

## Cicely Saunders A Life And Legacy

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### Beyond the Horizon

The concept of a "good death" has been hotly debated in medical circles for decades. This volume delves into the possibility and desirability of a "good death" by presenting the psychosocial measures of care as a crucial component, such as religion, existentialism, hope and meaning-making. The volume also focuses on oncologic psychiatry and the influence of technology as a means to alleviate pain and suffering, and potentially provide relief to those at the end of life. Such initiatives are aimed at diminishing pain and are socially bolstering and emotionally comforting to ensure a

peaceful closure with life as opposed to a battle waged. Utilizing the most recent information from medical journals and books to present the latest on healthcare and dying today, this volume crosses the boundaries of thanatology, psychology, religion, spirituality, medical ethics and public health.

## **Cicely Saunders**

"Illuminated with a wide variety of images, this book traces the long history of yellow around the world. In antiquity, yellow was considered a sacred color, a symbol of light, warmth, wealth, and prosperity. But in medieval Europe, it became highly ambivalent: greenish yellow came to signify demonic sulfur and bile, the color of forgers, felon knights, traitors, Judas, and Lucifer-while warm yellow recalled honey and gold, serving as a sign of joy, pleasure and abundance. The yellow stars of the Holocaust were seared into the color's negative tradition. In Europe today, yellow has diminished to a discreet color. Greenish yellow can still be seen as dangerous, sickly, or poisonous, and golden yellow remains positive, but the color is absent in much of everyday life and is lacking in symbolism. In Asia, however, yellow pigments like ocher and orpiment and dyes like saffron, curcuma, and gaude are abundant. Painting and dyeing in this color has been easier than in Europe, offering a richer and more varied palette of yellows that has granted the color a more positive meaning. In ancient China, for example, yellow clothing was reserved for the emperor. In India, the color is seen as a source of happiness: wearing a little yellow is believed to keep evil away. And importantly, it is the color of Buddhism, whose temple doors are marked with the color. Yellow continues to have different meanings in different cultural

traditions, but in most, the color remains associated with light and sun, something that can be seen from afar and that seems warm and always in motion"--

## **Textbook of Palliative Care**

This second edition of the text will equip frontline caregivers to respond to the changing needs of any person living with life-limiting illness and their family. You will learn best practice skills for participating fully as a vital member of the health care team. Integrating a Palliative Approach will increase your confidence and competence in providing compassionate palliative care for the dying person and their family by developing your capacity to: 1) integrate a palliative approach and support the person and family through decline and during last days and hours; 2) provide culturally safe palliative care that is free of systemic bias and racism; 3) understand and provide psychosocial care for the person and family; and 4) develop self-care practices to sustain you. This is a rare text that engages you with its warmth and heart--it is an essential resource for all frontline caregivers. "Stunning artwork, accessible text, relevant case studies, and up-to-date evidence are woven together to stimulate learning and reflection about palliative care philosophy and practice." -- David Kenneth Wright, PhD, RN, CHPCN(C), Associate Professor, School of Nursing, University of Ottawa "You will feel safe to explore your biases and understand Indigenous ways of knowing and being as recommended in the Truth and Reconciliation Calls to Action." -- Sheila Blackstock, RN, BScN, MScN, COHN PhD (c), Gitksan First Nation, Associate Teaching Professor, Thompson Rivers University School of Nursing "The second edition of Integrating a Palliative Approach is, in fact, an essential resource for personal

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support workers. The book continues to be a unique resource providing comprehensive information regarding physical and psychosocial needs." -- Betty Ferrell, PhD, FAAN, FPCN Professor and Director, Nursing Research, City of Hope Medical Center; Principal Investigator, the End of Life Nursing Education Consortium (ELNEC) project "The section on self-care, an area that students may feel they do not need to study, contains concrete information on its importance and ideas for developing a plan for self-care." -- Zola Goebel, Director, Sprott Shaw College, Lead Curriculum for Health Care Assistant curriculum "This text is the resource for PSW education, for workplace education and independent study." -- Pippa Hawley, B.Med, FRCPC (PM) Head, UBC Division of Palliative Care, and BC Cancer Pain and Symptom Management / Palliative Care Program Medical Leader "Kath and her team have done a wonderful job of integrating the most up-to-date frameworks for person centred care and packaged nuggets of wisdom and experience in a digestible, accessible and visually attractive package." -- Doris Barwich MD, CCFP (PC), Medical Director, British Columbia Centre for Palliative Care "This resource directly acknowledges the valuable role of the PSW as a knowledgeable and integral member of the interprofessional team, it is a 'must-have' resource for all frontline caregivers seeking ways to provide excellent care for others, while nourishing their practice for personal fulfilment." -- Andrea Leatherdale, RN, BScN, GDPI, PMEd, Professor, Practical Nursing, Centennial College "[This] edition is a beautiful balance of practical, approachable, and inspirational. The touchstones take various new competency frameworks, breaks them into easily digestible snippets and ties everything together as part of a bigger whole." -- Nadine Valk, BA, MPA, Executive Director / Directrice Générale. Champlain Hospice Palliative Care Program

## **NURSING CARE AT THE END OF LIFE**

"I hope a great many will read this bookIt does offer insight and understanding so that all those who have contact with the terminally ill can do more to help them"Journal of the American Medical Association Copyright © Libri GmbH. All rights reserved.

## **Palliative Care Perspectives**

Award-winning journalist and New York Times bestselling author Gerald Posner traces the heroes and villains of the trillion-dollar-a-year pharmaceutical industry and uncovers how those once entrusted with improving life have often betrayed that ideal to corruption and reckless profiteering—with deadly consequences. Pharmaceutical breakthroughs such as antibiotics and vaccines rank among some of the greatest advancements in human history. Yet exorbitant prices for life-saving drugs, safety recalls affecting tens of millions of Americans, and soaring rates of addiction and overdose on prescription opioids have caused many to lose faith in drug companies. Now, Americans are demanding a national reckoning with a monolithic industry. Pharma introduces brilliant scientists, in-corruptible government regulators, and brave whistleblowers facing off against company executives often blinded by greed. A business that profits from treating ills can create far deadlier problems than it cures. Addictive products are part of the industry's DNA, from the days when corner drugstores sold morphine, heroin, and cocaine, to the past two decades of dangerously overprescribed opioids. Pharma also uncovers the real story of the Sacklers, the family that became one of America's wealthiest from the success of OxyContin, their blockbuster

narcotic painkiller at the center of the opioid crisis. Relying on thousands of pages of government and corporate archives, dozens of hours of interviews with insiders, and previously classified FBI files, Posner exposes the secrets of the Sacklers' rise to power—revelations that have long been buried under a byzantine web of interlocking companies with ever-changing names and hidden owners. The unexpected twists and turns of the Sackler family saga are told against the startling chronicle of a powerful industry that sits at the intersection of public health and profits. Pharma reveals how and why American drug companies have put earnings ahead of patients.

## **Spiritual Care at the End of Life**

## **Palliative Care for Non-cancer Patients**

Drawing from his extensive clinical experience and many years of teaching, Dr. Hallenbeck has written a guide to palliative care for clinicians. Topics addressed range from an overview of death and dying to specific approaches to symptom management. As an introduction to both the art and science of palliative care, this book reflects the perspectives of one physician who has dedicated his career to this rapidly evolving field. The book links real stories of illness with practical advice, thereby delineating clinical practice in a way that reflects the daily concerns of clinicians.

## **Cicely Saunders**

Dame Cicely Saunders was the founder of the Hospice Movement, in which Britain leads the world. Her work

transformed our approach to the care of the dying, and also the debate about euthanasia. She died in 2005 and her memorial service was held in Westminster Abbey in March 2006. This biography includes chapters that cover the years after 1984.

## History of Medicine

The specialty of palliative care has traditionally grown out of oncology. This study considers the needs and experiences of patients dying from, for instance, stroke, heart disease or dementia by drawing on a range of specialties in medicine.

## Pharma

Dr. Byock, one of the foremost palliative care physicians in the country, argues that the way we die represents a national crisis. Though the vast majority of Americans would prefer to die peacefully, at home, many will spend their last days in a disease treatment system ruled by high-tech procedures and a philosophy to 'fight disease and illness at all costs.' Dr. Byock, puts a human face on the issue by telling richly moving stories - at once heartwrenching and uplifting - of people coping with the most difficult moments in their lives. As the pace of health care reform accelerates, he shows what truly excellent care can look like, and how wise and skilful doctors, nurses, and clinical teams can profoundly shape families' experiences of illness, caregiving, and loss. Told through page-turning life-or-death medical drama, *The Best Care Possible* is a compelling and passionate meditation on medicine and ethics. It has the power to lead a new national conversation. 'Dr. Byock's mission is to help everyone . . . find meaning, dignity, and peace in these final months of life.'

Prevention magazine'In this strikingly important book, Byock presents an agenda for end-of-life care that should serve as an ideal template on which to build out best hopes for the final days of those we love and of ourselves - and a corrective for our society.' Sherwin B. Nuland, MD, Yale Interdisciplinary Center for Bioethics; author of How We Die

## **To Comfort Always**

A remarkable story of a personal vision and sense of calling this text provides an insight into the establishment of the hospice movement and its development world-wide.

## **Narrative and Stories in Health Care**

The color red has represented many things, from the life force and the divine to love, lust, and anger. Up through the Middle Ages, red held a place of privilege in the Western world. For many cultures, red was not just one color of many but rather the only color worthy enough to be used for social purposes. In some languages, the word for red was the same as the word for color. The first color developed for painting and dying, red became associated in antiquity with war, wealth, and power. In the medieval period, red held both religious significance, as the color of the blood of Christ and the fires of Hell, and secular meaning, as a symbol of love, glory, and beauty. Yet during the Protestant Reformation, red began to decline in status. Viewed as indecent and immoral and linked to luxury and the excesses of the Catholic Church, red fell out of favor. After the French Revolution, red gained new respect as the color of progressive movements and radical left-wing politics. In this beautifully illustrated book, Michel Pastoureau, the acclaimed author of *Blue, Black, and Green*, now

masterfully navigates centuries of symbolism and complex meanings to present the fascinating and sometimes controversial history of the color red. Pastoureau illuminates red's evolution through a diverse selection of captivating images, including the cave paintings of Lascaux, the works of Renaissance masters, and the modern paintings and stained glass of Mark Rothko and Josef Albers.

## **Integrating a Palliative Approach**

This open access book aims to provide a comprehensive but practical overview of the knowledge required for the assessment and management of the older adult with or at risk of fragility fracture. It considers this from the perspectives of all of the settings in which this group of patients receive nursing care. Globally, a fragility fracture is estimated to occur every 3 seconds. This amounts to 25 000 fractures per day or 9 million per year. The financial costs are reported to be: 32 billion EUR per year in Europe and 20 billion USD in the United States. As the population of China ages, the cost of hip fracture care there is likely to reach 1.25 billion USD by 2020 and 265 billion by 2050 (International Osteoporosis Foundation 2016). Consequently, the need for nursing for patients with fragility fracture across the world is immense. Fragility fracture is one of the foremost challenges for health care providers, and the impact of each one of those expected 9 million hip fractures is significant pain, disability, reduced quality of life, loss of independence and decreased life expectancy. There is a need for coordinated, multi-disciplinary models of care for secondary fracture prevention based on the increasing evidence that such models make a difference. There is also a need to promote and facilitate high quality, evidence-based effective care to those who suffer a

fragility fracture with a focus on the best outcomes for recovery, rehabilitation and secondary prevention of further fracture. The care community has to understand better the experience of fragility fracture from the perspective of the patient so that direct improvements in care can be based on the perspectives of the users. This book supports these needs by providing a comprehensive approach to nursing practice in fragility fracture care.

### **The Best Care Possible**

Hospice chaplains have traditionally played a unique part in palliative care, providing human compassion and support to help ease life's final chapter. This book thoughtfully tackles the question at the heart of modern hospice chaplaincy: do chaplains have a distinctive role in an increasingly secular society? A comprehensive look at why and how this work needs to be done, each chapter will be a rich resource for hospice chaplains and anyone working within a hospice multi-disciplinary team. Taking the form of reflections by chaplains and other professionals, they examine the tension between sacred and secular space, explore how spiritual care works in a changing society, and look at what voice a chaplain has within the hospice team. Essential reading for chaplains, this insightful book reflects on the important work undertaken by hospice chaplaincies and explains why they continue to be a vital resource for end-of-life care.

### **Advice for Future Corpses (and Those Who Love Them)**

Fifth Sun offers a comprehensive history of the Aztecs, spanning the period before conquest to a century after the

conquest, based on rarely-used Nahuatl-language sources written by the indigenous people.

## **The Unwinding of the Miracle**

It was a dynasty with more wealth, passion, and power than the houses of Windsor, Kennedy, and Rockefeller combined. It shaped all of Europe and controlled politics, scientists, artists, and even popes, for three hundred years. It was the house of Medici, patrons of Botticelli, Michelangelo and Galileo, benefactors who turned Florence into a global power center, and then lost it all. The House of Medici picks up where Barbara Tuchman's *Hibbert* delves into the lives of the Medici family, whose legacy of increasing self-indulgence and sexual dalliance eventually led to its self-destruction. With twenty-four pages of black-and-white illustrations, this timeless saga is one of Quill's strongest-selling paperbacks.

## **Hospice**

Palliative medicine was first recognised as a specialist field in 1987. One hundred years earlier, London based doctor William Munk published a treatise on 'easeful death' that mapped out the principles of practical, spiritual, and medical support at the end of life. In the intervening years a major process of development took place which led to innovative services, new approaches to the study and relief of pain and other symptoms, a growing interest in 'holistic' care, and a desire to gain more recognition for care at the end of life. This book traces the history of palliative medicine, from its nineteenth-century origins, to its modern practice around the world. It takes in the changing meaning of 'euthanasia', assesses the role of religious and philanthropic organisations

in the creation of homes for the dying, and explores how twentieth-century doctors created a special focus on end of life care. *To Comfort Always* traces the rise of clinical studies, academic programmes and international collaborations to promote palliative care. It examines the continuing need to support development with evidence, and assesses the dilemmas of unequal access to services and pain relieving drugs, as well as the periodic accusations of creeping medicalization within the field. This is the first history of its kind, and the breadth of information it encompasses makes it an essential resource for those interested in the long-term achievements of palliative medicine as well as the challenges that remain.

## **All in the End is Harvest**

The new edition of this successful book has been up-dated to incorporate recent advances in both approach to, and treatment of, the terminally ill. Based on many years of monitoring clinical practice and research at St Christopher's Hospice, Dame Cicely Saunders presents practical, balanced advice on the general ethical and medical principles of caring for dying patients. This will continue to be an invaluable handbook for all hospice physicians and nurses as a compassionate source of factual information.

## **Yellow**

Examining discoveries and disasters, ideas, patients, and diseases in fields from anatomy to pharmacology to surgery, this is a highly accessible overview of medical history as a vibrant component of intellectual and cultural history.

## **Cicely Saunders**

The use of narrative methods has a long history in palliative care, pioneered by Dame Cicely Saunders, founder of the modern hospice movement, *Narrative and Stories in Health Care* provides a vibrant, multidisciplinary examination of work with narrative and stories in contemporary health and social care, with a focus on the care of people who are ill and dying. It animates the academic literature with provocative 'real-world' examples from international contributors, including palliative care service users and those working in the social and human sciences, medicine, theology, and the creative arts. *Narrative and Stories in Health Care* addresses and clarifies core issues: What is a narrative? What is a story? What are some of the main methods and models that can be used and for what purposes? What practical and ethical dilemmas can the methods entail in work with illness, death and dying? As well as highlighting the power of stories to create new possibilities, the book also acknowledges the conceptual, methodological and ethnical problems and challenges inherent in narrative work. As the hospice and palliative care movement evolves to meet the challenges of 21st century health care, this fascinating book highlights how narratives and stories can be attended to in ways that are productive, ethical, and caring.

## **Hospice and Palliative Medicine and Supportive Care Flashcards**

As he recounts the different ways of dying he has witnessed as a hospice doctor, Michael Kearney demonstrates the importance of restoring--or finding--a psychological wholeness within. Quotations from the writings of thinkers

from Francis Bacon to Teilhard de Chardin, and wisdom gleaned from a variety of cultures and religions, deepen the power of Dr. Kearney's message. Photos.

## Living with Dying

Born at the end of World War One into a prosperous London family, Cicely Saunders struggled at school before gaining entry to Oxford University to read Politics, Philosophy and Economics. As World War Two gained momentum, she quit academic study to train as a nurse, thereby igniting her lifelong interest in caring for others. Following a back injury, she became a medical social worker, and then in her late 30s, qualified as a physician. By now her focus was on a hugely neglected area of modern health services: the care of the dying. When she opened the world's first modern hospice in 1967 a quiet revolution got underway. Education, research, and clinical practice were combined in a model of 'total care' for terminally ill patients and their families that quickly had a massive impact. In *Cicely Saunders: A Life and Legacy*, David Clark draws on interviews, correspondence, and the publications of Cicely Saunders to tell the remarkable story of how she pursued her goals through the complexity of her personal life, the skepticism of others, and the pervasive influence of her religious faith. When she died in 2005, her legacy was firmly established in the growing field of hospice and palliative care, which had now gained global recognition.

## Red

*Hospice and Palliative Medicine and Supportive Care Flashcards* is a comprehensive, evidence-based book of flashcards for clinicians caring for patients who require

hospice and palliative care and supportive care. Written in a clinical scenario/vignette, question and answer format by experts with first-hand experience in the field, the flashcards are highly readable and serve as a source of fast answers to clinical questions in the field. A total of 300 flashcards are organized into chapters by symptom/disease and provide readers with up-to-date information that follow the core curriculum of American Board of Hospice and Palliative Medicine for ease of use and rapid review for exams. This book will equip care professionals with key concepts related to the assessment and management of palliative care, making it an ideal point-of-care quick reference material for physicians, nurse practitioners, fellows, residents, and students.

## **Mortally Wounded**

"A Collection of essays and reflections, Cicely Saunders explores a deep and enduring preoccupation: the relationship between personal biography, the spiritual life and an ethics of care." --Cover.

## **Watch with Me**

NEW YORK TIMES BESTSELLER • As a young mother facing a terminal diagnosis, Julie Yip-Williams began to write her story, a story like no other. What began as the chronicle of an imminent and early death became something much more—a powerful exhortation to the living. “An exquisitely moving portrait of the daily stuff of life.”—The New York Times Book Review (Editors’ Choice) NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • Time • Real Simple • Good Housekeeping That

## Free Reading Cicely Saunders A Life And Legacy

Julie Yip-Williams survived infancy was a miracle. Born blind in Vietnam, she narrowly escaped euthanasia at the hands of her grandmother, only to flee with her family the political upheaval of her country in the late 1970s. Loaded into a rickety boat with three hundred other refugees, Julie made it to Hong Kong and, ultimately, America, where a surgeon at UCLA gave her partial sight. She would go on to become a Harvard-educated lawyer, with a husband, a family, and a life she had once assumed would be impossible. Then, at age thirty-seven, with two little girls at home, Julie was diagnosed with terminal metastatic colon cancer, and a different journey began. *The Unwinding of the Miracle* is the story of a vigorous life refracted through the prism of imminent death. When she was first diagnosed, Julie Yip-Williams sought clarity and guidance through the experience and, finding none, began to write her way through it—a chronicle that grew beyond her imagining. Motherhood, marriage, the immigrant experience, ambition, love, wanderlust, tennis, fortune-tellers, grief, reincarnation, jealousy, comfort, pain, the marvel of the body in full rebellion—this book is as sprawling and majestic as the life it records. It is inspiring and instructive, delightful and shattering. It is a book of indelible moments, seared deep—an incomparable guide to living vividly by facing hard truths consciously. With humor, bracing honesty, and the cleansing power of well-deployed anger, Julie Yip-Williams set the stage for her lasting legacy and one final miracle: the story of her life. Praise for *The Unwinding of the Miracle* “Everything worth understanding and holding on to is in this book. . . . A miracle indeed.”—Kelly Corrigan, New York Times bestselling author “A beautifully written, moving, and compassionate chronicle that deserves to be read and absorbed widely.”—Siddhartha Mukherjee, Pulitzer Prize-winning author of *The Emperor of All Maladies*

## Death and the Migrant

Palliative care is undergoing a period of rapid change, both in perceptible ways such as legislation, policy, and clinical guidelines, but also in its philosophy and ethics. There is ambiguity surrounding even the definitions used, ranging from palliative care, to supportive care, to end of life care. Randall and Downie propose that the uncertainties in the current thinking on end of life care may change the two ethical (and legal) principles on which modern medical care has been built -that practitioners must obtain the informed consent of the patient for treatment, and that practitioners must seek the best health interests of their patients. They will examine a wide range of issues, themes and contradictions prevalent in modern palliative/end of life care. These include: choice, assisted suicide, roles and values, responsibility, rights, Advance Care Plans, withdrawal and withholding of treatment, advocacy, the Mental Capacity Act, best interests, definitions, and the new Department of Health End of Life Care Strategy. This Palliative care is undergoing a period of rapid change in perceptible ways through legislation, policy, and clinical guidelines, but also in its philosophy and ethics. End of Life Choices: Consensus and Controversies examines a wide range of issues, themes and contradictions prevalent in modern palliative/end of life care. These include: choice, assisted suicide, roles and values, responsibility, rights, Advance Care Plans, withdrawal and withholding of treatment, advocacy, the Mental Capacity Act, best interests, definitions, and the new Department of Health End of Life Care Strategy. Split into two sections, End of Life Choices: Consensus and Controversies provides guidance through the ethical minefield that has developed for doctors and nurses who care for patients towards the end of life. The first section discusses

some of the issues of end of life care as they are still widely encountered by GPs, nurses and hospital clinicians. It presents a mainly consensus view on patient choice, consent, life-prolonging treatment and symptom relief, including sedation. The second section discusses some current controversies, such as advance care planning, preferred place of care and death, physician assisted suicide, and extended ideas of 'best interests', including the idea that there are therapeutic duties to the relatives of patients. Additional online resources outline the common ethical theories and the vocabulary used in ethical theory which will be useful for readers who are taking part in training courses. The authors hope that this book will provide a guide through the complexity of clinical situations and current regulations, and also stimulate informed debate on current controversial issues. It will be of use to all those involved in care of the terminally ill, both specialists and those outside the current palliative care domain, as well as policy makers, researchers and ethicists.

### **On Death and Dying**

The definitive Oxford Textbook of Palliative Medicine, now in its fifth edition, has again been thoroughly updated to offer a truly global perspective in this field of extraordinary talent and thoughtfulness. Updated to include new sections devoted to assessment tools, care of patients with cancer, and the management of issues in the very young and the very old, this leading textbook covers all the new and emerging topics since its original publication in 1993. In addition, the multi-disciplinary nature of palliative care is emphasized throughout the book, covering areas from ethical and communication issues, the treatment of symptoms and the management of

pain. The printed book is complemented with 12 months free access to the online version, which includes expanded chapter information and links from the references to primary research journal articles, ensuring this edition continues to be at the forefront of palliative medicine. This fifth edition of the Oxford Textbook of Palliative Medicine is dedicated to the memory of Professor Geoffrey Hanks, pioneer in the field of palliative medicine, and co-editor of the previous four editions. A truly comprehensive text, no hospital, hospice, palliative care service, or medical library should be without this essential source of information.

## **Changing the Face of Death**

Cicely Saunders is universally acclaimed as a pioneer of modern hospice care. Trained initially in nursing and social work, she qualified in medicine in 1958 and subsequently dedicated the whole of her professional life to improving the care of the dying and bereaved people. Founding St Christopher's Hospice in London in 1967, she encouraged a radical new approach to end of life care combining attention to physical, social, emotional and spiritual problems, brilliantly captured in her concept of 'total pain'. Her ideas about clinical care, education and research have been hugely influential, leading to numerous prizes and awards in recognition of her humanitarian achievements. In this book the sociologist and historian David Clark presents a selection of her vast correspondence, together with his own commentary. The letters of Cicely Saunders tell a remarkable story of vision, determination and creativity. They should be read by anyone interested in how we die in the modern world.

## **Fifth Sun**

Explores how religious understandings of death are experienced in hospice care.

## **End of Life Choices**

Death and the Migrant is a sociological account of transnational dying and care in British cities. It chronicles two decades of the ageing and dying of the UK's cohort of post-war migrants, as well as more recent arrivals. Chapters of oral history and close ethnographic observation, enriched by photographs, take the reader into the submerged worlds of end-of-life care in hospices, hospitals and homes. While honouring singular lives and storytelling, *Death and the Migrant* explores the social, economic and cultural landscapes that surround the migrant deathbed in the twenty-first century. Here, everyday challenges - the struggle to belong, relieve pain, love well, and maintain dignity and faith – provide a fresh perspective on concerns and debates about the vulnerability of the body, transnationalism, care and hospitality. Blending narrative accounts from dying people and care professionals with insights from philosophy and feminist and critical race scholars, Yasmin Gunaratnam shows how the care of vulnerable strangers tests the substance of a community. From a radical new interpretation of the history of the contemporary hospice movement and its 'total pain' approach, to the charting of the global care chain and the affective and sensual demands of intercultural care, Gunaratnam offers a unique perspective on how migration endows and replenishes national cultures and care. Far from being a marginal concern, *Death and the Migrant* shows that transnational dying is very much a predicament of our time, raising questions and concerns that are relevant to all of us.

## **Oxford Textbook of Palliative Medicine**

### **Psychosocial Interventions in End-of-Life Care**

#### **War in the Shadows**

Describes the life and work of Dame Cicely Saunders, founder of the modern hospice movement, which provides care for the dying.

#### **The House Of Medici**

A NEW YORK TIMES BOOK CRITICS' TOP 10 BOOK OF THE YEAR "In its loving, fierce specificity, this book on how to die is also a blessedly saccharine-free guide for how to live" (The New York Times). Former NEA fellow and Pushcart Prize-winning writer Sallie Tisdale offers a lyrical, thought-provoking, yet practical perspective on death and dying in *Advice for Future Corpses (and Those Who Love Them)*. Informed by her many years working as a nurse, with more than a decade in palliative care, Tisdale provides a frank, direct, and compassionate meditation on the inevitable. From the sublime (the faint sound of Mozart as you take your last breath) to the ridiculous (lessons on how to close the sagging jaw of a corpse), Tisdale leads us through the peaks and troughs of death with a calm, wise, and humorous hand. *Advice for Future Corpses* is more than a how-to manual or a spiritual bible: it is a graceful compilation of honest and intimate anecdotes based on the deaths Tisdale has witnessed in her work and life, as well as stories from cultures, traditions, and literature around the world. Tisdale

explores all the heartbreaking, beautiful, terrifying, confusing, absurd, and even joyful experiences that accompany the work of dying, including: *A Good Death*: What does it mean to die “a good death”? Can there be more than one kind of good death? What can I do to make my death, or the deaths of my loved ones, good? *Communication*: What to say and not to say, what to ask, and when, from the dying, loved ones, doctors, and more. *Last Months, Weeks, Days, and Hours*: What you might expect, physically and emotionally, including the limitations, freedoms, pain, and joy of this unique time. *Bodies*: What happens to a body after death? What options are available to me after my death, and how do I choose—and make sure my wishes are followed? *Grief*: “Grief is the story that must be told over and over. Grief is the breath after the last one.” Beautifully written and compulsively readable, *Advice for Future Corpses* offers the resources and reassurance that we all need for planning the ends of our lives, and is essential reading for future corpses everywhere. “Sallie Tisdale’s elegantly understated new book pretends to be a user’s guide when in fact it’s a profound meditation” (David Shields, bestselling author of *Reality Hunger*).

### **Religious Understandings of a Good Death in Hospice Palliative Care**

Brookes, known for his mastery of the English language, turns an account of the death of his mother into a work hailed as literature by book critics, and as moving testimony of the value of hospice care by leaders of the hospice movement.

### **Care of the Dying**

This collection has brought comfort to many facing bereavement, with its anthology of prose and poetry for those who grieve. A perfect bedside book.

### **Fragility Fracture Nursing**

In 1962 the young Patrick Marnham set off by car for a small village in central France. There he was taught French by an imperious countess, who he later discovered had fought in the Resistance until, betrayed, she was sent to Ravensbrück concentration camp. On the very same day that his hostess's network was broken, Jean Moulin, de Gaulle's delegate as head of the combined Resistance forces, was arrested in Lyons, where he was tortured by Klaus Barbie before dying in Gestapo custody. Was this coincidence, or were these events connected? The anonymous letter writer suggested a key to the mystery. Using a knowledge of France gained from 12 years as the Independent's Paris correspondent, and subsequent research in archives in England and France, Marnham set out to discover the truth about the betrayal of the old lady who had become his tutor and friend. Following a trail leading from London through Occupied Europe to the rank and file Resistance in lost corners of France, he has unravelled the story of a complex wartime deception, involving British, American and French intelligence services. *The War in the Shadows* shines a light on the brutality and cynicism of the Secret War and reveals how it was actually fought. The result is a story of ruthless double-dealing worthy of John le Carré, but with this difference: it is not a fiction.

### **Chaplaincy in Hospice and Palliative Care**

## **Cicely Saunders**

Textbook of Palliative Care is a comprehensive, clinically relevant and state-of-the art book, aimed at advancing palliative care as a science, a clinical practice and as an art. Palliative care has been part of healthcare for over fifty years but we still find ourselves having to explain its nature and practice to colleagues and to the public in general. Healthcare education and training has been slow to recognize the vital importance of ensuring that all practitioners have a good understanding of what is involved in the care of people with serious or advanced illnesses and their families. However, the science of palliative care is advancing and our understanding concerning many aspects of palliative care is developing rapidly. The book is divided into separate sections for ease of use. Over 100 chapters written by experts in their given fields provide up-to-date information on a wide range of topics of relevance to those providing care towards the end of life no matter what the disease may be. We present a global perspective on contemporary and classic issues in palliative care with authors from a wide range of disciplines involved in this essential aspect of care. The Textbook includes sections addressing aspects such as symptom management and care provision, organization of care in different settings, care in specific disease groups, palliative care emergencies, ethics, public health approaches and research in palliative care. This Textbook will be of value to practitioners in all disciplines and professions where the care of people approaching death is important, specialists as well as non-specialists, in any setting where people with serious advanced illnesses are residing. It is also an important resource for researchers, policy-and decision-makers at national or regional levels. Neither the science nor the art of palliative care will stand still so we aim

to keep this Textbook updated as the authors find new evidence and approaches to care.

## **Signs of Life**

Chaplains in healthcare settings offer patients spiritual care that involves companionship, counselling and maintaining hope. This is particularly important at the point where a patient has run out of treatment possibilities. This book reflects creatively on the work that chaplains do with people who are dying and the unique quality of the relationship that palliative care professionals construct with patients at the end of life. Based on qualitative research with practising palliative care chaplains, *Spiritual Care at the End of Life* explores the nature of hope in its different forms at different stages of terminal illness, and asks how chaplains can help dying people to be hopeful even when facing the inevitability of their death. The book identifies key moments in this relationship, from the person's initial reaction to the chaplain, to the chaplain becoming an accompanying presence and creating the potential to provide comfort, strength and "hope in the present". This thoughtful and inquisitive book investigates the underlying theory that spiritual care is rooted in relationship. It has implications for practice in the work of chaplains, counsellors and all healthcare professionals supporting people who are dying.

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