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Vitality And Life Transformation

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Belly Button HealingThe Best American Science Writing 2011The Man Who Quit MoneyEverything I
Never Told YouThe Art of Racing in the RainThe Alchemist12 Rules for LifeSpeakLife of PiThe
Odyssey of HomerI've Decided to Live 120 YearsOut of My MindTuesdays with MorrieIt Takes GritIvy
+ BeanThe Killer AngelsOne and the SameFinding Your Own North StarThe HelpJust Ignore
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Thinking . . .Everything, EverythingThe True Confessions of Charlotte DoyleThe Glass CastleOut of the
DustSo Much to Tell YouFreak the MightyThe Last LectureAdventures of Huckleberry FinnThe
Courage to Be DislikedI've Got a Home in Glory LandI've Been Meaning to Tell YouAll These Things
That I've DoneNo Country for Old MenEmbrace the StruggleStatistics in a Nutshell

Belly Button Healing

The Best American Science Writing 2011

In an effort to draw out the Union Army of the Potomac, the Confederate Army invades the North, and the armies clash in a bloody battle at Gettysburg, Pennsylvania, for four days.

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The Man Who Quit Money

The Secret to Health Is in the Belly Button Your belly houses about 26 feet of intestine, about a third of the body's blood volume, over 300 million neurons, and more than 300 species of gut microbes, and it's responsible for about 75 percent of the body's immunity. Your health can easily decline if this major area of your body remains stagnant. By simply and repeatedly stimulating the center of it all—your belly button—you can pump more energy and vitality into your life. In this latest book, New York Times bestselling author Ilchi Lee shows you how to press the button that turbo-charges your natural healing power. Learn how to exercise your belly button just for 5 minutes a day, and reconnect to your body's innate wisdom so you can best take care of your health for a long and happy life. The benefits of Belly Button Healing Include: • Increased blood and energy circulation • Boosting your energy and vitality • Quieting your mind and gain clarity • Enhanced digestion and detoxification • Relief of pain and stiffness • Improved immunity

Everything I Never Told You

In Mark Twain's classic tale of friendship and adventure, Huckleberry Finn escapes his evil, drunken father, befriends a runaway slave named Jim, and sails the Mississippi River! As Huck and Jim sail to freedom, they encounter con men and thieves and get in plenty of trouble along the way. Follow Huck's coming-of-age journey in the Calico Illustrated Classics adaptation of Twain's The Adventures of Huckleberry Finn. Calico Chapter Books is an imprint of Magic Wagon, a division of ABDO Group.

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Grades 3-8.

The Art of Racing in the Rain

The first ten lies they tell you in high school. "Speak up for yourself--we want to know what you have to say." From the first moment of her freshman year at Merryweather High, Melinda knows this is a big fat lie, part of the nonsense of high school. She is friendless, outcast, because she busted an end-of-summer party by calling the cops, so now nobody will talk to her, let alone listen to her. As time passes, she becomes increasingly isolated and practically stops talking altogether. Only her art class offers any solace, and it is through her work on an art project that she is finally able to face what really happened at that terrible party: she was raped by an upperclassman, a guy who still attends Merryweather and is still a threat to her. Her healing process has just begun when she has another violent encounter with him. But this time Melinda fights back, refuses to be silent, and thereby achieves a measure of vindication. In Laurie Halse Anderson's powerful novel, an utterly believable heroine with a bitterly ironic voice delivers a blow to the hypocritical world of high school. She speaks for many a disenfranchised teenager while demonstrating the importance of speaking up for oneself. *Speak* was a 1999 National Book Award Finalist for Young People's Literature.

The Alchemist

The instant #1 New York Times bestseller--now a major motion picture starring Amandla Stenberg as

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Maddy and Nick Robinson as Olly. Risk everything . . . for love. What if you couldn't touch anything in the outside world? Never breathe in the fresh air, feel the sun warm your face . . . or kiss the boy next door? In *Everything, Everything*, Maddy is a girl who's literally allergic to the outside world, and Olly is the boy who moves in next door . . . and becomes the greatest risk she's ever taken. My disease is as rare as it is famous. Basically, I'm allergic to the world. I don't leave my house, have not left my house in seventeen years. The only people I ever see are my mom and my nurse, Carla. But then one day, a moving truck arrives next door. I look out my window, and I see him. He's tall, lean and wearing all black—black T-shirt, black jeans, black sneakers, and a black knit cap that covers his hair completely. He catches me looking and stares at me. I stare right back. His name is Olly. Maybe we can't predict the future, but we can predict some things. For example, I am certainly going to fall in love with Olly. It's almost certainly going to be a disaster. *Everything, Everything* will make you laugh, cry, and feel everything in between. It's an innovative, inspiring, and heartbreakingly romantic debut novel that unfolds via vignettes, diary entries, illustrations, and more. The movie is available on digital now! [everythingeverythingfilm](#) on Instagram [@everythingfilm](#) on Twitter [@everythingeverythingmovie](#) on Facebook [everythingeverythingmovie.com](#) And don't miss Nicola Yoon's *The Sun Is Also A Star*, the #1 New York Times bestseller in which two teens are brought together just when it seems like the universe is sending them in opposite directions.

12 Rules for Life

A special 25th anniversary edition of the extraordinary international bestseller, including a new Foreword by Paulo Coelho. Combining magic, mysticism, wisdom and wonder into an inspiring tale of

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self-discovery, *The Alchemist* has become a modern classic, selling millions of copies around the world and transforming the lives of countless readers across generations. Paulo Coelho's masterpiece tells the mystical story of Santiago, an Andalusian shepherd boy who yearns to travel in search of a worldly treasure. His quest will lead him to riches far different—and far more satisfying—than he ever imagined. Santiago's journey teaches us about the essential wisdom of listening to our hearts, of recognizing opportunity and learning to read the omens strewn along life's path, and, most importantly, to follow our dreams.

Speak

Ready to transform your body and mind into the healthiest, happiest you? You're going to need enthusiasm, an open mind, and a good deal of grit. In *It Takes Grit*, fitness expert and mindset coach Rebecca Louise shares a practical no-BS guide to take your workouts, health, and motivation to the next level—along with a 30-day challenge to kick-start your results. Through her ultrapopular YouTube channel and social media, Rebecca Louise has helped millions of people improve their mindset and achieve their wellness goals. Rebecca knows what it's like to feel lost, unable to find the right career, live broke, go through a divorce, and struggle with a negative relationship with food. It wasn't until she changed her mindset and started to master high-performance habits that she truly found her way to a career she loved and a healthy lifestyle. Now, in *It Takes Grit*, Rebecca shares her tried-and-true tools to lock onto your purpose, uncover your inner grit, and get in the right mindset to go after your goals. She shares: Her 10-step guide to getting results in all areas of your life An action plan to get started, no matter where you are right now Tips to create a meal plan and training routine you can stick to forever

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How to get and stay motivated no matter what life throws at you Interactive tasks after each chapter to master your daily habits Rebecca also shares her 30-day targeted daily workout program (with bonus online workout videos), to make sure you're never overworking your body, recipes for every meal, and daily tasks that will help you get to the next level. It Takes Grit will give you the tools needed to take control of your health and happiness.

Life of Pi

The solution to your problems starts with connecting to yourself. An inspirational guide to a powerful meditation method for greater clarity, consciousness, and spiritual growth by New York Times bestselling author and world-renowned meditation teacher Ilchi Lee. Are you feeling stuck in your current situation or your life in general? Are you having trouble managing stress? Have you sought answers at spiritual retreats without getting the clarity you need? Relief can be closer than you think if you reframe how you look at your problems. New York Times bestselling author Ilchi Lee proposes there is one root cause to all the troubles plaguing us—separation. We put up walls in every aspect of our lives, isolating ourselves. Those walls keep us from forming healthy relationships with others, with nature, and even with ourselves. But separation has a simple cure—finding a way to connect. In *Connect: How to Find Clarity and Expand Your Consciousness with Pineal Gland Meditation*, Lee shows how to connect to your authentic self through the pineal gland in your brain. Activate your pineal gland through the meditations rooted in an ancient Korean tradition that Ilchi Lee describes in this book. You'll experience clarity instead of emotion, compassion rather than judgment, and wholeness in place of separation. This book will help you find the solutions you seek by opening the inner eye that leads to

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greater clarity regarding the health of your body, the dreams of your soul, and the wisdom of your spirit.
WINNER OF A 2019 LIVING NOW BOOK AWARD

The Odyssey of Homer

The #1 New York Times bestselling novel and basis for the Academy Award-winning film—a timeless and universal story about the lines we abide by, and the ones we don't—nominated as one of America's best-loved novels by PBS's The Great American Read. Aibileen is a black maid in 1962 Jackson, Mississippi, who's always taken orders quietly, but lately she's unable to hold her bitterness back. Her friend Minny has never held her tongue but now must somehow keep secrets about her employer that leave her speechless. White socialite Skeeter just graduated college. She's full of ambition, but without a husband, she's considered a failure. Together, these seemingly different women join together to write a tell-all book about work as a black maid in the South, that could forever alter their destinies and the life of a small town

I've Decided to Live 120 Years

The moment they saw each other, Bean and Ivy knew they wouldn't be friends. But when Bean plays a joke on her sister, Nancy, and has to hide—quick—Ivy comes to the rescue, proving that sometimes the best of friends are people never meant to like each other. Vibrant characters and lots of humor make this a charming—and addictive—series.

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Out of My Mind

In his blistering new novel, Cormac McCarthy returns to the Texas-Mexico border, setting of his famed Border Trilogy. The time is our own, when rustlers have given way to drug-runners and small towns have become free-fire zones. One day, a good old boy named Llewellyn Moss finds a pickup truck surrounded by a bodyguard of dead men. A load of heroin and two million dollars in cash are still in the back. When Moss takes the money, he sets off a chain reaction of catastrophic violence that not even the law—in the person of aging, disillusioned Sheriff Bell—can contain. As Moss tries to evade his pursuers—in particular a mysterious mastermind who flips coins for human lives—McCarthy simultaneously strips down the American crime novel and broadens its concerns to encompass themes as ancient as the Bible and as bloodily contemporary as this morning's headlines. *No Country for Old Men* is a triumph. From the Trade Paperback edition.

Tuesdays with Morrie

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

It Takes Grit

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Introduces the author's step-by-step plan for identifying core desires and acting upon them to create successful, satisfying, and more fulfilling lives.

Ivy + Bean

Avi's treasured Newbery Honor Book now in expanded After Words edition!Thirteen-year-old Charlotte Doyle is excited to return home from her school in England to her family in Rhode Island in the summer of 1832. But when the two families she was supposed to travel with mysteriously cancel their trips, Charlotte finds herself the lone passenger on a long sea voyage with a cruel captain and a mutinous crew. Worse yet, soon after stepping aboard the ship, she becomes enmeshed in a conflict between them! What begins as an eagerly anticipated ocean crossing turns into a harrowing journey, where Charlotte gains a villainous enemy . . . and is put on trial for murder!After Words material includes author Q & A, journal writing tips, and other activities that bring Charlotte's world to life!

The Killer Angels

Acclaimed author Karen Hesse's Newbery Medal-winning novel-in-verse explores the life of fourteen-year-old Billie Jo growing up in the dust bowls of Oklahoma.

One and the Same

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A clear and concise introduction and reference for anyone new to the subject of statistics.

Finding Your Own North Star

“Marie Kondo, but for your brain.” —HelloGiggles “Compelling from front to back. Highly recommend.” —Marc Andreessen Reading this book could change your life. *The Courage to Be Disliked*, already an enormous bestseller in Asia with more than 3.5 million copies sold, demonstrates how to unlock the power within yourself to be the person you truly want to be. Is happiness something you choose for yourself? *The Courage to Be Disliked* presents a simple and straightforward answer. Using the theories of Alfred Adler, one of the three giants of nineteenth-century psychology alongside Freud and Jung, this book follows an illuminating dialogue between a philosopher and a young man. Over the course of five conversations, the philosopher helps his student to understand how each of us is able to determine the direction of our own life, free from the shackles of past traumas and the expectations of others. Rich in wisdom, *The Courage to Be Disliked* will guide you through the concepts of self-forgiveness, self-care, and mind decluttering. It is a deeply liberating way of thinking, allowing you to develop the courage to change and ignore the limitations that you might be placing on yourself. This plainspoken and profoundly moving book unlocks the power within you to find lasting happiness and be the person you truly want to be. Millions have already benefited from its teachings, now you can too.

The Help

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A special 20th anniversary edition of the beloved international bestseller that changed millions of lives. Maybe it was a grandparent, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded, and the world seemed colder. Wouldn't you like to see that person again, ask the bigger questions that still haunt you, receive wisdom for your busy life today the way you once did when you were younger? Mitch Albom had that second chance. He reconnected with Morrie in the last months of the older man's life. Knowing he was dying, Morrie visited with Mitch in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final "class:" lessons in how to live. Tuesdays with Morrie is a magical chronicle of their time together, through which Mitch shares Morrie's lasting gift with the world.

Just Ignore Him

Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to

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leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

Connect

"We cannot change the cards we are dealt, just how we play the hand."---Randy Pausch A lot of professors give talks titled "The Last Lecture." Professors are asked to consider their demise and to ruminate on what matters most to them. And while they speak, audiences can't help but mull the same question: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave--"Really Achieving Your Childhood Dreams"--wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you have and you may find one day that you have less than you think"). It was a summation of everything Randy had come to believe. It was about living. In this book, Randy Pausch has combined the humor, inspiration and intelligence that made his lecture such a phenomenon and given it an indelible form. It is a book that will be shared for generations to come.

I Have Lived a Thousand Years

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Grand Prize Winner of the 2015 Green Book Festival Mark Sundeen's new book, *The Unsettlers*, is coming in January 2017 from Riverhead Books In 2000, Daniel Suelo left his life savings-all thirty dollars of it-in a phone booth. He has lived without money-and with a newfound sense of freedom and security-ever since. *The Man Who Quit Money* is an account of how one man learned to live, sanely and happily, without earning, receiving, or spending a single cent. Suelo doesn't pay taxes, or accept food stamps or welfare. He lives in caves in the Utah canyonlands, forages wild foods and gourmet discards. He no longer even carries an I.D. Yet he manages to amply fulfill not only the basic human needs-for shelter, food, and warmth-but, to an enviable degree, the universal desires for companionship, purpose, and spiritual engagement. In retracing the surprising path and guiding philosophy that led Suelo into this way of life, Sundeen raises provocative and riveting questions about the decisions we all make, by default or by design, about how we live-and how we might live better. From the Trade Paperback edition.

Paper Towns

Special edition slipcase edition of John Green's *Paper Towns*, with pop-up paper town. From the bestselling author of *The Fault in our Stars*. Quentin Jacobsen has always loved Margo Roth Spiegelman, for Margo (and her adventures) are the stuff of legend at their high school. So when she one day climbs through his window and summons him on an all-night road trip of revenge he cannot help but follow. But the next day Margo doesn't come to school and a week later she is still missing. Q soon learns that there are clues in her disappearance . . . and they are for him. But as he gets deeper into the mystery - culminating in another awesome road trip across America - he becomes less sure of who and

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what he is looking for. Masterfully written by John Green, this is a thoughtful, insightful and hilarious coming-of-age story.

Meridian Exercise For Self-Healing

'A simply astonishing achievement. The quality, depth, emotional power and terrifying honesty of Alan Davies's story-telling take the breath away' Stephen Fry 'This hugely affecting book is brave, insightful and, at times, funny about things it is hard to be funny about' Jo Brand The story of a life built on sand. In the rain. In this compelling memoir, comedian and actor Alan Davies recalls his boyhood with vivid insight and devastating humour. Shifting between his 1970s upbringing and his life today, Davies moves poignantly from innocence to experience to the clarity of hindsight, always with a keen sense of the absurd. From sibling dynamics, to his voiceless, misunderstood progression through school, sexuality and humiliating 'accidents', Davies inhabits his younger mind with spectacular accuracy, sharply evoking an era when Green Shield Stamps, Bob-a-Job week and Whizzer & Chips loomed large, a bus fare was 2p - and children had little power in the face of adult motivation. Here, there are often exquisitely tender recollections of the mother he lost at six years old, of a bereaved family struggling to find its way, and the kicks and confusion of adolescence. Through even the joyous and innocent memories, the pain of Davies's lifelong grief and profound betrayal is unfiltered, searing and beautifully articulated. Just Ignore Him is not only an autobiography, it is a testament to a survivor's resilience and courage.

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I've Been Thinking . . .

Sent to a hospital by her mother, Marina, a disfigured Australian girl who refuses to speak, reveals her thoughts and feelings in a diary.

Everything, Everything

NOW A MAJOR MOTION PICTURE FROM FOX 2000 STARRING MILO VENTIMIGLIA, AMANDA SEYFRIED, AND KEVIN COSTNER MEET THE DOG WHO WILL SHOW THE WORLD HOW TO BE HUMAN The New York Times bestselling novel from Garth Stein—a heart-wrenching but deeply funny and ultimately uplifting story of family, love, loyalty, and hope—a captivating look at the wonders and absurdities of human life . . . as only a dog could tell it. “Splendid.” —People “The perfect book for anyone who knows that compassion isn’t only for humans, and that the relationship between two souls who are meant for each other never really comes to an end. Every now and then I’m lucky enough to read a novel I can’t stop thinking about: this is one of them.” —Jodi Picoult “It’s impossible not to love Enzo.” —Minneapolis Star Tribune “This old soul of a dog has much to teach us about being human. I loved this book.” —Sara Gruen

The True Confessions of Charlotte Doyle

Journalist Abigail Pogrebin, a twin herself, offers a poignant and personal look at what it's really like to

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live with one's mirror image and tells the story of many twins who struggle to balance intimacy and individuality.

The Glass Castle

INSTANT #1 NEW YORK TIMES BESTSELLER “[I’ve Been Thinking...] is beautiful I felt your soul on these pages.” —Oprah Winfrey “If you are feeling stuck, lost, or you just need a pick-me-up, this is the book for you. Shriver’s wisdom will fill you up.” —Hoda Kotb, coanchor, The Today Show The ideal book for those seeking wisdom, guidance, encouragement, and inspiration on the road to a meaningful life. As a prominent woman juggling many roles, Maria Shriver knows just how surprising, unpredictable, and stressful everyday life can be. In this moving and powerful book, she shares inspiring quotes, prayers, and reflections designed to get readers thinking, get them feeling, get them laughing, and help them in their journey to what she calls The Open Field--a place of acceptance, purpose, and passion--a place of joy. I've Been Thinking . . . is ideal for anyone at any point in her life. Whether you feel like you've got it all together or like it's all falling apart--whether you're taking stock of your life or simply looking to recharge, this is the book you will turn to again and again. Spend the weekend reading it cover to cover, or keep it on your nightstand to flip to the chapter you need most. Like talking with a close friend, it's the perfect daily companion—an exceptional gift for someone looking to move forward in life with hope and grace.

Out of the Dust

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“The most trusted opinion in rock music” (Billy Corgan, The Smashing Pumpkins), Matt Pinfield offers the ultimate music fan’s memoir, an “entertaining and insightful” (Clive Davis) chronicle of the songs and artists that inspired his improbable career alongside some of the all-time greats, from The Beatles to KISS to U2 to The Killers. Matt Pinfield “makes rock ‘n’ roll fandom sound like a lifelong heroic quest—which it is” (Rob Sheffield). He’s the guy who knows every song, artist, and musical riff ever recorded, down to the most obscure band’s B-side single on its vinyl-only import EP. As a child, Pinfield made sense of the world through music. Later, as a teenager, Pinfield would approach his music idols after concerts and explain why he loved their songs. As an adult, rock music inspired his career, fueled his relationships, and, at times, became a life raft. In this “charming, rambling account of a life saved by rock ‘n’ roll Pinfield is a disarmingly likable guide” (Kirkus Reviews) through his lifelong music obsession—from the heavy metal that infused his teenage years, to his first encounters with legends like Lou Reed and the Ramones and how, through his MTV years, he played a major role in bringing nineties alt rock mainstream. Over his long career Pinfield has interviewed everyone from Paul McCartney to Nirvana to Jay-Z, earning the trust and admiration of artists and fans alike. Now, for the first time, he shares his five decades of stories from the front lines of rock ‘n’ roll, exploring how, with nothing more than passion and moxy, he became a sought-after reporter, unlikely celebrity, and the last word in popular music. Featuring a rousing collection of best-of lists, favorite tracks, and artist profiles, *All These Things That I’ve Done* “is an excellent read” (Publishers Weekly) about how a born outsider wound up in the inner circle.

So Much to Tell You

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This full-color, user-friendly book features simple meridian exercises that combine breathing, movement, stretching, and focused attention to improve overall balance and flexibility. The book identifies specific meridian exercises to alleviate common ailments, including headaches, colds, and the flu, as well as more serious conditions, such as high blood pressure, diabetes, and thyroid disorders. Meridian exercise is a technique developed and perfected over the course of thousands of years in the Asian healing arts traditions. This book includes the following features: * Low-impact, time-efficient exercises * that relieve stress, restore physical health, and rebalance the mind * Step-by-step instructions with accompanying photos for dozens of exercises specifically designed for common symptoms * Breathing and relaxation techniques to awaken innate healing power and

Freak the Mighty

Traces the story of former slaves Thornton and Lucie Blackburn, who launched a daring escape from their slave masters in 1831 and became the subjects of a legal dispute between Canada and the United States regarding the Underground Railroad.

The Last Lecture

After years of speaking and writing bestsellers on the value of having a positive attitude, motivational speaker Zig Ziglar is faced with putting his words into action after a fall leaves him with a head injury. In *Embrace the Struggle*, Ziglar shares a personal account of his accident and offers encouragement

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through his firsthand experience of overcoming his most difficult challenge. One of the leading stars in the “positive thinking” movement, Zig Ziglar has made a career out of telling people how to have a positive attitude, no matter what their circumstances are. But when a fall down a stairway onto a marble floor leaves him with a head injury, he is challenged with how to put the principles he’d been speaking about into practice. Ziglar’s willingness to be transparent has him back writing and speaking with renewed energy before audiences in the tens of thousands to show that life on life’s terms is still well worth living. *Embrace the Struggle* affirms the validity of the principles Ziglar has held true his entire life and includes not only his account of living positively through difficult circumstances; it also includes heartwarming stories of real people who encouraged him with how they put into practice these vital principles.

Adventures of Huckleberry Finn

Considered by many to be mentally retarded, a brilliant, impatient fifth-grader with cerebral palsy discovers a technological device that will allow her to speak for the first time.

The Courage to Be Disliked

'There is, as you pick it up, nothing to prepare you for its power' OBSERVER 'Quite simply, one of the most beautiful books I have ever read' AMINATTA FORNA How do we navigate our complex histories for our children? What is our duty to share and what must we leave for them to discover? Writing to his

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daughter, David Chariandy asks difficult, unsettling, perhaps impossible questions – questions made all the more poignant by our current political landscape. With tender, spare and luminous prose, Chariandy looks both into his heart and mind and out to the world and humanity. In the tradition of Ta-Nehisi Coates and Chimamanda Ngozi Adichie, this is a book about race; this is a book about family.

I've Got a Home in Glory Land

The Ancient Secret to Longevity, Vitality, and Life Transformation

I've Been Meaning to Tell You

Edited by Rebecca Skloot, award-winning science writer and New York Times bestselling author of *The Immortal Life of Henrietta Lacks*, and her father, Floyd Skloot, an award-winning poet and writer, and past contributor to the series, *The Best American Science Writing 2011* collects into one volume the most crucial, thought-provoking, and engaging science writing of the year. Culled from a wide variety of publications, these selections of outstanding journalism cover the full spectrum of scientific inquiry, providing a comprehensive overview of the most compelling, relevant, and exciting developments in the world of science. Provocative and engaging, *The Best American Science Writing 2011* reveals just how far science has brought us—and where it is headed next.

All These Things That I've Done

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Life of Pi is a masterful and utterly original novel that is at once the story of a young castaway who faces immeasurable hardships on the high seas, and a meditation on religion, faith, art and life that is as witty as it is profound. Using the threads of all of our best stories, Yann Martel has woven a glorious spiritual adventure that makes us question what it means to be alive, and to believe.

No Country for Old Men

"Lydia is dead. But they don't know this yet. So begins the story of this exquisite debut novel, about a Chinese American family living in 1970s small-town Ohio. Lydia is the favorite child of Marilyn and James Lee; their middle daughter, a girl who inherited her mother's bright blue eyes and her father's jet-black hair. Her parents are determined that Lydia will fulfill the dreams they were unable to pursue-in Marilyn's case that her daughter become a doctor rather than a homemaker, in James's case that Lydia be popular at school, a girl with a busy social life and the center of every party. When Lydia's body is found in the local lake, the delicate balancing act that has been keeping the Lee family together tumbles into chaos, forcing them to confront the long-kept secrets that have been slowly pulling them apart. James, consumed by guilt, sets out on a reckless path that may destroy his marriage. Marilyn, devastated and vengeful, is determined to find a responsible party, no matter what the cost. Lydia's older brother, Nathan, is certain that the neighborhood bad boy Jack is somehow involved. But it's the youngest of the family-Hannah-who observes far more than anyone realizes and who may be the only one who knows the truth about what happened. A profoundly moving story of family, history, and the meaning of home, Everything I Never Told You is both a gripping page-turner and a sensitive family portrait, exploring the divisions between cultures and the rifts within a family, and uncovering the ways in which mothers and

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daughters, fathers and sons, and husbands and wives struggle, all their lives, to understand one another"--

Embrace the Struggle

What is death all about? What is life all about? So wonders thirteen-year-old Elli Friedmann as she fights for her life in a Nazi concentration camp. A remarkable memoir, *I Have Lived a Thousand Years* is a story of cruelty and suffering, but at the same time a story of hope, faith, perseverance, and love. It wasn't long ago that Elli led a normal life that included family, friends, school, and thoughts about boys. A life in which Elli could lie and daydream for hours that she was a beautiful and elegant celebrated poet. But these adolescent daydreams quickly darken in March 1944, when the Nazis invade Hungary. First Elli can no longer attend school, have possessions, or talk to her neighbors. Then she and her family are forced to leave their house behind to move into a crowded ghetto, where privacy becomes a luxury of the past and food becomes a scarcity. Her strong will and faith allow Elli to manage and adjust, but what she doesn't know is that this is only the beginning. The worst is yet to come

Statistics in a Nutshell

Max is used to being called Stupid. And he is used to everyone being scared of him. On account of his size and looking like his dad. Kevin is used to being called Dwarf. On account of his size and being some cripple kid. But greatness comes in all sizes, and together Max and Kevin become Freak The

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