

The Ethical Slut Third Edition A Practical Guide To Polyamory Open Relationships And Other Freedoms In Sex And Love

Joint CustodyDarkwhispers (Brightstorm)A Touch of Stone and SnowScrew the Roses, Send Me the ThornsIntentional IntegrityPolysecureEverything AfterThe Fourfold RemedyOpen Thinking in a Closed WorldDamageHow to Improve Your Marriage Without Talking About ItKama Sutra WorkoutGetting ItAn Unexpected PerilHow To Get Over A BoyBetween the CoversThe Conscious CreativeRent GirlEthical & Legal Issues in Canadian NursingRelationship GoalsThe Champagne WarEvery BodyAn Apprenticeship, Or, The Book of DelightsAmericaSex DisastersThe Ethical SlutBush Telegraph, TheGetting the Love You Want Revised EditionOne Snowy NightChange Your Thinking [Third Edition]FOOD52 Your Do-Anything KitchenThe Ethical SlutGlobal Norms and Local ActionFrom Madness to MindfulnessThe Pentester BluePrintWorldship Files: CityshipsThe Femme MystiqueHell Yeah Self-Care!Thriving in Non Monogamy an Ethical Slut's GuideThe Dating Plan

Joint Custody

A woman struggling to raise her daughter alone in a small Alaskan town finds her simple existence upended when the father of her child returns. . . . Sweet Home, Alaska, was once a thriving, idyllic town, where A Stone's Throw Hardware and Haberdashery and the Sisterhood of the Quilt were the cornerstones of the community. Then, in one fatal moment, two young lives were cut short, and everything changed. Now the Stone family businesses have closed, the diner is in the red, and the population has dwindled to 573. After the tragic accident that took her sister's life, Hope McKnight discovered she was pregnant, and gave up her dreams of college to raise her daughter. When Donovan Stone returns to sell his family's properties and to cut final ties with Sweet Home, he's shocked to find Hope still there--and a single mother. The pull between Hope and Donovan is as powerful as ever. But so are the secrets and lies stemming from that long-ago tragedy. Will they be able to overcome the past, or will the heartbreak of bygone days destroy their love again?

Darkwhispers (Brightstorm)

A candid, inspiring guide to finding lasting love by getting real about your relationship goals--based on the viral sermon series about dating, marriage, and sex. Realer than the most real conversation you've ever heard in church on the topic, Michael Todd's honest, heartfelt, and powerful teaching on relationships has already impacted millions. Michael believes that relationships are the epicenter of human thriving. All too often, though, we lack the tools or vision to build our relationships on the wisdom and power of God. In other words, it's good to have a goal, but you can't get there without proper aim By charting a course that candidly examines our most common pitfalls, and by unpacking explosive truths from

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God's Word, Michael's debut book will transform a trendy hashtag into a future where your most cherished relationships thrive in relational life, hope, and abundance. Now those are real #relationshipgoals.

A Touch of Stone and Snow

Are you fed up with thinking about that guy every minute of every waking hour, when he doesn't even reply to your texts? Are you reeling from the pain of a break-up, unsure of where to turn? Are you single and looking to be happy with your choices in the face of society's constant questioning? In *How to Get Over a Boy*, bestselling author Chidera Eggerue will show you, once and for all, how to reframe the stale goal of finding a man. She will equip you with tangible and applicable solutions for every part of your dating life, helping you recognise that men hold as much power in our romantic lives as we grant them. In the past, dating books tend to lean more into the territory of 'how to make him find you hot!', 'how to make him jealous!', 'how to get him to propose!'. But these how-tos are placing men on a pedestal of being 'the prize'. Men are NEVER the prize. You are. Let *The Slumflower* show you why.

Screw the Roses, Send Me the Thorns

We're a match made in hell, Stefan and I. He took me to exact his revenge. I went from being a pawn to my father to being a pawn to Stefan. The only difference is I have a ring the size of a boulder on my finger and a husband I don't want. And the hardest part is I thought he was different. I thought I was falling in love. I guess my father was right. I'm not a very smart girl. Stefan is a powerful man. He doesn't play nice, not if you're his enemy. But I've learned one thing about my husband. He takes care of what's his. And I am his. His enemies have become my enemies, but he'll never let anyone hurt me. He's fiercely protective. It's the predator inside that scares me.

Intentional Integrity

Violence against women has been a focus of transnational advocacy networks since the early 1980s, and the United Nations has, in intervening years, passed a series of resolutions to condemn, prevent, investigate, and punish this violence. Member states have committed to implementing this agenda. Yet, despite this buy-in at the global level, implementation at the domestic level remains uneven. Scholars have found that states are more likely to translate global standards into national laws when pressured by women's movements and international organizations. However, a dearth of research on the implementation at the national and street-levels of these international women's rights norms hampers an understanding of what happens after states pass laws. In Africa, where most states have not prioritized the prevention of violence against women, and the majority of perpetrators act with impunity, there is a major implementation gap. This gap is acute in some

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post-conflict countries on the continent. Thus, despite the presence of laws on various forms of violence against women in most African countries, justice remains inaccessible to most victims. In *Global Norms and Local Action*, Peace A. Medie studies the domestic implementation of international norms by examining how and why two post-conflict states in Africa, Liberia and Côte d'Ivoire, have differed in their responses to rape and domestic violence. Specifically, she looks at the roles of the United Nations and women's movements in the establishment of specialized criminal justice sector agencies, and the referral of cases for prosecution. She argues that variation in implementation in Liberia and Côte d'Ivoire can be explained by the levels of international and domestic pressures that states face and by the favorability of domestic political and institutional conditions. Medie's study is based on interviews with over 300 policymakers, bureaucrats, staff at the UN and NGOs, police officers, and survivors of domestic violence and rape an unprecedented depth of research into women's rights and gender violence norm implementation in post-conflict countries. Furthermore, through her interviews with survivors of violence, Medie explains not only how states implement anti-rape and anti-domestic violence norms, but also how women experience and are affected by these norms. She draws on this research to recommend that states adopt a holistic approach to addressing violence against women.

Polysecure

Everything After

The essential guide for singles and couples who want to explore polyamory in ways that are ethically and emotionally sustainable. For anyone who has ever dreamed of love, sex, and companionship beyond the limits of traditional monogamy, this groundbreaking guide navigates the infinite possibilities that open relationships can offer. Experienced ethical sluts Dossie Easton and Janet W. Hardy dispel myths and cover all the skills necessary to maintain a successful and responsible polyamorous lifestyle--from self-reflection and honest communication to practicing safe sex and raising a family. Individuals and their partners will learn how to discuss and honor boundaries, resolve conflicts, and to define relationships on their own terms. "I couldn't stop reading it, and I for one identify as an ethical slut. This is a book for anyone interested in creating more pleasure in their lives . . . a complete guide to improving any style of relating, from going steady to having an extended family of sexual friends." --Betty Dodson, PhD, author of *Sex for One*

The Fourfold Remedy

"I learned about the mechanics of female sexual pleasure in my sex ed class." "I am able to have a difficult conversation with my partner about our relationship." "I can boldly and openly carry a tampon to the restroom in public." "I am able to

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pursue my pleasure and my partner's pleasure during sex." "I am totally comfortable being naked in front of a new partner." If you disagreed with any of these statements (or all of them), you're not alone. You are one of many, many women who are feeling the effects of "sexual madness." According to Jennifer Gunsaulus, PhD, sociologist and sex coach, it's time for women to break free from the societal baggage they carry in relation to sexual education, expectations, and fulfillment. From Madness to Mindfulness sets out to help women empower themselves to transition out of a state of sexual madness, and into a state of sexual mindfulness—a state in which women can give themselves permission to feel more worthy of love and great sex (and then have it!). Dr. Jenn will guide you through the process of assessing levels of "mis-education" in regard to relationships, communication, sex, passion, desire, and body image, and integrating mindfulness practices to overcome your own personal "madness." Replete with personal anecdotes and a wide array of client stories, along with guided questions, action items, and tips to create a personal Reinventing Sex plan, Dr. Jenn will help you to become a thriving sexual being... on your own terms.

Open Thinking in a Closed World

Even with a step-by-step plan, these fake fiancés might accidentally fall for each other in this hilarious, heartfelt romantic comedy from the author of *The Marriage Game*. Daisy Patel is a software engineer who understands lists and logic better than bosses and boyfriends. With her life all planned out, and no interest in love, the one thing she can't give her family is the marriage they expect. Left with few options, she asks her childhood crush to be her decoy fiancé. Liam Murphy is a venture capitalist with something to prove. When he learns that his inheritance is contingent on being married, he realizes his best friend's little sister has the perfect solution to his problem. A marriage of convenience will get Daisy's matchmaking relatives off her back and fulfill the terms of his late grandfather's will. If only he hadn't broken her tender teenage heart nine years ago Sparks fly when Daisy and Liam go on a series of dates to legitimize their fake relationship. Too late, they realize that very little is convenient about their arrangement. History and chemistry aren't about to follow the rules of this engagement.

Damage

Attachment theory has entered the mainstream, but most discussions focus on how we can cultivate secure monogamous relationships. What if, like many people, you're striving for secure, happy attachments with more than one partner? Polyamorous psychotherapist Jessica Fern breaks new ground by extending attachment theory into the realm of consensual nonmonogamy. Using her nested model of attachment and trauma, she expands our understanding of how emotional experiences can influence our relationships. Then, she sets out six specific strategies to help you move toward secure attachments in your multiple relationships. *Polysecure* is both a trailblazing theoretical treatise and a practical guide.

How to Improve Your Marriage Without Talking About It

The Light We Lost mixes with a touch of Daisy Jones and the Six in this novel of first love, passion, and the power of choice--and how we cannot escape the people we are meant to be. Two loves. Two choices. One chance to follow her dreams. Emily has come a long way since she lost her two passions fifteen years ago: music, and Rob. She's a psychologist at NYU who helps troubled college students like the one she once was. Together with her caring doctor husband, Ezra, she has a beautiful life. They're happy. They hope to start a family. But when a tragic event in Emily's present too closely echoes her past, and parts of her story that she'd hoped never to share come to light, her perfect life is suddenly upturned. Then Emily hears a song on the radio about the woman who got away. The melody and voice are hauntingly familiar. Could it be? As Emily's past passions come roaring back into her life, she'll find herself asking: Who is she meant to be? Who is she meant to love?

Kama Sutra Workout

When the Earth is threatened by a slowly expanding sun, mankind embarks upon a mission to send a mammoth Worldship to settle a new planet across the stars. The preternatural races step out of hiding to work with the humans to save what they can from their dying world. With the aid of the Fae, shape shifters, Vampires, and other creatures of supernatural lore, the Worldship, Leviathan, is complete one thousand years later. The one thing about interstellar space is that it is vast on a scale that is almost incomprehensible. Yet the Worldship Leviathan finds that there are two herculean vessels approaching on an intercept course from the Earth they left behind five thousand years ago. Conditions are dire on the Cityships, and an advance team is sent to evaluate the ships and the people on board. Knith Shade, Brigade Enforcer is put in charge of the humanitarian mission. Upon the conclusion of the mission, Knith finds herself and the very world itself, fighting for their lives in a battle that will decide the fate of the twelve million souls aboard the Leviathan.

Getting It

Tea and McCubbin's collaboration is an illustrated novel about a young girl's adventures in and out of the sex industry, which she finds to be an exciting outlaw occupation one minute and a traumatic existential nightmare the next.

An Unexpected Peril

A celebration of the sensuality and sexuality of lesbian femmes.

How To Get Over A Boy

An insightful yet easy to understand book that looks at alternative relationships and makes sense of the non-monogamous/polyamorous way of life. The quickest way to destroy a relationship is to make it fit into something it is not. Monogamy is a term that humans have used to define their relationships - that we should only be attached to one person for our entire (adult) lives. What if, instead of trying to make our relationships fit outdated and inaccurate models, we took the plunge and opened our minds to the possibility of other relationship styles? What if we admitted that for some people monogamy just doesn't work, and accepted that there are other paths to follow? Having an open mind about many things in life can introduce the possibility of various positive aspects that you never even thought about before, often making life more enjoyable. Instead of seeing the world through a black and white lens, it is like seeing it through a wide range of colors. With chapters that include an understanding of how being single and solo-polyamorous, female and poly and where to begin, this book will help both couples and individuals navigate the world of alternative relationships.

Between the Covers

The only Canadian nursing book available that fully covers the often intertwined Ethical and Legal issues that healthcare professionals face today! Focused solely on the ever-changing, and often complex healthcare landscape in Canada, Ethical & Legal Issues in Canadian Nursing, Third Edition, expertly offers readers an uncomplicated discussion and practical approach to this multifaceted topic. The book aims to prepare students for the moral and legal realities they will face in practice, and to provide them with the necessary tools to confidently face the most challenging and difficult situations they will encounter. . Written in a clear, straightforward style . Appropriate coverage of both ethical and legal issues . Provides a comprehensive introduction to the theoretical background of the topic . Presents information in a practical way - the way students will encounter it in day-to-day practice . Numerous case studies and examples, all nursing-specific . Incorporation of the revised CNA Code of Ethics . Discussion of privacy/confidentiality issues that accompany the increased use of technology in healthcare settings . Addition of community health nursing examples . Broad coverage of the ethical considerations unique to Canada's culturally diverse population . New suite of electronic tools for both instructors and students

The Conscious Creative

The Conscious Creative is award-winning creative director, designer, and writer Kelly Small's fresh, actionable guide to mindfulness and practical ethics -- perfect for any creative professional who wants to make a living without selling their soul.

Rent Girl

Danger lurks in the western realms. Though an evil king has been defeated, a sorcerer warlord has risen and nobody is safe. This demon-possessed warlord creates magical terrors, attacking nations with the ultimate goal to weaken and demolish them before the Destroyer's imminent return. When Lizzan leads the Kothan army against these terrors, only to see her soldiers massacred and to emerge as the only survivor, she is called a coward. A disgrace. A failure. Shunned from her home, Lizzan now wanders in solitude through the lands as a mercenary for hire, until she encounters a group of warriors seeking new alliances with the northern kingdoms--a group that includes Aerax, the bastard prince of Koth, and the man who sent her into exile. Though they were former childhood friends, Aerax cannot trust the woman whose failure led to the fall of a kingdom. But when a goddess's demand binds them together, Lizzan and Aerax must find a way to overcome their painful pasts. Or there will be no future for the western realms

Ethical & Legal Issues in Canadian Nursing

A mischievous dog takes matters into his own paws when his beloved owners split up in this offbeat romantic comedy. The Man has custody Monday through Friday, The Woman has custody on the weekends. But that's not enough for Gatz, who will do anything to bring them back together--even if it kills him. And it almost did. Of course he knows chocolate is bad for him, especially two whole pounds of it, but it's the risk he's willing to take to get them back together. Gatz knows that The Man and The Woman are perfect for each other--how can they not see it too? She is an editor and he's a writer. She's a social butterfly and he's as introverted as a guy can get. After the misguided death-by-chocolate attempt, Gatz thinks he still has time. But when New Man--so handsome, so nice, so perfect--enters The Woman's life, he realizes he'll need to step up his game. And you know what they say: drastic times call for drastic doggy measures. A laugh-out-loud romance that will touch your heart and make you want a furry friend of your own.

Relationship Goals

JUMPSTART YOUR NEW AND EXCITING CAREER AS A PENETRATION TESTER The Pentester BluePrint: Your Guide to Being a Pentester offers readers a chance to delve deeply into the world of the ethical, or "white-hat" hacker. Accomplished pentester and author Phillip L. Wylie and cybersecurity researcher Kim Crawley walk you through the basic and advanced topics necessary to understand how to make a career out of finding vulnerabilities in systems, networks, and applications. You'll learn about the role of a penetration tester, what a pentest involves, and the prerequisite knowledge you'll need to start the educational journey of becoming a pentester. Discover how to develop a plan by assessing your current skillset and finding a starting place to begin growing your knowledge and skills. Finally, find out how to become employed as a

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pentester by using social media, networking strategies, and community involvement. Perfect for IT workers and entry-level information security professionals, The Pentester BluePrint also belongs on the bookshelves of anyone seeking to transition to the exciting and in-demand field of penetration testing. Written in a highly approachable and accessible style, The Pentester BluePrint avoids unnecessarily technical lingo in favor of concrete advice and practical strategies to help you get your start in pentesting. This book will teach you: The foundations of pentesting, including basic IT skills like operating systems, networking, and security systems The development of hacking skills and a hacker mindset Where to find educational options, including college and university classes, security training providers, volunteer work, and self-study Which certifications and degrees are most useful for gaining employment as a pentester How to get experience in the pentesting field, including labs, CTFs, and bug bounties

The Champagne War

Enjoy the healing power of pleasure as you reflect on your ideal relationship We are all deserving and capable of enjoying fulfilling romantic and sexual relationships. Thriving in Non-Monogamy will guide you through the process of getting in touch with your inner ethical slut, evaluating relationship values, honoring your needs and fears, and developing the tools to build relationships that work best for you. Whether that means ethically opening up or improving a monogamous arrangement, this ethical slut handbook provides stories from people of all genders, sexual orientations, and relationship arrangements who confront their unmet needs, insecurities, internalized trauma, and struggles with open relationships. You'll also find reflection questions to help you approach your own arrangement with curiosity, openness, and compassion. Learn about the principles of being an ethical slut with: No judgment--Thriving in Non-Monogamy breaks down the shame surrounding negative messages that are internalized about sex and relationships. Learning limits--Includes a guide to an ethical slut setting boundaries and rules within open relationships. Thoughtful reflections--Challenge yourself to identify and process difficult emotions and improve relationship communication skills. Ethical slut may sound like an oxymoron, but it is a way of thinking that can teach you to overcome jealousy, enjoy sex, and honor yourself.

Every Body

The bestselling practical and reassuring guide to overcoming self-defeating thoughts and behaviours, using cognitive behavioural therapy. CHANGE YOUR THINKING is the bestselling guide to managing upsetting emotions by learning to think in a healthy and balanced way. It provides practical strategies for overcoming negative thoughts and behaviours, and taking control of emotions such as anxiety, depression, frustration, anger and guilt. It also describes techniques for enhancing self-esteem, improving communication skills and developing greater personal happiness. CHANGE YOUR THINKING is based on the principles of cognitive behaviour therapy (CBT), the psychological approach used by therapists all

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over the world. Sarah Edelman explains CBT in a clear and compassionate way. This edition also contains a brand new chapter on mindfulness, demonstrating how mindfulness techniques can be integrated with CBT strategies. 'Normally I don't think books like this are very helpful, but CHANGE YOUR THINKING is really helping me to change my life. When I started reading it, I immediately felt like I could get back in control and actually improve what I had accepted as the status quo. the author gives a lot of simple tips that work, and the exercises are a big help. I highly recommend this book to anyone suffering from anxiety or depression.' (One of the many positive customer reviews.)

An Apprenticeship, Or, The Book of Delights

Silicon Valley expert Robert Chesnut shows that companies that do not think seriously about a crucial element of corporate culture—integrity—are destined to fail. “Show of hands—who in this group has integrity?” It’s with this direct and often uncomfortable question that Robert Chesnut, General Counsel of Airbnb, begins every presentation to new employees. Defining integrity is difficult. Once understood as “telling the truth and keeping your word,” it was about following not just the letter but the spirit of the law. But in a moment when workplaces are becoming more diverse, global, and connected, silence about integrity creates ambiguities about right and wrong that make everyone uncertain, opening the door for the minority of people to rationalize selfish behavior. Trust in most traditional institutions is down—government, religious organizations, and higher education—and there’s a dark cloud hovering over technology. But this is precisely where companies come in; as peoples’ faith in establishments deteriorates, they’re turning to their employer for stability. In *Intentional Integrity*, Chesnut offers a six-step process for leaders to foster and manage a culture of integrity at work. He explains the rationale and legal context for the ethics and practices, and presents scenarios to illuminate the nuances of thinking deeply and objectively about workplace culture. We will always need governments to manage defense, infrastructure, and basic societal functions. But, Chesnut argues, the private sector has the responsibility to use sensitivity and flexibility to make broader progress—if they act with integrity. "Rob is an insider who's combined doing good with doing business well in two iconic Silicon Valley companies. His book contains smart, practical advice for anyone looking to do good and do well." —Reid Hoffman, co-founder of LinkedIn and author of *Blitzscaling*

America

The classic guide to love, sex, and intimacy beyond the limits of conventional monogamy has been fully updated to reflect today's modern attitudes and the latest information on nontraditional relationships. For 20 years *The Ethical Slut* has dispelled myths and showed curious readers how to maintain a successful polyamorous lifestyle through open communication, emotional honesty, and safer sex practices. The third edition of this timeless guide to communication and sex has been revised to include interviews with poly millennials (young people who have grown up without the prejudices

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their elders encountered regarding gender, orientation, sexuality, and relationships), tributes to poly pioneers, and new sidebars on topics such as asexuality, sex workers, and ways polys can connect and thrive. The authors also include new content addressing nontraditional relationships beyond the polyamorous paradigm of "more than two": couples who don't live together, couples who don't have sex with each other, nonparallel arrangements, couples with widely divergent sex styles, power disparities, and cross-orientation relationships, while utilizing nonbinary gender language and new terms that have come into common usage since the last edition.

Sex Disasters

"A comprehensive and fun-to-read guidebook for people of all sexual identities and experience levels, Getting It covers all the bases of hook-up culture from first moves and sex etiquette to navigating nonmonogamy and sexual health"--

The Ethical Slut

'Small towns and gossip go together like trees and birds.' It's been more than ten years since Maddy Locke left Spinifex, the small outback town where she gave birth to her daughter, Bridget. Now she's back to prove she's got what it takes to run the medical centre and face the memories of that challenging time in her life. But everything's changed - the old pub is gone, her new colleagues aren't pleased to see her, and it's drier and hotter than ever. Station owner, Connor Fairhall, thought he'd left the drama behind in Sydney, but moving back to Spinifex with his rebellious son, Jayden, hasn't been the fresh start he'd envisioned. His brother, Kyle, is drinking too much and the only bright spot on the horizon is meeting Nurse Maddy, who's breathing new life into the weary town up the road, little by little. Can Maddy ignore the rumours about Connor and risk her heart again? Or will the bush telegraph spread along the wire fences and stand in the way of trust? From Australia's renowned midwife and bestselling author of *The Desert Midwife*, *The Bush Telegraph* is a romantic drama about love, friendship, community and the joys and challenges of life in the outback.

Bush Telegraph, The

The ultimate guide to the kitchen from Food52--the award-winning kitchen and home destination--filled with ideas for creating, organizing, and enjoying everyone's favorite room in the house. The first step to better, happier cooking? Setting up a tip-top kitchen. We're talking one that's stocked with essential tools and ingredients, organized so everything you need is close at hand, and sparkling-clean from floor to ceiling. Food52 is here to make it happen. Your Do-Anything Kitchen gathers the smartest ideas and savviest tricks from the Food52 community and test kitchen to help you transform your space into its very best self. If you're ready for a top-to-bottom kitchen revamp, this handbook's got you covered--but it's

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packed with small-but-mighty upgrades, too. Stick with us, and you'll get to know which cooking tools are must-haves, discover new pantry staples for on-a-whim meals, and learn tons of tips to make your fridge (freezer, too!) work even harder for you. You'll find strategies for tidying storage-container clutter and arranging all your cooking gadgets--and while you're at it, maximizing precious drawer and counter space. Once you've gotten your kitchen in order, you can start cooking with a new spring in your step, thanks to a handy how-to on knife skills and a mini-guide to mise en place. A chapter chock-full of cleaning advice will keep your kitchen at its spiffiest. Throughout, you'll get tours of real-life, super-functional home kitchens from cookbook authors, chefs, bakers, and more. Armed with a choose-your-own-adventure meal-prep planner, helpful charts on the art of speedy, streamlined dinners, and a game-changing cleaning checklist, you'll whiz through your routine like the efficiency expert you now are. So whether you're putting together your very first kitchen or looking to spruce up a well-loved space, Your Do-Anything Kitchen will turn it into the greatest-possible place to cook--and spend time.

Getting the Love You Want Revised Edition

The first book to combine Kama Sutra positions with fitness workouts, including 350 illustrated sensual sexercises. Enhance your fitness while reaching new heights of sexual bliss with exciting sex positions designed to work and tone key muscle groups for both partners. Each clearly illustrated sexercise includes stats and tips to maximize your workout. Heart rate and flexibility ratings allow you to choose positions based on your level of fitness, then build your strength for more challenging positions. Whether you're in the mood for a high-intensity quickie or a lovemaking marathon, Kama Sutra Workout will help to get you physically fit and sexually satisfied.

One Snowy Night

Men are right. The "relationship talk" does not help. Dr. Patricia Love's and Dr. Steven Stosny's How to Improve Your Marriage Without Talking About It reveals the stunning truth about marital happiness: Love is not about better communication. It's about connection. You'll never get a closer relationship with your man by talking to him like you talk to one of your girlfriends. Male emotions are like women's sexuality: you can't be too direct too quickly. There are four ways to connect with a man: touch, activity, sex, routines. Men want closer marriages just as much as women do, but not if they have to act like a woman. Talking makes women move closer; it makes men move away. The secret of the silent male is this: his wife supplies the meaning in his life. The stunning truth about love is that talking doesn't help. Have you ever had this conversation with your spouse? Wife: "Honey, we need to talk about us." Husband: "Do we have to?" Drs. Patricia Love and Steven Stosny have studied this all-too-familiar dynamic between men and women and have reached a truly shocking conclusion. Even with the best of intentions, talking about your relationship doesn't bring you together, and it will eventually drive you apart. The reason for this is that underneath most couples' fights, there is a biological difference at

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work. A woman's vulnerability to fear and anxiety makes her draw closer, while a man's subtle sensitivity to shame makes him pull away in response. This is why so many married couples fall into the archetypal roles of nagging wife/stonewalling husband, and why improving a marriage can't happen through words. How to Improve Your Marriage Without Talking About It teaches couples how to get closer in ways that don't require "trying to turn a man into a woman." Rich in stories of couples who have turned their marriages around, and full of practical advice about the behaviors that make and break marriages, this essential guide will help couples find love beyond words.

Change Your Thinking [Third Edition]

"Well, she said she was eighteen." "Hey, where'd the condom go?" "Eww, how do I get these stains out of the sheets?" Some sex disasters make you laugh. Some make you cringe. Some send you running for help. And here's the place to learn about all of them a jammed handcuff, a short-circuited vibrator, a cop at the door, a date who won't take no for an answer, a gray pubic hair, and dozens more. Physician Moser, educator Hardy, and a consulting team of attorneys, cops, EMTs, therapists and sex educators team up to create a tongue-in-cheek - but factually accurate - guide to surviving those awkward moments inside the bedroom, dungeon, back seat, bushes "A funny, delightful bedside companion, and an absolutely incredible resource for when things - inevitably - go wrong." - Paul Joannides, author, The Guide to Getting It On

FOOD52 Your Do-Anything Kitchen

France and the United States have long shared a special relationship defined both by endless fascination and occasional incomprehension. François Busnel, one of France's most prominent literary journalists and host of the literary talk show La Grande Librairie, seeks to bridge this gap with America, a journal of literature and politics with a particular focus on Francophone writers, launched in the wake of the 2016 election and now available to English readers for the first time. In this collection of pieces from the magazine, Alain Mabanckou sketches the outlines of his Los Angeles, where he finds a sense of belonging far from his home country of the Republic of the Congo. Leïla Slimani considers the ways #MeToo is shaping a new discourse of consent on college campuses. Philippe Besson travels through the American heartland as he drives from Chicago to New Orleans. Joël Dicker traipses through Yellowstone National Park, while Alice Zeniter wanders the scorching streets of Las Vegas on foot. Featuring original work in English by Richard Powers, Colum McCann, and Laura Kasischke, America celebrates the enduring relationship between France and the United States and offers a testament to the essential power of literature to unite in times of division.

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Light-hearted and fun to read, SCREW THE ROSES, SEND IN THE THORNS tells readers everything they need (and want!) to know about sadomasochism. Deeply committed to the blend of trust, fantasy and sensuality that makes S/M an intensely erotic and deeply intimate experience, Miller and Devon here offer everyone - from the complete novice to the well-practised sub or dom - clear explanations, solid advice, safety measures and steamy suggestions. Illustrated with over 225 photos and illustrations, the book also includes a glossary and 30-page resources listing.

Global Norms and Local Action

'One truth I have learnt, as middle age enmeshes me like Virginia creeper, is that I shall never change-because my capacity for self-improvement is absolutely nil.' Jilly Cooper's observations from her days as a much-loved newspaper columnist cover everything to do with sex, socialising and survival - from marriage, friendship and the minutiae of family life, to the tedium of going to visit people for the weekend, the stress of hosting dinner parties and the descent of middle age. Entertaining and full of heart, this classic collection of journalism from the legendary author explores the highs and lows of everyday life with wit, wisdom and warmth. Praise for Jilly Cooper: 'Joyful and mischievous' Jojo Moyes 'Fun, sexy and unputdownable' Marian Keyes 'Flawlessly entertaining' Helen Fielding

From Madness to Mindfulness

In this spirited sequel, the Brightstorm twins venture to hidden lands in search of a missing explorer and the secrets he uncovered. The ragtag crew of Captain Harriet Culpepper is off on another adventure! Ermitage Wigglesworth, the notable explorer and author, has been reported missing in Stella Oceanus to the east. Twins Arthur and Maudie are eager to answer the call of adventure to find him, but their old nemesis and newly discovered aunt, Eudora Vane, is also on the hunt. As Lontown's most famous explorer families set sail aboard their sky-ships, it soon becomes clear that Eudora's not just after the missing explorer. There's a secret she's chasing, something Wigglesworth had discovered before he vanished, something that definitely shouldn't be in Eudora Vane's hands. The Aurora's crew will have to journey to uncover Wigglesworth's secret first, and will discover new lands and new friends along the way. . . . Return to Vashti Hardy's "marvelously imagined" world (Publishers Weekly) in this sweeping and propulsive follow up to Brightstorm, hailed by the Bulletin of the Center for Children's Books as "a novel of grandeur and action."

The Pentester BluePrint

A princess is missing and a peace treaty is on the verge of collapse in this new Veronica Speedwell adventure from the New York Times bestselling and Edgar Award-nominated author Deanna Raybourn. January 1889. As the newest member of the

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Curiosity Club--an elite society of brilliant, intrepid women--Veronica Speedwell is excited to put her many skills to good use. As she assembles a memorial exhibition for pioneering mountain climber Alice Baker-Greene, Veronica discovers evidence that the recent death was not a tragic climbing accident but murder. Veronica and her natural historian beau, Stoker, tell the patron of the exhibit, Princess Gisela of Alpenwald, of their findings. With Europe on the verge of war, Gisela's chancellor, Count von Rechstein, does not want to make waves--and before Veronica and Stoker can figure out their next move, the princess disappears. Having noted Veronica's resemblance to the princess, von Rechstein begs her to pose as Gisela for the sake of the peace treaty that brought the princess to England. Veronica reluctantly agrees to the scheme. She and Stoker must work together to keep the treaty intact while navigating unwelcome advances, assassination attempts, and Veronica's own family--the royalty who has never claimed her.

Worldship Files: Cityships

Take a moment to pause Breathe And ask yourself, what does self-care mean to you? Times are very tough-in a world that pushes us to go faster, be the best, and get ahead of others, we often forget to focus on ourselves, leaving us with anxiety, anger, burnout, stress, and trauma. In this creative workbook and journal leading mental health pioneers, Alex Iantaffi and Meg-John Barker, provide you with the tools to begin your self-care journey and develop sustainable self-care routines and rituals that work for you. Featuring a diverse range of experiential exercises, activities, and opportunities for reflection, while drawing upon a range of practices and approaches including systemic and existential therapies, Buddhist mindfulness, Pagan ritual, trauma-informed practice, intersectional feminism and more. This book explores self-care in all its forms and covers somatic self-care, plural selves, emotions and feelings, relationships, and care for others. Empowering, illuminating and written with authenticity and honesty throughout-this is a manual for everyone and will help you look after yourself on your path towards happiness and wellbeing.

The Femme Mystique

Experience a radically inclusive and informative collection of stories, essays, interviews, and art about sex, relationships, and body confidence. Have you ever had a question about sex—whether out of curiosity, desire, or the sneaking suspicion you're, somehow, different? Every Body will help you feel less alone. It's a huge collection of anonymous stories, essays, artwork, and expert tell-alls on myriad subjects, all rolled into one. Really, it's the conversations most of us are too scared to start. Thanks to talented duo Julia Rothman and Shaina Feinberg, we don't have to. The stories, essays, and interviews they've compiled touch on a wide array of topics, including first times, open relationships, body acceptance, accidental pregnancies, sex toys, pleasure, fear and trauma, sexual discovery, and more. Framed by dozens of artists' illustrations, deeply personal interviews, and expert essays that address stigmas and clichés, this book is an informative, welcoming,

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and inclusive user's guide to your body, no matter its shape, size, or preferences. A dynamic group of voices and styles makes Every Body an essential resource and helpful companion as you explore your own body (and more!).

Hell Yeah Self-Care!

The heart-stopping new blockbuster by the bestselling author of *The Diamond Hunter*. In the summer of 1914, vigneron Jerome Méa heads off to war, certain he'll be home by Christmas. His new bride Sophie, a fifth generation and rebellious champenoise, is determined to ensure the forthcoming vintages will be testament to their love and the power of the people of Épernay, especially its strong women. But as the years drag on, authorities advise that Jerome is missing, considered dead. When poison gas is first used in Belgium by the Germans, British chemist Charles Nash jumps to enlist. After he is injured, he is brought to Reims, where Sophie has helped to set up an underground hospital to care for the wounded. In the dark, ancient champagne cellars, their stirring emotions take them both by surprise. While Sophie battles to keep her vineyard going through the bombings, a critical sugar shortage forces her to strike a dangerous bargain with an untrustworthy acquaintance - but nothing will test her courage more than the news that filters through to her about the fate of her heroic Jerome.

Thriving in Non Monogamy an Ethical Slut's Guide

What do we really need in order to live a happy life? Over two thousand years ago the Greek philosopher Epicurus offered a seemingly simple answer: pleasure. All we really want is pleasure. Today we tend to associate the word 'Epicurean' with the enjoyment of fine food and wine and decadent self-indulgence. But, as philosopher John Sellars shows, these things are a world away from the vision of a pleasant life developed by Epicurus and his followers who were more concerned with mental pleasures and avoiding pain. Their goal, in short, was a life of tranquillity. In this uplifting and elegant book, Sellars walks us through the history of Epicureanism from a private garden on the edge of ancient Athens to the streets of Rome, showing us how it can help us think anew about joy, friendship, nature and being alive in the world.

The Dating Plan

Originally published in 1988, *GETTING THE LOVE YOU WANT* has helped thousands of couples attain more loving, supportive and deeply satisfying relationships. In this groundbreaking book, Dr Harville Hendrix shares with you what he has learned about the psychology of love during more than thirty years of working as a therapist and helps you transform your relationship into a lasting source of love and companionship. For this edition of his classic book, Dr Hendrix and his wife, Helen LaKelly Hunt, have added a new introduction describing the powerful influence this book has had on so many people

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over the years. With its step-by-step programme, GETTING THE LOVE YOU WANT will help you create a loving, supportive and revitalized partnership.

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