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The No Recipe Cookbook Quick And Easy Healthy Meals To Save Money Time And Calories

Simple 2How to Cook Without a BookThe Easy Dinner CookbookHow to Cook Everything The BasicsNom Nom PaleoThe No Time to Cook! BookEasy Cook BookThe Vegan 8The Quick RecipeSee You on SundayThe Simple KitchenFuss-Free VeganRun Fast. Eat Slow.Cook Once, Eat All WeekThe Easy 30-Minute CookbookHalf Baked Harvest Super SimpleThe No Recipe CookbookCravingsGood and CheapThanksgiving: How to Cook It WellThe Quick and Easy IBS Relief CookbookThe No-Fuss Family CookbookSimpleFast and Easy Five-Ingredient Recipes: A Cookbook for Busy PeopleThe Cooking for One CookbookSalt, Fat, Acid, HeatMark Bittman's Quick and Easy Recipes from the New York TimesThe Happy in a Hurry CookbookThe Quick & Easy Healthy CookbookThe Wholesome Yum Easy Keto CookbookJust One Cookbook - Essential Japanese RecipesBetty Crocker's Quick & Easy Cookbook30-Minute One-Pot MealsThe New York Times Cooking No-Recipe RecipesThe Easy 5-Ingredient Healthy Cookbook: Simple Recipes to Make Healthy Eating Delicious5 Ingredient CookbookQuick & Easy ChineseReady or Not!The No Recipe Cookbook100 Days of Real Food: Fast & Fabulous

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Calories Simple 2

From the author of Half Baked Harvest comes her second cookbook with 125 show-stopping recipes made simple: fewer ingredients, fool-proof meal-prepping, easy entertaining, and everything in between. Tieghan Gerard is known, both on her blog and in her debut cookbook, Half Baked Harvest Cookbook, for her stunningly beautiful meals and thoughtful recipes that taste even better than they look. Half Baked Harvest Super Simple takes what fans loved most about her debut, and promises all of those comfort-food forward, freshly-sourced recipes distilled into quicker, more manageable dishes using trending techniques that sell--from the almighty Instant Pot to night-before meal prep. Super Simple is the compendium for home cooks who are just starting out or pressed for time. It teaches the most important cooking basics and delivers sometimes good-for-you, always hassle-free meals without sacrificing taste. Whip up everyday dishes like Cardamom Apple Fritters, Spinach and Artichoke Mac and Cheese, and Lobster Tacos to share with your family, or plan stress-free dinner parties with options like Slow Roasted Moroccan Salmon and Fresh Corn and Zucchini Summer Lasagna.

How to Cook Without a Book

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Each volume provides recipes based on the concept of step-by-step cooking. The material is specifically designed for use by people involved in literacy and independent living skills programs in the home, at school and in community settings.

The Easy Dinner Cookbook

Finally--tasty, healthy dishes without all the effort You shouldn't have to spend your entire night cooking--or your entire paycheck eating out--to enjoy a good meal. This easy cookbook is packed with recipes that are budget-friendly, health-conscious, and super tasty--and all of them can be made in half an hour or less! No need to be an experienced home chef--here's an easy cookbook that will show you how to make good, fresh food at any skill level. You'll also learn how to make your kitchen as convenient as possible, with guides to the best equipment and ingredients to keep on hand. Time is money--and this easy cookbook can save you both. In this fast and easy cookbook, you'll find: 100 fast recipes--Try Mixed Berry Pancake Muffins, Pesto Turkey Burgers, Mexican Street Corn Pasta Salad, One-Skillet Cashew Chicken, and more. Cooking hacks--Stock up on tips and tricks for cooking faster, outsmarting your supermarket, and making prep and cleanup super easy. Handy labels--This easy cookbook includes recipes tagged with icons for No

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Cook, One Pot, 5-Ingredient, or Superfast (10-minute) meals. With a huge variety of quick and affordable recipes, The Easy 30-Minute Cookbook is everything an easy cookbook should be.

How to Cook Everything The Basics

Donna and Chad Elick, founders of The Slow Roasted Italian—which has over 635k Facebook followers—share how to make family-friendly dishes fast with simple one-pot and 15-minute entre recipes. Cooking wholesome, delicious meals shouldn't have to be time consuming or difficult to master. Donna and Chad Elick, the founders of The Slow Roasted Italian, will show you their tips and tricks on how to make quality meals without the fuss. Prepare an entire three-course meal with an appetizer made in a slow cooker, a 15-minute entre and top it off with a simple, flavor-packed dessert. Recipes include Slow Cooker Spicy & Sweet Sriracha Wings, Red Wine Braised Roast Beef with Rosemary, Restaurant-Style Mexican Rice, Cheesy Buffalo Chicken Beer Cheese Soup, Spicy Chili-Lime Steak Bites, Bourbon Bacon Pasta Marinara and Decadent Hot Chocolate Cookies. Donna and Chad Elick have 635k Facebook followers, 26.5k Twitter followers and have been featured on the Food Network UK, the Cooking Channel, Parade, Women's Health and many others. With the help of The Simple Kitchen, you will be amazed by

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the meals you can create for yourself or your family, all with little time or effort. This book will have 80 recipes and 60 photos.

Nom Nom Paleo

Change your cooking, change your life! Learning to cook without a recipe can take the stress out of meal planning and cooking. If you're someone who enjoys browsing the cooking section of your local bookshop, looking for new inspiration, glossy pictures and recipes... put this book down immediately! It's not for you. But if you · can't cook · don't enjoy cooking · are too busy to cook · have never prepared a meal · would like to save money · would like to lose weight by eating out less often, or · just want to be more efficient in the kitchen Then this book is the answer to all your mealtime prayers. Foreword by Australian of the Year 2020 Dr James Muecke In my medical career, I've seen so many people who simply lack the tools they need to lead a healthy lifestyle. This book will give you some of these tools. If you don't know how to cook or just want to limit the amount of unhealthy takeaway food you eat, The No Recipe Cookbook could be the help you need to change your life. Dr Pillay's simple, straightforward method is easy to follow and will have you eager to get into the kitchen and start experimenting. Most of her meal ideas really are faster than

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ordering a takeaway and they're definitely healthier. If this book can help even a handful of people to start cooking for themselves, it will be a step in the right direction. Let's all get into the kitchen and start taking back control over what we eat. Your health is in your hands. Dr James Muecke AM MBBS (Hons) FRANZCO, Australian of the Year 2020 Ophthalmologist, Chairman Sight For All

The No Time to Cook! Book

The debut cookbook from the popular New York Times website and mobile app NYT Cooking, featuring 100 vividly photographed no-recipe recipes to make weeknight cooking more inspired and delicious. You don't need a recipe. Really, you don't. Sam Sifton, founding editor of New York Times Cooking, makes improvisational cooking easier than you think. In this handy book of ideas, Sifton delivers more than one hundred no-recipe recipes—each gloriously photographed—to make with the ingredients you have on hand or could pick up on a quick trip to the store. You'll see how to make these meals as big or as small as you like, substituting ingredients as you go. Fried Egg Quesadillas. Pizza without a Crust. Weeknight Fried Rice. Pasta with Garbanzos. Roasted Shrimp Tacos. Chicken with Caramelized Onions and Croutons. Oven S'Mores. Welcome home to freestyle,

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relaxed cooking that is absolutely yours.

Easy Cook Book

Easy, delicious ketogenic recipes all with ten ingredients or less, from the founder of the mega-popular keto website Wholesome Yum. There's a reason that the ketogenic diet has become so wildly popular: It truly works! And weight loss is just the beginning. Studies have shown that the keto diet stabilizes mood, raises energy levels, controls blood sugar, lowers blood pressure, improves cholesterol, and more. Unfortunately, many people are intimidated by keto--they don't have a lot of time to cook, they have a whole family to feed, or they worry that they'll miss their favorite meals. That is why Maya Krampf created her now hugely popular website, Wholesome Yum, to share easy keto recipes all with ten ingredients or less. And now, in her first cookbook, Maya is determined to show people that a keto lifestyle does not have to be complicated, time-consuming, unsustainable, or boring. The Wholesome Yum Easy Keto Cookbook features 100 super-simple, I-can't-believe-that's-keto recipes including flourless chocolate chip peanut butter waffles, sheet pan sausage breakfast sandwiches, crispy keto chicken fingers, spaghetti squash ramen soup, keto garlic bread sticks, cinnamon roll pizza, and much more. You don't have to give up your

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favorite foods--virtually anything you like to eat can be made keto, and delectably so. The book also features a primer on the keto diet, essential pantry-stocking tips, and a section dedicated to creating Maya's signature "fathead" keto dough that is used to prepare delicious keto breads, pastries, tortillas, and more.

The Vegan 8

"Having a good resource and cookbook to guide you along the process of elimination and reintroduction is critical. In The Quick and Easy IBS Relief Cookbook, Karen Frazier walks you through the different phases of the diet in a user-friendly way, to help uncover all the triggers that can upset your GI tract and interfere with your daily life." --Laura Manning, MPH, RDN, CDN, Clinical Nutrition Coordinator, Susan and Leonard Feinstein Inflammatory Bowel Disease Center, Mount Sinai Medical Center If you are one of the 35 million Americans impacted by IBS, you're no stranger to its debilitating effects. The low-FODMAP diet is the #1 method for treating IBS naturally, but the stress caused by the restrictions of a low-FODMAP diet may only further aggravate your IBS symptoms. The Quick and Easy IBS Relief Cookbook will help you reclaim your life with simple, everyday recipes that take the calculations and guesswork out of beginning your new diet.

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More than 120 delicious, low-FODMAP recipes offer total symptom relief without triggering IBS or GERD. Just 5 main ingredients and fast prep and cook times (30 minutes or less) allow you to create affordable, IBS-friendly versions of your favorite meals. Up-to-date research addresses all 4 types of IBS: IBS-C, IBS-D, IBS alternating type, and IBS with acid reflux--as well as handy tips for desired texture modification. Guidance you can trust from IBS/GERD expert, Karen Frazier, author of low-FODMAP dietary books *The Acid Reflux Escape Plan* and *The Gastroparesis Cookbook*. If you're ready to start eating well and feeling better instead of worrying about restrictive measurements and guidelines, then *The Quick and Easy IBS Relief Cookbook* is for you.

The Quick Recipe

NAMED ONE OF THE BEST BOOKS OF THE YEAR BY EATER.COM From one of America's finest food writers, the former restaurant critic for *The New York Times*, comes a definitive, timeless guide to Thanksgiving dinner--preparing it, surviving it, and pulling it off in style. From the planning of the meal to the washing of the last plate, Thanksgiving poses more--and more vexing--problems for the home cook than any other holiday. In this smartly written, beautifully illustrated, recipe-filled book, Sam Sifton, the *Times's* resident

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Thanksgiving expert, delivers a message of great comfort and solace: There is no need for fear. You can cook a great meal on Thanksgiving. You can have a great time. With simple, fool-proof recipes for classic Thanksgiving staples, as well as new takes on old standbys, this book will show you that the fourth Thursday of November does not have to be a day of kitchen stress and family drama, of dry stuffing and sad, cratered pies. You can make a better turkey than anyone has ever served you in your life, and you can serve it with gravy that is not lumpy or bland but a salty balm, rich in flavor, that transforms all it touches. Here are recipes for exciting side dishes and robust pies and festive cocktails, instructions for setting the table and setting the mood, as well as cooking techniques and menu ideas that will serve you all year long, whenever you are throwing a big party. Written for novice and experienced cooks alike, Thanksgiving: How to Cook It Well is your guide to making Thanksgiving the best holiday of the year. It is not fantasy. If you prepare, it will happen. And this book will show you how. Advance praise for Thanksgiving "If you don't have Thanksgiving, you are not really having Thanksgiving. This book is as essential to the day as the turkey itself. It's an expert, gently opinionated guide to everything from the cranberry sauce to the table setting to the divvying up of the leftovers, but it's also a paean to the

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holiday and an evocation of both its past and its promising future. Sam Sifton's Thanksgiving world is the one I want to live in."—Gabrielle Hamilton, bestselling author of *Blood, Bones, & Butter* "The charm of Sam Sifton's Thanksgiving is that he proposes that home cooks treat this culinary Olympics like any other dinner party—don't panic, deconstruct your tasks into bite-size pieces, and conquer that fear of failure. Sam could talk a fledgling doctor through his first open-heart surgery. It's all here—from brining to spatchcocking, sides to desserts—and served up with a generous dollop of reassuring advice from one of America's most notable food writers."—Christopher Kimball, editor of *Cook's Illustrated* and host of America's Test Kitchen From the Hardcover edition.

See You on Sunday

From the trusted nutritionist behind the bestselling healthy cookbook on meal prep comes *The Easy 5-Ingredient Healthy Cookbook*--your next course in healthy meals made super simple. Keeping balanced meals on the table can be tough when you're busy. That's why registered dietitian nutritionist and bestselling healthy cookbook author, Toby Amidor, created *The Easy 5-Ingredient Healthy Cookbook*. With truly simple 5-ingredient recipes--many of which are ready to eat in 30

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minutes or require just one cooking vessel--The Easy 5-Ingredient Healthy Cookbook is your solution to eating healthy on a hectic schedule. Your complete healthy cookbook for hassle-free, nutritious meals, The Easy 5-Ingredient Healthy Cookbook contains: 150 no-fuss recipes using only 5 easy-to-find main ingredients per meal Quick, no-mess meals requiring only 30-minutes to make or one-pot Healthy cooking bonus tips including meal planning guidelines and grocery shopping advice that are unique to this healthy cookbook A healthy cookbook with a simple solution to nutritious meals--The Easy 5-Ingredient Healthy Cookbook helps you eat well even when you're busy.

The Simple Kitchen

In her first cookbook, 100 Days of Real Food, Lisa Leake revealed how simple it is to think out of the box in the kitchen by replacing unhealthy prepackaged and processed foods with "real food"--mouthwatering meals made with wholesome and familiar ingredients. Now, Lisa is back with 100 quick-and-easy recipes and simple cheat sheets that will work with every family's busy lifestyle. 100 Days of Real Food: Fast & Fabulous gives Lisa's devoted fans and newcomers exactly what they want, quick and tasty favorites for breakfast, lunch, dinner, dessert, and even snacks that are a snap to make. Inside you'll

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find recipes sure to please everyone, from Cinnamon Raisin Scones, Couscous and Tomato Salad, and Corn Muffins to Citrus Salad With Crispy Quinoa, Honeydew Green Smoothie, and Slow Cooker Black Bean Soup to Easy Fish Tacos, Parmesan Crusted Chicken, and Chocolate Banana Pops. While some dishes are blog favorites, seventy-five percent are brand new. Along with these family-friendly recipes, 100 Days of Real Food: Fast & Fabulous incorporates ideas for adult, big-kid, and little-kid packed lunches and new seasonal meal plans and shopping lists—everything you need for accessible, quick, and real home cooking. Lisa also includes a “CliffsNotes”-style resource section packed with easy guidelines on how to buy real food, supermarket staples (including her Top 10 Shopping Lists by Store), the truth behind more than a dozen grocery store myths, and other handy kitchen tips (such as food prep guides and storage cheat sheets). Making and enjoying healthy meals the whole family will love doesn’t have to be difficult, boring, or expensive. With this essential cookbook, illustrated with color photos for every single recipe, you’ll see just how fast and fabulous good home-cooked meals can be.

Fuss-Free Vegan

When you’re short on time, you’ll love these

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big-on-flavor, crazy easy meals. Cooking can sometimes involve mile-long ingredient lists and require more time than one cares to spend in the kitchen after a busy day. With Fast and Easy Five Ingredient Recipes you'll find over 100 recipes that only require five ingredients (or less) and use simple ingredients in unique ways. Recipes include: Southern Style Chicken Sliders Spinach Alfredo Lasagna Pulled Pork Carnita Tacos Homemade Pizza Pockets Peanut Butter Sea Salt Cookies Whether for weeknight meals or last minute dinner parties, these five-ingredient recipes will save you time and money...and they're delicious too!

Run Fast. Eat Slow.

You know how it is: some days, you're fired up and ready to cook; other days, you dread the thought of making dinner. More often than not, you find yourself floating somewhere between inspiration and desperation. What's a crazy busy (but kind of lazy) home cook to do? The answer: pick up this book. Ready or Not makes healthy Paleo home cooking a breeze, no matter if there's time to prepare or just minutes to spare. Whether you're a fastidious planner or a last-minute improviser, you'll find plenty of deliciously nourishing options, from make-ahead feasts to lightning-fast leftover makeovers. Presented in Nom Nom Paleo's deliriously fun comic book

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style, Ready or Not makes Paleo cooking easy, no matter how much time you have. In fact, this cookbook is organized into color-coded sections to match your readiness level: GET SET! First, stock your kitchen with essential building blocks--from store-bought necessities to D.I.Y. ingredients that'll set you up for anytime cooking. READY! Got time to cook? Turn to these recipes for make-ahead meals and spectacular dishes like Pressure Cooker Bo Ssäm and Strawberry Almond Semifreddo! KINDA READY! Learn how to transform pantry staples and leftovers into impromptu meals that'll satisfy the most discriminating palates. NOT READY! Emergency meals can be delicious, too. In this section, you'll find super-fast recipes like savory stir-fries and sheet pan suppers. Along with colorfully written and gorgeously photographed step-by-step recipes presented in a cheeky cartoon format, Ready or Not features kitchen hacks, Paleo ingredient guides, meal plans, shopping lists and more!

Cook Once, Eat All Week

200 more of the easiest recipes in the world -- each with less than 6 ingredients, a few steps, and most just 1 hour from prep to table -- are lavishly illustrated with 1,000 mouthwatering photographs making mealtime, snacktime or any time quick, tasty, and simple! What's for dinner? SIMPLE 2 has the

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answer. With its clean design, large type, straightforward photos, and handy icons, you can have a delicious meal on the table in minutes. Through combinations of basic flavors and fresh ingredients, chef, food photographer, and cookbook author Jean-François Mallet helps anyone, the novice and gourmand alike, prepare tasty time-saving meals. His "at-a-glance" approach will change your view of cooking. In a few short steps, you'll find yourself able to make dishes as varied as Easy Cassoulet, Chinese Pork Ribs, and Glazed Lemon Pound Cake. There's a recipe for every occasion and season, whether it's a quick appetizer, hearty soup, cheesy pizza, or rich dessert. Want something a little different? Mallet's training as a French chef is evident in his more unusual recipes, such as Grand Cheese Soufflé and Squid Ink Paella.

The Easy 30-Minute Cookbook

Recalling an earlier era when cooks relied on sight, touch, and taste rather than cookbooks, the author encourages readers to rediscover the lost art of preparing food and use their imagination in the kitchen. \$25,000 ad/promo.

Half Baked Harvest Super Simple

The No Time to Cook Book contains over 100 quick and easy recipes you can cook in 20

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minutes or less, from DIY sushi and stir-frys to Vietnamese feasts. There's no longer such a thing as having "no time to cook" as DK comes to the rescue with this innovative recipe book. Recipes are broken down into simple visuals, making them as easy to understand as possible. Smart infographics, colorful pie charts, and at-a-glance flow diagrams make every step clear. With over 100 recipes, you'll learn to mix the perfect salsa dips, throw together five-minute fajitas, or make a curry in a hurry.

The No Recipe Cookbook

60+ easy recipes with 5 ingredients or less.

Cravings

Fuel up like 2017 New York City Marathon Champion Shalane Flanagan From world-class marathoner and 4-time Olympian Shalane Flanagan and chef Elyse Kopecky comes a whole foods, flavor-forward cookbook--and New York Times bestseller--that proves food can be indulgent and nourishing at the same time. Finally here's a cookbook for runners that shows fat is essential for flavor and performance and that counting calories, obsessing over protein, and restrictive dieting does more harm than good. Packed with more than 100 recipes for every part of your day, mind-blowing nutritional wisdom, and

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inspiring stories from two fitness-crazed women that became fast friends more than 15 years ago, Run Fast. Eat Slow. has all the bases covered. You'll find no shortage of delicious meals, satisfying snacks, thirst-quenching drinks, and wholesome treats--all made without refined sugar and flour. Fan favorites include Can't Beet Me Smoothie, Arugula Cashew Pesto, High-Altitude Bison Meatballs, Superhero Muffins, Kale Radicchio Salad with Farro, and Double Chocolate Teff Cookies.

Good and Cheap

Presents the best versions of more than three hundred dishes ready to serve in less than sixty minutes, with background information, recipes, and cooking tips, based on comparative testing of multiple variants of each one.

Thanksgiving: How to Cook It Well

A New York Times cookbook best-seller. Nom Nom Paleo is a visual feast, crackling with humor and packed with stunningly photographed step-by-step recipes free of gluten, soy, and added sugar. Designed to inspire the whole family to chow down on healthy, home-cooked meals, this cookbook compiles over 100 foolproof paleo recipes that demonstrate how fun and flavorful cooking with wholesome

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ingredients can be. And did we mention the cartoons? Nom Nom Paleo kicks off with a fresh introduction to Paleo eating, taking readers on a guided tour of author Michelle Tam's real-food strategies for stocking the kitchen, saving time, and maximizing flavors while maintaining a Paleo lifestyle. Also, sprinkled throughout the book are enlightening features on feeding kids, packing nutritious lunches, boosting umami, and much more. But the heart of this book are Michelle's award-winning primal Paleo recipes, 50 percent of which are brand-new --- even to diehard fans who own her bestselling iPad cookbook app. Readers can start by marrying their favorite ingredients with building blocks like Sriracha Mayonnaise, Louisiana Remoulade, and the infamous Magic Mushroom Powder. These basic recipes lay the foundation for many of the fabulous delights in the rest of the book including Eggplant "Ricotta" Stacks, Crab Louie, and Devils on Horseback. There's something for everyone in this cookbook, from small bites like Apple Chips and Kabalagala (Ugandan plantain fritters) to family-sized platters of Coconut Pineapple "Rice" and Siu Yoke (crispy roast pork belly). Crave exotic spices? You won't be able to resist the fragrant aromas of Fast Pho or Mulligatawny Soup. In the mood for down-home comforts? Make some Yankee Pot Roast or Chicken Nuggets drizzled with Lemon Honey Sauce. When a quick weeknight meal is in order, Nom Nom Paleo can

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show you how to make Crispy Smashed Chicken or Whole-Roasted Branzini in less than 30 minutes. And for a cold treat on a hot day, nothing beats Paleo-diet-friendly Mocha Popsicles or a two-minute Strawberry Banana Ice Cream. Eating healthy doesn't mean sacrificing flavor. This book gives you "Paleo with personality," and will make you excited to play in the kitchen again.

The Quick and Easy IBS Relief Cookbook

Your new go-to collection of easy, family-friendly recipes, from popular chef and television personality Ryan Scott Emmy Award-winning celebrity chef (and dad) Ryan Scott knows well that family life is wonderful, but can be a very hectic business—stressing over mealtime shouldn't add to the madness! This heartfelt collection comes straight from his home kitchen's regular rotation into yours. Reflecting Ryan's colorful personality and practical approach, the recipes are kid-friendly and packed with clever hacks and pro tips for getting meals on the table (and cleaning up) quickly. There are no fussy cooking techniques or long ingredient lists; instead, the focus is on family-centered meals for even the busiest of days—irresistible recipes like Turkey Reuben Meatloaf, Broccoli-Cheddar Bow Ties, and Naturally Sweet PB&J Pancakes. Even crowd-pleasing desserts like Everything-

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But-the-Kitchen-Sink Cookies and Butterscotch Marshmallow Squares remain delightfully simple, for minimal stress and maximum fun.

The No-Fuss Family Cookbook

From the New York Times "The Minimalist" columnist and author of the How to Cook Everything books comes a host of wonderfully delicious and easy recipes—350 in all—now in a single book. In sections that cover everything from appetizers, soups, and sauces to meats, vegetables, side dishes, and desserts, Mark Bittman's Quick and Easy Recipes from The New York Times showcases the elegant and flexible cooking style for which Bittman is famous, as well as his deep appreciation for fresh ingredients prepared with minimal fuss. Readers will find tantalizing recipes from all over, each requiring little more than basic techniques and a handful of ingredients. Cold Tomato Soup with Rosemary, Parmesan Cups with Orzo Risotto, Slow-Cooked Ribs, Pumpkin Panna Cotta—the dishes here are perfect for simple weeknight family meals or stress-free entertaining. Certain to appeal to anyone—from novices to experienced cooks—who wants to whip up a sophisticated and delicious meal easily, this is a collection to savor, and one destined to become a kitchen classic.

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Simple

"What's for dinner tonight?" Here's your answer, filled with more than 300 family-pleasing recipes plus lots of great tips and ideas for speeding up your cooking. You need to get dinner done fast and you want delicious meals the whole family will enjoy. Keeping today's busy lifestyles in mind, every recipe can be made in 30 minutes or less. And with Betty Crocker, kitchen-tested recipes that taste great are guaranteed. Dinners with family and friends are the best time when you have a mealtime plan that works. Here are plenty of great ideas to keep you cooking—and enjoying—dinnertime every night! 30 minutes or less to dinner. Here's how: Keep It Quick: All recipes are 30 minutes or less. Need dinner faster? Turn to super express recipes, ready in 20 minutes or less. Always Delicious: Taste matters most, and recipes like Cornmeal Chicken with Fresh Peach Salsa and Sirloin with Bacon-Dijon Sauce are packed with great flavor. Family Appeal: Treat the gang to favorites that kids love like Easy Macaroni and Cheese, Mini Meat Loaves and Triple-Berry Shortcakes. Lots of Dinner Options: You'll find it all, from quick snacks and appetizers to hundreds of main course choices, from great vegetables and sides to easy dessert treats. Shopping Made Easy: Recipes call for familiar basics found at any supermarket, from everyday fresh

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ingredients to prepared foods and convenience items. No Time to Shop? A complete stocking-your-pantry guide means you'll always have great dinner options on hand, even on those days when there's no time to shop. Great Ideas: A tip with every recipe for easier preparation as well as delicious ways to round out your dinner.

Fast and Easy Five-Ingredient Recipes: A Cookbook for Busy People

Being vegan doesn't have to mean living off kale and quinoa, or spending your money on fancy and expensive ingredients. And it definitely doesn't have to mean feeling limited for choices of what to eat! What if "vegan food" could mean cheesy nachos and pizza, hearty burritos, gooey spinach and artichoke dip, decadent chocolate cake or even crème brûlée? Well, it can. In *Fuss-Free Vegan*, Sam Turnbull shows you that "vegan" does not equal unappetizing dishes, complicated steps, ingredients you have never heard of, or even food that tastes healthy. Instead, she gives you drool-worthy yet utterly fuss-free recipes that will bring everyone together at the table, vegans and non-vegans alike, in a chorus of rave reviews. This is the cookbook Sam wishes she had when she went vegan: one that recreates and veganizes the dishes she loved most in her pre-vegan days, like fluffy pancakes and

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crispy bacon, cheesy jalapeño poppers and pizza pockets, creamy Caesar salad and macaroni and cheese, rich chocolate brownies and holiday-worthy pumpkin pie, to name just a few. (And there's no hummus recipe in sight.) Say goodbye to searching endlessly around for that one special ingredient that you can't even pronounce, or cooking dishes that don't deliver on their promise of yumminess; instead, say hello to ingredients you can pick up at your local grocery store, step-by-step techniques, and Sam's enthusiastic voice cheering you on throughout this fun, approachable cookbook. With 101 tried-and-tested, one-of-a-kind vegan recipes for every meal, from breakfasts to lunches to dinners, and even snacks, desserts, appetizers and vegan staples, as well as handy menu plans and tips to amp up the recipes and your vegan life, Sam Turnbull and Fuss-Free Vegan are your ultimate guides in the new vegan kitchen.

The Cooking for One Cookbook

Since elementary school, I spent almost every evening in my mother's kitchen helping her prepare dinner. She showed me that cooking can be fun and simple recipes really can be delicious! I cherish all the tips and tricks she taught me and incorporate them into my daily cooking, using fresh, high quality ingredients. This cookbook is a collection of

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the most popular recipes shared on my blog, Just One Cookbook, over the past three years. It includes classic Japanese recipes like chawanmushi, gyudon and kitsune udon, as well as modern favorites like California rolls and green tea ice cream. Enjoy!

Salt, Fat, Acid, Heat

Whether you've never picked up a knife or you're an accomplished chef, there are only four basic factors that determine how good your food will taste. Salt, Fat, Acid, and Heat are the four cardinal directions of cooking, and they will guide you as you choose which ingredients to use and how to cook them, and they will tell you why last minute adjustments will ensure that food tastes exactly as it should. This book will change the way you think about cooking and eating, and help you find your bearings in any kitchen, with any ingredients, while cooking any meal. --

Mark Bittman's Quick and Easy Recipes from the New York Times

This is really the EASIEST COOKBOOK IN THE WORLD. Every recipe has less than four steps and fewer than six ingredients, illustrated with more than 1,000 user-friendly photographs. No wonder it is an overnight international bestseller! Want a quick answer

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to "What should I eat?" Simple—with its clean design, large type, straightforward photos, and handy icons—will have you enjoying a meal in minutes. Through combinations of basic flavors and fresh ingredients, chef, food photographer, and cookbook author Jean-François Mallet helps anyone, the novice and gourmand alike, prepare tasty time-saving meals. His "at-a-glance" approach will change your relationship with your kitchen. You'll find yourself whipping up dishes as varied as Thai-Basil Beef, Saffron Risotto, Mozzarella and Fig Skewers, Salmon and Lentil Salad, Jumbo Shrimp Curry, and Pistachio and Cherry Cookies

The Happy in a Hurry Cookbook

Maybe she's on a photo shoot in Zanzibar. Maybe she's making people laugh on TV. But all Chrissy Teigen really wants to do is talk about dinner. Or breakfast. Lunch gets some love, too. For years, she's been collecting, cooking, and Instagramming her favorite recipes, and here they are: from breakfast all day to John's famous fried chicken with spicy honey butter to her mom's Thai classics. Salty, spicy, saucy, and fun as sin (that's the food, but that's Chrissy, too), these dishes are for family, for date night at home, for party time, and for a few life-sucks moments (salads). You'll learn the importance of chili peppers, the secret to

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cheesy-cheeseless eggs, and life tips like how to use bacon as a home fragrance, the single best way to wake up in the morning, and how not to overthink men or Brussels sprouts. Because for Chrissy Teigen, cooking, eating, life, and love are one and the same.

The Quick & Easy Healthy Cookbook

More than 50 delicious ways to introduce easy, family-friendly dinners into your life. A busy schedule can leave you feeling like there's no time to make home-cooked meals. The Easy Dinner Cookbook helps you easily fit dinner into your day--even the hectic ones. Based on stress-free cooking methods, these delicious recipes for main dishes will result in tasty dinners everyone will love. With a bevy of simple sides and helpful tips at your disposal, plus intel on optimizing your freezer and leftovers, you'll feel more excited than ever to get in the kitchen and start cooking with this easy cookbook! This easy cookbook for dinner includes: Swift and scrumptious--All 60 recipes in this easy cookbook rely on whole foods and natural ingredients--many require less than 30 minutes to make. Cook with efficiency--Learn how to shop smarter and make the most of your ingredients. Mix it up--Follow the recipe tips in this easy cookbook for inventive variations, pairing options, and ideas for leftovers. Make time for a delicious family

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dinner with this impressive, easy cookbook.

The Wholesome Yum Easy Keto Cookbook

What has happened to cooking? Where has it gone? For most people, it is left to the experts in restaurants and on television. Thanks to the constant availability of takeout, frozen dinners, and fast food restaurants, for the majority of Americans, cooking has become a spectator sport—an entertaining activity you watch on television, but not something to try at home. The No Recipe Cookbook is a warm and funny instructional guide that addresses this issue head-on. Rather than simply collecting recipes, author, chef, caterer, and nutritionist Susan Crowther offers people something even more useful—an understanding of how to cook. The No Recipe Cookbook is a commonsensical and creative approach to preparing delicious meals, focusing on principles, intuition, and integrity. Cooking is also explored holistically, incorporating aspects such as local ingredients and “green cooking.” Each page explores culinary virtues of patience, adaptability, and love next to principles, utensils, and procedures. From preparing simple salad dressings to simmering soup stocks to kneading dough for bread, Crowther takes the intimidation factor out of cooking by giving readers the basic information and tools they need for culinary

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success. Once you understand a few basic rules and generally what ingredients in what proportions are necessary for certain dishes, you'll be free to confidently experiment with all sorts of culinary creations. With a handful of easy-to-follow cooking time charts and shopping lists, plenty of warm advice, and a pinch of humor, Crowther welcomes aspiring cooks on a fun and exciting culinary adventure.

Just One Cookbook - Essential Japanese Recipes

Throw away that take-out menu and turn to one of the recipes in this wonderful new cookbook. Using readily available ingredients and a few simple techniques, Quick & Easy Chinese brings the delicious flavors of Asia into anyone's-kitchen. Included are many familiar restaurant classics like Cashew Chicken, Hot and Sour Soup, and even Fortune Cookies—all simplified for easy home cooking. With a wide range of appetizers, soups, entrees, drinks, and desserts, Quick & Easy Chinese will bring everyone good fortune and good eating.

Betty Crocker's Quick & Easy Cookbook

"If you're a solo cook, and tired of that all-too-familiar thud of a half-finished pot of mac and cheese hitting the bottom of your

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trash can, The Cooking for One Cookbook is ready to expand your solo recipe repertoire. The Cooking for One Cookbook presents 100 contemporary, tasty, and perfectly portioned recipes-for-one that will leave your appetite satisfied and your kitchen waste-free"--

30-Minute One-Pot Meals

In this follow up to their New York Times bestseller The Happy Cookbook, Fox & Friends cohost Steve Doocy and his wife, Kathy, share more hilarious stories and offer crowd-pleasing recipes that are quick, easy, and delicious. Steve Doocy and his wife, Kathy, believe the kitchen and the family dinner table should be happy places where memories are made and shared. But most of us don't have the time to spend hours in the kitchen. Steve and Kathy are no exception, and with The Happy in a Hurry Cookbook, they bring together more than a hundred recipes for favorite comfort foods that come together in a flash—from last-minute entrees to set-it-and-forget-it slow-cooker meals. The Happy in a Hurry Cookbook includes recipes covering a variety of occasions and favorite foods, from holidays, casseroles, and one-pot meals to chicken, pasta, and desserts, as well a whole chapter devoted to the ultimate comfort ingredient: potatoes. Steve and Kathy also share their clever Happy in a Hurry Hacks, which save prep and cooking time and can be

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used no matter what recipes you're using. Best of all, they include more hilarious and heartwarming stories from the Doocy family and (some well-known) friends. With The Happy in a Hurry Cookbook you can enjoy time-saving, all-American home cooking at its best—nothing fancy, everything delicious—with recipes such as: Buffalo Chicken Tacos Carrot Cake Waffles Red, White, and Blueberry Summer Fruit Salad Crockpot Carnitas Pumpkin-Swirled Mashed Potatoes Sweet Tea Fried Chicken Bacon Braided Smoked Turkey Breast Ritz Cracker Crust Peanut Butter Pie Six-Minute Strawberry Pie Best of all, the easy, pleasing recipes in The Happy in a Hurry Cookbook leave you and your family with more time to do the things you love! The Happy in a Hurry Cookbook is illustrated with 65 color food photos throughout and homey shots of the Doocys with friends and family, sure to please their many fans.

The New York Times Cooking No-Recipe Recipes

Five years ago, popular blogger Brandi Doming of The Vegan 8 became a vegan, overhauling the way she and her family ate after a health diagnosis for her husband. The effects have been life-changing. Her recipes rely on refreshingly short ingredient lists that are ideal for anyone new to plant-based cooking or seeking simplified, wholesome, family-

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friendly options for weeknight dinners. All of the recipes are dairy-free and most are oil-free, gluten-free, and nut-free (if not, Brandi offers suitable alternatives), and ideally tailored to meet the needs of an array of health conditions. Each of the 100 recipes uses just 8 or fewer ingredients (not including salt, pepper, or water) to create satisfying, comforting meals from breakfast to dessert that your family--even the non-vegans--will love. Try Bakery-Style Blueberry Muffins, Fool 'Em "Cream Cheese" Spinach-Artichoke Dip, Cajun Veggie and Potato Chowder, Skillet Baked Mac n' Cheese, and No-Bake Chocolate Espresso Fudge Cake.

The Easy 5-Ingredient Healthy Cookbook: Simple Recipes to Make Healthy Eating Delicious

From the New York Times food editor and former restaurant critic comes a cookbook to help us rediscover the art of Sunday supper and the joy of gathering with friends and family "A book to make home cooks, and those they feed, very happy indeed."--Nigella Lawson "People are lonely," Sam Sifton writes. "They want to be part of something, even when they can't identify that longing as a need. They show up. Feed them. It isn't much more complicated than that." Regular dinners with family and friends, he argues, are a metaphor for connection, a space where

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memories can be shared as easily as salt or hot sauce, where deliciousness reigns. The point of Sunday supper is to gather around a table with good company and eat. From years spent talking to restaurant chefs, cookbook authors, and home cooks in connection with his daily work at The New York Times, Sam Sifton's *See You on Sunday* is a book to make those dinners possible. It is a guide to preparing meals for groups larger than the average American family (though everything here can be scaled down, or up). The 200 recipes are mostly simple and inexpensive ("You are not a feudal landowner entertaining the serfs"), and they derive from decades spent cooking for family and groups ranging from six to sixty. From big meats to big pots, with a few words on salad, and a diatribe on the needless complexity of desserts, *See You on Sunday* is an indispensable addition to any home cook's library. From how to shuck an oyster to the perfection of Mallomars with flutes of milk, from the joys of grilled eggplant to those of gumbo and bog, this book is devoted to the preparation of delicious proteins and grains, vegetables and desserts, taco nights and pizza parties.

5 Ingredient Cookbook

By showing that kitchen skill, and not budget, is the key to great food, *Good and*

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Cheap will help you eat well—really well—on the strictest of budgets. Created for people who have to watch every dollar—but particularly those living on the U.S. food stamp allotment of \$4.00 a day—Good and Cheap is a cookbook filled with delicious, healthful recipes backed by ideas that will make everyone who uses it a better cook. From Spicy Pulled Pork to Barley Risotto with Peas, and from Chorizo and White Bean Ragù to Vegetable Jambalaya, the more than 100 recipes maximize every ingredient and teach economical cooking methods. There are recipes for breakfasts, soups and salads, lunches, snacks, big batch meals—and even desserts, like crispy, gooey Caramelized Bananas. Plus there are tips on shopping smartly and the minimal equipment needed to cook successfully. And when you buy one, we give one! With every copy of Good and Cheap purchased, the publisher will donate a free copy to a person or family in need. Donated books will be distributed through food charities, nonprofits, and other organizations. You can feel proud that your purchase of this book supports the people who need it most, giving them the tools to make healthy and delicious food. An IACP Cookbook Awards Winner.

Quick & Easy Chinese

Cooking this deliciously healthy was never

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this quick Organic, unprocessed ingredients are the building blocks of nutritious cooking. The Quick and Easy Healthy Cookbook is filled with 125 recipes using whole foods that can be on the table in 30 minutes or less! Shifting to a whole foods diet can be difficult when recipes require expensive items and ample prep time, or assume a lot of prior cooking knowledge. But with The Quick and Easy Healthy Cookbook, shopping is simplified, meal prep is smarter, and food hits the table faster than ever. The Quick and Easy Healthy Cookbook includes: Beyond organized--All recipes, from Loaded Sweet Potato Toast to Chicken Tortilla Soup, are arranged by time, serving size, and dietary breakdown, as well as helpful labels like "extra quick," "kids love it," and "freezer friendly." Be prepared--The Quick and Easy Healthy Cookbook turns your kitchen into a well-oiled machine with helpful prep lists including tools, appliances, and pantry items. Simple shopping--All whole ingredients in this healthy cookbook are common and simple to find; no wandering the grocery store for obscure items. The Quick and Easy Healthy Cookbook is your resource for putting faster, healthier meals on the table and adding more time back to your life.

Ready or Not!

Flavorful and Fantastic Meals for the Whole

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Family, Fast What's better than 30-minute meals? How about one-pot recipes? Now you don't have to choose—yes, you can have both! Avoid spending hours in the kitchen and filling up your sink with dirty dishes. Soon to become a staple in your kitchen, 30-Minute One-Pot Meals provides practical and ingenious secrets to simple, fast, delicious and minimal-mess recipes. Chapters are broken down by cooking vessel, including baking pan, saucepan, skillet, casserole dish and more. In less than 30 minutes you could be devouring Mediterranean Chicken Pesto Pizza, Parmesan Orzo Risotto with Peas or Easy Cheesy Cauliflower and Broccoli Bake. These versatile and easy-to-follow recipes aren't just for dinner—endless possibilities for breakfast, lunch and dessert are all included as well! 30 minutes and one pot is all it takes, and in this book Joanna Cismaru shows you how.

The No Recipe Cookbook

Cook Once, Eat All Week is a revolutionary way to get a delicious, healthy, and affordable dinner on the table FAST. Author Cassy Joy Garcia will walk you through this tried-and-true method and show you how batch-cooking a few basic components can give you an entire week's worth of dinners with minimal time and effort. Have you ever tried a meal prep plan before and gotten so excited

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about having your cooking for the week done ahead of time, only to find yourself totally exhausted after a full day in the kitchen, shocked by your grocery bill, and tired of the same leftovers by Tuesday? Cassy Joy Garcia had been there, too. As a mom, business owner, and Nutrition Consultant, she needed to get a healthy, affordable, and tasty dinner on the table fast every night, and she knew there had to be a better way to do it. She finally cracked the code when she discovered that by batch-cooking a protein, starch, and vegetable each week she could easily assemble three fresh, diverse meals in minimal time. After years of her readers asking her for better meal prep strategies and easy recipes, she released 4 weeks of recipes on her blog, Fed and Fit. Since then, tens of thousands of people have made and raved about the series and begged for more! In this book you'll find 26 weeks of affordable, healthy, delicious meals that your family will love eating, and a chapter full of bonus 20-minute meals. Optional Instant Pot and slow cooker instructions are included to get you even more time back in your week. With a Real Food foundation, the weeks in this book aim to support dietary approaches that range from: gluten-free, dairy-free, Paleo, low carb, egg-free, kid-friendly and more. Three simple ingredients like shredded pork, potatoes, and cabbage are turned into these three easy to assemble meals: Honey Mustard Pork Sheet Pan Dinner

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Enchiladas Verde Casserole Sloppy Joe Stuffed Potatoes This book is a must-have for anyone looking for a REAL solution to help them eat healthfully while also saving time and money and loving what they are eating.

100 Days of Real Food: Fast & Fabulous

The next best thing to having Mark Bittman in the kitchen with you Mark Bittman's highly acclaimed, bestselling book How to Cook Everything is an indispensable guide for any modern cook. With How to Cook Everything The Basics he reveals how truly easy it is to learn fundamental techniques and recipes. From dicing vegetables and roasting meat, to cooking building-block meals that include salads, soups, poultry, meats, fish, sides, and desserts, Bittman explains what every home cook, particularly novices, should know. 1,000 beautiful and instructive photographs throughout the book reveal key preparation details that make every dish inviting and accessible. With clear and straightforward directions, Bittman's practical tips and variation ideas, and visual cues that accompany each of the 185 recipes, cooking with How to Cook Everything The Basics is like having Bittman in the kitchen with you. This is the essential teaching cookbook, with 1,000 photos illustrating every technique and recipe; the result is a comprehensive reference that's both visually stunning and

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utterly practical. Special Basics features scattered throughout simplify broad subjects with sections like "Think of Vegetables in Groups," "How to Cook Any Grain," and "5 Rules for Buying and Storing Seafood." 600 demonstration photos each build on a step from the recipe to teach a core lesson, like "Cracking an Egg," "Using Pasta Water," "Recognizing Doneness," and "Crimping the Pie Shut." Detailed notes appear in blue type near selected images. Here Mark highlights what to look for during a particular step and offers handy advice and other helpful asides. Tips and variations let cooks hone their skills and be creative.

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