

Ebook PDF Format Calendar 2021 2022 Parkour
Gym Jumper Running Gymnastics Runner
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Calendar 2021 2022 Parkour Gym Jumper Running Gymnastics Runner Obstacle Course Parkourpark 01 01 2021 31 12 2022 Calendar A5 6 X 9 Weekly Pages Great As Parkours Training Accessories

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Parkour Training Come From Away: Welcome to the Rock Peter
Pan REMINDERS. Doggos Doing Things Twelve Patients Marvel's
The Avengers La Vita Nuova The Paris Library College Prep Genius
Workbook Running Beyond Essential Assessment Spaceman of
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Unexplainable Disappearance of Mars Patel Monsters Eat Whiny
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Again Traditions & Encounters Shadow Jumper Asphalt to
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Parkour Strength Training

Parkour Roadmap

J.M. Barrie's classic fantasy tale of the boy who would not grow up

brings the fairies, mermaids, and lost boys to young readers. When Wendy, John, and Michael follow Peter Pan to the Neverland they encounter the lost boys, Indians, and Captain Hook and his pirates! The incredible adventures with Peter are retold in the Calico Illustrated Classics adaptation of Barrie's Peter Pan. Calico Chapter Books is an imprint of Magic Wagon, a division of ABDO Group. Grades 3-8.

Love Lettering

Shadow Jumper is winner of the Gold Award in the Wishing Shelf Book Awards 2014. A thrilling mystery adventure with contemporary themes, for children aged 10 and above. The truth is out there somewhere . . . but how far will Jack jump to find it? Jack Phillips's allergy to sunshine confines him to the shadows, leaving him lonely and at risk of life-threatening burns every time he steps into the light. Shadow jumping on the rooftops at dusk makes him feel alive. And free. But Jack's condition is suddenly worse than ever and only his missing scientist dad can save him. As Jack and his new friend, Beth, begin their frantic search and delve into his dad's past for clues, they have no idea what they are about to uncover. Shocking rumours and dark secrets bombard them at every turn. Shadow Jumping takes courage. But when it comes to the truth, will Jack be brave enough to face it?

Essential Parkour Training

"On the basis of a superficial inspection, Traditions & Encounters might look similar to several other textbooks that survey the world's past. Like other books, for example, Traditions & Encounters examines the historical development of societies in Asia, Europe, Africa, the Americas, and Oceania. Yet Traditions & Encounters differs from other works in two particularly important ways. First, it

relies on a pair of prominent themes to bring a global perspective to the study of world history: it traces the historical development of individual societies in all world regions, and it also focuses attention systematically on interactions between peoples of different societies. Second, it organizes the human past into seven eras that represent distinct and coherent periods of global historical development"--Preface (Page xvi).

Come From Away: Welcome to the Rock

In *Learning Targets*, Connie M. Moss and Susan M. Brookhart contend that improving student learning and achievement happens in the immediacy of an individual lesson--what they call "today's lesson"--or it doesn't happen at all. The key to making today's lesson meaningful? Learning targets. Written from students' point of view, a learning target describes a lesson-sized chunk of information and skills that students will come to know deeply. Each lesson's learning target connects to the next lesson's target, enabling students to master a coherent series of challenges that ultimately lead to important curricular standards. Drawing from the authors' extensive research and professional learning partnerships with classrooms, schools, and school districts, this practical book * Situates learning targets in a theory of action that students, teachers, principals, and central-office administrators can use to unify their efforts to raise student achievement and create a culture of evidence-based, results-oriented practice. * Provides strategies for designing learning targets that promote higher-order thinking and foster student goal setting, self-assessment, and self-regulation. * Explains how to design a strong performance of understanding, an activity that produces evidence of students' progress toward the learning target. * Shows how to use learning targets to guide summative assessment and grading. *Learning Targets* also includes reproducible planning forms, a classroom walk-through guide, a

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lesson-planning process guide, and guides to teacher and student self-assessment. What students are actually doing during today's lesson is both the source of and the yardstick for school improvement efforts. By applying the insights in this book to your own work, you can improve your teaching expertise and dramatically empower all students as stakeholders in their own learning.

Peter Pan

REMINDERS.

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Doggos Doing Things

Saulo Ribeiro—six-time Brazilian Jiu-Jitsu World Champion—is world-renowned for his functional jiu-jitsu knowledge and flawless technique. In Jiu-Jitsu University, Ribeiro shares with the public for

the first time his revolutionary system of grappling, mapping out more than 200 techniques that carry you from white to black belt. Illuminating common jiu-jitsu errors and then illustrating practical remedies, this book is a must for all who train in jiu-jitsu. Not your run-of-the-mill technique book, Jiu-Jitsu University is a detailed training manual that will ultimately change the way jiu-jitsu is taught around the globe.

Twelve Patients

Teach Yourself Parkour! This is a beginner's parkour training manual like no other. Essential parkour techniques are those which are safe to use on a whim. Like if you were running away from someone in an unfamiliar area. There are no fancy free-running movements in these parkour lessons. It starts with beginner parkour movement and parkour strength training. Then it progresses to harder parkour techniques. Learn parkour the safe way, because this is a comprehensive beginners training manual. Get it now. Step-by-Step Parkour Training Essential Parkour Training is a progressive parkour training manual. This is very important for safety and building confidence. * Each parkour lesson uses progressive parkour training steps. * Written in simple language and accompanied with easy to follow pictures where needed. This parkour book is split into 6 sections according to the type of movement: * Safety. Parkour is not a dangerous activity as long as you progress slowly. Do not take unnecessary risks, and learn the correct parkour safety techniques. * Warm-ups and Conditioning. Using basic parkour exercises such as balance and quadrupedal movement. * Running and Jumping. Parkour techniques to get you over or between obstacles without touching them. This section also includes explanations of parkour games and runs. * Vaults. The essential vaults needed to overcome any medium sized obstacle. Includes the safety vault, speed vault, kong vault, reverse vault, and

more. * Wall Movement. Cat hangs, wall runs, and other movements to use when negotiating obstacles too big to vault. * Bar Movement. Bar focused movements that are not in previous sections. Includes laches, underbars, muscle-ups, etc. It covers all the parkour skills you need to get from one point to another as fast as possible! Parkour for Kids, Adults, Male, and Female * A basic parkour workout is a fun and challenging way to keep fit. * See the world around you in a new light. * Increase your imagination. * Overcome fear. * Build confidence. Includes 4 Free Bonuses! Get your copy of Essential Parkour Training today and you will also receive: * A 6-week parkour training schedule - Your complete parkour roadmap. * Special report: How to swim 50+ meters underwater. * The 16 principles of self-defense. Fundamental lessons to protect yourself from violent attacks. * A critical first aid guide including an emergency first aid cheat sheet. Discover the most useful parkour techniques to get you out of danger, because this is a training manual like no other. Get it now.

Marvel's The Avengers

The celebrated civil rights leader outlines the trends in the African American struggle during the sixties, and pleads for peaceful coexistence between the African American and white communities.

La Vita Nuova

The debut novel from the PEN/Faulkner Award Winning Author of The Buddha in the Attic On a sunny day in Berkeley, California, in 1942, a woman sees a sign in a post office window, returns to her home, and matter-of-factly begins to pack her family's possessions. Like thousands of other Japanese Americans they have been reclassified, virtually overnight, as enemy aliens and are about to be uprooted from their home and sent to a dusty internment camp in

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the Utah desert. In this lean and devastatingly evocative first novel, Julie Otsuka tells their story from five flawlessly realized points of view and conveys the exact emotional texture of their experience: the thin-walled barracks and barbed-wire fences, the omnipresent fear and loneliness, the unheralded feats of heroism. When the Emperor Was Divine is a work of enormous power that makes a shameful episode of our history as immediate as today's headlines.

The Paris Library

“This literary thriller's complex narrative involves a cursed house, an unsolved murder and impeccable writing.” —The New York Times Book Review The basis for the Netflix Film Things Heard and Seen Recent transplants to the small town of Chosen, New York, the Clares have not received the warmest welcome; once a thriving dairy farm, their home is haunted by the tragedy that left the former owner's three sons orphaned and adrift. Late one winter afternoon, professor George Clare knocks on his neighbor's door with terrible news: he returned from work to find his wife, Catherine, murdered in their bed. Someone took an ax to her head while their three-year-old daughter, Franny, played alone in her room across the hall. As one dark secret peels away to reveal others—and as the Clare marriage reveals itself to have a sinister darkness that rivals the farm's history—Elizabeth Brundage offers a rich and complex portrait of the scars that can haunt a community for generations and the dark longings inside each and every one of us that drive us to do inexplicable things.

College Prep Genius Workbook

The renowned National Geographic photographer and educator presents a host of his acclaimed photographs, organized by theme, accompanied by personal anecdotes, explanations, and behind-the-

Come From Away: Welcome to the Rock - a fully illustrated companion volume to the hit Tony Award-winning Broadway musical, featuring the book and lyrics for the first time in print, backstage stories and the real history behind the show's events, character design sketches, and songs that ended up on the cutting room floor. The Tony Award-winning Broadway musical Come From Away tells the remarkable true story of a small town that welcomed the world. On September 11, 2001, 38 planes and 6,579 passengers were forced to land in the provincial town of Gander, Newfoundland. The local residents opened their arms to the displaced visitors, offering food, shelter, and friendship. In the days that followed, cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night, and gratitude grew into enduring friendships. Come From Away: Welcome to the Rock is the ultimate companion piece to Irene Sankoff and David Hein's smash-hit musical based on that extraordinary experience. Featuring the complete book and lyrics for the first time in print, a foreword by Canadian Prime Minister Justin Trudeau, and exclusive photos of the company and physical production, this essential companion also includes original interviews with passengers, Gander residents, and the actors who portray them. The narrative by theater historian Laurence Maslon details the events of that memorable and challenging week and also traces the musical's development from the ten-year reunion of residents and airline passengers in Gander, where the idea for the musical was born, to the global phenomenon it is today. Come From Away: Welcome to the Rock gives an unprecedented look behind the curtain and demonstrates why the story has touched so many so deeply: Because we come from everywhere, we all come from away.

Essential Assessment

Dad has warned Henry and Eve: If you whine too much, monsters will eat you. Henry and Eve don't listen, of course. The only problem is, when the monster comes, he can't find the right recipe for whiny children—and neither can his monster friends! A whiny child salad doesn't work because there's paprika in the dressing. A whiny child cake won't do because the flour spills all over the floor. And whiny child burgers are out of the question because the grill is too hard to light up. Arguments and hilarity ensue. And just when our persnickety monsters decide on the perfect dish...the worst thing of all happens....

Spaceman of Bohemia

In different centuries of historic Persia, two princes despair over the corruption in their worlds, and as everything they believe in begins to fade, the princes find that only they can stand against the twilight of their eras. Original. Media tie-in. 125,000 first printing. \$100,000 ad/promo.

The Humor Code

A practical and engaging relationship workbook for couples, focusing on communication skills for addressing common issues and reconnecting and strengthening bonds. Learn to communicate effectively, meaningfully, and lovingly--even in tense situations. From colliding over household chores to navigating career changes together, conflict is a part of every relationship--even healthy ones. The problem is: most of us haven't been taught how to navigate conflict in healthy ways. Thankfully, certified relationship coach Dr. Gina Senarighi shows us that change is possible. In *Love More, Fight Less*, she offers skills that will help you build a solid

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foundation for working through conflicts, repairing past hurts, and moving forward. - EFFECTIVE COMMUNICATION SKILLS AND ACTIVITIES that improve your self-awareness and help you build accountability, trust, and healthy boundaries with your partner - DETAILED SCENARIOS AND INTERPRETATIONS of the common pitfalls in relationships around issues of intimacy, career, finances, family and more - STEP-BY-STEP GUIDANCE AND EXPERT INSIGHT to help you transform your relationship's conflict patterns

Love More, Fight Less: Communication Skills Every Couple Needs

Case Studies from North America, Scandinavia, Japan, and Great Britain demonstrate natural outdoor teaching environment that support hand-on learning in science, math, language, and art in ways that nurture healthy imagination and socialization Asphalt to Ecosystems is a compelling color guidebook for designing and building natural schoolyard environments that enhance childhood learning and play experiences while providing connection with the natural world. With this book, Danks broadens our notion of what a well-designed schoolyard should be, taking readers on a journey from traditional, ordinary grassy fields and asphalt, to explore the vibrant and growing movement to "green" school grounds in the United States and around the world. This book documents exciting green schoolyard examples from almost 150 schools in 11 countries, illustrating that a great many things are possible on school grounds when they are envisioned as outdoor classrooms for hands-on learning and play. The book's 500 vivid, color photographs showcase some of the world's most innovative green schoolyards including: edible gardens with fruit trees, vegetables, chickens, honey bees, and outdoor cooking facilities; wildlife habitats with prairie grasses and ponds, or forest and desert

ecosystems; schoolyard watershed models, rainwater catchment systems and waste-water treatment wetlands; renewable energy systems that power landscape features, or the whole school; waste-as-a-resource projects that give new life to old materials in beautiful ways; K-12 curriculum connections for a wide range of disciplines from science and math to art and social studies; creative play opportunities that diversify school ground recreational options and encourage children to run, hop, skip, jump, balance, slide, and twirl, as well as explore the natural world first hand. The book grounds these examples in a practical framework that illustrates simple landscape design choices that all schools can use to make their schoolyards more comfortable, enjoyable and beautiful, and describes a participatory design process that schools can use to engage their school communities in transforming their own asphalt into ecosystems.

The Cricket in Times Square

"A frenetically imaginative first effort, booming with vitality and originality . . . Kalfar's voice is distinct enough to leave tread marks."-Jennifer Senior, New York Times Shortlisted for the Center for Fiction's 2017 First Novel Prize New York Times Book Review Editors' Choice Best New Fiction -- Wall Street Journal An intergalactic odyssey of love, ambition, and self-discovery Orphaned as a boy, raised in the Czech countryside by his doting grandparents, Jakub Procházka has risen from small-time scientist to become the country's first astronaut. When a dangerous solo mission to Venus offers him both the chance at heroism he's dreamt of, and a way to atone for his father's sins as a Communist informer, he ventures boldly into the vast unknown. But in so doing, he leaves behind his devoted wife, Lenka, whose love, he realizes too late, he has sacrificed on the altar of his ambitions. Alone in Deep Space, Jakub discovers a possibly imaginary giant alien spider, who

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becomes his unlikely companion. Over philosophical conversations about the nature of love, life and death, and the deliciousness of bacon, the pair form an intense and emotional bond. Will it be enough to see Jakub through a clash with secret Russian rivals and return him safely to Earth for a second chance with Lenka? Rich with warmth and suspense and surprise, Spaceman of Bohemia is an exuberant delight from start to finish. Very seldom has a novel this profound taken readers on a journey of such boundless entertainment and sheer fun.

The Unexplainable Disappearance of Mars Patel

In Parkour Strength Training, you will learn how to: - Accelerate your athletic development with three fundamental bodyweight exercises - Promote the flexibility and mobility necessary for safe obstacle-based fitness - Prepare and condition your joints to avoid injuries - Train safely outdoors - Remedy the common faults and errors that plague parkour newcomers - Incorporate ground-based exercises, such as quadrupedal movement, bounding, and jumping into your workouts - Use low obstacles such as benches, handrails, and walls for full-body strength training - Fly over barriers using three basic vaults - Mount, traverse, and overcome head-high walls and bar structures - Master proper climb-up technique using many supplemental exercises - Design an effective strength training program - Combine skill-based drills and games to become a more well-rounded practitioner - Dominate obstacle courses

Monsters Eat Whiny Children

Chonkybois, lowriders, borkers, and floofs -- these are just a few of the many cute characters you'll discover in Doggos Doing Things, an irresistible gift book based on the wildly popular Instagram account of the same name. This hilarious book pairs adorable

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Parkour Training Academy

photos of puppos of all shapes (from smol flufferinos to long boys), sizes (from big woofers to lil yippers), and breeds (from puggos to labbers and huskos) with ridiculous captions describing what they're up to -- which is usually looking for snaccos or just bestowing love upon their hoomans. With more than 150 pictures of adorable pupperinos and a thicc layer of humor by way of the internet's unique dog speak, it's a celebration of man's best friend and good boys (and girls) everywhere.

Jiu-Jitsu University

An intimate, fresh perspective on the most powerful woman in American political history, House Speaker Nancy Pelosi, by award-winning political journalist Molly Ball She's the iconic leader who puts Donald Trump in his place, the woman with the toughness to take on a lawless president and defend American democracy. Ever since the Democrats took back the House in the 2018 midterm elections, Nancy Pelosi has led the opposition with strategic mastery and inimitable elan. It's a remarkable comeback for the veteran politician who for years was demonized by the right and taken for granted by many in her own party—even though, as speaker under President Barack Obama, she deserves much of the credit for epochal liberal accomplishments from universal access to health care to saving the US economy from collapse, from reforming Wall Street to allowing gay people to serve openly in the military. How did an Italian grandmother in four-inch heels become the greatest legislator since LBJ? Ball's nuanced, page-turning portrait takes readers inside the life and times of this historic and underappreciated figure. Based on exclusive interviews with the Speaker and deep background reporting, Ball shows Pelosi through a thoroughly modern lens to explain how this extraordinary woman has met her moment.

"The Parkour Road Map is a detailed guide to Parkour history, culture, and technique from the experience of a professional parkour athlete. Gathering information from the world's best Parkour athletes and coaches, The Parkour Roadmap is an indispensable tool for practitioners of all levels."--from Amazon.com.

Make America Healthy Again

Instant New York Times bestseller USA TODAY and Washington Post bestseller #1 LibraryReads Pick Named a Most Anticipated Book of the Year by Library Journal and Goodreads ?????Based on the true World War II story of the heroic librarians at the American Library in Paris, this is an unforgettable story of romance, friendship, family, and the power of literature to bring us together, perfect for fans of *The Lilac Girls* and *The Paris Wife*. Paris, 1939: Young and ambitious Odile Souchet has it all: her handsome police officer beau and a dream job at the American Library in Paris. When the Nazis march into Paris, Odile stands to lose everything she holds dear, including her beloved library. Together with her fellow librarians, Odile joins the Resistance with the best weapons she has: books. But when the war finally ends, instead of freedom, Odile tastes the bitter sting of unspeakable betrayal. Montana, 1983: Lily is a lonely teenager looking for adventure in small-town Montana. Her interest is piqued by her solitary, elderly neighbor. As Lily uncovers more about her neighbor's mysterious past, she finds that they share a love of language, the same longings, and the same intense jealousy, never suspecting that a dark secret from the past connects them. A powerful novel that explores the consequences of our choices and the relationships that make us who we are—family, friends, and favorite authors—*The Paris Library* shows that extraordinary heroism can sometimes be found in the quietest of

Ultra running is one of the world's fastest growing sports and in Ian Corless who runs the scene's most influential podcast, ultra-running has the perfect author to chronicle its rise. *Running Beyond* is a homage to the sport's legendary races, unique, commissioned photography, captures the diverse and striking terrain - from mountail peaks, to jungles and deserts. Through interviews with the legendary athletes of the sport, *Running Beyond* is the ultimate homage to the ultra-running world. Foreword by record-breaking, world number one, Kilian Jornet (*Run or Die*).

Shadow Jumper

Train your dog to deal with distractions

Asphalt to Ecosystems

Part road-trip comedy and part social science experiment, a scientist and a journalist travel the globe to discover the secret behind what makes things funny, questioning countless experts, including Louis C.K., along the way.

Exploring Space

After Chester lands, in the Times Square subway station, he makes himself comfortable in a nearby newsstand. There, he has the good fortune to make three new friends: Mario, a little boy whose parents run the falling newsstand, Tucker, a fast-talking Broadway mouse, and Tucker's sidekick, Harry the Cat. The escapades of these four friends in bustling New York City makes for lively listening and

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humorous entertainment. And somehow, they manage to bring a taste of success to the nearly bankrupt newsstand. Join Chester Cricket and his friends in this classic children's book by George Selden, with illustrations by Garth Williams. *The Cricket in Times Square* is a 1961 Newbery Honor Book.

The City at Eye Level

Although rarely explored in academic literature, most inhabitants and visitors interact with an urban landscape on a day-to-day basis is on the street level. Storefronts, first floor apartments, and sidewalks are the most immediate and common experience of a city. These "plinths" are the ground floors that negotiate between inside and outside, the public and private spheres. *The City at Eye Level* qualitatively evaluates plinths by exploring specific examples from all over the world. Over twenty-five experts investigate the design, land use, and road and foot traffic in rigorously researched essays, case studies, and interviews. These pieces are supplemented by over two hundred beautiful color images and engage not only with issues in design, but also the concerns of urban communities. The editors have put together a comprehensive guide for anyone concerned with improving or building plinths, including planners, building owners, property and shop managers, designers, and architects.

When the Emperor Was Divine

PopSugar Crazy Popular Books of 2020 Amazon Best Romance of the Month Top Ten Best Romances of 2019—Entertainment Weekly SheReads' Most Anticipated Books of 2020 Bustle 17 Best New Books Of December 2019 HelloGiggles 8 Best New Books To Read In December "The perfect quarantine read. It's funny, sweet, and beautifully written. The romance is so perfect it made me ache."
—Alisha Rai, Bustle A funny, sexy, and empowering story from

romance from acclaimed author Kate Clayborn, one little word puts a woman's business—and her heart—in jeopardy . . . Meg Mackworth's hand-lettering skill has made her famous as the Planner of Park Slope, designing custom journals for her New York City clientele. She has another skill too: reading signs that other people miss. Knowing the upcoming marriage of Reid Sutherland and his polished fiancée was doomed to fail is one thing, but weaving a secret word of warning into their wedding program is another. Meg may have thought no one would spot it, but she hadn't counted on sharp-eyed, pattern-obsessed Reid. A year later, Reid has tracked Meg down to find out how she knew that his meticulously planned future was about to implode. But with a looming deadline and a bad case of creative block, Meg doesn't have time for Reid's questions—unless he can help her find her missing inspiration. As they gradually open up to each other, both try to ignore a deepening connection between them. But the signs are there—irresistible, indisputable, urging Meg to heed the messages Reid is sending her, before it's too late . . . Praise for Love Lettering "I can't wait for the whole world to fall in love with Love Lettering!" —Jasmine Guillory "Delicious and beautiful and perfect." —New York Times bestselling author Sarah MacLean "This book will wake you up in the middle of the night aching for these perfectly imperfect characters." —Sonali Dev, author of *Pride, Prejudice, and Other Flavors*

The Face of Emmett Till

Beyond the Backyard

The inspiration for the NBC drama *New Amsterdam* and in the

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Doctors' Training And Learning

spirit of Oliver Sacks, this intensely involving memoir from a former medical director of a major NYC hospital looks poignantly at patients' lives and reveals the author's own battle with cancer. Using the plights of twelve very different patients--from dignitaries at the nearby UN, to supermax prisoners at Riker's Island, to illegal immigrants, and Wall Street tycoons--Dr. Eric Manheimer "offers far more than remarkable medical dramas: he blends each patient's personal experiences with their social implications" (Publishers Weekly). Manheimer was not only the medical director of the country's oldest public hospital for over 13 years, but he was also a patient. As the book unfolds, the narrator is diagnosed with cancer, and he is forced to wrestle with the end of his own life even as he struggles to save the lives of others.

The Alien Adventures of Finn Caspian #1: The Fuzzy Apocalypse

Prince of Persia

Where Do We Go from Here

Along the train lines north of New York City, twelve-year-old neighbors Myla and Peter search for the link between Myla's necklace and the disappearance of Peter's brother, Randall. Thrown into a world of parkour, graffiti, and diamond-smuggling, Myla and Peter encounter a band of thugs who are after the same thing as Randall. Can Myla and Peter find Randall before it's too late, and their shared family secrets threaten to destroy them all? Drawing on urban art forms and local history, Finding Mighty is a mystery that explores the nature of art and the unbreakable bonds of family.

Finding Mighty

If Americans want to know why their health care is so costly and getting costlier, they need only look in the mirror. Americans are notoriously unhealthy—we eat too much, drink too much, and sit too much. When roughly 80 percent of cardiovascular disease and 40 percent of all cancer cases could be prevented by simple lifestyle changes, it is time to take a deeper look at the problem and ask who is truly responsible. Consider that:

- After seventy years of innovation, heart disease and cancer remain the top two causes of death in the United States.
- In 1960, health care spending was 5 percent of America's GDP; today, it is 17.5 percent.
- The government spends over \$1 trillion annually on health care.
- Nearly one in five American deaths is associated with poor diets.
- Simply reducing sodium intake by 1,200 mg per day could save up to \$20 billion a year in medical costs.

In *Make America Healthy Again*, Nicole Saphier, a Memorial Sloan Kettering physician, nationally recognized patient advocate, and media personality, reveals how individual negligence and big government incompetence have destroyed America's health care system. Combining historical events, economic trends, and essential lifestyle advice, with her unique perspective, she offers concrete solutions to address this epic problem. We don't need socialized medicine—we need to take better care of ourselves. By getting healthier and adopting preventative measures, Saphier believes, we can reduce the astronomical costs of treatment and improve overall care. The only way to lower medical costs for everyone is to stop incentivizing bad health decisions. Policies such as the Affordable Care Act and single-payer plans ignore something crucial to lowering the overall financial burden: personal responsibility. We can no longer expect doctors and the government to fix illnesses we have the power to prevent. Regardless of which health policy is adopted, our nation will flounder unless we take action. It is up to the American people to

The Life of a Photographer

Collecting Steve Rogers: Super-Soldier #1-4, Captain America Comics #1. Originally a 90-pound weakling from New York City's Lower East Side, Steve Rogers was transformed into Captain America by the legendary Super-Soldier serum - shortly before the formula was lost, seemingly forever. But now, years later, the grandson of the treatment's creator has rediscovered the serum and plans to sell it to the highest bidder. Suddenly, Rogers is confronted with the possibility of a world overrun by Super-Soldiers, in which any despot willing to pony up the cash could have his very own unstoppable army. Can Rogers prevent the formula from changing hands before it's too late?

All Things Cease to Appear

Based on the Peabody Award-winning podcast, this tech-filled adventure series pits intrepid Mars Patel and his outcast friends against a brilliant, enigmatic billionaire as they race to figure out why kids are disappearing from their school. Mars Patel's friend Aurora has disappeared! His teachers are clueless. His mom is stressed out about her jobs. But Mars refuses to give up—after all, his own dad disappeared when Mars was a toddler, before he and Ma moved to Puget Sound from India. Luckily, Mars has a group of loyal friends eager to help—smart Toothpick, strong and stylish JP, and maybe-telepathic Caddie. The clues seem to point toward eccentric tech genius (and Mars's hero) Oliver Pruitt, whose popular podcast now seems to be commenting on their quest! But when the friends investigate Pruitt's mysterious, elite school, nothing is as it seems—and anyone could be deceiving them. Slick science, corporate conspiracies, and an endearingly nerdy

protagonist make this first book in the series a fresh, exciting sci-fi adventure.

Learning Targets

Collects Marvel's The Avengers #1-2, Avengers: Cinematic Infinite Comic #1, Avengers (1963) #57-58, Avengers (1998) #22, Avengers (2010) #12.1.

Steve Rogers

Explorer Troop 301 tries to save an exploding planet from a fluffy bunny and a devious alien in the first book of this funny, highly illustrated chapter book series based on the award-winning kids' podcast! Eight-year-old Finn is the first kid born in space and he spends his days looking for a new planet to call him with his three best friends and his robot, Foggy. He's used to wild, galaxy hopping adventures. But when Explorer Troop 301 gets stuck on a planet that's about to explode, Finn and his friends will have to face giant aliens, a leader with mind control powers, and one evil, fluffy bunny rabbit in order to save the planet . . . and themselves. Blast off into a brand-new adventure inspired by the popular award-winning kids' podcast! Like the podcast, the books are sort of like Scooby-Doo meets Buffy the Vampire Slayer in space. The story centers on Finn Caspian, an 8-year-old boy aboard The Famous Marlowe 280 Interplanetary Exploratory Space Station. He and his friends Abigail, Elias, and Vale are Explorers Troop 301, taking off from the Marlowe to explore uncharted planets, help the occasional alien, and solve a mystery that threatens to destroy the Marlowe. The books in this series are for kids ages 7 to 12 looking for a funny, illustrated story to tear through. They contain no violence, a little bit of suspense, and some aliens who are real chuckleheads

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