

Staying Strong 365 Days A Year

Demi Lovato - Here We Go Again
The Book of Hygge
Falling with Wings: A Mother's Story
The Longest Night
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Prayers for a Woman's Heart
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Demi Lovato - Here We Go Again

The 10th-anniversary edition of the No. 1 international bestseller and modern classic beloved by millions of readers **HERE IS A SMALL FACT - YOU ARE GOING TO DIE 1939. Nazi Germany.** The country is holding its breath. Death has never been busier. Liesel, a nine-year-old girl, is living with a foster family on Himmel Street. Her parents have been taken away to a concentration camp. Liesel steals books. This is her story and the story of the inhabitants of her street when the bombs begin to fall. **SOME IMPORTANT INFORMATION - THIS NOVEL IS NARRATED BY DEATH** The 10th-anniversary edition features pages of bonus content, including marked-up manuscript pages, original sketches, and pages from the author's writing notebook.

The Book of Hygge

Beginning in 2002, a visual journal by the creator of the comic book series Dirty Plott blends personal narrative, collage, and drawings as she recounts her maturation as an artist in the context of the broader art community and her idiosyncratic pursuit of a variety of creative interests.

Falling with Wings: A Mother's Story

Demi Lovato wakes up each morning and affirms her commitment to herself—to her health, her happiness, her being. Those commitments are the bedrock of her recovery and her work helping other young people dealing with the issues she lives with every single day. Demi is a platinum-selling recording artist whose latest album—DEMI—is already a smash hit. She's about to embark on her second season as a judge on X-Factor, and just launched The Lovato Treatment Scholarship Program. And she is an outspoken advocate for young people everywhere. Demi is also a young woman finding her way in the world. She has dealt deftly with her struggles in the face of public scrutiny, and she has always relied, not just on friends and family, but daily affirmations of her self-worth and value. Affirmations that steady her days and strengthen her resolve. Those affirmations have grown into STAYING STRONG, a powerful 365-day collection of Demi's most powerful, honest, and hopeful insights. Each day will provide the readers with a quote, a personal reflection and a goal. These are Demi's words. Words she lives by and shares with the people she loves and total strangers alike. They are a powerful testament to a young woman standing up and fighting back.

The Longest Night

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As a fitness icon and motivational mastermind, Shaun T has helped millions of people transform their bodies and their lives through his Hip Hop Abs, INSANITY, and CIZE workouts. But people who think of Shaun T as just a workout force are missing something. He has always focused on building inner strength first, then moving to the exterior. And that inner focus started in his own life. He became the man and motivator he is today after escaping from the abuse he suffered as a child, and fighting his way back from a 50-pound weight gain in his early 20s. He knows firsthand that you can't drop weight or enjoy better health until you overcome the mental obstacles that cause bad choices in the first place. In T is for Transformation, Shaun T unveils the 7 transformational principles that guided his progress through life and that are at the core of his incredibly successful workouts. T is for Transformation is a motivational master class as Shaun shows you how to become more flexible and resourceful, give everything you've got, and, most importantly, trust and believe in your path to success. The only real obstacles in life are the mental ones, and T is for Transformation can train you to achieve astonishing results in your own life, just as Shaun T has in his.

Blood on the Tracks, volume 1

THE INSTANT #1 NEW YORK TIMES BESTSELLER From YouTube sensations Dan Howell (danisnotonfire) and Phil Lester (AmazingPhil) comes a laugh-out-loud look into the world created by two awkward guys who share their lives on the Internet. More than 11 million YouTube subscribers can't wait for this book! Since uploading their first ever videos as teenagers, Dan and Phil have become two of the world's biggest YouTube stars. Now they invite you on a behind-the-scenes journey, filled with absolutely essential advice, tons of humor, lots of awkwardness, and TMI honesty that they will probably regret. Here's just a small sample of the fun

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surprises readers can look forward to: □ The inside story of that time they met One Direction. □ Excerpts from Phil's teenage diary. □ Reasons why Dan's a fail (so far). □ How to draw the perfect cat whiskers. □ Reasons why Phil was such a weird kid (back then). □ Quizzes! Which of their dining room chairs represents you emotionally? □ What really happened in Vegas. . . . In *The Amazing Book Is Not on Fire*, Dan and Phil are candid, heartfelt, and hilarious. Their struggles and success haven't changed their strong friendship or their core belief that it's okay to be weird. The cat whiskers come from within! This full-color book is bursting with unseen photographs and drawings, making it an ideal gift for that hard-to-shop-for teen.

Prayers for a Woman's Heart

Visual Typologies from the Early Modern to the Contemporary investigates the pictorial representation of types from the sixteenth to the twenty-first century. Originating in longstanding visual traditions, including street crier prints and costume albums, these images share certain conventions as they seek to convey knowledge about different peoples. The genre of the type became widespread in the early modern period, developing into a global language of identity. The chapters explore diverse pictorial representations of types, customs, and dress in numerous media, including paintings, prints, postcards, photographs, and garments. Together, they reveal that the activation of typological strategies, including seriality, repetition, appropriation, and subversion has produced a universal and dynamic pictorial language. Typological images highlight the tensions between the local and the international, the specific and the communal, and similarity and difference inherent in the construction of identity. The first full-length study to treat these images as a broader genre, *Visual Typologies* gives voice to a marginalized form of representation. Together, the chapters debunk

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the classification of such images as unmediated and authentic representations, offering fresh methodological frameworks to consider their meanings locally and globally, and establishing common ground about the operations of objects that sought to shape, embody, or challenge individual and collective identities.

The Intelligent Conversationalist

Celebrate the beauty and spirit, inner and out, of megastar Demi Lovato with this unique coloring book. Portraits range from close ups to full body illustrations and feature some of Demi's most iconic recent fashions and hair styles. Beautiful backgrounds provide a rich stage on the page for the celebrity artist and add hours of coloring fun. Contains fifteen pen-and-ink-style line drawings.

Visual Typologies from the Early Modern to the Contemporary

Ich weiß, dass ich eigentlich noch am Anfang meines Lebensweges stehe. Ich befinde mich auf einer wunderbaren Reise, und alles geschieht so superschnell. Deshalb möchte ich hier und jetzt einen Meilenstein setzen - genau in dieser Kurve meines Lebens - bevor sie verblasst und ich schon wieder einen Schritt weiter bin. Lehnt Euch zurück und begleitet mich ein Stück auf meiner Reise.

The Amazing Book Is Not on Fire

The singer and actress presents a 365-day collection of hopeful insights and affirmations that offer comfort, inspiration, and daily goals to foster strength and self-acceptance.

The Daily Book of Positive Quotations

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Demi's fame began when she was cast on Barney and Friends in 2002 at just ten years old. From the excitement of getting the job, to being on set, it was all a dream come true. From the outside, this bubbly girl was all smiles, but as she grew up in front of the camera--the star of the record-breaking Camp Rock franchise; leading lady of her very own Disney show, Sonny with a Chance; and a budding music career - she was falling apart. As Demi entered adolescence, she struggled with bulimia, and eventually secretly began cutting herself. But no one knew. Her career was taking off. She embarked on a tour with the Jonas Brothers - and started a relationship with Joe Jonas. But her bad habits were catching up with her - her bulimia, her cutting and it all spiraled out of control. She had to bow out of the tour and at that point checked herself into rehab. In STAY STRONG, Demi tells us how she hit rock bottom, felt fear for what she was doing to herself, and how she set a path to what she really wanted. Her process of self-discovery is not only her own story but speaks to young people everywhere who struggle with eating issues, cutting, bullying - all of which Demi knows firsthand - only too well. Now, 5 months out of rehab, she has a hit CD with UNBROKEN (the single is Skyscraper), which reached #1 on iTunes on its release. Demi is touring, making many TV appearances (GMA, Dancing with the Stars, Access Hollywood, etc.), and is being followed by her legion of Lovatics (her fans) and her 4 million Twitter followers. She will be at Jingle Ball in December. DEMI'S ON A MISSION. SHE HAS A MESSAGE. STAY STRONG.

Stay Positive

Cable news pundit shows readers how never to be lost for words ever again.

The Fame Game

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Yield Your Heart to the One Who Will Help You Flourish Do you long to nurture a meaningful prayer life? For all the ordinary and extraordinary situations you face each day comes a collection of 100 prayers from bestselling author Elizabeth George. Short devotions follow each prayer to help you navigate your relationships with your family, friends, and the world around you. Discover prayers that draw you close to your heavenly Father—prayers to grow in wisdom and understanding for strength through temptation, fear, and depression that express reverence and worship for patience and contentment concerning spiritual growth and ministry Together with the accompanying mentoring moments, these prayers provide rich soil in which your spiritual roots can grow deep.

The Earl Claims a Bride

Pluto got the shock of his life when he was kicked out of the famous nine. His planet status was stripped away, leaving him lost and confused. Poor Pluto! On his quest to find a place where he belongs, he talks to comets, asteroids, and meteoroids. He doesn't fit it anywhere! But when Pluto is about to give up, he runs into a dwarf planet and finally finds his place in the solar system. This feel-good board book combines a popular science topic with character education themes of self discovery, acceptance, and friendship.

Staying Strong

At a young age of my life, I have been through depression, failure and upsetting life events. All these things made me stronger, and have inspired me to write this book. 120 short chapters that will help and inspire you to become successful and overcome any obstacles that you might be facing in your own life.

Light Is the New Black

No matter how hard it is to get out the door, it's on the road that we meet our strengths and weaknesses, have the space to contemplate our hopes and dreams and ultimately find what makes us happy. Not every workout is an epiphany. Instead, each time out on the road—no matter how much of a battle it was to get there—is an exercise in getting to know ourselves a little bit better. It's on that road that we learn our strengths and weaknesses, ponder our hopes and dreams, and ultimately discover what makes us happy. For women who draw even a portion of their strength from being active, *Run Like a Girl 365 Days a Year* serves as a Book of Days. It's practical, inspirational, and personal, with a dash of the existential and neurotic, it's a fresh take on the popular thought-a-day books, geared toward women athletes. Containing 365 entries for a full year of running inspiration, *Run like a Girl 365 Days a Year* revels in the joys we discover as we greet our athletic selves each new day, and confront the obstacles thrown in our way by the world, by our bodies and, most importantly, by our minds. Some of the topics include balance, body image, the battle of the sexes, sisterhood, and aging. Light-hearted, honest, and authentic, *Run Like a Girl 365 Days a Year* is an inspiring daily reminder of every woman's strength and potential.

120 Solutions for Life

Calling the super busy, the stressed out, the overtired. You know you're made for a more fulfilling life. With this book, you'll know where to start. You wake up tired. Your to-do list is too long. The commitments—and the laundry—are piling up, but your energy keeps dwindling. You feel like you're simply making it through the days, not living or enjoying any part of them. In *Say Goodbye to Survival Mode*, you'll find both practical ideas and big-picture perspective

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that will inspire you to live life on purpose. As a wife, mother of three, and founder of the wildly successful blog MoneySavingMom.com, Crystal Paine has walked the road from barely surviving to living with intention. With the warmth and candor of a dear friend, she shares what she's learned along the way, helping you: feel healthier and more energetic by setting priorities and boundaries eliminate stress with savvy management of your time, money, and home get more done by setting realistic goals and embracing discipline rediscover your passions and the confidence to pursue them Packed with straightforward solutions you'll use today and inspirational stories you'll remember for years, Say Goodbye to Survival Mode is a must for any woman who's ever longed for the freedom to enjoy life, not just survive it.

Behind the Broken Image

Alexa, Abby, and Robin are all sharing the same shameful secret that has already compromised the health, endangered the future, and devastated the families of all three. They now stand at the crossroads of their lives. Each must decide whether to go forward into the frightening world of recovery, or return to the the seductive, familiar world of addiction. Their families wait, knowing the future may offer hope or only desolation where all dreams of happiness are shattered.

Prevail

Mindfulness has become a key part of life. The benefits of taking time (even just a few minutes a day) to take a step back from the rush of life and focus on yourself and your thoughts can be enormous - you will find yourself becoming more centred, more aware of your own needs and more ready to face the challenges of day to day life. Filled with exercises, tips and hints, Everyday

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Mindfulness will share ways in which your daily routine can be a little less stressful and your mind a little less cluttered, and then be inspired by quotes from those who have walked in similar shoes to your own. If they have come through life smiling, you can too! About the Everyday series Get to grips with a single subject in small, manageable steps with the Everyday series. From inspirational quotes to professional tips, the short daily entries fit perfectly into the hustle and bustle of everyday life. These small, chunky books are a perfect gift as well as a great self-purchase.

Let's Be Real

Beat the odds with a bold strategy from McKinsey & Company — Every once in a while, a genuinely fresh approach to business strategy appears — legendary business professor Richard Rumelt, UCLA McKinsey & Company's newest, most definitive, and most irreverent book on strategy — which thousands of executives are already using — is a must-read for all C-suite executives looking to create winning corporate strategies. *Strategy Beyond the Hockey Stick* is spearheading an empirical revolution in the field of strategy. Based on an extensive analysis of the key factors that drove the long-term performance of thousands of global companies, the book offers a ground-breaking formula that enables you to objectively assess your strategy's real odds of future success. "This book is fundamental. The principles laid out here, with compelling data, are a great way around the social pitfalls in strategy development." — Frans Van Houten, CEO, Royal Philips N.V. The authors have discovered that over a 10-year period, just 1 in 12 companies manage to jump from the middle tier of corporate performance — where 60% of companies reside, making very little economic profit — to the top quintile where 90% of global economic profit is made. This movement does not happen by magic — it depends on your company's current position, the trends it faces, and

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the big moves you make to give it the strongest chance of vaulting over the competition. This is not another strategy framework. Rather, *Strategy Beyond the Hockey Stick* shows, through empirical analysis and the experiences of dozens of companies that have successfully made multiple big moves, that to dramatically improve performance, you have to overcome incrementalism and corporate inertia. "A different kind of book" I couldn't put it down. Inspiring new insights on the facts of what it takes to move a company's performance, combined with practical advice on how to deal with real-life dynamics in management teams." —Jane Fraser, CEO, Citigroup Latin America

Demi Lovato Ultimate Superfan Coloring Book

From the creator who brought you notable works such as *The Flowers of Evil*, *Happiness*, and *Inside Mari*, comes a new suspense drama centering on the theme of a toxic parent. Dive into this latest thriller by master storyteller, Shuzo Oshimi. Seiichi's mother loves him very much, and his days pass with placid regularity. School, friends, even the attention of his attractive classmate Fukiishi. Until one terrible summer day, that all changes Shuzo Oshimi (*The Flowers of Evil*) delivers his most unsettling work yet, the tale of a seemingly normal family suddenly swallowed up by the creeping horror of everyday life. Gorgeous art and an understated script only serve to heighten the tension as we watch Seiichi Osabe's life spiral into nightmare.

Thriving as an Empath

Prepare to discover your inner optimist with this collection of simple tips for banishing the dark clouds and focusing on the good. Bursting with uplifting statements and inspirational quotes to get you looking on the bright side, this book will endow you with the

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power of positivity and help you to become your happiest self.

Strategy Beyond the Hockey Stick

"I honestly loved this book." —Jim Norton, New York Times bestselling author of *I Hate Your Guts* —Eleanor taught Noelle that, first and foremost, *Courage Takes Practice*. Her yearlong quest to face her terrors, great and small, is moving, enriching, and hilarious—we readers are lucky to be along for the ride." —Julie Powell, bestselling author of *Julie & Julia* In the tradition of *My Year of Living Biblically* and *Eat Pray Love* comes *My Year with Eleanor*, Noelle Hancock's hilarious tale of her decision to heed the advice of First Lady Eleanor Roosevelt and do one thing a day that scares her in the year before her 30th birthday. Fans of Sloane Crosley and Chelsea Handler will absolutely adore Hancock's charming and outrageous chronicle of her courageous endeavor and delight in her poignant and inspiring personal growth.

365 Days of Healing

"The centuries-old Danish tradition of Hygge (pronounced "hue-gah") comes from a country voted to be the happiest on earth, and its special custom of emotional warmth, slowness, and appreciation, is becoming increasingly familiar to an international audience. To hygge means to enjoy the good things in life with good people"--

T Is for Transformation

Dr. Judith Orloff offers 365 days of self-care meditations, reflections, and journaling suggestions as daily inoculations against stress and overwhelm. Empaths have so much to offer as healers, creatives, friends, lovers, and innovators at work. Yet highly sensitive and empathic people often give too much at the expense of

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their own well-being—and end up absorbing the stress of others. “To stay healthy and happy,” writes Judith Orloff, MD, “you must be ready with daily self-care practices that work.” With *Thriving as an Empath*, Dr. Orloff provides an invaluable resource to help you protect yourself from the stresses of an overwhelming world and embrace the “gift of being different.” If you want daily tools to put into action, this book is for you. Building on the principles Dr. Orloff introduced in *The Empath's Survival Guide*, this book brings you daily self-care practices and support for becoming a compassionate, empowered empath, including:

- Setting strong boundaries
- Protecting your energy
- Inoculating yourself against stress and overwhelm
- Self-soothing techniques
- Knowing that it is not your job to take on the world's stress
- Breaking the momentum of sensory overload
- Tapping the vitality of all four seasons and the elements
- Deepening your connection with the cycles of nature
- Moving out of clock-based time into “sacred time”

Thriving as an Empath was created to help you grow and flourish without internalizing the emotions and pain of others. “These self-care techniques have been life-saving for me and my patients,” writes Dr. Orloff. “I feel so strongly about regular self-care because I want you to enjoy the extraordinary gifts of sensitivity—including an open heart, intuition, and an intimate connection with the natural world.”

My Secret

"St Martin's Paperbacks historical romance"--Spine.

Blood on the Tracks, volume 2

"An extraordinary book deserves to be taken seriously." • International Herald Tribune. "A very thought provoking read! Whether or not she was really Anne Frank in another life, I do not

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doubt Karlén's sincerity." □ Rabbi Yonassan Gershom, author of *Beyond the Ashes* and *From Ashes to Healing*. For as long as she can remember, Barbro Karlén has harboured terrible memories of a previous existence on earth as the Jewish girl Anne Frank, author of the famous *Diary*. Until recently, she had kept this knowledge private. Now, prompted by a series of events which culminated in a struggle for her survival, she is ready to tell her amazing story. *And the Wolves Howled* is the autobiography of Barbro Karlén, from her early fame as a bestselling child literary sensation in her native Sweden, to her years as a policewoman and a successful dressage rider. But this is no ordinary life history. As the victim of discrimination, personal vendettas, media assassination, libel and attempted murder, Karlén is forced to fight for her very being. In the dramatic conclusion to her living nightmare, she is shown the karmic background to these events. She glimpses fragments of her former life, and begins to understand how forces of destiny reach over from the past into the present. With this knowledge she is finally free to be herself. *And the Wolves Howled* is the story of one woman's superhuman struggle for truth in the face of discrimination and lies.

My Year with Eleanor

"Originally published in French in 2016 by Les aEditions de la Pastaeque, Montreal, Quebec, Canada"--Copyright page.

The Book Thief

Demi Lovato wakes up each morning and affirms her commitment to herself-to her health, her happiness, her being. Those commitments are the bedrock of her recovery and her work helping other young people dealing with the issues she lives with every single day. Demi is a platinum-selling recording artist whose latest

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album-DEMI-is already a smash hit. She's about to embark on her second season as a judge on X-Factor, and just launched The Lovato Treatment Scholarship Program. And she is an outspoken advocate for young people everywhere. Demi is also a young woman finding her way in the world. She has dealt deftly with her struggles in the face of public scrutiny, and she has always relied, not just on friends and family, but daily affirmations of her self-worth and value. Affirmations that steady her days and strengthen her resolve. Those affirmations have grown into STAYING STRONG, a powerful 365-day collection of Demi's most powerful, honest, and hopeful insights. Each day will provide the readers with a quote, a personal reflection and a goal. These are Demi's words. Words she lives by and shares with the people she loves and total strangers alike. They are a powerful testament to a young woman standing up and fighting back.

Say Goodbye to Survival Mode

(Piano/Vocal/Guitar Artist Songbook). The sophomore release from the adored diva of Disney fame debuted atop the Billboard 200 . Our matching folio features all 14 tracks: Every Time You Lie * Here We Go Again * Remember December * So Far So Great * Solo * Stop the World * U Got Nothin' on Me * World of Chances * and more, plus four pages of fantastic full-color photos!

The Pink Umbrella

Scripture is God's love letter to us. Everything he asks of us is for our good and his glory. But that doesn't mean life is easy, and sometimes we need to be reminded of God's power over all that we face. We need something or someone to shake us up and teach us the truth about God and ourselves! Susie Larson's newest devotional, Prevail, guides us through the arc of the Scriptures

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while encouraging us to feel and trust in his presence in our everyday lives. Using practical Scripture passages, thought-provoking questions, and her very own Bible-margin notes, Susie offers 365 days' worth of opportunities for us to strengthen our walk in faith while finding a new level of freedom and redemption.

365 Days

Before she was mother to global superstar Demi Lovato, she was just Dianna Hart. Dianna tells her story from the very beginning in this complete and genuinely affecting memoir. She had big plans of becoming a country music star, but her life went in a different direction than her dreams. She developed an eating disorder early in life to gain a sense of control in her strict upbringing. As she continued to struggle with body image and her obsession with being perfect her entire adult life, she was also met with other difficult situations. Her husband and father of her two eldest daughters, Dallas and Demi, had his own troubles that effected the entire family. She coped with alcohol and pills, forming a long-lasting addiction. She's had terrible lows but also some great highs as she watched her daughters break out in Hollywood to become strong, empowered young women. As a mother caring for daughters with addictions while continuing to battle her own, Dianna offers a unique perspective. And as a family, they have survived everything life has thrown at them and come away from it stronger than ever. Dianna tells her story of living through and surviving adversity--with tremendous strength, love and faith.

A Place for Pluto

From singer, model and YouTube celebrity Natasha Bure, the daughter of Candace Cameron Bure, comes a real, honest conversational book that doesn't hold back. Everywhere she goes

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and every video she posts has one basic message: this is real, this is life, and we all go through it. Whether it's acne, boyfriends, faith, stress, or having fun, Natasha's view is to simply be honest, simply be real, no matter what you face. Natasha's real and relatable tone paired with personal notes and stories will help readers see that living a "real" life is the best life. The dust jacket features embossing.

Stay Strong

A collection of artfully decorated postcards with secrets anonymously written on them by people from all over the world and sent to the founder of PostSecret, a community art project that evolved into a website.

Miles to Go

Discover spiritual guidance for every day of the year with Daily Enlightenments. In only five minutes of reading each morning, this easy-to-understand and practical tool presents a spiritual truth to keep you grounded throughout the day. These daily contemplations cover a variety of topics designed to encourage self-reflection and mindfulness, including expressions of gratitude for life, how to form good habits, challenging questions about your actions, and more. Each entry concludes with a "take away" summary affirmation about how to effectively apply the spiritual concept to your life. With inspirational images to accompany the entries—including a bonus day for the leap year—this daily reader will bring higher consciousness and serenity to the way you live all year.

And the Wolves Howled

God wants you to be well! In fact, the Word says in 1 Peter 2:24

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that Jesus took stripes on His back so you could live your life in health. Yet many struggle to receive God's healing power in their own life. Some aren't sure if God wants to heal them, while others aren't sure how healing works. In this powerful devotional, author, teacher, and pastor Mark Brazee shares simple daily doses of God's Word that will build your faith for the healing every day of the year. Through line-upon-line precepts focusing specifically on healing and faith, you'll learn how the power of God's Word brings healing to your body.

Staying Strong

In Hollywood, fame can be found on every corner and behind any door. You just have to know where to look for it. Nineteen-year-old Madison Parker made a name for herself as best frenemy of nice-girl-next-door Jane Roberts on the hot reality show *L.A. Candy*. Now Madison's ready for her turn in the spotlight and she'll stop at nothing to get it. Sure, she's the star of a new show, but with backstabbing friends and suspicious family members trying to bring her down, Madison has her work cut out for her. Plus, there's a new nice girl in "reality" town— aspiring actress Carmen Price, the daughter of Hollywood royalty— and she's a lot more experienced at playing the fame game. When the camera's start rolling, whose star will shine brighter? Filled with characters both familiar and new, Lauren Conrad's series about the highs and lows of being famous delivers Hollywood gossip and drama at every turn.

365 Ways to Everyday Mindfulness

Presents 365 life-affirming quotations to guide readers through every day of the year, with uplifting words of wisdom that cover such topics as Daily Acts of Kindness, Make the Most of Today, Greeting the Morning, Living One Day at a Time, Today's To-Do

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List, and Working Hard Each Day.

Run Like a Girl 365 Days a Year

Heartbreak and grief touch every soul at least once in a lifetime and Ranata Suzuki translates those raw emotions into words. The Longest Night combines strikingly poignant quotations, powerfully emotive poetry and captivating silhouette imagery to form a mournful lover's journal that explores a side of love that is deep, dark and hauntingly beautiful. Each of the book's elements are skilfully woven together to reveal fragments of thoughts and feelings that seem almost to belong to the reader as years of painful longing are condensed into the context of a single night. The journal begins with 'Sunset', in which poems convey the initial feelings of shock and loss first felt when a relationship with a loved one ends. As the poetry descends into an emotional downward spiral, the book progresses into its next chapter, 'Darkness', in which emptiness, jealousy, sorrow and despair are passionately portrayed. The concluding chapter, 'First Light', sees the gradual dawning of a new outlook. The final poems express a gratitude for what once was, an acceptance of what now is, and come to the uplifting conclusion that even though a relationship can be fated to end tragically, the memories gained and lessons learned from it are, in their own way, treasured gifts that will last a lifetime. A book for anyone who has found themselves separated from someone they love no matter the circumstance, The Longest Night is a companion for the broken heart on the painful emotional journey that is losing someone you love from your life. Its words serve as a comforting reminder, whether you are travelling this road or have recently completed this journey yourself, that despite the loneliness you may sometimes feel along the way none of us walk this path alone.

Daily Enlightenments

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Light Is The New Black is a guidebook for a new breed of women who are here to be bright lights in the world. These women are modern-day lightworkers, who agreed at soul level to be here at this time in history, to bring us into the Age of Light (lead by spirit and the divine feminine). At the Peace Conference in Canada in 2009, when the Dalai Lama said 'The world will be saved by the western woman', it was a call to action for women throughout the West. Light Is The New Black is a response to that call. It guides these women to come back home to who they really are, at soul level, and embrace their uniqueness so they can light up the world in a way that only they can. Gone are the days of following someone else's well-trodden path. In order to succeed in this new age, everything must be an authentic expression of who we truly are. A down-to-earth, relatable mix of one girl's journey, channeled messages from The Universe, practical tools, and metaphysical marketing for this new social age, this book will reconnect you to the core of your being, so that you can use it to change the world--

Staying Strong

From the creator who brought you notable works such as The Flowers of Evil, Happiness, and Inside Mari, comes a new suspense drama centering on the theme of a toxic parent. Dive into this latest thriller by master storyteller, Shuzo Oshimi. His mother has done the unthinkable and now Seichi must decide if he will be complicit. But before he can even catch his breath, what remains of his sense of self is smashed to pieces by her next shocking act. Shuzo Oshimi (The Flowers of Evil) invites us to watch as a once-happy household quietly transforms into an inescapable living hell.

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