

This Side Of Doctoring Reflections From Women In Medicine

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The Memoir Project

Catherine DeAngelis, MD, MPH, has over forty years of experience in the medical field, and her career has been full of adventure, compassion, and courage. DeAngelis was born to a family of Italian immigrants in rural northeastern Pennsylvania. Every year she would ask Santa Claus for a doctor's kit. Every year she would receive a nurse's kit. It was only when her father turned one such gift into a doctor's kit that DeAngelis was truly happy. With her father's faith in her, DeAngelis had the confidence to apply to medical school. The road ahead would not be easy-it would be fraught with uncertainty, prejudice, and even Chechen hostage takers! Along the way, DeAngelis gained more and more confidence in her ability as a doctor but remained frustrated by the lack of opportunities available to women in her field. In *Pursuing Equity in Medicine: One Woman's Journey*, she uses examples from her own life to passionately argue for equal treatment for all men and women. This memoir is a must-read for any woman in the medical profession determined to break the glass ceiling-and any man who wants to understand what his female colleagues must endure.

The Physician

In this quietly revolutionary work of social observation and medical philosophy, Booker Prize-winning writer John Berger and the photographer Jean Mohr train their gaze on an English country doctor and find a universal man--one who has taken it upon himself to recognize his patient's humanity when illness and the fear of death have made them unrecognizable to themselves. In the impoverished rural community in which he works, John Sassall tend the maimed, the dying, and the lonely. He is not only the dispenser of cures but the repository of memories. And as Berger and Mohr follow Sassall about

his rounds, they produce a book whose careful detail broadens into a meditation on the value we assign a human life. First published thirty years ago, *A Fortunate Man* remains moving and deeply relevant--no other book has offered such a close and passionate investigation of the roles doctors play in their society. "In contemporary letters John Berger seems to me peerless; not since Lawrence has there been a writer who offers such attentiveness to the sensual world with responsiveness to the imperatives of conscience." --Susan Sontag

Surviving the Extremes

From about 1850, American women physicians won gradual acceptance from male colleagues and the general public, primarily as caregivers to women and children. By 1920, they represented approximately five percent of the profession. But within a decade, their niche in American medicine--women's medical schools and medical societies, dispensaries for women and children, women's hospitals, and settlement house clinics--had declined. The steady increase of women entering medical schools also halted, a trend not reversed until the 1960s. Yet, as women's traditional niche in the profession disappeared, a vanguard of women doctors slowly opened new paths to professional advancement and public health advocacy. Drawing on rich archival sources and her own extensive interviews with women physicians, Ellen More shows how the Victorian ideal of balance influenced the practice of healing for women doctors in America over the past 150 years. She argues that the history of women practitioners throughout the twentieth century fulfills the expectations constructed within the Victorian culture of professionalism. *Restoring the Balance* demonstrates that women doctors--collectively and individually--sought to balance the distinctive interests and culture of women against the claims of disinterestedness, scientific objectivity, and specialization of modern medical professionalism. That goal, More writes, reaffirmed by each generation, lies at the heart of her central question: what does it mean to be a woman physician?

A History of the Present Illness

Read the "practical resource for beginners" looking to write their own memoir because this is the essential guide on the topic -- now new and revised (Kirkus Reviews)! The greatest story you could write is the one you experienced yourself. Knowing where to start is the hardest part, but it just got a little easier with this essential guidebook for anyone wanting to write a memoir. Did you know that the #1 thing that baby boomers want to do in retirement is write a book--about themselves? It's not that every person has lived such a unique or dramatic life, but we inherently understand that writing a memoir--whether it's a book, blog, or just a letter to a child--is the single greatest path to self-examination. Through the use of disarmingly frank, but wildly fun tactics that offer you simple and effective guidelines that work, you can stop treading water in writing exercises or hiding behind writer's block. Previously self-published under the title, *Writing What You Know: Raelia*, this book has found an enthusiastic audience that now writes with intent. While there have been other writing books,

there's nothing like Marion Roach Smith's The Memoir Project.

The Ultimate Guide To Choosing a Medical Specialty

With his “deeply informed and compassionate book...Dr. Epstein tells us that it is a ‘moral imperative’ [for doctors] to do right by their patients” (New York Journal of Books). The first book for the general public about the importance of mindfulness in medical practice, *Attending* is a groundbreaking, intimate exploration of how doctors approach their work with patients. From his early days as a Harvard Medical School student, Epstein saw what made good doctors great—more accurate diagnoses, fewer errors, and stronger connections with their patients. This made a lasting impression on him and set the stage for his life’s work—identifying the qualities and habits that distinguish master clinicians from those who are merely competent. The secret, he learned, was mindfulness. Dr. Epstein “shows how taking time to pay attention to patients can lead to better outcomes on both sides of the stethoscope” (Publishers Weekly). Drawing on his clinical experiences and current research, Dr. Epstein explores four foundations of mindfulness—Attention, Curiosity, Beginner’s Mind, and Presence—and shows how clinicians can grow their capacity to provide high-quality care. The commodification of health care has shifted doctors’ focus away from the healing of patients to the bottom line. Clinician burnout is at an all-time high. *Attending* is the antidote. With compassion and intelligence, Epstein offers “a concise guide to his view of what mindfulness is, its value, and how it is a skill that anyone can work to acquire” (Library Journal).

Free Refills

The New York Times Science Bestseller from Robert Wachter, Modern Healthcare’s #1 Most Influential Physician-Executive in the US While modern medicine produces miracles, it also delivers care that is too often unsafe, unreliable, unsatisfying, and impossibly expensive. For the past few decades, technology has been touted as the cure for all of healthcare’s ills. But medicine stubbornly resisted computerization – until now. Over the past five years, thanks largely to billions of dollars in federal incentives, healthcare has finally gone digital. Yet once clinicians started using computers to actually deliver care, it dawned on them that something was deeply wrong. Why were doctors no longer making eye contact with their patients? How could one of America’s leading hospitals give a teenager a 39-fold overdose of a common antibiotic, despite a state-of-the-art computerized prescribing system? How could a recruiting ad for physicians tout the absence of an electronic medical record as a major selling point? Logically enough, we’ve pinned the problems on clunky software, flawed implementations, absurd regulations, and bad karma. It was all of those things, but it was also something far more complicated. And far more interesting . . . Written with a rare combination of compelling stories and hard-hitting analysis by one of the nation’s most thoughtful physicians, *The Digital Doctor* examines healthcare at the dawn of its computer age. It tackles the hard questions, from how technology is changing care at the bedside to whether government intervention has

been useful or destructive. And it does so with clarity, insight, humor, and compassion. Ultimately, it is a hopeful story. "We need to recognize that computers in healthcare don't simply replace my doctor's scrawl with Helvetica 12," writes the author Dr. Robert Wachter. "Instead, they transform the work, the people who do it, and their relationships with each other and with patients. . . . Sure, we should have thought of this sooner. But it's not too late to get it right." This riveting book offers the prescription for getting it right, making it essential reading for everyone - patient and provider alike - who cares about our healthcare system.

The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine's Computer Age

Sixteen "lovely, nuanced†? (The New York Times) linked stories from a potent new voice-a doctor with an M.D. from Harvard and an M.F.A. in fiction. A History of the Present Illness takes readers into overlooked lives in the neighborhoods, hospitals, and nursing homes of San Francisco, offering a deeply humane and incisive portrait of health and illness in America today. An elderly Chinese immigrant sacrifices his demented wife's well-being to his son's authority. A busy Latina physician's eldest daughter's need for more attention has disastrous consequences. A young veteran's injuries become a metaphor for the rest of his life. A gay doctor learns very different lessons about family from his life and his work. And a psychiatrist who advocates for the underserved may herself be crazy. Together, these honest and compassionate stories introduce a striking new literary voice and provide a view of what it means to be a doctor and a patient unlike anything we've read before. In the tradition of Oliver Sacks and Abraham Verghese, Aronson's writing is based on personal experience and addresses topics of current social relevance. Masterfully told, A History of the Present Illness explores the role of stories in medicine and creates a world pulsating with life, speaking truths about what makes us human.

Deliverance from the Little Big Horn

Complications

A portrait of America's last surviving almshouse describes the author's practice at Laguna Honda Hospital, explaining how its patients and low-tech focus on "attentive medicine" transformed her views about health care.

The Doctor's Daughter

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary

information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

Women in Medicine

Can refocusing conversations between doctors and their patients lead to better health? Despite modern medicine's infatuation with high-tech gadgetry, the single most powerful diagnostic tool is the doctor-patient conversation, which can uncover the lion's share of illnesses. However, what patients say and what doctors hear are often two vastly different things. Patients, anxious to convey their symptoms, feel an urgency to "make their case" to their doctors. Doctors, under pressure to be efficient, multitask while patients speak and often miss the key elements. Add in stereotypes, unconscious bias, conflicting agendas, and fear of lawsuits and the risk of misdiagnosis and medical errors multiplies dangerously. Though the gulf between what patients say and what doctors hear is often wide, Dr. Danielle Ofri proves that it doesn't have to be. Through the powerfully resonant human stories that Dr. Ofri's writing is renowned for, she explores the high-stakes world of doctor-patient communication that we all must navigate. Reporting on the latest research studies and interviewing scholars, doctors, and patients, Dr. Ofri reveals how better communication can lead to better health for all of us.

Pursuing Equity in Medicine

Michelle Au started medical school armed only with a surfeit of idealism, a handful of old ER episodes for reference, and some vague notion about "helping people." This *Won't Hurt a Bit* is the story of how she grew up and became a real doctor. It's a no-holds-barred account of what a modern medical education feels like, from the grim to the ridiculous, from the heartwarming to the obscene. Unlike most medical memoirs, however, this one details the author's struggles to maintain a life outside of the hospital, in the small amount of free time she had to live it. And, after she and her husband have a baby early in both their medical residencies, Au explores the demands of being a parent with those of a physician, two all-consuming jobs in which the lives of others are very literally in her hands. Au's stories range from hilarious to heartbreaking and hit every note in between, proving more than anything that the creation of a new doctor (and a new parent) is far messier, far more uncertain, and far more gratifying than one could ever expect.

No Apparent Distress: A Doctor's Coming of Age on the Front Lines of American Medicine

Unnecessary death rarely happens at the hands of doctors, but it does happen. Sometimes the cause is medical error. But sometimes the cause is politics. The issues underlying many medical catastrophes are numerous: a power struggle between providers, uncertainty over who's in charge, hesitation to practice good medicine for fear of being fired, specialization run amok, part-time doctoring. Doctors often prefer to ignore the problems, but patient safety demands that they be aired. And so does the future of the medical profession. Beneath the politics lies confusion: Doctors no longer know who they are. They don't know how much authority they should wield. They don't know what distinguishes them from other healthcare professionals. They don't know what about being a doctor should make them proud. When doctors lack a firm sense of who they are, the whole of medicine lacks an essential core, giving rise to personal and professional politics—and catastrophes. Patients may be relying on a system that has veered off course. In dramatic and revealing stories of patients in the operating room and interactions with colleagues, Ronald W. Dworkin traces his path from medical school to anesthesiology residency to his early years in private practice, with the experiences of his father and grandfather, also doctors, hovering overhead, in his quest to answer the question: What is a Doctor? Sometimes funny, sometimes scary, sometimes poignant, the story of what it means to be a doctor in today's medical setting comes to life, as Dworkin outlines the contours, the challenges and rewards, of modern medicine, and how it must be rescued in order to preserve the profession and protect patients from disasters.

Medical Catastrophe

The New York Times bestselling author of *Complications* examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession. The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In his new book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

Better

An emergency physician discusses the importance of a doctor's honesty and communication as part of connecting personally with patients, in an account that challenges popular opinions about such topics as pharmaceuticals, standardized testing, and CPR. Reprint.

The Good Doctor

"A first-person narrative that takes readers inside the medical profession as one doctor solves real-life medical mysteries"--Provided by publisher.

Dottoressa

The author shares her dream of becoming a doctor, her Navy experience working with patients who all had medical coverage through the government, the shock of entering private practice, and her final decision to leave medicine.

A Country Doctor

Of the three surgeons who accompanied Custer's Seventh Cavalry on June 25, 1876, only the youngest, twenty-eight-year-old Henry Porter, survived that day's ordeal, riding through a gauntlet of Indian attackers and up the steep bluffs to Major Marcus Reno's hilltop position. But the story of Dr. Porter's wartime exploits goes far beyond the battle itself. In this compelling narrative of military endurance and medical ingenuity, Joan Nabseth Stevenson opens a new window on the Battle of the Little Big Horn by re-creating the desperate struggle for survival during the fight and in its wake. As Stevenson recounts in gripping detail, Porter's life-saving work on the battlefield began immediately, as he assumed the care of nearly sixty soldiers and two Indian scouts, attending to wounds and performing surgeries and amputations. He evacuated the critically wounded soldiers on mules and hand litters, embarking on a hazardous trek of fifteen miles that required two river crossings, the scaling of a steep cliff, and a treacherous descent into the safety of the steamboat Far West, waiting at the mouth of the Little Big Horn River. There began a harrowing 700-mile journey along the Yellowstone and Missouri Rivers to the post hospital at Fort Abraham Lincoln near Bismarck, Dakota Territory. With its new insights into the role and function of the army medical corps and the evolution of battlefield medicine, this unusual book will take its place both as a contribution to the history of the Great Sioux War and alongside such vivid historical novels as *Son of the Morning Star* and *Little Big Man*. It will also ensure that the selfless deeds of a lone "contract" surgeon—unrecognized to this day by the U.S. government—will never be forgotten.

Becoming a Doctor: From Student to Specialist, Doctor-Writers Share Their Experiences

A brutally frank memoir about doctors and patients in a health care system that puts the poor at risk. *No Apparent Distress* begins with a mistake made by a white medical student that may have hastened the death of a working-class black man who sought care in a student-run clinic. Haunted by this error, the author—herself from a working-class background—delves into the stories and politics of a medical training system in which students learn on the bodies of the poor. Part confession, part family history, *No Apparent Distress* is at once an indictment of American health care and a deeply moving tale of one doctor's coming-of-age.

God's Hotel

From the godfather of creative nonfiction comes a fresh and poignant collection of essays from doctors who grapple with the personal, ethical, and emotional demands of healing others as they journey from student to resident and beyond. A range of distinguished physicians and therapists are featured here, including Kay Redfield Jamison, Abigail Zugar (NYT Science Section), Peter Cramer, Robert Coles, Lauren Slater, Sandeep Jauhar, and Perri Klass, among others. *Becoming a Doctor* doesn't just focus on one period of training but instead portrays the broad arc of a doctor's development, from a medical student's first traumatic encounter with a cadaver and her realization that the experience's redemption will lie ahead in lives saved, to a resident's search for aesthetic beauty during her grueling year in an inner-city hospital and an older doctor's profound ruminations on what it means to really listen to a patient's story.

Crossings

Doctors and patients alike trust the medical profession and its therapeutic powers; yet this trust has often been misplaced. Whether prescribing opium or thalidomide, aspirin or antidepressants, doctors have persistently failed to test their favourite ideas - often with catastrophic results. From revolutionary America to Nazi Germany and modern big-pharmaceuticals, this is the unexpected story of just how bad medicine has been, and of its remarkably recent effort to improve. It is the history of well-meaning doctors misled by intuition, of the startling human cost of their mistakes and of the exceptional individuals who have helped make things better. Alarming and optimistic, *Taking the Medicine* is essential reading for anyone interested in how and why to trust the pills they swallow.

The Color of Atmosphere

A photographic tribute to women medical professionals. An introduction traces women's role in medicine from ancient Egypt

to the present, the book is striking unposed and candid photographs and memorable quotes, historic and contemporary.

Attending

Free Refills is the harrowing tale of a Harvard-trained medical doctor run horribly amok through his addiction to prescription medication, and his recovery. Dr. Peter Grinspoon seemed to be a total success: a Harvard-educated M.D. with a thriving practice; married with two great kids and a gorgeous wife; a pillar of his community. But lurking beneath the thin veneer of having it all was an addict fueled on a daily boatload of prescription meds. When the police finally came calling--after a tip from a sharp-eyed pharmacist--Grinspoon's house of cards came tumbling down fast. His professional ego turned out to be an impediment to getting clean as he cycled through recovery to relapse, his reputation, family life, and lifestyle in ruins. What finally moves him to recover and reclaim life--including working with other physicians who themselves are addicts--makes for inspiring reading.

One Doctor

A searing, beautifully told memoir by a Native American doctor on the trials of being a doctor-soldier in the Iraq War, and then, after suffering a stroke that left his life irrevocably changed, his struggles to overcome the new limits of his body, mind, and identity. Every juncture in Jon Kerstetter's life has been marked by a crossing from one world into another: from civilian to doctor to soldier; between healing and waging war; and between compassion and hatred of the enemy. When an injury led to a stroke that ended his careers as a doctor and a soldier, he faced the most difficult crossing of all, a recovery that proved as shattering as war itself. Crossings is a memoir of an improbable, powerfully drawn life, one that began in poverty on the Oneida Reservation in Wisconsin but grew by force of will to encompass a remarkable medical practice. Trained as an emergency physician, Kerstetter's thirst for intensity led him to volunteer in war-torn Rwanda, Kosovo, and Bosnia, and to join the Army National Guard. His three tours in the Iraq War marked the height of the American struggle there. The story of his work in theater, which involved everything from saving soldiers' lives to organizing the joint U.S.-Iraqi forensics team tasked with identifying the bodies of Saddam Hussein's sons, is a bracing, unprecedented evocation of a doctor's life at war. But war was only the start of Kerstetter's struggle. The stroke he suffered upon returning from Iraq led to serious cognitive and physical disabilities. His years-long recovery, impeded by near-unbearable pain and complicated by PTSD, meant overcoming the perceived limits of his body and mind and reimagining his own capacity for renewal and change. It led him not only to writing as a vocation but to a deeper understanding of how healing means accepting a new identity, and how that acceptance must be fought for with as much tenacity as any battlefield victory.

A Fortunate Man

When Mollie stepped off the train in Salt Lake City, Utah, in 1890, she knew she had to start a new life. She'd left her husband and his medical practice behind in Iowa, and with only a few hundred dollars in her pocket and a great deal of pride, she set out to find a new position as a physician. She was offered a job as a doctor to the miners in Bannack, Montana, and thus began her epic adventures as a pioneer doctor, a suffragette, and a crusader for public health reform in the Rocky Mountain West. *Pioneer Doctor: The Story of a Woman's Work* is the true story of Dr. Mary (Mollie) Babcock Atwater, a medicine woman who found freedom and opportunity in the wide-open spaces of America's frontier west. This remarkable tale has been creatively retold here by her granddaughter, award-winning author Mari Grana. Blending information from historical records as well as interviews with family and friends, the author has reconstructed Mollie's steps into a dramatic narrative that brings to life the doctor's struggles, her accomplishments, and the times in which she lived. Beautifully written and thoroughly researched, this is not just the biography of a fascinating woman. It is also the story of an era when daring women ventured forth and changed history for the rest of us.

The Addict

A physician, NASA consultant, and expert on the extreme conditions that confront the human body journeys into six inhospitable environments to examine the reaction of the body to heat, cold, pressure, starvation, and exhaustion and its own innate survival strategies.

What Doctors Feel

On Call begins with a newly-minted doctor checking in for her first day of residency--wearing the long white coat of an MD and being called "Doctor" for the first time. Having studied at Yale and Dartmouth, Dr. Emily Transue arrives in Seattle to start her internship in Internal Medicine just after graduating from medical school. This series of loosely interconnected scenes from the author's medical training concludes her residency three years later. During her first week as a student on the medical wards, Dr. Transue watched someone come into the emergency room in cardiac arrest and die. Nothing like this had ever happened to her before-it was a long way from books and labs. So she began to record her experiences as she gained confidence putting her book knowledge to work. The stories focus on the patients Dr. Transue encountered in the hospital, ER and clinic; some are funny and others tragic. They range in scope from brief interactions in the clinic to prolonged relationships during hospitalization. There is a man newly diagnosed with lung cancer who is lyrical about his life on a sunny island far away, and a woman, just released from a breathing machine after nearly dying, who sits up and demands a cup of coffee. Though the book has a great deal of medical content, the focus is more on the stories of the patients' lives and illnesses and the relationships that developed between the patients and the author, and the way both parties grew in the course of these experiences. Along the way, the book describes the life of a resident physician and

reflects on the way the medical system treats both its patients and doctors. On Call provides a window into the experience of patients at critical junctures in life and into the author's own experience as a new member of the medical profession.

Hippocrates' Shadow

The world's foremost expert on pricing strategy shows how this mysterious process works and how to maximize value through pricing to company and customer. In all walks of life, we constantly make decisions about whether something is worth our money or our time, or try to convince others to part with their money or their time. Price is the place where value and money meet. From the global release of the latest electronic gadget to the bewildering gyrations of oil futures to markdowns at the bargain store, price is the most powerful and pervasive economic force in our day-to-day lives and one of the least understood. The recipe for successful pricing often sounds like an exotic cocktail, with equal parts psychology, economics, strategy, tools and incentives stirred up together, usually with just enough math to sour the taste. That leads managers to water down the drink with hunches and rules of thumb, or leave out the parts with which they don't feel comfortable. While this makes for a sweeter drink, it often lacks the punch to have an impact on the customer or on the business. It doesn't have to be that way, though, as Hermann Simon illustrates through dozens of stories collected over four decades in the trenches and behind the scenes. A world-renowned speaker on pricing and a trusted advisor to Fortune 500 executives, Simon's lifelong journey has taken him from rural farmers' markets, to a distinguished academic career, to a long second career as a n entrepreneur and management consultant to companies large and small throughout the world. Along the way, he has learned from Nobel Prize winners and leading management gurus, and helped countless managers and executives use pricing as a way to create new markets, grow their businesses and gain a sustained competitive advantage. He also learned some tough personal lessons about value, how people perceive it, and how people profit from it. In this engaging and practical narrative, Simon leaves nothing out of the pricing cocktail, but still makes it go down smoothly and leaves you wanting to learn more and do more—as a consumer or as a business person. You will never look at pricing the same way again.

This Won't Hurt a Bit

In her first work of fiction in more than a decade, award-winning novelist Hilma Wolitzer brilliantly renders the intimate details of ordinary life and exposes a host of hidden truths. The Doctor's Daughter is a haunting portrait of a woman coming to terms with her family history and the fallibility of memory. One morning, Alice Brill awakes with a sudden awareness that something is wrong. There's a hollowness in her chest, and a sensation of dread that she can't identify or shake. Was it something she's done, or forgotten to do? As she scours her mind for the source of her unease, she confronts an array of disturbing possibilities. First, there is her marriage, a once vibrant relationship that now languishes stasis. Then there's her

idle, misdirected younger son, who always needs bailing out of some difficulty. Or perhaps Alice's trepidation is caused by the loss of her career as an editor at a large publishing house, and the new path she's paved for herself as a freelance book doctor. Or it might be the real doctor in her life: her father. Formerly one of New York's top surgeons, he now rests in a nursing home, his mind gripped by dementia. And the Eden that was Alice's childhood—the material benefits and reflected glory of being a successful doctor's daughter, the romance of her parents' famously perfect marriage—makes her own domestic life seem fatally flawed. While struggling to find the root of her restlessness, Alice is buoyed by her discovery of a talented new writer, a man who works by day as a machinist in Michigan. Soon their interactions and feelings intensify, and Alice realizes that the mystery she's been trying to solve lies not in the present, as she had assumed, but in the past—and in the secrets of a marriage that was never as perfect as it appeared. Like the best works of Anne Tyler, Sue Miller, and Gail Godwin, *The Doctor's Daughter* is private yet universal, luminous and revelatory—and marks the reemergence of a singular talent in American writing.

Taking the Medicine

A look at the emotional side of medicine—the shame, fear, anger, anxiety, empathy, and even love that affect patient care. Physicians are assumed to be objective, rational beings, easily able to detach as they guide patients and families through some of life's most challenging moments. But doctors' emotional responses to the life-and-death dramas of everyday practice have a profound impact on medical care. And while much has been written about the minds and methods of the medical professionals who save our lives, precious little has been said about their emotions. In *What Doctors Feel*, Dr. Danielle Ofri has taken on the task of dissecting the hidden emotional responses of doctors, and how these directly influence patients. How do the stresses of medical life—from paperwork to grueling hours to lawsuits to facing death—affect the medical care that doctors can offer their patients? Digging deep into the lives of doctors, Ofri examines the daunting range of emotions—shame, anger, empathy, frustration, hope, pride, occasionally despair, and sometimes even love—that permeate the contemporary doctor-patient connection. Drawing on scientific studies, including some surprising research, Dr. Danielle Ofri offers up an unflinching look at the impact of emotions on health care. With her renowned eye for dramatic detail, Dr. Ofri takes us into the swirling heart of patient care, telling stories of caregivers caught up and occasionally torn down by the whirlwind life of doctoring. She admits to the humiliation of an error that nearly killed one of her patients and her forever fear of making another. She mourns when a beloved patient is denied a heart transplant. She tells the riveting stories of an intern traumatized when she is forced to let a newborn die in her arms, and of a doctor whose daily glass of wine to handle the frustrations of the ER escalates into a destructive addiction. But doctors don't only feel fear, grief, and frustration. Ofri also reveals that doctors tell bad jokes about "toxic sock syndrome," cope through gallows humor, find hope in impossible situations, and surrender to ecstatic happiness when they triumph over illness. The stories here reveal the undeniable truth that emotions have a distinct effect on how doctors care for their patients. For both clinicians and

patients, understanding what doctors feel can make all the difference in giving and getting the best medical care.

On Call

This Side of Doctoring

Acclaimed pediatrician, journalist, and novelist Perri Klass offers a provocative look at the ups and downs of medical school – from those first exams to the day she became a doctor. In a direct, candid style, Klass shares what it is like to be a first-time mother while attending med school; the unique lingo of the med student; how to deal with every bodily fluid imaginable; and the humor and heartbreak of working with patients. With this collection of essays, Klass established herself as a go-to voice for a generation of med students and doctors, with her frank and witty perspective. Klass also brings a proven ability to make the medical world accessible to the lay reader, through her extensive literary and journalistic experience. This edition is updated for a new generation of doctors and readers, with a brand-new foreword and annotated content by Klass.

When Breath Becomes Air

A cloth bag containing eight copies of the title.

This Is Going to Hurt

The story of two doctors, a father and son, who practiced in very different times and the evolution of the ethics that profoundly influence health care. As a practicing physician and longtime member of his hospital's ethics committee, Dr. Barron Lerner thought he had heard it all. But in the mid-1990s, his father, an infectious diseases physician, told him a stunning story: he had physically placed his body over an end-stage patient who had stopped breathing, preventing his colleagues from performing cardiopulmonary resuscitation, even though CPR was the ethically and legally accepted thing to do. Over the next few years, the senior Dr. Lerner tried to speed the deaths of his seriously ill mother and mother-in-law to spare them further suffering. These stories angered and alarmed the younger Dr. Lerner—an internist, historian of medicine, and bioethicist—who had rejected physician-based paternalism in favor of informed consent and patient autonomy. *The Good Doctor* is a fascinating and moving account of how Dr. Lerner came to terms with two very different images of his father: a revered clinician, teacher, and researcher who always put his patients first, but also a physician willing to “play God,” opposing the very revolution in patients' rights that his son was studying and teaching to his own

medical students. But the elder Dr. Lerner's journals, which he had kept for decades, showed the son how the father's outdated paternalism had grown out of a fierce devotion to patient-centered medicine, which was rapidly disappearing. And they raised questions: Are paternalistic doctors just relics, or should their expertise be used to overrule patients and families that make ill-advised choices? Does the growing use of personalized medicine—in which specific interventions may be best for specific patients—change the calculus between autonomy and paternalism? And how can we best use technologies that were invented to save lives but now too often prolong death? In an era of high-technology medicine, spiraling costs, and health-care reform, these questions could not be more relevant. As his father slowly died of Parkinson's disease, Barron Lerner faced these questions both personally and professionally. He found himself being pulled into his dad's medical care, even though he had criticized his father for making medical decisions for his relatives. Did playing God—at least in some situations—actually make sense? Did doctors sometimes “know best”? A timely and compelling story of one family's engagement with medicine over the last half century, *The Good Doctor* is an important book for those who treat illness—and those who struggle to overcome it.

Confessions of the Pricing Man

In the US edition of this international bestseller, Adam Kay channels Henry Marsh and David Sedaris to tell us the "darkly funny" (*The New Yorker*) -- and sometimes horrifying -- truth about life and work in a hospital. Welcome to 97-hour weeks. Welcome to life and death decisions. Welcome to a constant tsunami of bodily fluids. Welcome to earning less than the hospital parking meter. Wave goodbye to your friends and relationships. Welcome to the life of a first-year doctor. Scribbled in secret after endless days, sleepless nights and missed weekends, comedian and former medical resident Adam Kay's *This Is Going to Hurt* provides a no-holds-barred account of his time on the front lines of medicine. Hilarious, horrifying and heartbreaking by turns, this is everything you wanted to know -- and more than a few things you didn't -- about life on and off the hospital ward. And yes, it may leave a scar.

The Thriving Physician

“A gripping, illuminating book . . . Dr. Stein is drawn, in an almost Sherlock Holmesian way, toward trying to fathom and analyze addicts' behavior. . . . hauntingly and successfully, Stein lets readers make a doctor's experiences their own.” — *New York Times* “Beautifully told... [with] great insight, empathy and compassion.” — Abraham Verghese, author of *The Tennis Partner*, *My Own Country*, and *Cutting for Stone* *The Addict* is the powerful and revealing narrative of Dr. Michael Stein's year-long treatment of a young woman addicted to Vicodin. Dr. Stein has followed up his award winning book *The Lonely Patient* with “a useful, sensible, and often inspiring guide to how the medical profession does—and should—treat the sick, and the sick at heart.” (*Francine Prose*, *O* magazine)

Pioneer Doctor

“Wise and witty.”—Publishers Weekly “A charming story well told.”—Kirkus Reviews “Smart, funny, charming . . . full of astute insights into the way Italy works.”—Alexander Stille “A wonderfully fun read.”—Dr. Robert Sapolsky “As funny as it is poignant. A must read for anyone who thinks they understand medicine, Italy, or humanity.”—Barbie Latza Nadeau After completing her medical training in New York, Susan Levenstein set off for a one year adventure in Rome. Forty years later, she is still practicing medicine in the Eternal City. In *Dottoressa: An American Doctor in Rome* Levenstein writes, with love and exasperation, about navigating her career through the renowned Italian tangle of brilliance and ineptitude, sexism and tolerance, rigidity and chaos. Part memoir—starting with her epic quest for an Italian medical license—and part portrait of Italy from a unique point of view, *Dottoressa* is packed with vignettes that illuminate the national differences in character, lifestyle, health, and health care between her two countries. Levenstein, who has been called “the wittiest internist on earth,” covers everything from hookup culture to neighborhood madmen, Italian hands-off medical training, bidets, the ironies of expatriation, and why Italians always pay their doctor’s bills.

A Not Entirely Benign Procedure, Revised Edition

The international bestseller from the author of *Being Mortal* In these gripping accounts of true cases, bestselling author Atul Gawande performs exploratory surgery on medicine itself, laying bare a science not in its idealised form, but as it actually is - complicated, perplexing and profoundly human. This is a stunningly well-written account of the life of a surgeon: what it is like to cut into people's bodies and the terrifying - literally life and death - decisions that have to be made: operations that go wrong; of doctors who go to the bad; why autopsies are necessary; what it feels like to insert your knife into someone. 'Written as tautly as a thriller' Observer

Restoring the Balance

Eleventh-century England and Persia are the backgrounds of this story of an orphan named Rob Cole, who is apprenticed to a travelling barber-surgeon and, discovering in himself a gift for healing, decides to study medicine with the legendary Avicenna.

What Patients Say, What Doctors Hear

This anthology of stories, poems, essays and quotations explores the duality of being both a woman and a physician.

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