholic prayer life. The book offers guidance about the ways to pray, background information on prayers and devotions, and simple how-to-instructions. Family members and friends, as well as pastors, mentor couples, and others working in marriage ministries will find this a perfect gift for engaged and newly married couples. Couples can learn how to pray spontaneously, offer thanks and praise, petition God, and express sorrow. There is guidance on blessings, praying with scripture, and liturgical prayer. The book also can be used to learn common Catholic prayers such as the Our Father, Doxology, and Hail Mary. Beyond the most essential Catholic prayers, the book offers insight and instruction for participating in the great devotions of the Church such as the Stations of the Cross, the Rosary, the Angelus, and Eucharistic Adoration. The last part of the book offers meditations on the seven sacraments as conduits of grace in our everyday lives.

### 1001 Questions to Ask Before You Get Married

Just as Masters and Johnson were pioneers in the study of human sexuality, so Dr. John Gottman has revolutionized the study of marriage. As a professor of psychology at the University of Washington and the founder and director of the Seattle Marital and Family Institute, he has studied the habits of married couples in unprecedented detail over the course of many years. His findings, and his heavily attended workshops, have already turned around thousands of faltering marriages. This book is the culmination of his life's work: the seven principles that guide couples on the path toward a harmonious and long-lasting relationship. Straightforward in their approach, yet profound in their effect, these principles teach partners new and startling strategies for making their marriage work. Gottman helps couples focus on each other, on paying attention to the small day-to-day moments that, strung together, make up the heart and soul of any relationship. Being thoughtful about ordinary matters provides spouses with a solid foundation for resolving conflict when it does occur and finding strategies for living with those issues that cannot be resolved. Packed with questionnaires and exercises whose effectiveness has been proven in Dr. Gottman's workshops, *The Seven Principles for Making Marriage Work* is the definitive guide for anyone who wants their relationship to attain its highest potential. *The Seven Principles for Making Marriage Work* is the result of Dr. John Gottman's many years of closely observing thousands of marriages. This kind of longitudinal research has never been done before. Based on his findings, he has culled seven principles essential to the success of any marriage. Maintain a love map. Foster fondness and admiration. Turn toward instead of away. Accept influence. Solve solvable conflicts. Cope with conflicts you can't resolve. Create shared meaning. Dr. Gottman's unique questionnaires and exercises will guide couples on the road to revitalizing their marriage, or making a strong one even better.

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### How Can I Be Sure?

How is a wife to love her husband? By learning three things, says Tony Evans: how to submit, seduce, and surrender to her husband. Out of these three principles a godly marriage will grow. In *For Married Women Only*, pastor and author Tony Evans explores these three principles in a straight-forward yet encouraging manner. He unpacks the touchy topic of submission and lays out the rewards inherent in this biblical model. On seduction, Evans looks at the quality of attractiveness and how embodying it can be pleasing to your spouse and to God. And with surrender, readers will examine why a wife is the perfect help mate for her husband and how to combat attitudes opposed to God's design. Originally published in 2002 as *Tony Evans Speaks Out on a Woman's Role in the Home*, this booklet has sold nearly 38,000 copies. Use it alone or with the companion volume, *For Married Men Only*.

### Things I Wish I'd Known Before We Got Married

As a couple you are not just living together to survive, you are being called to thrive. Your marriage is called to greatness! This is *The Mission of Love*. It is an opportunity to discover the inestimable greatness of your calling as a man and woman joined together in marriage and to empower yourselves with a plan to make it happen. This book will help you, as a couple, identify who you are together, your shared vision for the relationship, and tools to make this vision a reality. You can embrace this challenge for your marriage and strive for success in the greatest endeavor you will ever embark upon or you can try the same thing that's been done for decades and expect little more than the same results.

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