

Paperback Journal Zen

LIFE IS GOOD Gratitude Journal Zen Cat 2020 Journal U Journal Zen Task Notebook Zen as Fuck Daily Prayer Journal Book The Cat Notebook Zen 15 Let That Sh*t Go Zen Positivity My Zen Journal: Inner Peace Writing Diary Book of Spells (Journal / Notebook) Monogram M Journal Zen as Fck: Blank Lined Journal to Write in Coworker Notebook Notebook Japanese Journal Gratitude Zen as F*ck: Blank Lined Journal to Write in Coworker Book Notepad Notebook Composition and Journal Gratitude Diary Gift Zen as Fck: Funny Blank Lined Journal to Write in Coworker Notebook Book Notepad Notebook Composition and Journal Gratitude Diary The Zen Revolution Inspire Journal Zen As F*ck Fragrant Palm Leaves Journal : Notebook The Daily Zen Journal A Year of Zen: A 52-Week Guided Journal Zen As F*ck Zen Bamboo Task & Gratitude Journal Notebook Zen Notebook Remember Zen Journal Notebook Zen As F*ck Monogram P Blank Book Monogram "9" Journal Zen Leaves Diary Notebook Journal Zen as F*ck Journal

LIFE IS GOOD Gratitude Journal

zen task notebook Positivity, Task & gratitude Journal to write in, for creative writing, for creating lists, for Scheduling, Organizing and Recording your thoughts. Makes an excellent gift idea for birthdays, Christmas or any special occasion. Perfectly sized at 6" x 9" 120 page Softcover bookbinding Flexible Paperback

Access Free Paperback Journal Zen

Zen Cat 2020 Journal

There is ample room inside for writing notes and ideas. It can be used as a notebook, journal, diary or composition book. This paperback notebook is 6" x 9" (letter size) and has 150 pages of white, lined paper (date line to the left or right) with a glossy finish.

U Journal

Peaceful tabby cat having some "me" time. This 125-page, lined journal is great for all your reflections about cats or anything else. Crafted in softcover with a matte finish. Makes a wonderful gift!

Zen Task Notebook

Personalised Homework Book Notepad Notebook Composition and Journal Gratitude Diary Paperback notebook 6.0" x 9.0" with college ruled lines on each page. Approximately 100 pages in all. Great to have with you when you need to make those little notes at short notice. Would make a great Christmas or birthday gift for a friend or a family member. Whether it is the start of the school year or half way through it these school journals are great gifts for boys and girls, students of any age and teachers. Filled with ruled paper this school workbook is a must have for every student with 100 pages offering ample room for school homework and notes.

Access Free Paperback Journal Zen

These back to school journals work great for: Back to School Memory Book Back to School Supplies & Essentials School Year Keepsake Book School Record & Planner Homeschooling School Supplies Composition Books & Homework Teachers Gifts & Stocking Stuffers Birthday Gifts for Kids

Zen as Fuck

Personalised Homework Book Notepad Notebook Composition and Journal Gratitude Diary Paperback notebook 6.0" x 9.0" with college ruled lines on each page. Approximately 100 pages in all. Great to have with you when you need to make those little notes at short notice. Would make a great Christmas or birthday gift for a friend or a family member. Whether it is the start of the school year or half way through it these school journals are great gifts for boys and girls, students of any age and teachers. Filled with ruled paper this school workbook is a must have for every student with 100 pages offering ample room for school homework and notes. These back to school journals work great for: Back to School Memory Book Back to School Supplies & Essentials School Year Keepsake Book School Record & Planner Homeschooling School Supplies Composition Books & Homework Teachers Gifts & Stocking Stuffers Birthday Gifts for Kids

Daily Prayer Journal Book

Access Free Paperback Journal Zen

zen leaves Positivity, Task & gratitude Journal to write in, for creative writing, for creating lists, for Scheduling, Organizing and Recording your thoughts. Makes an excellent gift idea for birthdays, Christmas or any special occasion. Perfectly sized at 6" x 9" 120 page Softcover bookbinding Flexible Paperback

The Cat

This "Folk Journals"'s notebook can be used as a notebook, journal (diary) or as a little composition book. There is enough room inside for writing notes and ideas. This paperback notebook is 6.14" x 9.21" (15.6 x 23.39 cm) and has 110 pages (55 sheets) that are wide ruled.

Notebook

Even in the age of the word-processor, there is nothing like the feel of pen/pencil on paper when your thoughts, dreams, experiences, and life events need recording in the moment. Carry and use this blank book for a diary, journal, field notes, travel logs, etc. Yes, it is designed for any of these needs and more. 270 pg blank book with soft gray dotted lines for writing guides or ignore them for free scripting, sketching, etc. Also includes: 3-page blank table of contents blank headings with date field fully page numbered main matter lightened mark-able spine. Purchase multiple ones (in the same design or series) and mark the spine for volumes. See other cover designs also available from "N.D. Author Sevices."

Zen 15

College Ruled Color Paperback. Size: 6 inches x 9 inches. 55 sheets (110 pages for writing). This Gnomaste Yoga Gnome Poster Makes A Great Zen. 157491642848

Let That Sh*t Go

Personalised Homework Book Notepad Notebook Composition and Journal Gratitude Diary Paperback notebook 6.0" x 9.0" with college ruled lines on each page. Approximately 100 pages in all. Great to have with you when you need to make those little notes at short notice. Would make a great Christmas or birthday gift for a friend or a family member. Whether it is the start of the school year or half way through it these school journals are great gifts for boys and girls, students of any age and teachers. Filled with ruled paper this school workbook is a must have for every student with 100 pages offering ample room for school homework and notes. These back to school journals work great for: Back to School Memory Book Back to School Supplies & Essentials School Year Keepsake Book School Record & Planner Homeschooling School Supplies Composition Books & Homework Teachers Gifts & Stocking Stuffers Birthday Gifts for Kids

Zen Positivity

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A playfully illustrated journal for engaging your beginner's mind, by the twentysomething creator of Daily Zen Ask any happy person you know--curiosity and playfulness keep us engaged and connected to what matters most. This Zen Buddhist-influenced journal helps anyone cultivate beginner's mind--open to observing, laughing, and growing into our best selves. Written by Charlie Ambler, the twentysomething creator of Daily Zen (the popular blog and Twitter feed that reaches more than 300,000 engaged fans), this thought-provoking journal with elegant illustrations by Brooklyn artist Iris Gottlieb will open your mind, ease your stress, and help you prioritize your life, one enlightening page at a time.

My Zen Journal: Inner Peace Writing Diary

Start writing a prayer journal that will help you be more purposeful in your prayer life. This Journal contain for 120 days that one of these methods will assist you in keeping a daily prayer time. In addition, the prayer journal will have space to write: Today's Verse, Lord teach me to, I am thankful for, Prayer Requests. Blank prayer journal to take notes and reflect on your relationship with Christ. Size 8 x 10 Inches.

Book of Spells (Journal / Notebook)

Keep track of your personal journey with this beautiful and colorful gratitude journal! Journal your life and express gratitude. Each page has space to write down three things you are

Access Free Paperback Journal Zen

grateful for each day. Perfect for school, writing poetry, use as a diary, gratitude writing, travel journal, dream journal, record your thoughts and intentions! 6x9 inches. 125 Pages. Journal ruled lined paper with line for date. Full color MATTE finish for an elegant, professional look and feel. Soft cover paperback. Reflections page. End of journal life lessons learned. Great gift for Birthday and Christmas!

Monogram M Journal

Grab this Japan Zen Garden Scene design as a gift for your daughter, son, brother, sister, girlfriend, boyfriend, wife, husband, dad, mom, aunt, uncle, grandma or grandpa who loves Japanese Culture Notebooks Usage: Gratitude Journal 5 Minute Journal Affirmation Journal Mindfulness Journal Happiness, Positivity, Mood Journal Prayer Journal Writing, Poetry Journal Travel Journal Work, Goal Journal Daily Planner Dream Journal Yoga, Fitness, Weight Loss Journal Recipe, Food Journal Password Journal Art Journal Log Book Diary Features: 6 x 9 page size 120 pages Line Wide-Ruled pages White Paper Soft cover / paperback Matte finish cover

Zen as Fck: Blank Lined Journal to Write in Coworker Notebook

With Let That Sh*t Go Journal, you'll find moments of profanity-laced catharsis and joy through journaling activities and inspirations that are positive as f*ck. Within these truly charming

Access Free Paperback Journal Zen

pages, you'll find ways to let go of the bullsh*t and lift your spirit a little f*cking higher.

Notebook

The American spirit of self-reliance goes hand in hand with the mystical tradition of Zen -- yet it hasn't found its own bare wire. The best revolution, and the domain of the Zen adept, is an inner one. The Zen Revolution reads like a novel, each compelling chapter revealing another nuance -- the whole gamut, from origin to fiery culmination. Delving into both the spiritual and worldly aspects with equal candor, The Zen Revolution takes on the basic question of existence, perhaps the most important question we face. There's a new adventure in every chapter, leading to an eventual breakthrough -- something nearly unheard of in the Zen literature of the West

Japanese Journal

Our monogram series is available in A-Z, 1-9, various icons (in some series) and multiple interior formats (with most). Find variations by altering the Title and Series Title in a search. Product quality is higher than shown in store-created imagery. 2.4x the length of our notebooks for about 1.5x their price!!! There is nothing like the feel of pen/pencil on paper for your thoughts, dreams, experiences and life events recorded in the moment. Use this blank book for a diary, journal, field notes, memoirs, travel logs, etc. Yes, it is designed for any of these needs

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and more. 365+ pgs. with 60% gray lines for writing guides. Also includes: blank field title page to fill in 6-page blank table of contents for later reference entries blank headers to fill in by the page See other designs available from "N.D. Author Services" (NDAuthorServices.com) in its multiple series of 600, 365 or 150 page Mega-Journals, Journals, Notebooks, Sketchbooks, etc. Many available in Blank, Grid, Hex, Lined, Meeting, Planner, Sketch and other interior formats. Over 10,000 individual variations across pg. count + cover design + interior format as of 2018.

Gratitude

Regarded by many as Thich Nhat Hanh's most personally revealing and endearing book, these collected journals chronicle the first-hand experiences of the Zen Master as a young man in both the United States and Vietnam, just as his home country is plunged into war and turmoil. "It isn't likely that this collection of journal entries, which I'm calling Fragrant Palm Leaves, will pass the censors I'll leave Vietnam tomorrow." Thus Thich Nhat Hanh begins his May 11, 1966 journal entry. After leaving Vietnam, he was exiled for calling for peace, and was unable to visit his homeland again until 2004. In the interim, Thich Nhat Hanh continued to practice and teach in the United States and Europe, and became one of the world's most respected spiritual leaders. But when these journals are written, all of that is still to come. Fragrant Palm Leaves reveals a vulnerable and questioning young man, a student and teaching assistant at Princeton and Columbia Universities from 1962-1963, homesick and reflecting on the many difficulties he and his fellow monks faced at home trying to make Buddhism relevant to the people's needs.

Access Free Paperback Journal Zen

We also follow Thich Nhat Hanh as he returns to Vietnam in 1964, and helps establish the movement known as Engaged Buddhism. A rare window into the early life of a spiritual icon, *Fragrant Palm Leaves* provides a model of how to live fully, with awareness, during a time of change and upheaval.

Zen as F*ck: Blank Lined Journal to Write in Coworker Book Notepad Notebook Composition and Journal Gratitude Diary Gift

Journaling is One of the Best Activities for any age. This journal features tons of room inside for writing notes, doodling, drawings and ideas. It can be used as a notebook, journal or small composition book for school, home or work. This paperback journal is 6" x 9" and has 100 pages that is lined ruled. Great Gift Ideas for: Stocking Stuffers & Gift Baskets, Birthday & Christmas Gifts, Graduation & End of School Year Gifts, Summer Travel & Vacations, Teacher Gifts, Art Journals and Doodle Diaries.

Zen as Fck: Funny Blank Lined Journal to Write in Coworker Notebook Book Notepad Notebook Composition and Journal Gratitude Diary

Great for Journaling and Writing - Makes the Perfect Gift This Writing Journal is a 8 x 10 soft cover journal notebook diary. It has 126 lightly lined white pages with a beautifully colored cover design that resembles leather and embossing. Pick the letter or initial for your name,

Access Free Paperback Journal Zen

group or organization. Dimensions: 8 by 10 inches 126 Lightly Lined Pages (128 total pages)
Makes the Perfect Gift White Paper Matte Cover Softcover / Paperback / Notebook 9 Colors:
Aqua, Blue, Green, Light Blue, Orange, Pink, Purple, Red, and Yellow 26 Letters of the
Alphabet A journal is a great tool for any of the following: a day timer, diary, notebook, travel
journal, health journal, idea book, thoughts and dreams, successes, failures, blessings, wish
lists, lists, habit tracking, bullet journaling, things grateful for, prayer lists, to write thoughts and
letters to your family, record medical information, a password notebook, express your feelings,
to-do lists, resolve problems, reduce stress, record events, track your bucket list, keep your
deepest secrets, song lyrics, track projects, write poetry, positive quotes, bible verses, bible
study notes, work through heartache or painful memories, or use it for things that enhance your
creativity and inspire you along with a lot more. An easy way to search is type in Elf Owl
Publishing, the word and color to get the complete listing of what is available to show up.
Example: Elf Owl Publishing Love Orange - The words and colors available are listed above in
the bullet point section. Be sure to check out our entire line of products: Address Books,
Password Journals, Sermon Notes, Bible Study Notes, Bullet Dot Grid Style Journals, and
more. Go to our Author Page by clicking on Elf Owl Publishing under the title of this product.
This is a paperback, softcover, notebook style journal.

The Zen Revolution

This matte finish blank lined paper composition book is ideal for making notes, lists and diary
writing. Stay organized with the stylish ruled paperback notebook. Keep this notebook on your

Access Free Paperback Journal Zen

desk, beside table or in your bag. Features black and white blank lined paper interior. This is a softcover notebook which is designed for you to write in. It does not contain any text.

Inspire Journal

College Ruled Color Paperback. Size: 6 inches x 9 inches. 55 sheets (110 pages for writing).
Zen. 157650202657

Zen As F*ck

Lotus Yoga Quote For Women Men Zen Mindfulness Buddha Saying Journal - Funny Gift Notebook This snarky funny sarcastic blank lined journal is better than a card and makes the perfect gift for a coworker, boss, friend, family member and even fun for yourself! Features: Descriptive and mysterious title to keep your friends and colleagues guessing 120 blank lined 6x9 pages for journaling, a diary, taking notes, keeping lists, etc. Premium black matte softcover Perfect binding

Fragrant Palm Leaves

Zen Watercolor Landscape, Ruled Journal / Notebook, PAPERBACK 8.5 x 11 inch (21.59 x 27.94 cm), 120 Pages Covered with a fabulous image of a hand-painted, zen watercolor

Access Free Paperback Journal Zen

landscape. This lined paperback book makes an ideal journal or notebook. Perfect as a diary, daily planner or for keeping notes, plans, to-do lists & ideas. Size: 8.5 x 11 inch (21.59 x 27.94 cm) Interior: Journal lined on both sides. Pages: 120 Cover: Soft, matte. With its beautiful, striking cover and multi-purpose, line interior this journal/notebook makes an ideal gift for any occasion. Fans of minimalism & zen are sure to love this notebook/journal with its beautiful zen watercolor landscape cover.

Journal : Notebook

The road to serenity is ahead, and it's paved with a f*ck-ton of profanity. When quiet meditation and peaceful mantras aren't enough to cut through the bullsh*t and brighten your day—hold close the pages of Zen as F*ck. On each and every page, you can give the good around . Journal your way through positive affirmations and cathartic-as-f*ck activities on your liberating journey toward something pretty close to happiness. Détails: Perfectly sized at 6"x"9 100 pages Softcover Bookbinding Flexible Paperback cover: Matter finish paper:white

The Daily Zen Journal

As Albert Einstein said "There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle." Which way do you choose? Studies have shown that expressing gratitude can have a long-lasting effect on our level of happiness -

Access Free Paperback Journal Zen

think twice ;-). When you are grateful your mental, physical and spiritual wellness grows, and you might learn to think differently about life around you. By being little more happier and staying positive you can even extend your life! So start and end your days with thankfulness and find happiness discovering what you are grateful for, with this beautiful Gratitude Journal with calm Zen stones paper cover! Take a time for yourself and acknowledge your dreams :-). Focus your attention on the good things in your life and remember the nice, daily moments. If you start the day by writing down some things you are thankful for (like a good cup of coffee or call from your best friend) you begin in the great mood. Do it daily and make it a habit to focus on the blessings you have been given! After few days you will look forward to write your thoughts down, and feel happier with taking the time to record the unique events of your day. It'll also be a lovely way to reminisce in the future about your days and a beautiful record to look back at fondly in the future. This paperback journal is medium size: 5.5" x 8.5" The journal for women has 180 pages (90 sheets) - perfect for the bag. It has 365 days, each set of two pages has five entries with 6-7 lines for the day Zen journal is featuring inspirational life quotes from writers, artists and other visionaries. On the end you can find also some pages for your thoughts and notes. This beautiful 365 journal for women features Zen stones and one of the yoga quotes "LIFE IS GOOD". Daily gratitude journal is 5 stars gift for those into faith, prayer, Bible, New Testament, Portions, gratitude, designer, peace, love, Zen journal, set, apparel, business. Make the right choice for your writing style now! BONUS: habit tracking pages for a whole year (12 months) on the end of the book! Grab a copy for a friend and share the journey together!

A Year of Zen: A 52-Week Guided Journal

zen positivity Positivity, Task & gratitude Journal to write in, for creative writing, for creating lists, for Scheduling, Organizing and Recording your thoughts. Makes an excellent gift idea for birthdays, Christmas or any special occasion. Perfectly sized at 6" x 9" 120 page Softcover bookbinding Flexible Paperback

Zen As F*ck

The great way does not have to be a difficult journey. The Buddha-nature or spirit within is fundamentally pure. Many people end up trying to sit their way to emptiness to purify what is already divine. I say less sitting and more awareness in this book for a very important reason. We can reach a point where the mind can rest naturally much sooner by making a direct connection with nature. Some sitting meditation is always required, but we must practice continual awareness with our eyes open, even while walking to the post office. Sitting around like a stone Buddha is not the path I am sharing. I hope that Remember Zen captures the subtleties of enlightenment well. It has the potential to remove decades or even lifetimes of practice from one who is ready to change their consciousness now. When we understand the three main components of our being better, it is much easier to see the problems a mind spinning out of control with desires and life-issues can bring. Buddhism puts a lot of thought into the concept of emptiness or voidness. I call it oneness in the book. Buddha never

Access Free Paperback Journal Zen

mentioned God or the prime creator for a simple reason--if we rely on an external force we will never look within and attain. He knew that when more people began to see the interdependence of everything they would naturally sense the oneness of it all. We are connected to all that is and when we are ready, the cosmos assists us in our awakening.

Zen Bamboo Task & Gratitude Journal

This unique and funny journal notebook is sure to put a smile on someone's face. With a glossy, full-color soft cover this 6x9 108 lined pages paperback notebook is as practical as it is cute! The ideal size for lined journals for meetings, to do lists or even a diary. Makes an excellent gift for birthdays, Christmas, coworkers or any special occasion.

Notebook Zen

Notebook

Our monogram series is available in A-Z, 1-9, varied icons (some designs), multiple interior formats and colors/textures. [View other cover designs and interior formats by searching the Series Title or just the Title, first part or whole.] Product quality is higher than shown in store-created imagery. There is nothing like the feel of pen/pencil on paper for your thoughts,

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dreams, experiences, doodles, plans, designs, etc. recorded in the moment. Carry and use this blank book for a journal, sketchbook, scrapbook, field notes, designs, logs, etc. or any on-the-go needs! 150+ blank pages with only page numbers. Also includes: blank field title page to fill in 6-page blank table of contents for later reference entries fully page numbered main matter HIGH GLOSS FINISH for extra protection on the go See other designs - and cover design-matched internal formats - available from "N.D. Author Services" (NDAuthorServices.com) in its multiple series of 600, 365 or 150 page Mega-Journals, Journals, Notebooks, Sketchbooks, etc. with for interior formats like Lined, Blank / Sketch, Grid, Hex, Meeting, Planner and others. Over 10,000 individual variations across pg. count + cover design + interior format as of 2018.

Remember Zen

Get Organized with this super cute Notebook. Blank Lined Blush Notes Journal, 100 Pages, 6" x 9", Start a new academic year with this Notebook. With this high-quality Lined Notebook, you'll definitely turn some heads! Details Great gift for all occasions Easily fits in a backpack, tote bag or purse 100 pages 6 inches By 9 Inches Glossy Paperback Cover GET YOURS TODAY!

Journal

This Dark Blue Inspire 8 x 10 soft cover journal notebook diary has 128 lightly lined white

Access Free Paperback Journal Zen

pages with a beautifully colored cover displaying an inspirational word. 8 x 10 128 pages Color: Dark Blue Word: Inspire Lightly Lined White Paper Softcover / paperback A journal is a great tool for any of the following: a day timer, diary, notebook, travel journal, health journal, idea book, thoughts and dreams, successes, failures, blessings, wish lists, habit tracking, bullet journaling, things grateful for, prayer lists, to write thoughts and letters to your family, record medical information, a password notebook, express your feelings, to-do lists, resolve problems, reduce stress, record events, track your bucket list, keep your deepest secrets, song lyrics, track projects, write poetry, positive quotes, bible verses, bible study notes, work through heartache or painful memories, or use it for things that enhance your creativity and inspire you along with a lot more.

Notebook

150 Page Lined Journal / Notebook

Zen As F*ck

This Password Book contains 104 pages Perfect size at 5"x8" (Pocket Size) Wonderful as a gift, present, or personal password

Monogram P Blank Book

Access Free Paperback Journal Zen

Paperback Journal Biblio offers the perfect gift of mindfulness with this beautiful journal, uplifting guided journal when you just don't give a f*ck s*hit. Embark on a glittering journey of self-exploration in Find Your F*cking Happy! Along your trek, shed the weight of other people's bullsh*t and fill your soul with a fresh f*cking perspective. On each page of this delightfully profane journal, you can scribble away the negativity, and open your arms wide to the positivity that you deserve. Give your spirits a boost with a down-to-earth approach to mindfulness journaling! Features: 100 Pages to record your thoughts and keep track of progress. Practical, supportive, and uplifting, this journal. This book is an indispensable companion on your journey to a peaceful mind.

Monogram "9" Journal

zen bamboo task & gratitude journal Positivity, Task & gratitude Journal to write in, for creative writing, for creating lists, for Scheduling, Organizing and Recording your thoughts. Makes an excellent gift idea for birthdays, Christmas or any special occasion. Perfectly sized at 6" x 9" 120 page Softcover bookbinding Flexible Paperback

Zen Leaves

Our monogram series is available in A-Z, 1-9, various icons (in some series) and multiple interior formats (with most). Find variations by altering the Title and Series Title in a search.

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2.4x the length of our notebooks for about 1.6x their price!!! [USD] There is nothing like the feel of pen/pencil on paper for your thoughts, dreams, experiences and life events recorded in the moment. Use this lined blank book for a diary, journal, field notes, memoirs, travel logs, etc. Yes, it is designed for any of these needs and more. 365+ pgs. with 60% gray lines for writing guides. Also includes: blank field title page to fill in 6-page blank table of contents for later reference entries blank headers to fill in by the page See other designs - and cover design-matched internal formats - available from "N.D. Author Services" [NDAuthorServices.com] in its multiple series of 600, 365 or 150 page Mega-Journals, Journals, Notebooks, Sketchbooks, etc. Some available in Blank, Grid, Hex, Lined, Meeting, Planner or other interior formats. Over 11,000 individual variations across pg. count + cover design + interior format as of early 2019.

Diary Notebook Journal

8.5x11 160 Page Lined paperback Journal/Notebook. Get Organized Stationery has created a wonderful collection of simply beautiful notebooks and journals, perfect for penning, doodling and writing till your heart's content. With varied uses from writing melodic lyrics or romantic poetry to scripting your very first novel! These bestselling notebooks and journals are extremely appealing to all ages and are perfect for everyday use, finding happy homes in handbags, satchels and briefcases. Get Organized Stationery notebooks and journals are loved by creative souls worldwide they also make perfect gifts for your awesome groovy friends!

Zen as F*ck Journal

With Zen as F*ck Journal, you'll find moments of profanity-laced catharsis and joy through journaling activities and inspirations that are positive as f*ck. Within these truly charming pages, you'll find ways to let go of the bullsh*t and lift your spirit a little f*cking higher.

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