

Play Golf For Juniors The Academy Of Golf At Pga National

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Golf Guide for Parents and Players
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Who's Your Caddy?
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My Golden Lessons
Golf 101 with Bob Dimpleton
My First Golf Book

Recreation

Individual cartoon-style lessons are presented in nine segments and cover everything from swing basics to special shotmaking techniques and course etiquette

The Golf Digest Almanac

During one of the brothers' typical golf games, Julian's golf ball mysteriously disappears. Julian and Eli, determined not to derail their game, set out to find the ball. Follow the brothers as they try to solve the mystery.

Congressional Record

In *Only One Shot*, V. J. Trolio, one of the world's foremost experts on coaching and developing junior golfers, presents his proven process to create a disciplined, structured, and loving environment for junior golfers and prepare them for success. Junior golfers, striving to fulfill dreams while dealing with a gamut of emotions and stresses, benefit from such a supportive atmosphere that only parents can provide. *Only One Shot*, a thorough guide to parenting junior golfers, arms parents with the tools and information needed so that their child's dreams do not "melt into the sea." As V. J. Trolio says, "While winning is an outcome we all strive for, the process of preparation is the key to unlocking potential." In other words, parents have "Only One Shot" to: Promote a growth mind-set among young adults pursuing the game of golf. Give junior golfers the tools of success in a fun, disciplined, defined, and caring golf culture. Promote strong minds and prepare junior golfers for the enjoyment of competitive golf and life. As young golfers walk the fairways and build dreams of becoming college (or even professional) golfers, it is important for a parent or caregiver to be the educated "tribal elder." Although PGA Professionals win awards and accolades for their ability to teach golf, they are a small part of the coaching team. Parents are the most important part of the team. Going into youth athletics without education on the emotional IQ needed has damaged many a relationship between a parent and child, and *Only One Shot* provides tools and tips to prevent that. More than a manual--it is a thoughtful and philosophical guide to life and the game of golf that whole families will benefit from. With Inspiring Insight from the untold story of Jim Gallagher Jr.

Golf Illustrated

In *Golf: The Ultimate Mind Game* Rick Sessinghaus maps out the mental and emotional skills needed to play your best golf. Throughout this book you will be learning the latest performance psychology skills to improve how you perform on and off the golf course. You will take on the challenging game of golf by learning to:

- .Stay focused and block out distractions
- .Develop confidence in your abilities
- .Embrace pressure to play your best when it matters most
- .Reconnect with why you play so you can enjoy it
- .Develop a training program for your mind, body, and swing

Jack Nicklaus' Lesson Tee

Second Edition. Used in professional golf programs throughout the U.S. and Canada, *Golf 101* with Bob Dimpleton helps new golfers prepare properly for the golf course. Each page is creatively designed for all ages to easily learn from and enjoy. Learn key swing information on topics like putting, chipping, pitching, full swing and sand shots. Also, you will learn how to play golf from start to finish. The clear and colorful illustrations walk you through step by step on how to book a tee time through to your final putt on the 18th hole. Along the way you will learn about safety, rules, etiquette, golf equipment and more. This is a great first book for kids, grandchildren or adults taking up the game for the first time.

Golf

Sam lives on a golf course and has a best friend, Max, who is a golf ball. When Dad asks Sam to play in the big tournament with him, he explains that there is more to golf than just hitting a golf ball high and far. With the help of Max and some new friends, golf rules, terms, and etiquette are revealed so that Sam will be ready for the big day. By the end of the book, Sam realizes that there are still things to learn, but now understands what Dad was talking about. *Sam Learns Golf* was written as a book that could be either read to toddlers or read by young children - (it's also a great tool for those parents or grandparents who want to plant the golfing seed into a future golfer's little mind). By playing a hole that is right behind the house, Sam's new friends are able to explain some of the important, but sometimes not so utilized, rules and etiquette. They touch upon the major points of golf: the parts of the golf hole, scoring, upkeep of the golf course, and more. After finishing the first real hole of golf, Sam realizes that there is a lot more to the game than just "gripping it and ripping it." Among other things, Sam learns about consideration of other golfers and the fact that every shot isn't going to be perfect. The friends walk Sam through the basic rules and principles of the game and also introduce a mental approach that will make the game more enjoyable.

Sam Learns Golf: A Children's Book of Basic Golf Rules, Terms, and Etiquette

Millions of children are getting into golf all over the world. Golf offers your child unparalleled opportunities -- world travel, money for college, great career choices. However young players sometimes suffer burnout, injury, and other specific problems, ruining their love of the game and desires to keep playing. How to motivate kids to go back, practice after practice. When to focus exclusively on golf. Save on lessons, find scholarships and sponsors. How to pursue college golf and a career in professional golf. Gain insight into golf organisations and agents. Have fun along the way at the best golf camps and resorts. *Golf Guide for Parents and Players* unveils the secrets of success for junior and college golf, the professional tour and beyond. Whether your child is 2 or 18, just starting, has played some golf, or is already a champion -- this book will provide a chockfull of practical answers and new ideas. Whether you are a

player, a golf playing parent or a parent curious about golf, this book will empower you to get the most out of the game leading you down some amazing fairways, teeing up some big dreams, and driving you toward an exhilarating golfing life.

The Impact Zone

Daddy Caddy On the Bag: Coach Your Child to Peak Golf Performance will help you bring out the best in your child through golf. This second edition is updated with new solutions for the mental game and for keeping things in perspective during your child's formative years. Parents know that coaching or teaching their own child to do anything can be quite challenging. When it comes to golf, those challenges multiply exponentially. Daddy Caddy on the Bag will help you through the entire process, beginning with introducing your child to golf. More than a pure golf instruction book, it is a guidebook that addresses working with your child as a coach, caddy, and teammate. In addition to instructional tips, Daddy Caddy on the Bag will take you all the way to serious golf skills development, being your child's tournament caddy, managing emotions and mental challenges, and being an effective coach. Daddy Caddy on the Bag will help you juggle the often conflicting roles of coach, mentor, caddy, and parent, with the ultimate goal of teaching your child to love golf for life. Whether you are just starting out or are already deep into your role as your child's golf coach and caddy, you will refer to this book again and again. You will discover how to: - Get your child started in golf at any age, from toddler to teen. - Save your child strokes on the golf course. - Separate your role as a parent from your job as a caddy. - Manage the mental game and "Let 1 = 1." - Inject fun into your child's golf practice sessions. - Select the best PGA/LPGA teaching professional. - Become a true coach and guide your child's golf development. - Work together as your child's teammate and partner. Daddy Caddy on the Bag is a "must read" for every golf parent, and will truly help you coach your child to peak golf performance.

The American Hebrew

Are you a complete golfer? Do you want to reach your true golf potential? Whether you are an accomplished player or a weekend warrior, The Complete Golfer will improve your game. This book will get you thinking and contemplating about your golf in thought, practice, and playing. It will take you from the thinking stage to the action stage of realizing your golf potential. This workbook format is interactive, allowing you space to note, write, and answer questions posed by the author as they relate to you and your golf. You don't just read this book; you work with the book! The Complete Golfer talks theory and philosophy but also provides proven drills and methodology, along with practice plans, data sheets, and games that will make you a better player and increase your enjoyment for the game! It is a no-nonsense, easy reading guide to better golf. The Complete Golfer will take you through the mental and physical, the tangible and intangible keys to better golf. Use this book and become the complete golfer you always wanted to be!

Journey to Excellence

For the past 15 years I have lived my passion--competitive golf. I've been granted the unique opportunity to coach, teach, study and play among many great minds from the world of golf as well as from the general academic community. These experiences have enriched my understanding and allowed me to provide extremely valuable advice to the students I mentor. Within these pages, the high-school golfer will find advice and guidance specific to their stage

of life and to their dream of a college experience that includes competitive golf. For the adults who read this book, there are insights and observations you are sure to need as you continue raising an educated and well-adjusted young golfer. I sincerely hope that what you read here will serve as a valuable reference in your journey.

The New Competitive Golfer

The author chronicles his 2004 Masters win, revealing early influences, and offering a glimpse into his personal life and relationships.

Daddy Caddy on the Bag (Second Edition)

BLACK ENTERPRISE is the ultimate source for wealth creation for African American professionals, entrepreneurs and corporate executives. Every month, BLACK ENTERPRISE delivers timely, useful information on careers, small business and personal finance.

Black Enterprise

Golf Guide for Parents and Players

They are the dreams that give long summer days shape, a childhood direction and a sport its lifeblood. From Jack Nicklaus to Tiger Woods, from Nancy Lopez to Paula Creamer, golf has been sustained by the youthful imaginations of those who have fallen in love with the sense of power and control that comes from a solidly struck shot. It makes them want to do it again and again and again, until the sun finally sets. And then they're back the next morning feeding their newfound passion. Journey to Excellence: The Young Golfer's Complete Guide to Achievement and Personal Growth is designed to help aspiring young golfers maximize their potential, on and off the course. Based on the insights of one of the world's hottest up-and-coming golf instructors Henry Brunton Canada's National Men's Team coach, the first Canadian recognized by GOLF Magazine as one of the game's Top 100 Teachers and a widely-acknowledged expert in developing elite players Journey to Excellence provides a detailed, step-by-step path by which those who have the will can find the way to reach their goals.

Extraordinary Golf

The popular sportswriter and humorist describes his experiences as a caddy for some famous professional and celebrity golfers, offering accounts of his own ineptitude as a caddy and insights into what makes golfers great.

Who's Your Caddy?

Integrating a range of practical exercises with a new mental approach, a golf professional shares the secrets of mastering the game, from essential skills to using focus and awareness to enhance power and consistency. Reprint.

Developing the Junior Golfer

For more than ten years, Dr Deborah Graham and Jon Stabler have devoted themselves to the

scientific study of why, even among the pros, some players win frequently and others never do. In the first psychology self-help book tailored to golfers at every level, they draw on their research to spell out the eight specific personality traits that make the difference: Abstract thinking; emotional stability; tough-mindedness; self-assurance; self-sufficiency; and optimum arousal. Dave Stockton, Lee Janzen, Mark McCumber, and Michelle McGann are among the many golfers who have benefited from Dr. Graham's GolfPsych system. Now, this detailed, practical, and encouraging guide will make it possible for anyone to play like a champ.

Zen Golf

Stick to Sports: Let's Play Golf is a very unique golf activity book for ages 4-8+. After reading or completing a game together with a coach, family member or mentor, the child can earn points or a re-usable sticker reward to show achievement. The book covers putting, chipping, swing and sand skills, as well as learning rhymes, on-course games, rules and manners, the game's history, attire, scoring and much, much more. Characters extend into Facebook and Twitter and will respond to the child's questions and comments. Cover comments by some top professionals in the industry.

One Magical Sunday

Long-Term Athlete Development describes how to systematically develop sporting excellence and increase active participation in local, regional, and national sport organizations. This resource describes the long-term athlete development (LTAD) model, an approach to athlete-centered sport that combines skill instruction with long-term planning and an understanding of human development. By learning about LTAD, sport administrators and coaches will gain the knowledge and tools to enhance participation and improve performance and growth of athletes. This text offers the first in-depth and practical explanation of the LTAD model. Long-Term Athlete Development integrates current research on talent development and assessment into practice to help sport leaders plan athletic development across the life span or design detailed programs for a particular group, including those with physical and cognitive disabilities. Authors Balyi, Way, and Higgs—pioneers and veteran LTAD facilitators—critique current talent development models, discuss the limitations of the LTAD model, and demonstrate the benefits of LTAD as a new approach. By integrating knowledge of these models, readers are able to analyze their own programs and take steps to improve sport and coaching philosophies and reach adherence and performance goals. Explanations and visuals of concepts help readers understand the state of knowledge in talent identification and long-term athlete development. Chapter-opening vignettes offer examples of how the LTAD model can be used to alleviate common issues. Listings at the end of each chapter offer sources for further study, and reflection questions guide readers in applying the content. The text offers a logical presentation of current research: □ Key factors that guide and shape the LTAD model, such as physical literacy, the differences between early- and late-specialization sports, and variations in trainability across the life span □ Information on the time needed to develop excellence in sport and how periodization of training is related to the developmental stage of the athlete □ The seven stages of LTAD, from development of fundamental movement skills to training for elite competition and the transition to lifelong physical activity □ Considerations in the development of optimal programs for participants passing through each of the seven stages Long-Term Athlete Development is an essential guide to improving the quality of sport, developing high-performance athletes, and creating healthy, active citizens. It offers parents, coaches, and sport administrators a deeper understanding of the LTAD model, helping them create an enjoyable, developmentally appropriate environment for both competitive athletes and

enthusiastic participants.

Junior Golf in Pictures

"Bobby Clampett is one of the most knowledgeable golfing minds in the game." Tom Lehman, 1996 British Open Champion, 2006 U.S. Ryder Cup team captain Impact has long been called golf's "moment of truth," and great golfers have spent countless hours working on their swings trying to upgrade their impact dynamics as the golf club approaches, contacts, then swings through the ball. For the first time, with *The Impact Zone*, golfers will have a book that focuses their attention on the very same region of the swing on which professional golfers have always concentrated. *The Impact Zone* is a unique instructional guide in that everything in it either focuses on or applies to improving a golfer's understanding and execution of impact. Here, acclaimed professional golfer Bobby Clampett concludes that the overwhelming bias and convention of today's contemporary teaching environment is to value swing styles over swing dynamics, and in so doing, the overwhelming majority of golf teachers miss the boat in terms of teaching the game effectively. Ultimately this emphasis on swing style comes at the expense of helping golfers to develop sound swing dynamics, which are the real keys to consistent ball striking and better golf. With the help of CBS's *Swing Vision* high-speed camera—using images from many of the game's greatest contemporary players (including Tiger Woods, Phil Mickelson, John Daly, Vijay Singh, Sergio Garcia, and more)—*The Impact Zone* takes an unprecedented look at the most important six inches in golf, those that immediately precede, contain, and follow impact. To further demonstrate these principles, Clampett presents photos and drills that convey the five essential dynamics golfers need to produce and reproduce solid impact. Throughout these instructional pages, Bobby Clampett—teamed with veteran golf writer Andy Brumer—relays his own personal story of straying from swing dynamics and how he found his way back. He recalls memorable stories from the Tour, blending innovative instruction with his colorful, engaging anecdotes. Clampett and Brumer create an essential instructional guide with clear, concise advice—on creating great swing dynamics through the impact zone—the universally acknowledged key to more consistent and better golf.

The Coolest Golf Encyclopedia for Kids

A reference guide includes rules and regulations, tips from the pros, suggestions for choosing equipment, advice on hiring an instructor, and lists of golf courses and organizations

Long-Term Athlete Development

An instructional introduction to the game of golf for first time and junior golfers.

The Complete Golfer

Golf My Way

A handbook for junior golfers covering a wide range of golfing instruction and information with over 250 photographs of juniors learning, playing, practicing and enjoying the game of golf.

Johnny Miller's Golf for Juniors

Provides fundamental lessons on the essential techniques, grips, shots and skills of golf, as well as tips on equipment, golf etiquette, handicaps, and scorekeeping

Golf is Not a Game of Perfect

The Big Miss is Hank Haney's candid and surprisingly insightful account of his tumultuous six-year journey with Tiger Woods, during which the supremely gifted golfer collected six major championships and rewrote golf history. Hank was one of the very few people allowed behind the curtain. He was with Tiger 110 days a year, spoke to him over 200 days a year, and stayed at his home up to 30 days a year, observing him in nearly every circumstance: at tournaments, on the practice range, over meals, with his wife, Elin, and relaxing with friends. The relationship between the two men began in March 2004 when Hank received a call from Tiger in which the golf champion asked him to be his coach. It was a call that would change both men's lives. Tiger—only 28 at the time—was by then already an icon, judged by the sporting press as not only one of the best golfers ever, but possibly the best athlete ever. Already he was among the world's highest paid celebrities. There was an air of mystery surrounding him, an aura of invincibility. Unique among athletes, Tiger seemed to be able to shrug off any level of pressure and find a way to win. But Tiger was always looking to improve, and he wanted Hank's help. What Hank soon came to appreciate was that Tiger was one of the most complicated individuals he'd ever met, let alone coached. Although Hank had worked with hundreds of elite golfers and was not easily impressed, there were days watching Tiger on the range when Hank couldn't believe what he was witnessing. On those days, it was impossible to imagine another human playing golf so perfectly. And yet Tiger is human—and Hank's expert eye was adept at spotting where Tiger's perfection ended and an opportunity for improvement existed. Always haunting Tiger was his fear of "the big miss"—the wildly inaccurate golf shot that can ruin an otherwise solid round—and it was because that type of blunder was sometimes part of Tiger's game that Hank carefully redesigned his swing mechanics. Hank's most formidable coaching challenge, though, would be solving the riddle of Tiger's personality. Wary of the emotional distractions that might diminish his game and put him further from his goals, Tiger had developed a variety of tactics to keep people from getting too close, and not even Hank—or Tiger's family and friends, for that matter—was spared "the treatment." Toward the end of Tiger and Hank's time together, the champion's laser-like focus began to blur and he became less willing to put in punishing hours practicing—a disappointment to Hank, who saw in Tiger's behavior signs that his pupil had developed a conflicted relationship with the game. Hints that Tiger hungered to reinvent himself were present in his bizarre infatuation with elite military training, and—in a development Hank didn't see coming—in the scandal that would make headlines in late 2009. It all added up to a big miss that Hank, try as he might, couldn't save Tiger from. There's never been a book about Tiger Woods that is as intimate and revealing—or one so wise about what it takes to coach a superstar athlete.

Only One Shot

A manual for the creation of a yardage book used for any golf course. Complete step-by-step instructions, with images and downloadable templates.

Stick to Sports

He made his first cut in a professional major championship in the 1958 U.S. Open, at age eighteen. Forty years later, he had his most recent top-10 finish in a major at the Masters. In

between, he won eighteen professional majors, a hundred tournaments worldwide, and provided countless thrills along the road to being named "Golfer of the Century" by his peers and by publications from America to Antarctica. In his unprecedented run at the top of the game, Jack Nicklaus has seen the importance of constant learning and constant refinement. Your game at age sixty cannot be the same as your game at age twenty; where you were once able to overpower the golf course, with time and wisdom you discover new ways to approach the challenges of the game that depend less on physical ability and more on mental agility. Along the way, you learn which fundamentals will always put you in good stead, and you see what advice has stood the test of time. In *My Golden Lessons*, the greatest golfer of them all takes the best from his many years of playing, practicing, and studying the game, and distills it into over 120 pieces of priceless instruction. Drawn from his immensely popular columns in *Golf Digest* and *Golf Magazine*, the topics cover the full spectrum of the game, from choosing the right equipment, on through the fundamentals of stance, grip, and setup, to the pursuit of power and the subtleties of the short game and putting. These techniques helped Nicklaus set the marks that future generations will strive to match, but it was his mastery of the mental side of golf that truly set him apart from his peers and his predecessors -- and he shares his advice on the mind game as well. In addition, the book presents a beautifully drawn sequence of the Nicklaus swing at its peak, alongside advice tailored to the needs of the better players who want to be better still. *My Golden Lessons* is a book that took a lifetime to prepare, but one that will improve your game from the first few minutes it spends in your hands. These are the techniques that made Jack Nicklaus the golfer he is, and his clear, bite-sized pointers will show you the path to hitting better shots, shooting lower scores, and enjoying the game more every time you play.

Play Your Best Golf Now

The PGA's first million dollar winner, Curtis Strange, offers a complete step-by-step course in golfing fundamentals for golfers at all levels. Today's most aggressive player shows how to play to win consistently, and how to control the ball from tee to green. 30 color and 176 black-and-white photographs. 50 line drawings.

The Big Miss

Gives step-by-step instructions on how children can improve their game, and provides information on equipment, rules, and tournament play.

How to Make a Yardage Book

Hailed as a classic and read everywhere golf is played, *Golf My Way* has sold more than 2 million copies worldwide since it was first published in 1974. Finally, Jack Nicklaus, golf's leading master, definitively covers the whole of his game through a lifetime of greatness. *Golf My Way* presents an all-inclusive, A-to-Z explanation of how this greatest of champions thinks about and plays the game. · New introduction, endpiece, and illustrations · Brand-new chapters discussing the changes in Nicklaus's outlook and techniques · Reflections on the differences in tournament golf today compared with when Nicklaus joined the PGA tour in 1962 · Advice on the mental elements of improved playing that are not directly related to ball-striking or shot-making

The Junior Golf Book

Two of golf's most revolutionary teachers share a personalized approach to accessing your peak performance. "The VISION54 approach is far more than just pure golf technique, it allows an individual to unlock their true potential by opening their mind and believing anything is possible to achieve." - David Leadbetter, David Leadbetter Golf Academy Pia Nilsson and Lynn Marriott are Complete Game Coaches, leaders of a new kind of golf instruction that focuses on more than just the grip, the stance, and the swing. Their VISION54 method targets the complete golfer-the whole person-not just the technical aspects of the game. Their coaching philosophy focuses on possibilities, not limitations, with an end goal of MY54-the idea that any golfer can reach their own personalized version of peak performance, scoring nothing but birdies on a par-72 course. Building on the core concepts introduced in Every Shot Must Have a Purpose and the strategic thinking in The Game Within the Game, Play Your Best Golf Now takes the mystery out of the soft skills of golf and shows golfers how to add these skills to their game for peak performance. Players learn to master the 8 Essential Playing Skills: 1. LEAVE YOUR MIND BEHIND and enter the Play Box 2. DECIDE AND COMMIT to your shots 3. FIND YOUR BALANCE both physically and mentally 4. FEEL YOUR TEMPO on the course and dance to its rhythm 5. TAME TENSION to improve your swing 6. BUILD EMOTIONAL RESILIENCE 7. STORE MEMORIES and learn from the past to make a better present 8. DROWN SELF-TALK IN USEFUL THOUGHTS And the 2 Essential Practice Skills: 1. SIMULATE GOLF on the practice range to maximize your time and effort 2. INTEGRATE SKILLS and practice with a plan These Essentials complement the technical anchors of the game-the grip, the stance, the swing-and give players a foundation for achieving their peak performance. MY54 is the vision, and these are the building blocks for achieving a higher level of play.

The Little Aces, a Golf Story

Aspiring professional golfers have many tools for improving their game, but very few tools for success off the course playing at the competitive junior, collegiate, or pre-professional level. Canadian national golf team coach Henry Brunton developed the first player development program of its kind for aspiring golfers looking for competitive and professional success. This book filled with charts, graphs, tracking logs, and event budget forms, focuses on the off-the-course game aspiring golfers need to learn. Topics covered include goal setting, maintaining NCAA and amateur eligibilities and status, sponsorship guidelines, health and fitness, training programs, money management, tracking statistics, and media training.

The 8 Traits Of Champion Golfers

Win and Win Again

Follow four toddlers on a fun-filled day of golf.

The Golfer's Sourcebook

In this great book you will get to know golf, a magnificent game played by millions of people around the world. You will learn the history of golf, along with its rules and terms. And it is very likely that golf will become your favorite game for a lifetime!

Play Golf For Juniors

Dr Bob Rotella is one of the hottest golfing performance consultants in the world today. Unlike other performance consultants, Rotella goes beyond the usual mental aspects of the game and the reliance on specific techniques. In this extraordinary book, and with his clients, he creates an attitude and a mindset about all aspects of the golfer's game, from mental preparation to competition. And, as some of the world's greatest golfers will attest, the results are spectacular. Filled with charming and insightful stories about golf and the golfers Rotella works with, **GOLF IS NOT A GAME OF PERFECT** will improve the game of even the most casual weekend player.

My Golden Lessons

Golf 101 with Bob Dimpleton

The perfect gift for any golfer looking to elevate their game. The best players know that golf is a game of confidence, and most important, concentration—the ability to focus and block out distraction. The goal of achieving clear thought is also at the heart of Buddhist teachings. In his highly original and groundbreaking book, noted PGA coach and Buddhist instructor, Dr. Joseph Parent, draws on this natural connection and teaches golfers how to clear their minds, achieve ultimate focus, and play in the moment for each shot. Zen Golf presents a simple system for building “mental game mastery.” Dr Parent’s unique PAR Approach (focusing on Preparation, Action, and Response to Results) guides golfers with specific techniques for each aspect of their games. In chapters such as “How to Get From the Practice Tee to the First Tee”, “You Produce What You Fear”, and “How to Enjoy a Bad Round of Golf”, the author shares a personal teaching regimen that has helped improve the games of professionals and amateurs alike. By combining classic insights and stories from Zen tradition, Zen Golf helps eliminate the mental distractions that routinely cause poor shots and loss of concentration, allowing golfers to feel in “the zone” that professionals have learned to master. Clear, concise, and enlightening, Zen Golf shows golfers how to prepare for, execute, and equally important, respond the results of any golf shot. A different approach to golf instruction, this book shapes ancient philosophies into new teachings.

My First Golf Book

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