

## Portland Bouldering

Sport Climbing in the Santa Monicas Fifty Places to Rock Climb Before You Die Chatt Steel How to Solve a Problem Stone Crusade High Drama Rock Climbing Washington Rock Climbing, 2nd Edition Better Bouldering Peak District Bouldering Rock Climbing New England Virginia Climber's Guide High Drama Rock Climbs of Acadia West Country Climbs The Climbing Bible Climb Injury-Free Portland Bouldering Stories Behind the Images Stone Fort Bouldering Insiders' Guide® to Portland, Oregon New Mexico Bouldering Gorge Bouldering Select Portland Family Adventures Pacific Northwest Bouldering Rock Climbing Smith Rock State Park Alone on the Wall (Expanded edition) Bouldering in Portland and the Columbia River Gorge Stone Crusade Oregon Rock & Boulder Portland Rock Climbs The Night Climbers of Cambridge Dorset Bouldering Stone Nudes Smith Rock Select Bishop Bouldering Portland Rock Climbs Dorset Boulder Britain Rock Climbing Oregon

## Sport Climbing in the Santa Monicas

From Ashima Shiraishi, one of the world's youngest and most skilled climbers, comes a true story of strength and perseverance--in rock climbing and in life. To a rock climber, a boulder is called a "problem," and you solve it by climbing to the top. There are twists and turns, falls and scrapes, and obstacles that seem insurmountable until you learn to see the possibilities within them. And then there is the moment of triumph, when there's nothing above you but sky and

nothing below but a goal achieved. Ashima Shiraishi draws on her experience as a world-class climber in this story that challenges readers to tackle the problems in their own lives and rise to greater heights than they would have ever thought possible.

### **Fifty Places to Rock Climb Before You Die**

From his early days working out of his dorm room and shooting on film to becoming a Nikon ambassador and official photographer of the historic Dawn Wall ascent, Corey Rich has been capturing iconic shots of adventure superstars for more than two decades. Now Corey tells how he got some of his favorite images of climbers, adventurers, skiers, performance artists, and more. He shares insights into the business of photography, photography tips, outdoor lessons, and what he has learned about human nature along the way. Featured outdoor athletes include: Tommy Caldwell Project Bandaloop Beth Rodden Lynn Hill Ashima Shiraishi Kelly Slater Bear Grylls Alex Honnold Fred Beckey and many more

### **Chatt Steel**

Discover Portland's best family-friendly outings, activities, attractions, and day trips in this complete, portable guide to family fun. The Family Adventures guides are must-haves for local parents and visitors, as well as babysitters and other family members who want to explore Portland, Seattle, and the surrounding areas with kids. These go-to guides offer

comprehensive ideas and listings appropriate for a wide array of ages, from babies and toddlers to young teens. Activities range from exploring children's museums and other hands-on creative destinations to hiking, swimming, and ziplining, as well as visiting libraries, zoos, playgrounds, and much more, including where to find the best ice cream! Bursting with relevant, reliable information and tips, as well as itineraries for one day or more, these guides will take the place of hours of tedious online research. Instead you'll find everything you need to know in one book that you can also pop into a bag or stroller and bring along with you. Whether you unexpectedly have a couple of free hours or want to plan a weekend away, grab a Family Adventures guide and make some amazing memories with your kids!

### **How to Solve a Problem**

Smith Rock is where it all began the birthplace of American sport climbing. The soaring orange walls of this Oregon State Park have some of the best and most celebrated climbs in the country, and a wealth of terrain, both sport and trad, that will challenge climbers of all levels of ability. Discover it for yourself with this select guide to almost 300 of the best routes.

### **Stone Crusade**

### **High Drama**

Chatt Steel is the first ever comprehensive color guidebook to Chattanooga Sport Climbing.

### **Rock Climbing Washington**

A comprehensive overview of bouldering guides readers through the best rock climbing sites in the U.S. while providing a history of the sport and its most famous participants.

### **Rock Climbing, 2nd Edition**

Ever wonder how to take your climbing to the next level? Has injury prevented you from climbing? Whether you're a professional athlete or a novice climber, *Climb Injury-Free?* is the guide that will take your climbing to the next level. The book utilizes the *Rock Rehab Pyramid*, the most advanced injury prevention and athletic performance program built specifically for rock climbers. You will learn how to diagnosis, treat and prevent the 10 most common climbing injuries in step-by-step chapters. Learn exclusive injury advice with over 30 profiles from top professional climbers including Adam Ondra, Sasha DiGiulian Sean McColl, Jonathan Siegrist and many more. Now you can utilize the system used by thousands of climbers worldwide and see the results for yourself. Start today on the path to recovery and take your climbing to the next level. Climb on!

### **Better Bouldering**

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The comprehensive guide to the place that brought sport climbing to North America— a full-color, thoroughly updated new edition Smith Rock State Park. It was on the impressive crags of this Oregon hideaway that American sport climbing came into its own, and to this day, some of the hardest climbs in the United States are found on these walls. Alan Watts, who has played a leading role in the development of this popular rock-climbing destination, details more than 1,700 routes at Smith Rock and the surrounding area. This new edition updates hundreds of routes, includes hundreds of new ones, and has new photos of each crag, wall, and route. No other guide is as comprehensive or thorough, and no author more respected for his intimate knowledge of one of the world's most popular climbing destinations.

### **Peak District Bouldering**

A comprehensive overview of bouldering guides readers through the best rock climbing sites in the U.S. while providing a history of the sport and its most famous participants.

### **Rock Climbing New England**

Virginia features some of the more popular rock climbing sites on the East Coast, including Great Falls of the Potomac and the Crescent Rocks, but its lesser-known areas also offer a wide variety of challenging climbs. Here is a complete guide to the entire state, packed with information, including routes graded for difficulty, guides, park fees and regulations, equipment,

or permits required, and more. 200 line drawings.

### **Virginia Climber's Guide**

The art of climbing dis-roped and disrobed. Twenty years ago, Dean Fidelman asked a rock climber to take off her shoes and boulder nude, and his famous series Stone Nudes was born. The stunning black-and-white images of athletic figures captured in motion on cliffs in breathtaking wild landscapes have made Fidelman famous within the climbing community. Fidelman followed his nomadic muses around North America and the world, framing them in the picturesque landscapes of Yosemite Valley; Joshua Tree; Moab, Utah; Patagonia; Europe; and coastal Thailand. The sensual photographs uniquely capture the stark beauty of athletes on the stone, their muscular bodies camouflaging with the formations of the rocks they are poised on. This book will appeal to those interested in climbing, lovers of nude photography, as well as anyone who appreciates breathtaking images of improbable physical feats across stunning landscapes.

### **High Drama**

This book is the only guide available that covers all the major climbing areas in the state with routes ranging from 5.1 to 5.14a.

### **Rock Climbs of Acadia**

Select guide to bouldering in the Columbia River Gorge.

### **West Country Climbs**

'Boulder Britain' is a highly ambitious guidebook that sets out to cover all the best bouldering in England, Scotland and Wales. It is beautifully illustrated, clearly laid out and deeply researched and will become an essential reference for anyone who loves to climb in the UK.

### **The Climbing Bible**

### **Climb Injury-Free**

### **Portland Bouldering**

This COLOR edition of Portland Bouldering book details the latest rage in this regions outdoor bouldering sport all compiled here within one exceptional guide book. PB book provides boulderers with an excellent analysis of this regions unique bouldering gamut, all of it

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encompassed here in a single comprehensive book loaded with depth and detail rarely found in any regional climbing guide. Within these pages you will find an extensive array of popular and elusive bouldering sites certain to thrill all your friends. A quality guide book loaded with an extreme sports venue and specifically designed for power bouldering enthusiasts. Over 66 unique bouldering sites, and more than 3000 boulder problems with grades ranging from VB V12+. Your outdoor adventure is unlimited when you reach for this book to explore the latest sports venue at some of the best quality bouldering sites in this region. Full color edition.

### **Stories Behind the Images**

#### **Stone Fort Bouldering**

One afternoon in 1987, two renegade climbers in Berkeley, California, hatched an ambitious plan: under the cover of darkness, they would rappel down from a carefully scouted highway on-ramp, gluing artificial handholds onto the load-bearing concrete pillars underneath. Equipped with ingenuity, strong adhesive, and an urban guerilla attitude, Jim Thornburg and Scott Frye created a serviceable climbing wall. But what they were part of was a greater development: the expansion and reimagining of a sport now slated for a highly anticipated Olympic debut in 2020. High Drama explores rock climbing's transformation from a pursuit of select anti-establishment vagabonds to a sport embraced by competitors of all ages, social

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classes, and backgrounds. Climbing magazine's John Burgman weaves a multi-layered story of traditionalists and opportunists, grassroots organizers and business-minded developers, free-spirited rebels and rigorously coached athletes.

### **Insiders' Guide® to Portland, Oregon**

A rock climbing and bouldering guide for NW Oregon and SW Washington

### **New Mexico Bouldering**

This is a 450 page bouldering guidebook for the Pacific Northwest. It includes Portland, Seattle and the Northwest.

### **Gorge Bouldering Select**

The Land of Enchantment is known for its scenic natural beauty and plentiful rock climbing, with its rich geology and excellent climate. This book is the first guide to bouldering in the state and compiles over 1000 problems in central and northern NM, with 40 maps and 240 topographic photos. Areas covered include: Socorro Box Canyon, Albuquerque Sandia Mountains, Ponderosa, the Ortigas and Roy.

### **Portland Family Adventures**

Dorset has emerged as a major bouldering area in recent years thanks to the hard work of a bunch of diligent locals who have combed the coastline seeking out every block, problem and traverse. In addition to the well known areas of the Cuttings, the Boulderfield and the Nedlyfields, this book has extensive information on the West Coast of Portland, many more areas on the East Coast, plus Swanage and Lulworth, describes nearly 2000 boulder problems.

### **Pacific Northwest Bouldering**

One of the East Coast's premier summer destinations, Acadia National Park offers high quality granite climbing in a spectacular setting. It is a Downeast island paradise replete with classic routes both on the coast and inland. With route descriptions for nearly 300 climbs, this guidebook covers all of the classic Acadia climbing areas, plus many of the island's more obscure haunts. Detailed information will keep you climbing; beautiful photographs will keep you inspired.

### **Rock Climbing Smith Rock State Park**

Featuring more than 1,500 routes throughout the state of Washington, this popular guide has

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now been completely updated and expanded. Explore the granite cliffs of Index, Leavenworth, Darrington, and Tieton River Canyon; tackle the exposed alpine routes on the spires at Washington Pass; or hang from steep sport climbs at North Bend, Frenchman Coulee, and Marcus and China Bend near Spokane. Several sport and traditional areas included have never before been covered in a guidebook. Detailed maps, topos, and photos complement the route descriptions and ratings to provide climbers with a complete package. Rock Climbing Washington is the perfect book to take on your next climbing adventure in the Evergreen State.

### **Alone on the Wall (Expanded edition)**

This book covers around 800 of the West Country's most popular & highest calibre climbs, which span the full spectrum of climbing styles & grades; from committing multi-pitch sea cliff routes, to easy-going inland sport climbs.

### **Bouldering in Portland and the Columbia River Gorge**

The author of the bestselling Fifty Places series returns with a globe-trotting guide to the best and most beautiful places to rock climb around the world Fifty Places to Rock Climb Before You Die is a beautifully illustrated guide to some of the greatest rock-climbing locations around the world, as recommended by expert climbers. The book will cover three types of climbing—trad, sport, and bouldering—and will showcase breathtaking venues from Joshua Tree

to Jeju, South Korea. Featuring insights from industry insiders, including employees from rock-climbing gear companies like Petzl and Black Diamond Equipment, professional climbers like Jon Cardwell and Kevin Jorgeson (co-star of Dawn Wall), filmmaker Michael Call, and Climbing magazine editor Matt Samet, *Fifty Places to Rock Climb Before You Die* is the essential travel companion for climbers of all levels of expertise. **FEATURED LOCATIONS** United States Horse Pens 40, Alabama Cochise Stronghold, Arizona Bishop, California Joshua Tree National Park, California Yosemite National Park, California Black Canyon of the Gunnison National Park, Colorado Rifle, Colorado City of Rocks, Idaho Elephant's Perch, Idaho Arco, Italy Red River Gorge, Kentucky Acadia National Park, Maine Baxter State Park, Maine Red Rock, Nevada North Conway, New Hampshire The Shawangunks, New York Wichita Mountains Wildlife Refuge, Oklahoma Smith Rock, Oregon Hueco Tanks State Park, Texas Maple Canyon, Utah Moab, Utah Zion National Park, Utah North Cascades, Washington New River Gorge, West Virginia Seneca Rocks, West Virginia Devil's Lake, Wisconsin Devils Tower, Wyoming Grand Teton National Park, Wyoming Canada Bow Valley, Alberta The Bugaboos, British Columbia Squamish, British Columbia Lion's Head, Ontario International Frey, Argentina Mount Arapiles, Australia Innsbruck, Austria Liming, China Lake District National Park, England Chamonix, France Fontainebleau, France Frankenjura, Germany Kalymnos, Greece Castle Hill, New Zealand El Potrero Chico, Mexico Bled, Slovenia Rocklands, South Africa Gyeonggi-do/Jeju, South Korea Ibiza, Spain Mallorca, Spain Rätikon, Switzerland Railay Beach, Thailand

First published in 1937, this title recounts the courageous (or foolhardy) nocturnal exploits of a group of students who climbed the ancient university and town buildings of Cambridge. The daring feats were recorded with prehistoric photographic paraphernalia, while the climbers tried to avoid detection by the 'minions of authority'. The result is a humorous adventure providing a glimpse into a side of Cambridge that has always been enshrouded in darkness.

### **Oregon Rock & Boulder**

New England is one of the country's most spectacular rock climbing arenas. The 66,608-square-mile region is studded with intimate crags, sweeping walls, compact sea cliffs, towering ledges, and spectacular overhangs. This full-color, revised edition of *Rock Climbing New England* describes fifteen of the region's best climbing areas in detail. Your choices of rocks and routes include two of the country's premier traditional crags, Cathedral and Whitehorse Ledges in New Hampshire; New England's biggest rock face, Cannon Cliff in New Hampshire; and stunning sea cliff routes at Maine's Acadia National Park and at Rhode Island's Fort Wetherill State Park. Other superb selections include urban cragging at Crow Hill near Boston, the traprock cliffs of Ragged Mountain in Connecticut, and the granite slabs of Wheeler Mountain in Vermont. Inside you will also discover: climbing history of each site, pitch-by-pitch written descriptions, detailed topos and clear overview photos, and insider tips to remote climbing areas waiting to be explored. *Rock Climbing New England*, 2nd edition is an indispensable resource for anyone seeking adventure in this remarkable region.

### **Portland Rock Climbs**

The town of Bishop, in eastern California, is a boulderer's paradise, one of the few places in the world where a high concentration of world-class bouldering combines with magnificent scenery, convenient amenities, and near-perfect weather. This revised and expanded second edition of Bishop Bouldering details almost 2000 problems at this internationally popular climbing destination, providing complete coverage of the Buttermilk Country (including outlying areas like Dales Camp and the Pollen Grains), The Happy and Sad Boulders, The Druid Stones, and Rock Creek and The Sherwin Plateau (north toward Mammoth). Bishop Bouldering also showcases the region's bouldering with hundreds of color photographs, including stunning action shots from pro shooters like Dan Pattitucci, Jim Thornburg, Stephan Denys, Simon Carter, and Wills Young.

### **The Night Climbers of Cambridge**

Including two new chapters on Alex Honnold's free solo ascent of the iconic 3,000-foot El Capitan in Yosemite National Park. On June 3rd, 2017, Alex Honnold became the first person to free solo Yosemite's El Capitan—to scale the wall without rope, a partner, or any protective gear—completing what was described as "the greatest feat of pure rock climbing in the history of the sport" (National Geographic) and "one of the great athletic feats of any kind, ever" (New York Times). Already one of the most famous adventure athletes in the world, Honnold has

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now been hailed as "the greatest climber of all time" (Vertical magazine). Alone on the Wall recounts the most astonishing achievements of Honnold's extraordinary life and career, brimming with lessons on living fearlessly, taking risks, and maintaining focus even in the face of extreme danger. Now Honnold tells, for the first time and in his own words, the story of his 3 hours and 56 minutes on the sheer face of El Cap, which Outside called "the moon landing of free soloing...a generation-defining climb. Bad ass and beyond words...one of the pinnacle sporting moments of all time."

### **Dorset Bouldering**

4th edition

### **Stone Nudes**

Insiders' Guide to Portland, Oregon is a beautiful full-color guide and the essential source for in-depth travel information for visitors and locals to this ever-growing city. Written by a local (and true insider), Insiders' Guide to Portland, Oregon offers a personal and practical perspective of this location that makes it a must-have guide for travelers as well as residents looking to rediscover their hometown

### **Smith Rock Select**

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This is a guide to rockclimbing in Portland, Lulworth, Swanage and Anstey's Cove in Devon.

### **Bishop Bouldering**

This thoroughly revised and updated new edition of *Better Bouldering* presents all the techniques and tricks gleaned from the thirty-year bouldering career of John Sherman, America's most noted and notorious bouldering guru. Sharing the most recent trends in techniques, equipment, and injury treatment and prevention, Sherman imparts his insider knowledge of the sport through colorful instructional text and “combat” stories from his own bouldering career—allowing both beginning and accomplished boulderers to learn from the author's mistakes rather than their own. Among the guest contributors for this new edition are top boulderers Paul Robinson, the 2008 ABS national champion, writing on gyms and competitions; and Angie Payne, the first American female to climb V13, who shares a woman's perspective on bouldering. More than 300 new color photos taken at the most popular bouldering locales throughout America and the world clearly demonstrate in dramatic fashion the concepts explained in the always entertaining text.

### **Portland Rock Climbs**

- Approximately 35 new techniques, safety considerations, and subjects
- National Outdoor Book Award winner in first edition
- First edition of this popular title has sold 50,000 copies

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Thousands of rock climbers have learned the sport using Craig Luebben's seminal and bestselling text, *Rock Climbing: Mastering Basic Skills*. Now Craig's friend and fellow climber Topher Donahue brings the content up to current standards and includes technological advances, while preserving Craig's comprehensive approach. An award-winning climber in his own right, Topher uses his writing and photography skills to simplify the complex world of modern climbing technique and reveals the thought process behind safe and practical climbing methods. This second edition includes European climbing techniques that offer alternatives to those traditionally taught in North America. Topher has also incorporated new lessons derived from accidents due, in part, to the increased popularity of climbing. Also found in this edition:

- Over 10,000 more words and 125 more photos
- Three never-before-published techniques: Adjustable Hitch, High Friction Tubes, and Bight Method
- Detailed technical updates throughout
- New distinction between "anchor" (a group of placements, pieces, or bolts used at the end of a pitch or for top rope or rappel setup) and "placement" or "piece" (individual cams, nuts, etc., used in groups to make an anchor or used individually as protection on a pitch)

### **Dorset**

Bouldering is a branch of traditional rockclimbing which has become popular in recent years. The Peak District is the main UK destination for the activity, and this book provides hundreds of inspirational photos.

### **Boulder Britain**

The Climbing Guide to the Santa Monica Mountains

### **Rock Climbing Oregon**

One afternoon in 1987, two renegade climbers in Berkeley, California, hatched an ambitious plan: under the cover of darkness, they would rappel down from a carefully scouted highway on-ramp, gluing artificial handholds onto the load-bearing concrete pillars underneath. Equipped with ingenuity, strong adhesive, and an urban guerilla attitude, Jim Thornburg and Scott Frye created a serviceable climbing wall. But what they were part of was a greater development: the expansion and reimagining of a sport now slated for a highly anticipated Olympic debut in 2020. High Drama explores rock climbing's transformation from a pursuit of select anti-establishment vagabonds to a sport embraced by competitors of all ages, social classes, and backgrounds. Climbing magazine's John Burgman weaves a multi-layered story of traditionalists and opportunists, grassroots organizers and business-minded developers, free-spirited rebels and rigorously coached athletes.

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