

## **Im A Badass Woman And I Get What I Manifest 333 Challenge Journal Law Of Attraction Writing Workbook**

Badass Habits You Are a Badass® I Am Woman, I Am Invincible, I Am Tired The Most Powerful  
Woman in the Room Is You I Am That Girl Triathlon for the Every Woman It's Messy Women on Food 13  
Things Mentally Strong Women Don't Do America for Beginners Unleash Your Badass Business I Wasn't  
Born Bulletproof Kale & Caramel Work It Wander Woman 13 Things Mentally Strong People Don't  
Do Break the Good Girl Myth The Book of Dreams Come True Reckless God Must Think I'm a Bad  
Ass Positive Affirmations Sacred Woman I'm a Badass Woman and I Get What I Manifest Girl, Wash  
Your Face Bygone Badass Broads Daily Rituals Jambalaya Manifestation Journal for Women Dear  
Universe I Am Not Your Slave Badass Babe Workbook You Are a Badass Every Day Badass I'm a Badass  
Women I Get What I Manifest Law of Attraction Journal The Abc's of a Badass Bitch Girl, Stop  
Apologizing Some Tame Gazelle The Magic of Manifesting Burn the Place Pussy Prayers

### **Badass Habits**

Don't you think it's time for you to get what you want in life? This workbook is jam packed with lots of techniques and exercises to help you manifest and have the law of attraction work for you. Fact is, it is working day in and day out. Why not have it work for you the way you want it to? This book is suitable for beginners and the experienced in this topic. Here is what's included: Room for your vision boards

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visualization exercises the 5x55 method affirmations cheques tools to eliminate negative thoughts gratitude for 33 days straight Ho?oponopono exercise habit tracking exercises for positive thinking words and phrases to help you manifest room to reflect on your goals and help you to set them and much more! handy size 6" x 9" (15.24 x 22.86 cm) glossy finish softcover Ready to change your life for the better? Choose change and get yours now!

### **You Are a Badass®**

Seeks to inspire confidence in women to help them achieve the life they want.

### **I Am Woman, I Am Invincible, I Am Tired**

“10 New Books We’re Dying to Read in September” --The Zoe Report In this deeply personal collection of essays, creator of the The Conversation Amanda de Cadenet shares the hard-won advice and practical insights she’s gained through her experiences as businesswoman, friend, wife, and mother. Amanda is on a mission to facilitate conversations that allow all women to be seen, heard, and understood. Through her multimedia platform The Conversation, she interviews some of today’s most bad ass women—from Hillary Clinton to Lady Gaga—in no-holds-barred conversations that get to the heart of what means to be female. Now, in It’s Messy, Amanda offers readers an extension of that conversation, inviting them into her life and sharing her own story. From childhood fame to a high-profile marriage (and divorce) to teen motherhood to the sexism that threatened to end her career before

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it started, Amanda shares the good, the bad, and the messy of her life, synthesizing lessons she's learned along the way. Through it all, she offers an original perspective as a feminist on the front lines of celebrity culture. Edgy, irreverent, poignant and provocative, *It's Messy* addresses the issues, concerns, and experiences relevant to women today.

### **The Most Powerful Woman in the Room Is You**

Write your way to the life of your dreams. Reconnect with your true self and dare to dream big again. This manifestation journal is designed for anyone beginning a new phase, such as a birthday, a graduation, a new year, or a big change or anyone who could use fresh motivation and inspiration. Its writing exercises will help you illuminate your possibilities for happiness in the moment and success in the future. This journal includes easy creative writing prompts to get rid of negativity and beliefs that no longer serve you, replacing them with gratitude, fun, hope, and joy. It'll lead you through self-exploration and personal transformation, uncovering real truths about you and your destiny. More than anything else, this journal is about making wishes. It'll help you understand what you truly want—small things, and big things, too. Reality begins with your imagination. Words and ideas can change your life. Ignite your creativity and write yourself free from whatever's holding you back from your best life. Order the journal today and learn that dreams really can come true.

### **I Am That Girl**

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YOU ARE A BADASS IS THE SELF-HELP BOOK FOR PEOPLE WHO DESPERATELY WANT TO IMPROVE THEIR LIVES BUT DON'T WANT TO GET BUSTED DOING IT. In this refreshingly entertaining how-to guide, bestselling author and world-traveling success coach, Jen Sincero, serves up 27 bitesized chapters full of hilariously inspiring stories, sage advice, easy exercises, and the occasional swear word, helping you to: Identify and change the self-sabotaging beliefs and behaviors that stop you from getting what you want, Create a life you totally love. And create it NOW, Make some damn money already. The kind you've never made before. By the end of You Are a Badass®, you'll understand why you are how you are, how to love what you can't change, how to change what you don't love, and how to use The Force to kick some serious ass.

### **Triathlon for the Every Woman**

When a 20 year old is suddenly stricken with an incurable and rare brain condition her entire life will be turned upside down. In the novel God Must Think I'm A Bad Ass you'll learn about her battle and how she turns darkness in her life into a light for many others.

### **It's Messy**

Would you like to attract more abundance? More love, more happiness and more peace? It is possible and available for you right now, if you believe it to be true. Positive energy vibrates at a high frequency. If you focus on radiating this frequency first, you will naturally attract the equivalent in return, thus

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amplifying and magnifying positive energy in abundance. Daily Rituals is your personal guide book that will provide you with the tools needed to reach these high vibrational frequencies. Enclosed within these pages are positive affirmations and exercises dedicated to raise your vibration, clear old thought patterns and bring your mind into the present moment. As you consistently spend time connecting and worshipping your internal self, you will strengthen the communication channel to your Soul, the Source of Creation, and shift your state of consciousness closer to enlightenment. Join Phoebe Garnsworthy, Visionary and Metaphysical writer, as she shares her daily secrets of spiritual white witch magic.

### **Women on Food**

Women on Food unites the radical, diverging female voices of the food industry in this urgent, moving, and often humorous collection of essays, interviews, questionnaires, illustrations, quotes, and ephemera. Edited by Charlotte Druckman and featuring esteemed food journalists and thinkers, including Soleil Ho, Nigella Lawson, Diana Henry, Carla Hall, Samin Nosrat, Rachael Ray, and many others, this compilation illuminates the notable and varied women who make up the food world. Exploring issues from the #MeToo movement, gender bias in division of labor and the workplace, and the underrepresentation of women of color in leadership, to cultural trends including food and travel shows, the intersection of fashion and food, and the evolution of food writing in the last few decades, Women on Food brings together food's most vital female voices.

### **13 Things Mentally Strong Women Don't Do**

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555 Challenge Writing Exercise Journal This Workbook is made for you so you can achieve anything you want. It includes daily prompts and lines to write your manifestations. What You Need : A pen (Pencils won't suffice since they are much less permanent than pens) Up to an hour of spare time to dedicate to manifesting for 5 consecutive days A positive mindset and belief in the process Anything that helps you personally to create a sacred space and mood **SO GRAB YOUR COPY AND GET STARTED, MANIFEST THE LIFE YOU WANT AND DESERVE !**

### **America for Beginners**

From the co-creator of The Manifesting Academy and host of the Journey to Manifesting podcast, 200 mini meditations to help you rise above fear and manifest the life of your dreams

### **Unleash Your Badass Business**

Born out of the popular blog Kale & Caramel, this sumptuously photographed and beautifully written cookbook presents eighty recipes for delicious vegan and vegetarian dishes featuring herbs and flowers, as well as luxurious do-it-yourself beauty products. Plant-whisperer, writer, and photographer Lily Diamond believes that herbs and flowers have the power to nourish inside and out. “Lily’s deep connection to nature is beautifully woven throughout this personal collection of recipes,” says award-winning vegetarian chef Amy Chaplin. Each chapter celebrates an aromatic herb or flower, including basil, cilantro, fennel, mint, oregano, rosemary, sage, thyme, lavender, jasmine, rose, and orange

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blossom. Mollie Katzen, author of the beloved Moosewood Cookbook, calls the book “a gift, articulated through a poetic voice, original and bold.” The recipes tell a coming-of-age story through Lily’s kinship with plants, from a sun-drenched Maui childhood to healing from heartbreak and her mother’s death. With bright flavors, gorgeous scents, evocative stories, and more than one hundred photographs, Kale & Caramel creates a lush garden of experience open to harvest year round.

### **I Wasn't Born Bulletproof**

A NEW KIND OF SEX ED. Pussy Prayers is about rekindling the connection to your pleasure center - the space through which you manifest worlds - regardless of the body parts you do or don't have. These pages speak to the unique sexual experiences of Black women and femmes in order to help them heal from trauma and miseducation while learning how to powerfully conjure up a life that is dripping with sweetness - all by getting in touch with the one part of yourself that was divinely designed for pleasure. Here, you'll find stories, sister-girl-talk, and practical, easy-to-do rituals to begin your personal journey of understanding the importance of pleasure, its connection to manifestation, and ways to increase your personal power so you can enjoy #EverydayDeliciousness. BLACK GIRL BLISS is an educational platform dedicated to cultivating the spiritual, sexual, and self-care practices of Black women and femmes. Learn more at [BlackGirlBliss.com](http://BlackGirlBliss.com)

### **Kale & Caramel**

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This I'm a Badass Woman and I Get What I Manifest is perfect way for you to enhance your spirituality, abundance, self-esteem etc. This journal is suitable for one to write down positive thoughts and ideas related to one's goals and dreams. With 33x3 method of manifestation , you will improve law of attraction even more. Featuring pocket size book of 6"x9", it is convenient for you to carry around and write 33 times of your manifestation intentions on a day. First page of the book contains 33x3 manifestation journal & workbook guidelines to reduce resistance to law of attraction, thus increasing effectiveness. Each day after completing 33 affirmation statements, there is space provided of Things I am grateful for. This is to encourage positive thoughts & feelings after writing daily confirmations. Moreover, after 3 consecutive days, you are provided with your success story of manifestation intention. Write down feeling, thoughts and event occurred to you. Use this space to thank you universe, anyone or anything. Product dimension 6"x9" Pocket Size Printed in black&white paperback with Soft-Matte cover 120 Pages in total Great Tools to improve your own self using Law of Attraction

### **Work It**

Chrissie Hynde, for nearly four decades the singer/songwriter/ undisputed leader of the Pretenders, is a justly legendary figure. Few other rock stars have managed to combine her swagger, sexiness, stage presence, knack for putting words to music, gorgeous voice and just all-around kick-assedness into such a potent and alluring package. From “Tattooed Love Boys” and “Brass in Pocket” to “Talk of the Town” and “Back on the Chain Gang,” her signature songs project a unique mixture of toughness and vulnerability that millions of men and women have related to. A kind of one- woman secret tunnel linking punk and new wave to classic guitar rock, she is one of the great luminaries in rock history.

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Now, in her no-holds-barred memoir *Reckless*, Chrissie Hynde tells, with all the fearless candor, sharp humor and depth of feeling we've come to expect, exactly where she came from and what her crooked, winding path to stardom entailed. Her All-American upbringing in Akron, Ohio, a child of postwar power and prosperity. Her soul capture, along with tens of millions of her generation, by the gods of sixties rock who came through Cleveland—Mitch Ryder, David Bowie, Jeff Back, Paul Butterfield and Iggy Pop among them. Her shocked witness in 1970 to the horrific shooting of student antiwar protestors at Kent State. Her weakness for the sorts of men she calls “the heavy bikers” and “the get-down boys.” Her flight from Ohio to London in 1973 essentially to escape the former and pursue the latter. Her scuffling years as a brash reviewer for *New Musical Express*, shop girl at the Malcolm McLaren and Vivienne Westwood boutique 'Craft Must Wear Clothes But The Truth Loves To Go Naked', first-hand witness to the birth of the punk movement, and serial band aspirant. And then ,at almost the last possible moment, her meeting of the three musicians who comprised the original line-up of The Pretenders, their work on the indelible first album “The Pretenders,” and the rocket ride to “Instant” stardom, with all the disorientation and hazards that involved. The it all comes crashing back down to earth with the deaths of lead guitarist James Honeyman Scott and bassist Peter Farndon, leaving her bruised and saddened, but far from beaten. Because Chrissie Hynde is, among other things, one of rock's great survivors. We are lucky to be living in a golden age of great rock memoirs. In the aptly titled *Reckless*, Chrissie Hynde has given us one of the very best we have. Her mesmerizing presence radiates from every line and page of this book.

### **Wander Woman**

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Why Celebrities Swear by These 15 Powerful Techniques As The Secret to Anything You Want in Life  
Do you easily complain or start nagging whenever something isn't going your way? Do you give fault and make others responsible for your misery? Are you annoyed looking around seeing others having exactly what you want in life? Believe it or not, you are the driver of your own life and no one else can steal your seat if you don't let them. What if there were straight-forward, easy principles to get everything you want in life? Maybe you already manifest regularly or you've heard of it, but never tried it. Using manifestation means using the power of your thoughts, feelings or beliefs to bring something into your physical reality. At first, it sounds abstract, but science has proven, everything is made of energy: objects, animals, thoughts, and humans. There are laws that control how this energy flows and where it goes just as there are laws of gravity and laws of growth. The more you know about these laws the easier it is to navigate the energy you need in the right direction. No wonder that even stars like Will Smith, Jim Carey, Oprah Winfrey and Lady Gaga swear by manifestation as the secret to their success. Jim Carrey makes it sound really simple. He says: "As far as I can tell, it's just about letting the universe know what you want and then working towards it while letting go of how it comes to pass." Yet, there are reasons why some people are better at manifesting than others. There are a couple of fundamentals you need to understand in order to apply manifestation effectively. Yet, with a little guidance and the right techniques, your best life is waiting for you. This is only a select sample of what you'll discover in *The Magic of Manifestation: Flap or Fab: Why you should care about manifestation more than you think*  
The scientific secret behind changing your reality Why you might be manifesting your misery and how to avoid these common mistakes The smartest and most powerful way to attract anything you want in life How scientists manipulate your life with one particular weakness that outweighs all of science's strengths (check page 27) Is everything connected? Essentials about energy, flow, and connection Why

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your ego is the enemy and what you can do about it 15 techniques to guarantee your manifestation success story The #1 mental exercise Olympians and star athletes practice daily to increase their performance Intention vs. goals: The major difference and which is best to achieve success in life The biggest money lie revealed (check page 102) and how to create true abundance Warning Signs that you have a scarcity mindset and how to get rid of it And much more. If you think "manifestation" is just another 2020 buzzword, then you haven't heard the success stories of millions of people who made their dreams come true with this one powerful tool. It goes from 6-year-old Kabir who manifested to become the Malaysian David Copperfield and got invited to perform in The Magic Castle in Hollywood to family father Daniel who manifested his dream house in Maui. You don't have to be famous to be successful in life. These are average people, with average IQs and the natural power to manifest. Stop waiting for life to happen to you and start creating your best life right now. If you want to effortlessly get what you want, scroll up and click the "Add to Cart" button.

### **13 Things Mentally Strong People Don't Do**

LONGLISTED for the NATIONAL BOOK AWARD A “blistering yet tender” (Publishers Weekly) memoir that chronicles one chef’s journey from foraging on her family’s Midwestern farm to running her own Michelin-starred restaurant and finding her place in the world. Iliana Regan grew up the youngest of four headstrong girls on a small farm in Indiana. While gathering raspberries as a toddler, Regan learned to only pick the ripe fruit. In the nearby fields, the orange flutes of chanterelle mushrooms beckoned her while they eluded others. Regan’s profound connection with food and the earth began in childhood, but connecting with people was more difficult. She grew up gay in an

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intolerant community, was an alcoholic before she turned twenty, and struggled to find her voice as a woman working in an industry dominated by men. But food helped her navigate the world around her—learning to cook in her childhood home, getting her first restaurant job at age fifteen, teaching herself cutting-edge cuisine while hosting an underground supper club, and working her way from front-of-house staff to running her own kitchen. Regan’s culinary talent is based on instinct, memory, and an almost otherworldly connection to ingredients, and her writing comes from the same place. Raw, filled with startling imagery and told with uncommon emotional power, *Burn the Place* takes us from Regan’s childhood farmhouse kitchen to the country’s most elite restaurants in a galvanizing tale that is entirely original, and unforgettable.

### **Break the Good Girl Myth**

Everyday life may be rife with challenges for the modern woman, but she prevails with her hip humor and sassy sentiments. We may be invincible, but we are also tired; we may be quirky and stressed, but we also know how to live and love large, with attitude. Here is a book that celebrates you in all your outrageous glory.

### **The Book of Dreams Come True**

#1 NEW YORK TIMES BESTSELLER – OVER 3 MILLION COPIES SOLD Do you ever suspect that everyone else has life figured out and you don’t have a clue? If so, Rachel Hollis has something to tell

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you: that's a lie. If you have ever said any of these things to yourself . . . Something else will make me happy. I'm not a good mom. I will never get past this. I am defined by my weight. I should be further along by now. . . . then you could benefit from the unflinching faith and rock-hard tenacity Rachel Hollis has in store for you. In this challenging but conversational book, Rachel exposes the twenty lies and misconceptions that too often hold us back from living joyfully and productively, lies we've told ourselves so often we don't even hear them anymore. Rachel is real and talks about real issues. More than that, she reveals the specific practical strategies that helped her move past them. In the process, she encourages, entertains, and even kicks a little butt, all to convince you to do whatever it takes to get real and become the joyous, confident woman you were meant to be. Because you really can live with passion and hustle – and give yourself grace without giving up.

### **Reckless**

Based on Mackenzi Lee's popular weekly Twitter series of the same name, *Bygone Badass Broads* features 52 remarkable and forgotten trailblazing women from all over the world. With tales of heroism and cunning, in-depth bios and witty storytelling, *Bygone Badass Broads* gives new life to these historic female pioneers. Starting in the fifth century BC and continuing to the present, the book takes a closer look at bold and inspiring women who dared to step outside the traditional gender roles of their time. Coupled with riveting illustrations and Lee's humorous and conversational storytelling style, this book is an outright celebration of the badass women who paved the way for the rest of us.

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## **God Must Think I'm a Bad Ass**

A transformative blueprint of ancestral healing from the renowned herbalist, natural health expert, and healer of women's bodies and souls “Just when I thought I was all alone, I found myself walking with a group of conscious women who were taking sacred steps and speaking sacred words. We were on our way to Queen Afua's Global Sacred Woman Village. Come with us, there's Maat—balance and order—there.”—Erykah Badu Through extraordinary meditations, affirmations, and rituals rooted in ancient Egyptian temple teachings, Queen Afua teaches us how to love and rejoice in our bodies by spiritualizing the words we speak, the foods we eat, the spaces we live and work in, and the transcendent woman spirit we manifest. Sacred Woman gives us a program of spirit rejuvenation and creativity consciousness. Queen Afua summons us to enter the Gateways of Initiation, where she blesses us with the exact tools we need to bring our beings into true harmony with the earth and the cosmos. With love, wisdom, and passion, Queen Afua guides us to accept our mission and our mantle as Sacred Women—to heal ourselves, the generations of women in our families, our communities, and our world. Praise for Sacred Woman “Sacred Woman flings open the gates of understanding the feminine essence. It is the return of the soul force to women.”—Jewel Pookrum, MD, PhD (Sunut Arit) “Queen Afua is an extraordinary healer, teacher, mother, and keeper of our legacy. Through Sacred Woman, she has given us the sacred tools we need to live our lives in this new century.”—Hazelle Goodman, actress “Sacred Woman offers profound wisdom to all who seek healing and transformation. Queen Afua is a national treasure.”—Bob Law, author, radio personality, and vice president of WWRL

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## **Positive Affirmations**

New York Times bestselling author Jen Sincero gets to the core of transformation: habits--breaking, making, understanding, and sticking with them like you've never stuck before. *Badass Habits* is a eureka-sparking, easy-to-digest look at how our habits make us who we are, from the measly moments that happen in private to the resolutions we loudly broadcast (and, erm, often don't keep) on social media. Habit busting and building goes way beyond becoming a dedicated flosser or never showing up late again--our habits reveal our unmet desires, the gaps in our boundaries, our level of self-awareness, and our unconscious beliefs and fears. *Badass Habits* features Jen's trademark hilarious voice and offers a much-needed fresh take on the conventional wisdom and science that shape the optimism (or pessimism?) around the age-old topic of habits. The book includes enlightening interviews with people who've successfully strengthened their discipline backbones, new perspective on how to train our brains to become our best selves, and offers a simple, 21 day, step-by-step guide for ditching habits that don't serve us and developing the habits we deem most important. Habits shouldn't be impossible to reset--and with healthy boundaries, knowledge of--and permission to go after--our desires, and an easy to implement plan of action, we can make any new goal a joyful habit.

## **Sacred Woman**

In the time of the #MeToo and #TimesUp movement, international bestselling author and leading global expert on mental strength Amy Morin turns her focus to feminism, explaining what it means—and what it

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takes—to be a mentally strong woman. The emergence of the #MeToo and #TimesUp movements have awakened society and encouraged women to find their voice and claim their power. But to do this, women must learn to improve their own mental strength. Contending with a host of difficult issues—from sexual assault on college campuses, to equal pay and pay gaps, to mastering different negotiation styles—demands psychological toughness. In this crucial book, prominent psychotherapist and licensed clinical social worker Amy Morin gives women the techniques to build mental muscle—and just as important, she teaches them what not to do. What does it mean to be a mentally strong woman? Delving into critical issues like sexism, social media, social comparison, and social pressure, Amy addresses this question and offers thoughtful, intelligent advice, practical tips, and specific strategies and combines them with personal experiences, stories from former patients, and both well-known and untold examples from women from across industries and pop culture. Throughout, she explores the areas women—and society at large—must focus on to become (and remain) mentally strong. Amy reveals that healthy, mentally tough women don't insist on perfection; they don't compare themselves to other people; they don't see vulnerability as a weakness; they don't let self-doubt stop them from reaching their goals. Wise, grounded, and essential, *13 Things Mentally Strong Women Don't Do* can help every woman flourish—and ultimately improve our society as well.

### **I'm a Badass Woman and I Get What I Manifest**

This is a book for badass women in need of a little boost. "The ABC's of a Badass Bitch" is a chill pill in a book--but one with some zing and inspiration. It's a quick to-the-point guide filled with humor, universal truths, and spirited sass. Essentially, an adult children's book a.k.a. "Goodnight Moon" for

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fierce females everywhere.

## **Girl, Wash Your Face**

“I believe we can change the world. But first, we’ve got to stop living in fear of being judged for who we are.” Rachel Hollis has seen it too often: women not living into their full potential. They feel a tugging on their hearts for something more, but they’re afraid of embarrassment, of falling short of perfection, of not being enough. In *Girl, Stop Apologizing*, #1 New York Times bestselling author and founder of a multimillion-dollar media company, Rachel Hollis sounds a wake-up call. She knows that many women have been taught to define themselves in light of other people—whether as wife, mother, daughter, or employee—instead of learning how to own who they are and what they want. With a challenge to women everywhere to stop talking themselves out of their dreams, Hollis identifies the excuses to let go of, the behaviors to adopt, and the skills to acquire on the path to growth, confidence, and believing in yourself.

## **Bygone Badass Broads**

Presents fresh research and powerful stories to give voice to a new generation of women driven by challenge and change Offers compelling advice on how to make wandering a life strategy, not just a series of unplanned events Includes probing questions and thought-provoking exercises to help readers find peace in life's chaos and confusion 2011 Axiom Award Gold Medal winner in the category of

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Women in Business There's a new generation of high-achieving women today—confident, ambitious, accomplished, driven. And yet, as master coach Marcia Reynolds discovered, many of them are also anxious, discontented, and frustrated. They're constantly questioning their purpose, juggling multiple roles, and reevaluating their goals. As a result they're restless—they move from job to job, from challenge to challenge, almost on impulse. They're wander women. Existing personal growth books, so focused on empowerment and encouragement, can't help these women. They don't need to find their voice—they know how to roar. They don't expect balance in their lives—but they long to find peace in the chaos. They aren't necessarily focused on gaining a seat in the boardroom—they want projects that mean something or businesses they run on their own. Reynolds helps wander women understand the roots of their restlessness and make their wandering a conscious strategy, not a reaction. Drawing on extensive research and interviews she illuminates the needs that drive their decisions and the core assumptions that lock them into rigid perfectionist patterns. She offers a wealth of exercises and practices that will enable wander women to reset their mental programming, discover new ways of finding direction, and thoughtfully choose and plan their futures, whether they climb the corporate ladder, find satisfaction below the glass ceiling, or set out on their own. For every woman plagued by frustration and self-doubt—“Will what I've done ever feel good enough?”—Wander Woman sets the stage to uncover the answers to life's tough questions about meaning and purpose, significance and value, and the legacy you can leave from a life lived well.

### **Daily Rituals**

From the #1 New York Times bestselling author, pocket-size inspiration and guidance to keep your

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transformation on track For anyone who has ever had trouble staying motivated while trailblazing towards badassery, *You Are a Badass Every Day* is the companion to keep you fresh, grateful, mighty, and driven. In one hundred exercises, reflections, and cues that you can use to immediately realign your mind and keep your focus unwavering, this guide will show you how to keep the breakthroughs catalyzed by Sincero's iconic books *You Are a Badass* and *You Are a Badass at Making Money* going. Owning your power to ascend to badassery is just the first step in creating the life you deserve—*You Are A Badass Every Day* is the accountability buddy you can keep in your back pocket to power through obstacles, overcome the doubts that hold you back from greatness, and keep the fires of determination roaring while you reach your goals.

### **Jambalaya**

"A must-read for any woman who is ready to design a life on her own terms." – Sophia Amoruso, Founder and CEO, *Girlboss Women*: it's time to break the good girl myths that are holding you back and share your true gifts with this groundbreaking book from Stanford University-trained designer and women's leadership expert Majo Molfino. For thousands of years, women have been taught to be "good" instead of powerful. But when we embody the good girl, we hold back their voices and gifts in a world that desperately needs female perspectives. Drawing on countless coaching sessions and conversations with female leaders, Majo identifies five self-sabotaging tendencies ("the five Good Girl Myths") every woman must overcome to unleash her power and design a more purposeful life: While there are many women's leadership books, Majo uses her knowledge and training in design thinking (which is used by the world's most innovative people and companies) to help you build creative

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confidence and break free from these disempowering myths once and for all. Discover how each myth negatively affects your relationships, career, and well-being and identify your primary good girl myth – the blindspot that’s zapping most of your power as a creative badass. If you’re a woman who can’t seem to get your voice or ideas out into the world, Break the Good Girl Myth will finally help you understand why and light the way out so you can become the woman you’re meant to be. Your time – our time – is now.

### **Manifestation Journal for Women**

"Kick bad mental habits and toughen yourself up."—Inc. Master your mental strength—revolutionary new strategies that work for everyone from homemakers to soldiers and teachers to CEOs. Don’t waste time feeling sorry for yourself Don’t give away your power Don’t shy away from change Don’t focus on things you can’t control Don’t worry about pleasing everyone Don’t fear taking calculated risks Don’t dwell on the past Don’t make the same mistakes over and over Don’t resent other people’s success Don’t give up after the first failure Don’t fear alone time Don’t feel the world owes you anything Don’t expect immediate results

### **Dear Universe**

A Marvelous Blend of Memoir, Folk Wisdom, and Afro-American Beliefs. Actress, storyteller, and priestess Luisah Teish dramatically re-creates centuries-old African-American traditions with music,

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memoir, and folk wisdom.

## **I Am Not Your Slave**

Unleash Your Badass Business is an intensive Workbook for entrepreneurs who are ready to massively expand their online empires. This four part workbook is designed to teach you how to Manifest big money in your business. Learn how to work through the transformation process of becoming a true leader so you can attract massive clients. Learn how to get clear about your vision, align with your purpose and build a life you crave. Throughout this 175 page workbook, you are taken on a transformation journey to become the version of yourself you always wanted to be, gaining true clarity in your business like never before. The Unleash Your Badass Business is a roadmap for female entrepreneurs, professional women, side hustlers, and anyone who's truly hungry to level up and play big in their passion. You can find out more about Lauren Eliz Love on instagram @Badassbusinessbabe Facebook by searching Badass Business Babe, or online at [badassbusinessbabe.com](http://badassbusinessbabe.com)

## **Badass Babe Workbook**

You Are a Badass for aspiring triathletes: a practical and inspiring guide to getting off the couch and on the trail to race your first -- or 50th -- triathlon When Meredith Atwood first shared her journey from tired, overworked wife and mom to successful triathlete, her story resonated with women everywhere, online at [SwimBikeMom.com](http://SwimBikeMom.com) and in the first edition of Triathlon for the Every Woman. Now with her

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own IRONMAN finishes, experience, and triathlon coaching expertise, Meredith is back with even more wisdom. In this fully revised edition, Atwood not only shares how she went from the couch to an IRONMAN 70.3 triathlon in just over a year, but also shares the latest expertise from coaches, nutritionists, and athletes on each component of the triathlon: swimming, biking, and running. With compact training plans, the most current nutrition advice, updated resources, and the latest information on long-distance racing, this new edition has all you need to make your triathlon goals a reality.

### **You Are a Badass Every Day**

The actress best known for her performances in "Beverly Hills 90210" and "Charmed" offers advice on how to live with confidence and style, sharing stories of personal hardships while discussing dating, shopping, and handling rivals.

### **Badass**

Since catapulting to reality TV stardom on the hit MTV series Teen Mom and 16 and Pregnant, Maci Bookout has become a mother of three, a successful businesswoman, and a sought-after motivational speaker—all by the tender age of 25. As she traveled across the country, speaking to young people and sharing her inspiring story, the one comment Maci kept hearing over and over was, “You’re so strong. You make it all look so easy.” But Maci was not born “bulletproof.” She taught herself to be strong despite her struggles and to turn adversity into advantages. In *I Wasn’t Born Bulletproof*, bestselling

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author Maci shares with readers the truth behind her Teflon exterior and offers fun, inspirational advice for everyone.

### **I'm a Badass Women I Get What I Manifest Law of Attraction Journal**

I am Not Your Slave is the shocking true story of a young African girl, Tupa, who was abducted from southwestern Africa and funneled through an extensive yet almost completely unknown human trafficking network spanning the entire African continent. As she is transported from the point of her abduction on a remote farm near the Namibian-Angolan border and channeled to her ultimate destination in Dubai in the United Arab Emirates, her three-year odyssey exposes the brutal horrors of a modern day middle passage. During her ordeal, Tupa encounters members of Africa's notorious gangs, terrifying witchdoctors, mysterious middlemen from China, corrupt police and border officials, Arab smugglers and high-ranking United Nations officials. And of course, Tupa meets her fellow trafficking victims, young women and girls from around the world. Tupa's harrowing experience, including her daring escape and eventual return home, sheds light on the most shocking aspects of modern day slavery, as well as the essential determination to be free.

### **The Abc's of a Badass Bitch**

The Senior Vice President of Christie's and seasoned auctioneer Lydia Fenet, with her "razor-sharp humor and her don't-mess-with-me gavel strike" (Mariska Hargitay, star of Law & Order: Special

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Victims Unit), shares the secrets of success and the strategies behind her revolutionary sales approach to show you how to embrace and channel your own power in any room. Who is the most powerful woman in the room? She's the one who can raise a million dollars in a minute. She's the one who can command the attention of a group of any size from one person to five thousand. She's the one who can sell anything to anyone. And she can be you. As a senior executive at Christie's, leader in her field, and one of Gotham magazine's Most Influential Women in New York, Lydia Fenet knows firsthand that the one skill that can set women apart in both their personal life and career is the ability to sell. *The Most Powerful Woman in the Room Is You* equips you with everything you need to know—from how to sell authentically and how to network (or die), to the importance of never apologizing (start negotiating instead), how to perfect your poker face, and always, always, tell the truth. Most of all, she offers plenty of encouragement to take ownership in your position and look for opportunities to innovate. Filled with additional case studies, thoughtful insights, and meaningful advice from some of the most powerful and successful women in business, fashion, journalism, sports, and the arts, *The Most Powerful Woman in the Room Is You* "is an insightful, inspiring guide for women who are trying to claim their own seat at the table" (New York Journal of Books).

### **Girl, Stop Apologizing**

An empowering career guide featuring bold advice from 50 high-profile women on how to succeed in work, leadership and life You don't have to be a #Girlboss or "lean in" to have a dream career and live a life you love. In *Work It*, CEO of Likeable Media and popular podcast host Carrie Kerpen shares lessons from her career and an "advisory board" of powerful women in a wide range of industries to help women

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everywhere make their aspirations a reality. Packed with actionable tips and stories from the likes of Sheryl Sandberg, Aliza Licht, and Reshma Saujani, this inspiring book reveals their counterintuitive secrets for success, including: - How and when to say “no” – whether it’s a dream job that just isn’t the right cultural fit or a low salary proposal, as well as when to say “yes” - How to make your career work for you and your family rather than the other way around - How to develop your own FAB PAB (Fabulous Personal Advisory Board) – a support network of women – rather than work with a single mentor - The importance of talking openly about money – from job offer negotiations and cash flow management, to fundraising venture capital dollars With advice on everything from mastering social media to navigating office politics and the seemingly impossible work/life balance, *Work It* arms every woman with the courage and skills to achieve success and happiness on her terms.

### **Some Tame Gazelle**

Channel your inner lady badass by harnessing creativity with the *Badass Babe Workbook*! This empowering art book highlights the accomplishments and messages of over 100 badass babes with prompts, art activities, and writing exercises that will encourage you to unearth, fuel, and cultivate your own inner superpowers, unleash your creativity, and find your voice. Get details on trailblazing, badass babes -- scientists, artists, athletes, writers, activists, poets, entertainers, and boundary breakers -- and you will see how creativity and self-expression combine to energize change yourself, and in the world. The *Badass Babe Workbook* is a playground for you to tap into your ideas, find your voice, and be reminded of the difference each of us can make when we are unafraid and assured in what we envision and express. In these complex, sometimes bewildering times, the *Badass Babes Workbook* keeps you

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engaged and connected with phenomenal women. Dig deep into yourself, polish up your gifts, fight injustice, and be your biggest, best, badass self!

### **The Magic of Manifesting**

A novel of two sisters in postwar England that lets you “step into the Jane Austen–like lives of Harriet and Belinda Bede” (The Christian Science Monitor). Belinda and Harriet Bede live together in a small English village. Shy, sensible Belinda has been secretly in love with Henry Hoccleve—the poetry-spouting, married archdeacon of their church—for thirty years. Belinda’s much more confident, forthright younger sister Harriet, meanwhile, is ardently pursued by Count Ricardo Bianco. Although she has turned down every marriageable man who proposes, Harriet still welcomes any new curate with dinner parties and flirtatious conversation. And one of the newest arrivals, the reverend Edgar Donne, has everyone talking. A warm, affectionate depiction of a postwar English village, *Some Tame Gazelle* perfectly captures the quotidian details that make up everyday life. With its vibrant supporting cast, it’s also a poignant story of unrequited love.

### **Burn the Place**

Recalling contemporary classics such as *Americanah*, *Behold the Dreamers*, and *The Brief Wondrous Life of Oscar Wao*, a funny, poignant, and insightful debut novel that explores the complexities of family, immigration, prejudice, and the American Dream through meaningful and unlikely friendships

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forged in unusual circumstances. Pival Sengupta has done something she never expected: she has booked a trip with the First Class India USA Destination Vacation Tour Company. But unlike other upper-class Indians on a foreign holiday, the recently widowed Pival is not interested in sightseeing. She is traveling thousands of miles from Kolkata to New York on a cross-country journey to California, where she hopes to uncover the truth about her beloved son, Rahi. A year ago Rahi devastated his very traditional parents when he told them he was gay. Then, Pival's husband, Ram, told her that their son had died suddenly—heartbreaking news she still refuses to accept. Now, with Ram gone, she is going to America to find Rahi, alive and whole or dead and gone, and come to terms with her own life. Arriving in New York, the tour proves to be more complicated than anticipated. Planned by the company's indefatigable owner, Ronnie Munshi—a hard-working immigrant and entrepreneur hungry for his own taste of the American dream—it is a work of haphazard improvisation. Pival's guide is the company's new hire, the guileless and wonderfully resourceful Satya, who has been in America for one year—and has never actually left the five boroughs. For modesty's sake Pival and Satya will be accompanied by Rebecca Elliot, an aspiring young actress. Eager for a paying gig, she's along for the ride, because how hard can a two-week "working" vacation traveling across America be? Slowly making her way from coast to coast with her unlikely companions, Pival finds that her understanding of her son—and her hopes of a reunion with him—are challenged by her growing knowledge of his adoptive country. As the bonds between this odd trio deepens, Pival, Satya, and Rebecca learn to see America—and themselves—in different and profound new ways. A bittersweet and bighearted tale of forgiveness, hope, and acceptance, *America for Beginners* illuminates the unexpected enchantments life can hold, and reminds us that our most precious connections aren't always the ones we seek.

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## **Pussy Prayers**

Positive Affirmations – Empowering Daily Affirmations to Easily Attract Health, Healing, and Happiness Into Your Life. Discover what positive affirmations are all about, why they are so powerful at affecting change, and how to integrate them effortlessly into your daily life. Do you consciously control your thoughts to focus on positive outcomes, or allow your subconscious mind to let negative or unhelpful thoughts take over? Fortunately, positive affirmations can be used to transform our lives in exceptional ways. Throughout the book you'll learn how to use affirmations to permanently alter the way you think, to move away from damaging self-beliefs, and to actively pursue the life you really want. Inside the book you'll discover:

- What affirmations really are
- Why they are so powerful
- How to use them productively
- Simple techniques to radically alter your subconscious thoughts
- Easy methods to replace negative thoughts
- Empowering tips to ensure your personal affirmations really work
- Positive affirmation examples
- Step by step actions to immediately attract health, healing and happiness

Positive affirmation statements can help remove mental barriers, replace negative self-talk, and develop empowering daily habits. Our aim is to provide you with ideas, inspiration, and encouragement to craft your own uplifting affirmation statements, which will repeatedly deliver the rewards you desire. Follow the techniques, methods and tips in this book, and you'll be empowered to:

- Stop negative thoughts or self-doubt holding you back
- Start focusing on positive change
- Control your subconscious thoughts with empowering affirmations
- Feel happier, healthier, and full of positive energy

Through the use of positive affirmations you can consistently improve your health, heal your body and mind, and move toward daily happiness. Jump in and discover how you can influence your thoughts, attract great things into your life, and step closer to your ideal future.

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