

Knife Fighting A Beginners Guide To Close Combat Knife Fighting

Complete Krav Maga Mixed Martial Arts Fighting Techniques Put 'Em Down, Take 'Em Out! The Fighting Staff Archery for Beginners A Beginner's Guide to Dying in India The Fighting Tomahawk Eskrima Basics of Stage Combat The SAS Self-defence Manual Self-defense Beginning Arnis (Stick Fighting) Pananandata The Ultimate Guide to Knife Throwing The Tactical Knife Black Belt The Art and Science of Stick Fighting The Fighting Sword Knife Fighting Military Knife Fighting All-in Fighting The Beginner's Guide to the Long Sword Cane Fighting Knife Fighting Silat for the Street Knife Throwing Secrets of the Knife The Guy's Guide to Pocket Knives Knife Fighting Targets The Medieval Dagger The 10 Best Knife Fighting Techniques Beginners' Guide to Fruit Growing Small Press Record of Books in Print The Best Conditioning Method for Gamefowls Competing In the Long Knife Books Out-of-print The Fighting Kukri Crystallography and Crystal Defects The 10 Best Stick Fighting Techniques Knife Fighting Saving Private Sarbi

Complete Krav Maga

DEVASTATING STRICK FIGHTING SECRETS! The 10 Best Stick Fighting Techniques is the fourth installment in Sammy Franco's 10 Best Book Series. This unique book offers you the most practical and useful methods for using a combat stick for real-world self-defense. IDEAL TRAINING FOR ALL COMBAT STICKS The 10 Best Stick Fighting Techniques is an excellent source for learning how to use some of the following weapons: Kali and Escrima Stick Police Baton Collapsible Steel Baton Nightstick Side-Hand Baton The 10 Best Stick Fighting Techniques is based on world-renowned martial arts expert, Sammy Franco's 30+ years of research, training, and teaching reality based self-defense. Mr. Franco has taught these unique stick fighting techniques to thousands of his students, including law enforcement agents, military personnel, and civilians, and he's confident they will help you in a desperate time of need. NO PREVIOUS TRAINING NECESSARY! Regardless of your training background or level of experience. The stick fighting techniques and strategies featured in this book are straightforward and will work seamlessly with your current martial arts, self-defense, or survival program. If you're a student of the Filipino Martial Arts (FMA) or just a recreational enthusiast, you'll also find The 10 Best Stick Fighting Techniques a welcome addition to your library. Best of all, you don't need any previous training to master these devastating stick fighting techniques. FOR BEGINNER AND ADVANCED, STUDENT OR INSTRUCTOR Whether you are a beginner or advanced practitioner, student or instructor, The 10 Best Stick Fighting Techniques teaches powerful street-oriented techniques and proven fighting methods to get you home alive and in one piece.

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Mixed Martial Arts Fighting Techniques

Once the sole property of the Philippines, the balisong is quickly gaining favor with practitioners throughout the world as a weapon with infinite possibilities. Balisongs are now made in Taiwan, Japan, the United States, Spain, Pakistan and in many other countries. Causing this dramatic upsurge in interest is the challenge of finding and executing as many openings as possible.

Put 'Em Down, Take 'Em Out!

The Fighting Staff

"Beginning Arnis (Stick Fighting) Vol 1 was made as a simple guide to help students learn the Filipino martial art of Arnis (also called "Escrima" and "Kali"). In 1985 I opened my first school in Old Lyme, CT and in 1986 I went full time and opened my second school in New London, CT. I was a member of a martial arts Association and felt the knife techniques were "dangerous." So I decided to study Arnis. At the time Remi Presas was making the rounds and spreading FMA (Filipino Martial Arts). Somewhere around 1987 I took a clinic with Remi Presas. Shortly after this clinic Greg Alland walked into my school. At first I thought he came in to ask about lessons but it soon became apparent he was there to teach me. He said he practiced Arnis and I said "I just took a clinic with Remi Presas." He asked me to show him what I knew (Which I admitted was not much at all) and then Greg made the sticks hum! He moved the sticks like the propellor of a helicopter. He asked about my knife defenses and soon he was "buttering" me with the knife like a kid makes a peanut butter and jelly sandwich. It was ugly -BUT I found a teacher (Well - he found me!) I introduced Greg Alland to Kwan Jhang Nim Charles Ferraro and this began our long study of Arnis with Greg Alland. In 1999 I relocated my family from New London, CT. to Fayetteville, NC. My Pastor (Michael Pacella) joined the Army and was stationed at Ft Bragg and suggested I move to Fayetteville and "teach the Green Berets." In the Holy Bible we see when Sarah heard she was going to bear a child in her old age she laughed in her heart and when Pastor Pacella said I should teach the US Special Forces I laughed in my heart too! But, as if it were prophesy - sure enough and within 6 months I was teaching the US Special Forces. In June 2001 I receive my first contract from 2/3 SFG (A) and was "Officially Contracted" to teach the US Special Forces "FIGHT CUT Combatives" (Fully Integrated Grappling and Hitting Techniques - Close Up Techniques). To create FIGHT CUT I volunteered one year of working with 2/3 SFG (A) to develop and refine a Combatives Course which would teach the skills needed for Combatives in a simple, direct, and effective manner. FIGHT CUT was selected and contracted and was proudly being taught to the US Special Forces and the 82nd ABN DIV. From Tang Soo Do I drew kicks, strikes, and blocks. From Japanese Ju

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Jitsu I drew joint locks, sweeps, throws, chokes, and arm bars. From Brazilian Jiu Jitsu I drew ground fighting techniques and from Kali I drew stick and knife fighting techniques. This book was designed to introduce students to the beginning techniques of Arnis (Kali - Escrima). Students can train and level (Rank) in Arnis.

Archery for Beginners

Cane Fighting Techniques For The Real World! Cane Fighting: The Authoritative Guide to Using the Cane or Walking Stick for Self-Defense is a no nonsense book written for anyone who wants to learn how to use the cane or walking stick as a fighting weapon for real-world self-defense. The Ultimate Self-Defense Weapon for Everyone! While seemingly inconspicuous, the cane or walking stick is both a practical and devastating weapon for all ages, young and old, regardless of size or strength or experience and skill level. Most importantly, you don't need martial arts training to master this incredible self-defense weapon. One Book For All Kinds of Fighting Sticks With over 200 photographs and step-by-step instructions, Cane Fighting is the authoritative resource for mastering the following weapons: The Hooked Wooden Cane, The Modern Tactical Combat Cane, Walking Sticks of all types, The Irish Fighting Shillelagh, and The Bo Staff Powerful Cane Fighting Techniques At Your Fingertips Cane Fighting is devoid of tricky or flashy cane fighting moves that can get you injured or possibly killed when defending against a determined attacker. Instead, it arms you with practical and powerful cane fighting techniques that actually work in the chaos of real-life street assaults. In fact, the skills and techniques found in these pages are surprisingly simple and easy to apply. Cane Fighting Covers These Essential Topics: How to choose the right tactical cane for your needs, advantages of the combat cane, weapon requirements, grips, essential dos and don'ts, weapon terminology, high and low concealment stances, strikes, power swings, preparing for impact shock, first strike techniques, combinations, striking angles, cane chokes, self-defense stages, blocks, deflections, footwork skills, cane fighting attributes, target areas, medical implications of cane strikes, use-of-force concerns, workout routines, conditioning exercises, and much more! Whether you are a beginner or advanced practitioner, student or instructor, Cane Fighting: The Authoritative Guide to Using the Cane or Walking Stick for Self-Defense teaches you powerful street-oriented techniques and proven fighting methods to get you home alive and in one piece.

A Beginner's Guide to Dying in India

In the latest addition to his Fighting Weapons series, Dwight McLemore does for the staff what he did earlier for the Bowie, tomahawk, and sword. The Fighting Staff is a modern illustrated guide to using one of man's oldest weapons. In keeping with his philosophy on fighting weapons, in this workbook McLemore does not attempt to duplicate

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methods from a specific period in the past. Rather, he offers an eclectic approach that borrows the most effective techniques from Asian and European martial arts throughout history. The Fighting Staff covers such essentials as footwork, grip, strikes, thrusts, blocks, and targeting. But its real value lies in the fighting concepts imparted, which serve as a language for advanced training. As always, your martial arts training is greatly enhanced by McLemore's beautifully executed drawings that take you step-by-step through 25 fighting drills for the martial arts staff. His use of frontal, side and overhead views, as well as his unique "floating staff" perspective, allows you to truly see how your actions correlate with those of your training partner (or opponent), as well as how and where your weapon moves. The training techniques taught in this book are not limited to the staff. They can also be used effectively with other weapons.

The Fighting Tomahawk

The kukri is one of the oldest combat/utility knives in existence today. Recognized as the national weapon of Nepal, the kukri has been associated with the British Army's fearsome Gurkha brigades since their creation. The unique downward slope of the blade gives the kukri its distinctive look and renowned ability to effect powerful, accurate cuts. In this latest addition to his "Fighting Weapons" series, Dwight McLemore explores the full range of kukri training and deployment. He presents a sprinkling of history with informed discussions of fighting approaches and numerous training exercises on cutting, thrusting, blocking, and the associated movement of a kukri fight. By mixing modern and historical concepts and illustrating the text with hundreds of his highly acclaimed instructional drawings, McLemore has created the first and perhaps ultimate training guide to this unique weapon. The Fighting Kukri is a must for martial artists, blade enthusiasts, historical reenactors, fight directors of stage and screen, and men and women of the armed forces.

Eskrima

Basics of Stage Combat

The single sword is the most-used weapon on both stage and screen. The techniques used in single sword stage combat are derived from real combative methods used historically, and modified for acting. Basics of Stage Combat: Single Sword instructs the reader about the foundations of safe, skillful single sword use in theater, film, and television. Actors both wishing to refresh their old skills and those new to stage combat will learn how to parry with a sword, move with a sword, and perfect the various movements required of them to perform a safe and realistic stage combat scene. Basics of Stage Combat: Single

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Sword will also help drama students who are taking stage combat classes or stage combat exams gain the confidence to embrace the complexities of working with a sword. Among the swords discussed are the single rapier, sabre, and the eighteenth-century small sword; this book does not discuss broadsword techniques. Chapters provide illustration and instruction about thrusts, lunges, hand positions, advancing and retreating, passing steps, binds, beats, and cutting with the sword, as well as basic fighting positions. A brief fight choreography sequence is included at the conclusion of the book.

The SAS Self-defence Manual

Knife Fighting For Beginners! Your Guide To Close Quarters Armed Combat Are You Ready To Learn All About Knife Fighting? If So You've Come To The Right Place Here's A Preview Of What This Knife Fighting Book Contains An Introduction To Knife Fighting The History Of Knife fighting & Close Quarters Combat Knife Defense Training Common Problems Getting Started With The Basics Different Knife Grips Explained Opening Attack Combinations (First Strikes) Combinations You Need To Know When It Comes To Attacking Where To Aim And Why (Must Read) And Much, Much More!

Self-defence

Beginning Arnis (Stick Fighting)

The second in Dwight McLemore's Fighting Weapons series, *The Fighting Sword* began as a way for the author to chronicle his experience of commissioning a custom-made sword and then designing a training program to use with it. As he developed the sword-fighting concepts, techniques and combat scenarios for use with his sword, however, he realized that they could be adapted and used by anyone with a sword.

Pananandata

Archery for Beginners is the complete instructional guide for anyone interested in taking up recreational archery. This book covers all the essentials for the beginning archer—from basic skills and equipment to effective and safe training methods. There are chapters on both recurve and compound bows, the two most popular types, as well as information on how to track your progress. Topics included in this book are: Compound and Recurve bows Archery equipment and accessories Training preparation and safety Advanced shooting methods Fun archery games How to make your own bow With over 150 illustrations and full-color photos, step-by-step instructions, and easy-to-follow directions, *Archery for Beginners* is the go-to guide for anyone interested in learning archery basics. Be the next to join more than 8 million Americans who enjoy this popular pastime.

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The Ultimate Guide to Knife Throwing

“Darren Levine has my unqualified support and gratitude for his contributions to Krav Maga.” -Imi Lichtenfeld, founder of Krav Maga

THE TOP-SELLING GUIDE TO KRAV MAGA IN AN UPDATED AND EXPANDED EDITION

All the defense moves in Complete Krav Maga—from beginner Yellow Belt to advanced Black Belt—are described in depth and illustrated with step-by-step photos:

- BEGINNER: Punches, kicks, knee strikes and defense movements
- INTERMEDIATE: Counterattacks against knives, guns and sticks
- ADVANCED: Advanced strikes and ground fighting techniques

Based on the principle that it is best to move from defense to attack as quickly as possible, Complete Krav Maga teaches fast-escape maneuvers combined with powerful counterattacks. Whether you are big or small, male or female, young or old, you can use Krav Maga to protect yourself by exploiting an assailant’s vulnerabilities.

The Tactical Knife

Crystallography and Crystal Defects Revised Edition A. Kelly, Churchill College, Cambridge, UK G. W. Groves, Exeter College, Oxford, UK and P. Kidd, Queen Mary and Westfield College, University of London, UK

The concepts of crystallography are introduced here in such a way that the physical properties of crystals, including their mechanical behaviour, can be better understood and quantified. A unique approach to the treatment of crystals and their defects is taken in that the often separate disciplines of crystallography, tensor analysis, elasticity and dislocation theory are combined in such a way as to equip materials scientists with knowledge of all the basic principles required to interpret data from their experiments. This is a revised and updated version of the widely acclaimed book by Kelly and Groves that was first published nearly thirty years ago. The material remains timely and relevant and the first edition still holds an unrivalled position at the core of the teaching of crystallography and crystal defects today. Undergraduate readers will acquire a rigorous grounding, from first principles, in the crystal classes and the concept of a lattice and its defects and their descriptions using vectors. Researchers will find here all the theorems of crystal structure upon which to base their work and the equations necessary for calculating interplanar spacings, transformation of indices and manipulations involving the stereographic projection and transformations of tensors and matrices.

Black Belt

If you’ve ever wanted to learn how to throw knives or tomahawks, look no further than The Ultimate Guide to Knife Throwing. This comprehensive guide is perfect for everyone from novices who have never picked up a knife to seasoned knife and tomahawk throwers looking to compete in their first tournament. Bobby Branton has been a

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foremost expert in the field of knife throwing and handcrafting custom throwing knives for over thirty years and shares his expertise here with easy step-by-step directions. Branton shows readers two methods of throwing knives that are most popular with knife throwers today. He will also share his extensive knife-making experience by showing readers how to make a quality throwing knife on a budget. In addition to improving technical skills, this guide will also give readers a brief history of the sport—covering everyone from the pioneers of the sport to today's modern impalement artists. This book will give you the tools needed to learn everything from the basics of knife and tomahawk throwing to how to start your own knife and tomahawk throwing club. Readers will learn how to construct targets, learn the basic stance, basic knife and tomahawk grips, and the mechanics of throwing knives and tomahawks. Branton's guide gives an in-depth look at this fast-growing sport, with a strong emphasis placed on safety. The Ultimate Guide to Knife Throwing is a must for anyone interested in the sport of knife throwing. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

The Art and Science of Stick Fighting

When it comes to Filipino-style cockfighting, we are generally talking about the game birds that compete in the long slasher knife as a weapon of choice. In the other parts of the world, they use short knives, and there are some who use gaffs too. But while these cockers may have their preferences on which is the best weapon of choice they have to use for their game birds, we have to focus on the long knife, which is why this book was written. We can hear people say that the short knife is the best, and that it is the future of cockfighting. The gaff people are quick to say that their weapon of choice is the best, citing that in the short knife and the long knife the fights are usually short enough for the audience to maintain their interest. But for those who prefer the long knife must know how difficult it is for their game birds to compete in the long knife where fights are so unpredictable and can end even in the blink of an eye. In Philippine style cockfighting where the long knife is the weapon of choice, we need game birds that can break high in the opening stanza, maneuver fast lateral movements and vertical takeoffs, deadly cutters in all aspects, and have a deep gameness. In other words, to allow our game birds to fight on the long knife requires a complete fighter. We need game birds that can not only fight very smart, but can meet and carry

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out a fight at a combined speed and power.

The Fighting Sword

The low-tech, high-impact tomahawk has been carried in every American war, including Vietnam, Afghanistan and Iraq. Here the author traces the origins of the tomahawk and uses his dynamic drawings to show how it can be utilized singly or with the long knife in both offensive and defensive encounters. Includes fighting scenarios, throwing lessons and applications of the war club.

Knife Fighting

The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world - including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known marital arts figure in the world.

Military Knife Fighting

After Levi's house burns down, he gets fired from his job and he discovers that his fiance is leaving him for some bearded hobo who died two thousand years ago, he decides things can't possibly get any worse. He is wrong. Levi's brother Jim calls and requests his urgent presence in India. Levi arrives to find a confronting request from Jim, a girl who is searching for the reincarnation of her husband, a curiously sinister accountant and the overwhelming cacophony of sensations and experiences that India delivers in strictly super-sized serves. Welcome to India: land of one billion people, thirty millon gods, far too many monkeys and not nearly enough sanitary bathrooms. Please leave all preconceptions at the door and enjoy the ride." -- back cover.

All-in Fighting

The basic movements and concepts of the European long sword are strategically covered in this comprehensive guide. Detailed photo sequences and illustrations that clearly depict stance and movements pair with engaging prose that perspicuously explicates the origins of long sword tactics. This complete look into the basics of long sword fighting is designed for sword fighting fans as well as long time practitioners and features instruction on balance, maintaining guard, proper grip, cuts, wards, stance, tempo, footwork, parries, and basic offense and defense.

The Beginner's Guide to the Long Sword

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During Desert Shield, Saudi Arabian troops laughed at their G.I. counterparts because every American soldier conspicuously carried a big fighting knife, yet none had ever been given formal training on how to use them correctly. Robert Spear has filled this training gap with a manual which goes far beyond the usual techniques. 123 pp., 5.5 X 8.5, photos, softcvr.

Cane Fighting

You are walking to your car and suddenly confronted by an armed attacker. What do you do? Knife assaults can be extremely dangerous and it is best to avoid them if you can, but sometimes that is not possible. Carrying a firearm can help to equalize the situation, but it is not a panacea to the problem. If you cannot get to the weapon then it does you no good and at close range a knife usually has the edge (no pun intended). It is difficult to find a comprehensive book on knife training and defensive moves outside of military manuals and a few martial arts books. Most simply show you techniques, but never go into drills or concepts. Techniques are fine, but you need to be able to adapt to an ever changing situation. No two attackers or situations are ever the same, everyone reacts differently in a hostile environment and you need to be prepared. The drills and techniques in this book are taken from the Southeast Asian martial arts of Silat, KunTao and the Filipino arts of Kali and Escrima. These arts are known worldwide for exceptional blade skills. This book will help you to become familiar with knife attacks in order to de-mystify and take some of the fear away. If you understand how it can be used for an attack then you can begin to understand how to apply a suitable defense. With over 700 photos describing Drills and Combat Defenses and links to free videos provided so that you can actually see how the drills are done.

Knife Fighting

Forget what you've seen in movies and on television--a knife attack is usually fast, furious, and often fatal. When it comes to increasing your chances of surviving, even the best martial arts schools are no match for the hard lessons learned in brutal institutions like Folsom Prison. Folsom alum Don Pentecost's no-nonsense guide cuts through the Hollywood myths and covers valuable information like:*Defending yourself against an attack*Going on the offensive*Training methods to maximize your chances of survivalIf it's true that, as a poet once said, "prison is like high school with knives," then facilities like Folsom are the Ivy League of violence. Serving a sentence at Folsom is like earning a PhD in staying alive. Don Pentecost has done the time so you don't have to. d

Silat for the Street

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Master Your Self-Defense Techniques Today! It seems as though everywhere you turn there is a news story about some new type of violence erupting either at home or abroad. With so many people on edge, the number of physical altercations that occur on a daily basis is ever on the rise. If you are looking for a way to prevent you or those you love from becoming a victim, then this is the book that you have been waiting for. This book is the culmination of years of practice and extensive thought when it comes to understanding self-defense. The techniques and principles discussed in the following chapters can be used in extreme situations to survive or even avoid potentially violent situations including things like beatings, sexual assault or even murder. First and foremost, however, it is important to understand that you are ultimately responsible for your protection and the following pages will help you learn to be as competent at it as possible. While it is important to always try and avoid a physical altercation at any cost, sometimes that is simply not going to be possible. When the time for unmitigated violence arises, this book will help you to be prepared by providing an overview of several different self-defense styles along with the basic moves of each to give you a basic idea of how to defend yourself and where you can turn for more in-depth instruction. Whether it is the hand-to-hand combat techniques of Krav maga, the science behind the body's many pressure points put forth by Dim Mak, the ground control training that many police officers receive or the joint-lock techniques that the Korean martial art known as Hapkido favors, when you are finished you will have a better idea of how to defend yourself than most of the would-be attackers out there. Here Are Some Things That You Are Going To Learn Hand to Hand Self-Defense Vulnerable Point Self-Defense Ground Control Self-Defense Joint-Lock Self-Defense Common Self-Defense Mistakes to Avoid And Much Much More Do Not Wait Any Longer And Get This Book For Only \$8.99!

Knife Throwing

Tactical knives are the fast-growing field of American bladesmithing. Now, in one groundbreaking volume, tactical knife expert James Morgan Ayres shares more than four decades of real-world experience with purpose-designed knives. You'll find it all in *The Tactical Knife*: fixed blades, folders, defensive uses, survival uses, product reviews—in short, everything you need to make an informed decision about your choice of a tactical knife. Newly updated with specifications and reviews for new products as well as new information on recent developments in the field, James Morgan Ayres provides the latest need-to-know info on the subject for first time owners (or potential owners) of tactical knives as well as experts who want the latest intel on new products. Features inside include: Origins of the Tactical Knife The Bowie knife Tactical Knives of the Mid-twentieth Century Steel, Heat Treating, Geometry, Design, Grinds, and Forging Choosing a Tactical Knife Basic Skills, Maintenance, and Tactics Complete with hundreds of detailed color photos, tips, tactics, and

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techniques, The Tactical Knife is the best book out there for all your tactical knife needs. When choosing a tactical knife, don't guess—know! Keep yourself on the cutting edge—with The Tactical Knife! Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

Secrets of the Knife

Burton Richardson's *Silat for the Street* blends the most brutally efficient silat techniques with the training methods and tactics of elite-level MMA. The reader will learn how to defend against larger, stronger, trained attackers, including those with an MMA background. *Silat for the Street* is a functional, practical book for:

- * The pencak silat practitioner who wants to learn the important details that make silat work and how to apply the art against a trained MMA fighter.
- * The MMA practitioner who wants to learn a system of true street self-defense that blends very well with MMA training, and how to alter their sport training to be street effective.
- * The traditional martial artist who wants to learn another method that is highly adaptable and is open to another perspective on highly functional street self-defense.
- * The beginner martial artist who wants to learn in a well-organized step-by-step presentation.
- * The advanced martial artist who wants to understand the minute details that make silat work and to learn how to apply the art against an MMA-trained fighter.

Silat for the Street differs from other silat books by focusing on practical fighting applications instead of just displaying the "artistic" but often nonfunctional portions. Richardson is known worldwide for using his background as a scientist to rigorously test the techniques of various arts in the crucible of combat against top MMA athletes. People trust Richardson's findings because they know he only shows what works under pressure. His ability to organize and explain detailed concepts in an easy-to-understand way makes the book accessible to individuals of all levels of expertise. It is the only book of its kind on silat.

The Guy's Guide to Pocket Knives

Michael Janich has trained SF vets, police and street fighters in the techniques of knife fighting for years. Now this highly successful, comprehensive instruction is available to the average soldier, martial artist or defense-minded citizen who is interested in developing the

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practical skills required for today's combative streets.

Knife Fighting Targets

The author of this concise guide to unarmed combat and self-defence is a legend. W. E. Fairbairn (1885-1960) spent over thirty years in the tough environment of the Riot Squads of China's Shanghai Municipal Police. In order to lower levels of Police mortality at the hands of Chinese Tongs, he studied ancient Chinese and Japanese martial arts, including Ju-jitsu, and was the first foreigner to be awarded a black belt in the discipline. He developed his own system which he called 'Defendu'. At the outbreak of the Second World War, he was recruited by Britain's Special Operations Executive as an Instructor in unarmed combat and expounded the deadly mysteries of attack and defence to scores of trainee agents about to be dropped into occupied Europe. His methods were approved and officially adopted throughout the British army. Fairbairn also developed weapons and defence aids such as bullet proof vests. He is best known as the co-inventor of the famous Sykes-Fairbairn knife. In this book he expounds his distilled experience of unarmed combat. Fully illustrated, it shows how to deliver deadly blows with hand, fist, knee and boot; wrist, bear- and strangle holds (and how to break them); how to throw an enemy, and how to break their backs; how to disarm a pistol-wielding attacker; and securing a prisoner. The book also contains a chapter on the use of the rifle in close combat by Captain P. N. Walbridge.

The Medieval Dagger

Lost for 13 months in the wilds of Afghanistan, this is the dramatic, heart - warming and truly amazing story of Sarbi, the Army's most famous explosives detection dog - the miracle dog of Tarin Kot. Powerful, dramatic, heartwarming, this is the true story of Sarbi, the scruffy black Labrador - cross trained by the Australian Army as an explosives detection dog for the most dangerous combat mission imaginable. Thirteen months after Australia's most famous canine warrior went missing in action following an historic battle between the elite SAS and the Taliban in Afghanistan in 2008, she was found by an American Special Forces officer patrolling a village in a region known to be a Taliban stronghold. Against all odds, Sarbi had survived her injuries, the enemy's weapons, a bitter winter, one brutal summer and the harsh unforgiving landscape on her own. She was the miracle dog of Tarin Kot. Sarbi's story, and those of the other brave Australian Army dogs in Afghanistan, will resonate with anyone who has known the unconditional love of man's best friend, and understands the rewards of unbidden loyalty, trust and devotion. It will appeal to all those who appreciate the selflessness of serving your country and the inherent dangers of putting your life on the line for others in a war zone. And it will strike a chord with anyone who has experienced the magical connection with a dog.

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The 10 Best Knife Fighting Techniques

The term "medieval martial arts" conjures images of armoured knights wielding sword, lance, and axe. While the image is correct, at the foundation of knightly combat was a sophisticated form of close quarter combat, centered on fighting with-and against-the dagger, a deadly weapon of both self-defense and last resort. In *Mastering the Art of Arms, Volume One: The Medieval Dagger*, Guy Windsor presents a complete guide to the principles and practice of Italian dagger combat, as set down in *Il Fior di Battaglia* a manuscript written in 1410. Readers are guided step-by-step through the process of mastering this six hundred year old art, from choosing a dagger to striking with it; from guard positions to steps and turns; from disarms to locks and takedowns; from safe falling practice to formal drills, and finally pressure testing their skills with sparring. Both a primer on the art and a methodology for on-going training, this book will give the complete novice a solid starting point, while providing useful drills and ideas for advanced martial artists. Those who study other traditional knife arts, and modern military combatives, will find many familiar techniques present in this ancient system.

Beginners' Guide to Fruit Growing

"Knife Throwing is the most authoritative guide on every aspect of the sport. From knives and knife throwing techniques to competition and advice, as well as profiles of pioneers and legends in the field, this book covers it all." -Bobby Branton, President of American Knife Thrower's Alliance (AKTA) Not only is knife throwing fun, it is also a great sport, entertainment, recreation and exercise. It can be a wonderful hobby, pastime, or even a profession, and the fundamentals are easy to learn. Anyone who can throw a stick, stone, or baseball can also learn how to throw a knife with skill and accuracy. All you need is a good knife-designed for the purpose, whether made to throw by the handle or blade, a target, and a small portion of the back yard for the throwing range. Few sports can provide so much recreation at so little cost. Knife throwing is a sport in which individual skills can be developed to a very high degree. Expert knife throwing, like great proficiency in any other sport, is developed by natural aptitude and instinct combined with that one magic ingredient: practice! In *Knife Throwing* by American Knife Thrower's Alliance founder, Harry McEvoy, demonstrates how to throw a knife successfully in chapters such as: It's Fun to Throw a Knife Choice of Weapons How to Throw a Knife How to Develop "Pin-Point" Accuracy How to Select a Throwing Knife Targets: How and Where Tomahawks and Bowies Safety Measures, Rules, and Care of Knives The Professionals Hunting: A New Twist to an Old Sport Tales, Legends and People

Small Press Record of Books in Print

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The Best Conditioning Method for Gamefowls Competing In the Long Knife

"Simplicity is the shortest distance between two points." ? Bruce Lee, The Tao of Jeet Kune Do The Art and Science of Stick Fighting is a unique, non-style specific, approach to fighting with the short stick. Its curriculum is streamlined and divided into nine logical stages of training that allow the reader to quickly and methodically learn and develop the skills needed for competative fighting and self-defense with the stick.

Books Out-of-print

The Fighting Kukri

PACKED WITH OVER 50 POCKET KNIFE TRICKS, IDEAS, AND ACTIVITIES, FROM FUN GAMES AND PROJECTS TO BADASS FIGHTING MOVES AND SURVIVAL TIPS. You should never be without a trusty pocket knife, nor should you lack the skills to wield it properly and with purpose. The Guy's Guide to Pocket Knives is sure to sharpen your skills and hone your appreciation for the pocket knife with nostalgic, humorous and informative sections on: • History and Evolution • Blade Types and Uses • Sharpening Guides • Games and Pastimes • Whittling Projects • Outdoor Survival Skills • Throwing Techniques

Crystallography and Crystal Defects

Be Prepared for the Fast, Furious and Fatal World of Knife Fighting Written by world renowned martial arts expert Sammy Franco, Knife Fighting: A Step-by-Step Guide to Practical Knife Fighting for Self-Defense prepares you for the deadly world of knife fighting. Complete and Comprehensive Knife Fighting Instruction With over 200 photographs and easy-to-follow instructions, this comprehensive book cuts through the guess work and teaches you the most practical and effective knife fighting techniques for real-world survival. Knife Fighting Will Teach You: • How to choose the best combat knife • Knife carry, quick draw and concealment strategies • Knife grips, stances, ranges and footwork • How to control fear during a knife fight • Knife targeting and reaction dynamics • Knife cuts and angles of attack • Franco's knife fighting blueprint • Knife fighting defensive skills • Knife fighting training drills and exercises • And much, much more 35+ Years of Real-World Knife Fighting Experience Whether you are a beginner or seasoned knife fighting expert, Knife Fighting: A Step-by-Step Guide to Practical Knife Fighting for Self-Defense teaches you battle-tested knife fighting skills that will get you home alive and in one piece.

The 10 Best Stick Fighting Techniques

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Knife Fighting Targets: The Ultimate Knife Fighting Targeting System for Self-Defense is a concise book designed to teach you the most practical and useful knife fighting targets for real-world self-defense. The knife fighting techniques featured in this book apply to both fixed blades as well as fighting folders and can be readily used by young and old, regardless of size or strength. Most importantly, you don't need to be a martial arts expert to understand and ultimately master these effective knife fighting skills. No Gimmicks - No Nonsense! Unlike other knife fighting books, Knife Fighting Targets is devoid of complicated, impractical and gimmicky techniques that can get you injured or possibly killed during a deadly knife fight. Instead, this book arms you with an efficient, effective, and practical knife fighting system that work in the chaos of life and death edged weapon encounter. 30+ Years of Real World Experience In this unique book, world-renowned martial arts expert, Sammy Franco takes his 30+ years of training and teaching and gives you the ultimate foundation for knife targeting. He's taught these unique knife fighting skills to his students, and he's confident they can help protect you and your loved ones during an emergency situation. Ideal For: Civilians Law Enforcement Military Martial Artists Self-Defense students Preppers and Survivalists Security Personnel Executive protection agents A Must-Have Knife Fighting Book! Knife Fighting Targets: The Ultimate Knife Fighting Targeting System for Self-Defense is a must-have book for anyone who needs the knowledge, skills, and mindset required to win a deadly knife fight.

Knife Fighting

Learn devastating mixed martial arts techniques from all over the world with this expert guide. Superb fighting skills are essential in all sorts of situations, and can save your life if you are attacked. Mixed Martial Arts Fighting Techniques is a complete how-to manual for the modern fighter, presenting a detailed overview of all the best MMA fighting techniques and the various situations in which they can be used. Comprehensive and well laid-out, with hundreds of tips such as grappling your way into a dominant kesa-gatame position to force your adversary's submission or knowing when to fight "dirty" to attack your opponent's vulnerabilities, this manual will give you a leg-up for everything from a no-holds-barred street fight to the regimented rules of fighting in the ring. With over 700 color photos and downloadable instructional video that clearly demonstrate all the right moves, this book gives you the winning edge you need! Use Western boxing and Muay Thai techniques to move out of harm's way as you deliver a devastating array of attacks Use Brazilian jiu-jitsu and MMA techniques to escape holds and move into dominant positions Use modern streetfighting techniques Use Filipino knife-fighting techniques And much more!

Saving Private Sarbi

Eskrima, which is also known as Arnis (De Mano) or Kali, is the

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indigenous martial art of the Philippine Islands. Dynamic and flexible, with a wide range of training methods it can be practised by students of all ages and levels of fitness. Well known and respected as a highly practical weapons-based system, Eskrima is practised worldwide by civilians, law enforcement personnel and special units within the military. Eskrima uses training weapons (rattan sticks and daggers) from the earliest stages, alongside purely unarmed techniques. These training methods have been found particularly effective at increasing co-ordination and reflexes, providing a fast track to developing the qualities needed for practical self-defence. This fascinating book traces the history and evolution of this art form. It highlights Eskrima's essential principles and concepts. The instructional section illustrates how the Eskrimador is able to succeed in a wide range of combat situations involving fighting with both weapons and open-hands. Techniques, two-person flow drills, self-defence applications, training with specialized equipment, the philosophy of the art and 'self-defence and the law' are all covered in depth.

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