

The Solo Travel Handbook

The Traveler's HandbookThe WorldTraveling SoloTime to Take FlightIn Her FootstepsHow to Be A Travel WriterHow to Travel the World on \$50 a DayRick Steves Europe Through the Back DoorThe Routledge International Handbook of WalkingTravel the World Without WorriesThe Solo Travel HandbookThe Sustainable Travel HandbookThe Solo Traveler's HandbookTravel GoalsMoon Puerto RicoThe Carry-On TravellerThe Essential Guide for Women Traveling SoloVegan Travel HandbookDame TravelerThe Horse Travel HandbookKicking Ass on the Road the Ultimate Guide for the Solo Woman TravelerLonely Planet's Ultimate EatsMy Life with BobThe Honeymoon HandbookWanderlustBefore You Go Abroad HandbookThe Watercolorist's Essential Notebook - LandscapesThe Family Travel HandbookAlone TimeEthiopia - Travellers HandbookThe Food Traveler's HandbookTravel to ChinaThe Volunteer Traveler's HandbookDestinations of a LifetimeGo Your Own WayLonely Planet's Ultimate Travel Quiz BookThe Travel AtlasWhat I Was Doing While You Were BreedingAcross Asia on the CheapThe Solo Travel Handbook

The Traveler's Handbook

The World

What should you expect when you travel to China? Most travel guides tell you where to go, but they don't prepare you well for the journey. Learn everything you need to know BEFORE you step on the plane bound for China, one of the world's most interesting and adventure-filled countries. Expert tips and advice from an expat who has lived in China for more than a decade.

Traveling Solo

Be inspired and empowered by this collection of transformative travel experiences. From sleeping under the stars or learning a new craft, to more ambitious challenges like taking a big trip alone, helping to rebuild a community or saving an endangered species, this is your essential companion to a life well-lived.

Time to Take Flight

Save money, time, and stress by never checking a bag again Have you ever struggled with packing for a trip? You can't decide what you'll need, so you pack for every scenario and take far too much. You struggle to fit everything in your bag, you get stressed lugging it around, and you pay a fortune in airline luggage fees. The Carry-On Traveller will teach you not only how to lighten your load, but how to pack everything you need into a single carry-on-size bag. You can apply these strategies to any trip, whether you are travelling for a week or a year, to hot or cold climates, alone or with kids. By travelling carry-on only, you'll save time at airports, avoid wasting money on checked luggage fees (which are increasingly common), and reduce the stress of hauling bulky bags. It's not an all or nothing

approach. Packing light is a learning process, and you might want to take it gradually. Even if you don't travel carry-on only on your next trip, this book will help you pack lighter. "The book gave me some great ideas on where I can pack less and how to pack better. My backpack right now is about a third less full than usual because I got rid of a lot of the 'what if' items I normally bring." Dani Heinrich, GlobeTrotterGirls.com. What you will learn The basic principles of packing light that you can apply to any trip Strategies to avoid panic packing The best carry-on luggage whether you prefer a backpack or suitcase How to choose the perfect travel wardrobe The electronics you really need How to manage airline liquid restrictions Why how you pack is as important as what you pack The book also includes Male and female packing lists, and how to adapt them for your trip. Interviews with a range of carry-on travellers including a family, fashionista, makeup lover, retiree, artist, and more. Plenty of bonus tips such as the best travel apps, how to keep your gear safe on the road, and the best bank accounts for travel. Access to a packing resources web page featuring exclusive discounts and a downloadable packing list template. "I was having trouble fitting everything in my backpack and having a minor panic attack on how to do it up until I read this book. I gave it another go and I managed to pack it with room to spare!" Caitlin Reilly Why I wrote this book The advice in this book is based on my six years of experience travelling full-time to over 30 countries with just a carry-on backpack. I wrote this book because I believe packing light is the secret to stress-free travel. I've saved myself money, time, stress, and backache. Most importantly, I've gained freedom-I can pack all my belongings in ten minutes and head off on the next adventure. "I read your book this weekend and could not put it down. You have forever changed my traveling habits." Colette File

In Her Footsteps

Pit your worldly wits against family and friends, or just challenge yourself, with this ultimate travel trivia book. With head-scratching questions on everything from geography and culture to history, wildlife and transport, it's a fun and challenging test for all ages - and the perfect addition to any trip. Lonely Planet's Ultimate Travel Quiz Book is split into three sections: Easy, Medium and Hard, with 100 quizzes in total, each featuring 20+ questions that will confound adults and kids alike. Perfect for social get-togethers, rainy days and family trips, this fun and illustrated book also makes a great gift! Themed rounds include: Food and drink Transport Culture Flags Famous landmarks Seas and oceans Wildlife History Books Islands Museums Sporting venues Mountains Film locations Rivers Space travel Capital cities Currencies Languages And lots more! About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more.

How to Be A Travel Writer

Part of the Traveler's Handbook series, The Food Traveler's Handbook provides a compelling argument for why it is important to use food as a lens through which you see the world. Using this handbook as a guide, you will learn how to eat safely in developing countries, source cheap but delicious streetside meals and discover how to make food a tool for understanding a new place and connecting to its local culture.

How to Travel the World on \$50 a Day

Filled with trail-tested advice, *Travel the World Without Worries* is the must-have planning resource for the low-budget traveller. Whether you are dreaming of epic jungle treks, wild tuk-tuk rides, authentic food markets, or maybe just finding that perfect undiscovered beach-with this book you can start turning your travel dreams into a reality today. Whether you are going away for 6 weeks, 4 months or 2 years, you will be able to skip the hard lessons of backpacking and travel the world with confidence.

Rick Steves Europe Through the Back Door

Thinking of traveling solo? Keen for super fun adventures? Ready to be more independent? Want to meet other amazing people? Welcome to your ultimate guide for going solo and having the time of your life. This book will give you everything you need to prepare, what to do whilst you're there, how to travel safe, tips on romantic liaisons, how to travel cheap and much much more! "In all my years working on books, I have never come across a better written book on travel." Pamela Anderson, Freelance Editor. Set out in easy to read chapters, this guide will help you: Prepare for your trip (including personal, health, insurance, as well as cultural preparations). Pack: helping you pack for any adventure. Comprehensive accommodation and travel booking tips. Everything you need to enjoy days and nights out when you're there. How to be confident stepping out by yourself. Romance on the road: how to do it & what to look out for. How to look after you on your journey. The ultimate safety guide, tips & tricks. Comprehensive guidance on traveling cheaply. Advice for those wanting to travel for longer periods of time. Helping you go back home. Packed full of useful advice, checklists and mind maps for everything you need to travel alone with style. This guide is for those wanting everything they need to travel by themselves (or with others), all in the one place. It is a must read for every woman traveler. To find out more about the book and author, watch the short vids on Youtube: https://www.youtube.com/playlist?list=PLEySrs2HIMGEglUzOUhyIJ4yj-IWaN_I8

The Routledge International Handbook of Walking

Whether you've been vegan for years or are travelling as one for the first time, this guide is packed with insight and advice on where to go, and the best vegan restaurants, accommodation and cities. From cooking classes in India to wildlife watching tours in New Zealand, Lonely Planet shows you how to explore the world on a plant-based diet.

Travel the World Without Worries

There is nothing quite like hitting the road by yourself to awaken your senses, sharpen your mind, and build your confidence. In twenty-three beautifully crafted essays, women recount the thrills of traveling solo. Despite threat-assessment levels and airport-security hassles, women of all generations are traveling more freely and independently than ever before. In that go-for-it spirit, *Go Your Own Way* spans the globe: adventure diva Holly Morris finds herself lost in the jungles of Borneo, alone with her thoughts and a cold-blooded companion; Lara Triback's quest to learn the tango takes her to the late-night dance floors of Buenos Aires; Stephanie Griest finds female friends invaluable in her journey through Uzbekistan; and Amy Balfour recounts a hilarious trek up Yosemite's Half Dome. The writers in *Go Your Own Way* pay tribute to the empowerment of independent adventure and discovery, offering up the perfect antidote for today's climate of fear and international discord. All the while, they show that alone doesn't have to mean lonely.

The Solo Travel Handbook

Discover the lives and locations of trailblazing women who changed the course of history – from rulers like Queen Hatshepsut and suffragette heroes Sylvia Pankhurst and Elizabeth Cady Stanton, to the workrooms of Frida Kahlo and Virginia Woolf, and the tennis courts of the Williams sisters.

The Sustainable Travel Handbook

Walking is an essentially human activity. From a basic means of transport and opportunity for leisure through to being a religious act, walking has served as a significant philosophical, literary and historical subject. Thoreau ' s 1851 lecture on Walking or the Romantic walks of the Wordsworths at Grasmere in the early 19th Century, for example, helped create a philosophical foundation for the importance of the act of walking as an act of engagement with nature. Similarly, and sometimes inseparable from secular appreciation, pilgrimage trails provide opportunities for finding self and others in the travails of the walk. More recently, walking has been embraced as a means of encouraging greater health and well-being, community improvement and more sustainable means of travel. Yet despite the significance of the subject of walking there is as yet no integrated treatment of the subject in the social science literature. This handbook therefore brings together a number of the main themes on the study of walking from different disciplines and literatures into a single volume that can be accessed from across the social sciences. It is divided into five main sections: culture, society and historical context; social practices, perceptions and behaviours; hiking trails and pilgrimage routes; health, well-being and psychology; and method, planning and design. Each of these highlights current approaches and major themes in research on walking in a range of different environments. This handbook carves out a unique niche in the study of walking. The international and cross-disciplinary nature of the contributions of the book are expected to be of interest to numerous academic fields in the social and health sciences, as well as to urban and regional planners and those in charge of the management of outdoor recreation and tourism globally.

The Solo Traveler's Handbook

UPDATED 2017 EDITION New York Times bestseller! No money? No problem. You can start packing your bags for that trip you ' ve been dreaming a lifetime about. For more than half a decade, Matt Kepnes (aka Nomadic Matt) has been showing readers of his enormously popular travel blog that traveling isn ' t expensive and that it ' s affordable to all. He proves that as long as you think out of the box and travel like locals, your trip doesn ' t have to break your bank, nor do you need to give up luxury. *How to Travel the World on \$50 a Day* reveals Nomadic Matt ' s tips, tricks, and secrets to comfortable budget travel based on his experience traveling the world without giving up the sushi meals and comfortable beds he enjoys. Offering a blend of advice ranging from travel hacking to smart banking, you ' ll learn how to: * Avoid paying bank fees anywhere in the world * Earn thousands of free frequent flyer points * Find discount travel cards that can save on hostels, tours, and transportation * Get cheap (or free) plane tickets Whether it ' s a two-week, two-month, or two-year trip, Nomadic Matt shows you how to stretch your money further so you can travel cheaper, smarter, and longer.

Travel Goals

Does this book really have over 127 tips and tools for planning an international trip? Well, let's just say we stopped counting at that number. You see, this little handbook is packed with over 127 insights, websites, and resources that are essential for any traveler planning to go abroad. Are the tips and tools really secret? Actually yes, they are secret—at least no one told us about them before we journeyed abroad and we had done a lot of research and preparation. We had to discover many of them the hard way as we traveled around the world to more than 70 countries. These are the secrets we wished we had found, in a concise and consolidated book like this one, before we went abroad. Why did we write this book? We love to travel, and the more we traveled the world, the more we learned how to travel smarter, safer, and cheaper. When friends realized how much traveling we had done, the more questions they would ask us about how to travel. We soon realized we could answer just about every question that came our way. That is when we decided to share our travel knowledge as a way to help, enable, and inspire others to travel abroad. From that desire sprang over twenty classes that we teach in person and online, as well as this handbook, the first book in our Travel Smart Strategies series. Now you can travel smarter, safer, and cheaper too. Happy Travels!

Moon Puerto Rico

NatGeo takes you on a photographic tour of the world's most spectacular destinations, inspiring tangible ideas for your next trip. Travel to hundreds of the most breathtaking locales—both natural and man-made—illustrated with vivid images taken by the organization's world-class photographers. These images, coupled with evocative text, feature a plethora of visual wonders: ancient monoliths, scenic islands, stunning artwork, electric cityscapes, white-sand seashores, rain forests, ancient cobbled streets, and both classic and innovative architecture. Loaded with hard service information for each location, *Destinations of a Lifetime* has it all: when to go, where to eat, where to stay, and what to do to ensure the most enriching and authentic experience.

The Carry-On Traveller

People Pick • O Magazine Title to Pick Up Now • Vanity Fair Hot Type • Glamour New Book You're Guaranteed to Love This Summer • LitHub.com Best Book about Books • BuzzFeed Book You Need to Read This Summer • Seattle Times Book for Summer Reading • Warby Parker Blog Book Pick • Google Talks • Harper's Bazaar • Vogue • The Washington Post • The Economist • The Christian Science Monitor • Salon • The Atlantic Imagine keeping a record of every book you've ever read. What would this reading trajectory say about you? With passion, humor, and insight, the editor of The New York Times Book Review shares the stories that have shaped her life. Pamela Paul has kept a single book by her side for twenty-eight years — carried throughout high school and college, hauled from Paris to London to Thailand, from job to job, safely packed away and then carefully removed from apartment to house to its current perch on a shelf over her desk — reliable if frayed, anonymous-looking yet deeply personal. This book has a name: Bob. Bob is Paul's Book of Books, a journal that records every book she's ever read, from Sweet Valley High to Anna Karenina, from Catch-22 to Swimming to Cambodia, a journey in reading that reflects her inner life — her fantasies and hopes, her mistakes and missteps, her dreams and her ideas, both half-baked and wholehearted. Her life, in turn, influences the books she chooses, whether for solace or escape, information or sheer entertainment. But *My Life with Bob* isn't really about those books. It's about the deep and powerful relationship between book and reader. It's about the way books provide each of us the perspective, courage, companionship, and imperfect self-knowledge to forge our own path. It's about why we read what we read and how those choices make us who we are. It's about how we make our own stories.

The Essential Guide for Women Traveling Solo

This edition is part of the Traveler's Handbook series and guides new and veteran travelers through the challenges of finding, vetting, and choosing their ideal volunteer experience all over the world.

Vegan Travel Handbook

Spanning fifteen years of travel, beginning when she is a sophomore in college, Wanderlust documents Elisabeth Eaves' insatiable hunger for the rush of the unfamiliar and the experience of encountering new people and cultures. Young and independent, she crisscrosses five continents and chases the exotic, both in culture and in romance. In the jungles of Papua New Guinea, she loses herself—literally—to an Australian tour guide; in Cairo, she reconnects with her high school sweetheart, only to discover the beginning of a pattern that will characterize her life over the long-term: while long-distance relationships work well for her, traditional relationships do not. Wanderlust, however, is more than a chronological conquest of men and countries: at its core, it's a journey of self-discovery. In the course of her travels, Eaves finds herself and the sense of home she's been lacking since childhood—and she sheds light on a growing culture of young women who have the freedom and inclination to define their own, increasingly global, lifestyles, unfettered by traditional roles and conventions of past generations of women.

Dame Traveler

The ultimate guide to traveling alone, *Traveling Solo* offers advice and ideas for more than 250 trips for solo travelers, including suggested vacations as varied as the ages, budgets, tastes, and interests of millions of singles.

The Horse Travel Handbook

For thousands of years we have travelled on horseback but until now no one has shown us the way. *The Horse Travel Handbook*, a field guide drawn from its parent edition *The Encyclopaedia of Equestrian Exploration*, is the most authoritative work of its kind and contains the hard-earned wisdom gained by hundreds of Long Riders during centuries of equestrian travel. The concise, easy-to-use volume covers every aspect needed to successfully complete a journey by horse, including how to organize the trip, plan a route, choose the proper equipment and purchase horses. Traditional challenges such as loading a pack saddle, avoiding dangerous animals, fording rivers and outwitting horse thieves are covered here along with ingenious solutions to modern dilemmas like crossing international borders, surviving vehicle traffic and negotiating with hostile bureaucrats. This handbook covers all aspects of equine welfare including feeding, watering, saddling and health care. Technical details such as daily travel distance, where to locate nightly shelter and ways to avoid cultural conflicts are among the hundreds of specific topics examined. Equestrian explorers have special linguistic needs. Vital words such as hay and farrier are not found in standard phrase-books. A special appendix contains the Equestrianary that provides images of objects and situations most likely to be of use when language is a barrier. Created by the founder of the Long Riders' Guild after decades of travel and study, this comprehensive book is filled with the indispensable knowledge needed to resolve problems, overcome

hardships and avoid dangers while travelling. Just as importantly, it empowers readers to turn their dream into a life-changing equestrian journey.

Kicking Ass on the Road the Ultimate Guide for the Solo Woman Traveler

Combining our extensive mapping experience and unrivalled destination knowledge, our first dedicated atlas is packed with insightful commentary and inspiring images to help you explore the world and plan trips with ease. Each large page of mapping is accompanied with top sights and activities, while popular regions are presented at greater scale.

Lonely Planet's Ultimate Eats

Bursting with invaluable advice, this inspiring and practical guide, fully revised and updated in this new edition, is a must for anyone who yearns to write about travel - whether they aspire to make their living from it or simply enjoy jotting in a journal for posterity. You don't have to make money to profit from travel writing. Sometimes, the richest rewards are in the currency of experience. How to be a Travel Writer reveals the varied possibilities that travel writing offers and inspires all travellers to take advantage of those opportunities. That's where the journey begins - where it takes you is up to you. Let legendary travel writer Don George show you the way with his invaluable tips on: The secrets of crafting a great travel story How to conduct pre-trip and on-the-road research Effective interviewing techniques How to get your name in print (and money in your bank account) Quirks of writing for newspapers, magazines, online and books Extensive listings of writers' resources and industry organisations Interviews with established writers, editors and agents About Lonely Planet: Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves. The world awaits! Lonely Planet guides have won the TripAdvisor Traveler's Choice Award in 2012, 2013, 2014, 2015, and 2016. 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' -- Fairfax Media 'Lonely Planet guides are, quite simply, like no other.' - New York Times Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

My Life with Bob

Part laugh-out-loud storytelling, part thoughtful self-reflection, this debut memoir from a television comedy writer follows her many adventures around the world in an attempt to escape her fear of commitment and settling down. Original. 50,000 first printing.

The Honeymoon Handbook

Painting with watercolors gives you endless opportunities to create the world you want. You choose whether to let the sun blaze or the rain pour, to move a maple tree here or make the trail wind over there, to subdue a hillside with quiet greens or make a forest glow with dazzling golds and reds. It's not only a matter of what

to paint, but how to go about painting it. This book examines, one at a time, the three major elements of landscape painting: water, sky and land. You will be encouraged to try numerous ways of painting each one. Then you can choose the methods that best express how the outdoors speaks to you. Let this reliable collection of tips, techniques, ideas and lessons be your companion on a sure path to creative fulfillment and better watercolor landscapes.

Wanderlust

Before You Go Abroad Handbook

Enhanced with anecdotes and bolded messages, a travel guide for women of all ages offers practical advice on packing, planning, and safety, along with a full list of website resources and advice on the latest travel technology.

The Watercolorist's Essential Notebook - Landscapes

Pack your bags! A reassuring handbook geared toward women between the ages of 40 and 65 who are eager but apprehensive to take a solo adventure. Chicago, St. Louis, London, Vienna bestselling author Jayne Seagrave has traveled there, and she's done it solo. Now she wants her readers to know that not only can they do it too, they should. Seagrave shares her tips as a mature woman travelling solo in general including booking transportation and accommodation, packing, buying medical insurance, and getting over jet lag. She then profiles 24 cities in North America and Europe for which she provides guidance on how get from the airport to your hotel, shares the safest neighborhoods in which to stay, and recommends the best activities for your holiday, all with an eye for the kinds of activities older women would enjoy. It's the boost of confidence you may need to finally take flight!

The Family Travel Handbook

A wise, passionate account of the pleasures of traveling solo In our hectic, hyperconnected lives, many people are uncomfortable with the prospect of solitude. Yet a little time to ourselves can be an opportunity to slow down, savor, and try new things, especially when traveling. Through on-the-ground reporting, insights from social science, and recounting the experiences of artists, writers, and innovators who cherished solitude, Stephanie Rosenbloom considers how traveling alone deepens appreciation for everyday beauty, bringing into sharp relief the sights, sounds, and smells that one isn't necessarily attuned to in the presence of company. Walking through four cities--Paris, Florence, Istanbul, and New York--and four seasons, *Alone Time* gives us permission to pause, to relish the sensual details of the world rather than hurtling through museums and uploading photos to Instagram. In chapters about dining out, visiting museums, and pursuing knowledge, we begin to see how the moments we have to ourselves--on the road or at home--can be used to enrich our lives. Rosenbloom's engaging and elegant prose makes *Alone Time* as warmly intimate an account as the details of a trip shared by a beloved friend--and will have its many readers eager to set off on their own solo adventures.

Alone Time

Ethiopia - Travellers Handbook

A breathtaking celebration of Instagram's premier solo female travel community, featuring 200 striking photographs—most of them all-new—plus empowering messages and practical tips for solo travelers. “ For those with passports full of stories, this book carries you away to every dreamy corner of the earth. I can ’ t stop flipping through these visually incandescent pages to see where I ’ m capable of traveling to next! ” —Caila Quinn, The Bachelor contestant and lifestyle and travel influencer From backpackers in Peru to artists in Berlin to storytellers in Morocco, Dame Traveler celebrates the diversity and bravery of women from around the world who are not afraid to think (and live) outside the box. The revolutionary Dame Traveler Instagram account was founded by Nastasia Yakoub, who was born into a strict Chaldean-Middle Eastern community where women are expected to marry young and put aside other personal ambitions. But at the age of twenty, Nastasia embarked on a solo trip to South Africa to volunteer at an orphanage in Cape Town, which sparked a love of world travel. Recognizing a void in the travel industry, she founded Dame Traveler, the first female travel community on Instagram, now more than half a million strong. Nastasia herself has traveled to sixty-three countries on solo adventures, sharing colorful photos of her tantalizing travels along the way. Dame Traveler celebrates these women with a photographic collection of 200 stunning images paired with inspiring captions, 80% of which have never been seen on the Instagram account. Organized into sections on architecture, culture, nature, and water, each entry features travel information, plus tips, advice, unique solo-travel experiences, and wisdom from contributing globe-trotters to embolden the next generation of Dame Travelers.

The Food Traveler's Handbook

Lonely Planet: The world's leading travel guide publisher Every country in the world, in one guidebook: Lonely Planet's The World. A Traveller's Guide to the Planet. We've taken the highlights from the world's best guidebooks and put them together into one 900+ page whopper to create the ultimate guide to Earth. This user-friendly A-Z gives a flavour of each country in the world, including a map, travel highlights, info on where to go and how to get around, as well as some quirkier details to bring each place to life. In Lonely Planet's trademark bluespine format, this is the ultimate planning resource. From now on, every traveller's journey should start here Nearly 1000 colour photos of must-visit highlights More than 200 colour maps The guidebook every traveller needs to own About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more, enabling you to explore every day. Lonely Planet enables the curious to experience the world fully and to truly get to the heart of the places they find themselves, near or far from home. TripAdvisor Travelers' Choice Awards 2012, 2013, 2014, 2015 and 2016 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Travel to China

This practical and inspiring guide, the latest in our popular Handbook series, motivates travellers to take a responsible approach to the impact of travelling. Whether you're looking to reduce your carbon emissions, enjoy more a responsible wildlife-watching experience, harness culinary tourism for good or enjoy an eco-friendly city break, this guide has got you covered. Packed with easily-digestible advice compiled by a sustainable travel expert, eco-conscious travellers will be introduced to a wide variety of destinations offering culture, wildlife, luxury, adventure, wellness and much more, as well as subjects such as the development of electric transport, how to reduce your plastic waste and the best ways to visit explore sacred indigenous culture respectfully. With top five and top ten lists discussing the best places to hike, volunteer, scuba dive and snorkel responsibly, as well as where to enjoy sustainable safaris, family trips and the best ways to give back when you travel, no stone is left unturned in this 168-page guide to ethical tourism. Destinations discussed include relatively off-the-map regions of the world, including Guyana, Palau and Siargao in the Philippines, as well as more well-known places, such as Costa Rica, Uruguay and Jordan.

The Volunteer Traveler's Handbook

The world ' s top 500 food experiences — ranked! We asked the planet ' s top chefs and food writers to name their favorite gastronomic encounters. Discover Japanese bullet train bento boxes, Israeli shakshuka, San Sebastian pintxos bars, and 497 more mouth-watering destinations in this must-own bucket list for foodies and those who love to travel.

Destinations of a Lifetime

Lonely Planet's selection of the most exciting locations for the perfect honeymoon. Discover ideas for out-of-the-ordinary trips and experiences. Pick up tips for making the trip a success and setting your life together off to a magical start. The essential honeymoon planning tool.

Go Your Own Way

You can count on Rick Steves to tell you what you really need to know when traveling through Europe. With Rick Steves Europe Through the Back Door, you'll learn how to: Plan your itinerary and maximize your time Pack light and right Find good-value hotels and restaurants Travel smoothly by train, bus, car, and plane Avoid crowds and tourist scams Hurdle the language barrier Understand cultural differences and connect with locals Save money while enjoying the trip of a lifetime After 30+ years of exploring Europe, Rick considers this travel skills handbook his life's work, and with his expert introductions to the top destinations in Europe, choosing your next trip will be easy and stress-free. Using the travel skills in this book, you'll experience the culture like a local, spend less money, and have more fun.

Lonely Planet's Ultimate Travel Quiz Book

Part of the Traveler's Handbook series offering more stories and tips on solo travel fun and safety, this how-to manual with travel literature will help readers venture out with confidence to discover themselves and the world.

The Travel Atlas

Don't let the idea of travelling alone stop you from living out your dreams. Packed with tips and advice for before and during your travels, The Solo Travel Handbook gives you the confidence and know-how to explore the world on your own, whether you're planning a once-in-a-lifetime adventure or short city break.

What I Was Doing While You Were Breeding

Relax beneath palm trees, kayak through bioluminescent bays, or dance the night away to the sounds of salsa: Experience the Island of Enchantment with Moon Puerto Rico. Inside you'll find: Flexible itineraries ranging from a few days on the East Coast to two weeks exploring the best of Puerto Rico, including day trips from San Juan Strategic advice for beach-lovers, adventure travelers, honeymooners, wellness-seekers, and more, with the best beaches for surfing, swimming, snorkeling, and diving The best spots for eco-friendly outdoor adventures like hiking, kayaking, and spelunking. Zipline over the lush jungle, hike through cloud forests, explore vast underground caves, learn how to surf, or spot iguanas on the wild island of Mona Unique and authentic experiences: Visit a historic coffee hacienda, shop for hand-rolled cigars along San Juan's cobblestone streets, and savor a traditional lunch of mofongo. Visit ancient ceremonial bateyes, and learn about Puerto Rico's indigenous Taíno communities. Enjoy an al fresco dinner in the warm tropical breeze, and dance to bomba as the sun sets over the ocean Insider insight from Suzanne Van Atten on how to experience the island like a local, respectfully engage with the culture, and support local businesses, including opportunities to help with hurricane relief efforts Full-color photos and detailed maps throughout Up-to-date information on Puerto Rico's landscape, history, customs, and environmental changes Handy tools including a Spanish phrasebook, driving directions, and travel tips for disability access, solo travelers, seniors, and LGBTQ travelers Experience the best of Puerto Rico with Moon's practical tips and local know-how. Exploring the Caribbean? Check out Moon Dominican Republic, Moon Bahamas, or Moon Jamaica.

Across Asia on the Cheap

Today's most authoritative guide on how to travel anywhere, anyhow. This guide contains expert advice from the world's most experienced travelers, personal reflections from globe-trotting celebrities, survival tips and health facts, profiles of every country as well as a comprehensive contacts directory. Whether you're a backpacker or a business traveler, an adventurer or a beginner, you'll find this book essential and inspiring. (5 x 7 1/4, 960 pages, charts)

The Solo Travel Handbook

Full of practical advice and ideas from Lonely Planet's parents to you, this essential guide gives you the lowdown on amazing travel experiences - and how to plan

and enjoy them with your family. From navigating air and train travel to how to approach unfamiliar meals, this trip planner encourages curiosity, exploration and independence.

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