

Awareness The Perils And Opportunities Of Reality

Understanding Socialism American Dharma Blindspot Ride the Tiger The Glass Cage Cyber Insecurity The Art of Being The Saskiad How to Make Millions with Your Ideas Mind Time: How ten mindful minutes can enhance your work, health and happiness Praying Naked Big Friendship Awareness Games One Minute Nonsense Refugee Awareness One Minute Wisdom Kahlil Gibran's Little Book of Life The Healing Drum The Perils of Prosperity, 1914-1932 Attachment in Psychotherapy Ten Arguments for Deleting Your Social Media Accounts Right Now The Perils of "Privilege" Personal Security The Future of the Public's Health in the 21st Century Rediscovering Life Anthony Demello SJ The Power Paradox Many Colors The Prayer of the Frog You Can Be Happy No Matter What Countertransference and the Therapist's Inner Experience The Yellow Wall Paper Sadhana 21st Century Technologies Promises and Perils of a Dynamic Future The Spiritual Wisdom of Anthony de Mello Seek God Everywhere Teaching with Poverty in Mind Sadhana Perilous Bounty

Understanding Socialism

The United States is currently undergoing the most rapid demographic shift in its history. By 2050, white Americans will no longer comprise a majority of the population. Instead, they'll be the largest minority group in a country made up entirely of minorities, followed by Hispanic Americans, African Americans, and Asian Americans. Past shifts in America's demographics always reshaped the country's religious landscape. This shift will be no different. Soong-Chan Rah's book is intended to equip evangelicals for ministry and outreach in our changing nation. Borrowing from the business concept of "cultural intelligence," he explores how God's people can become more multiculturally adept. From discussions about cultural and racial histories, to reviews of case-study churches and Christian groups that are succeeding in bridging ethnic divides, Rah provides a practical and hopeful guidebook for Christians wanting to minister more effectively in diverse settings. Without guilt trips or browbeating, the book will spur individuals, churches, and parachurch ministries toward more effectively bearing witness to the gospel of Jesus Christ, the Good News for people of every racial and cultural background. Its message is positive; its potential impact, transformative.

American Dharma

You've come up with a brilliant idea for a brand-new product or service you know could make you rich. Or maybe you currently own a business that pays the bills, and your dream is to become fabulously successful and retire a millionaire. But how? How to Make Millions with Your Ideas has all the answers. This book is packed with the true stories and proven advice of ordinary people who began with just an idea, a simple product, or a fledgling business and wound up with millions. It examines the methods and principles of dozens of successful entrepreneurs, including author Dan Kennedy's surefire, easy-to-follow Millionaire Maker Strategies. It helps you determine which of three paths to success are best for you and guides you step-by-step down that path on your way to fortune. Discover:

- The eight best ways to make a fortune from scratch
- How to turn a hobby into a million-dollar enterprise
- How to sell an existing business for millions
- The power of electronic media to help make you rich
- The "Million Dollar Rolodex" of contacts and information you can use to get on the road to wealth

Blindspot

Beginning with Woodrow Wilson and U.S. entry into World War I and closing with the Great Depression, *The Perils of Prosperity* traces the transformation of America from an agrarian, moralistic, isolationist nation into a liberal, industrialized power involved in foreign affairs in spite of itself. William E. Leuchtenburg's lively yet balanced account of this hotly debated era in American history has been a standard text for many years. This substantial revision gives greater weight to the roles of women and minorities in the great changes of the era and adds new insights into literature, the arts, and technology in daily life. He has also updated the lists of important dates and resources for further reading. "This book gives us a rare opportunity to enjoy the matured interpretation of an American Historian who has returned to the story and seen how recent decades have added meaning and vividness to this epoch of our history." Daniel J. Boorstin, from the Preface

Ride the Tiger

An inspirational course on the spiritual life focuses on the theme of awareness, discussing the issues of change, suffering, and loss, and explaining how to cope with one's emotions

The Glass Cage

A close friendship is one of the most influential and important relationships a human life can contain. Anyone will tell you that! But for all the rosy sentiments surrounding friendship, most people don't talk much about what it really takes to stay close for the long haul. Now two friends, Aminatou Sow and Ann Friedman, tell the story of their equally messy and life-affirming Big Friendship in this honest and hilarious book that chronicles their first decade in one another's lives. As the hosts of the hit podcast *Call Your Girlfriend*, they've become known for frank and intimate conversations. In this book, they bring that energy to their own friendship—its joys and its pitfalls. Aminatou and Ann define Big Friendship as a strong, significant bond that transcends life phases, geographical locations, and emotional shifts. And they should know: the two have had moments of charmed bliss and deep frustration, of profound connection and gut-wrenching alienation. They have weathered life-threatening health scares, getting fired from their dream jobs, and one unfortunate Thanksgiving dinner eaten in a car in a parking lot in Rancho Cucamonga. Through interviews with friends and experts, they have come to understand that their struggles are not unique. And that the most important part of a Big Friendship is making the decision to invest in one another again and again. An inspiring and entertaining testament to the power of society's most underappreciated relationship, *Big Friendship* will invite you to think about how your own bonds are formed, challenged, and preserved. It is a call to value your friendships in all of their complexity. Actively choose them. And, sometimes, fight for them.

Cyber Insecurity

In the personal story of internationally acclaimed drummer Yaya Diallo we see the power of music as a sacred, healing force in West African culture.

The Art of Being

Awareness Games are enjoyable but surprisingly deep games you can play with your own mind. Kind of like meditating only more fun and less work. And not so serious. Awareness Games are ways to play with your mind to point it towards the infinite well of happiness and joy

that lies within each of us. Play with pure awareness and discover the background of all experience, where happiness is hiding in plain sight.

The Saskiad

Growing dependence on cyberspace for commerce, communication, governance, and military operations has left society vulnerable to a multitude of security threats. Mitigating the inherent risks associated with the use of cyberspace poses a series of thorny public policy problems. In this volume, academics, practitioners from both private sector and government, along with former service members come together to highlight sixteen of the most pressing contemporary challenges in cybersecurity, and to offer recommendations for the future. As internet connectivity continues to spread, this book will offer readers greater awareness of the threats of tomorrow—and serve to inform public debate into the next information age. Contributions by Adrienne Allen, Aaron Brantly, Lauren Boas Hayes, Jane Chong, Joshua Corman, Honorable Richard J. Danzig, Kat Dransfield, Ryan Ellis, Maily Fidler, Allan Friedman, Taylor Grossman, Richard M. Harrison, Trey Herr, Drew Herrick, Jonah F. Hill, Robert M. Lee, Herbert S. Lin, Anastasia Mark, Robert Morgus, Paul Ohm, Eric Ormes, Jason Rivera, Sasha Romanosky, Paul Rosenzweig, Matthew Russell, Nathaniel Tisa, Abraham Wagner, Rand Waltzman, David Weinstein, Heather West, and Beau Woods.

How to Make Millions with Your Ideas

An unsettling journey into the United States' disaster-bound food system, and an exploration of possible solutions, from leading food politics commentator and farmer-turned-journalist Tom Philpott. More than a decade after Michael Pollan's game-changing *The Omnivore's Dilemma* transformed the conversation about what we eat, a combination of global diet trends and corporate interests have put American agriculture into a state of "quiet emergency," from dangerous drought in California--which grows more than fifty percent of the fruits and vegetables we eat--to catastrophic topsoil loss in the "breadbasket" heartland of the United States. Whether or not we take heed, these urgent crises of industrial agriculture will define our future. In *Perilous Bounty*, veteran journalist and former farmer Tom Philpott explores and exposes the small handful of seed and pesticide corporations, investment funds, and magnates who benefit from the trends that imperil us, with on-the-ground dispatches featuring the scientists documenting the damage and the farmers and activists who are valiantly and inventively pushing back. Resource scarcity looms on the horizon, but rather than pointing us toward an inevitable doomsday, Philpott shows how the entire wayward ship of American agriculture could be routed away from its path to disaster. He profiles the farmers and communities in the nation's two key growing regions developing resilient, soil-building, water-smart farming practices, and readying for the climate shocks that are already upon us; and he explains how we can help move these methods from the margins to the mainstream.

Mind Time: How ten mindful minutes can enhance your work, health and happiness

A guide to well-being from the renowned social psychologist and New York Times—bestselling author of *The Art of Loving* and *Escape from Freedom*. Though laptops, smartphones, and TVs have in many ways made life more convenient, they have also disconnected us from the real world. Days are spent going from screen to machine, machine to screen. In *The Art of Being*, renowned humanist philosopher and psychoanalyst Erich Fromm draws from sources as

varied as Sigmund Freud, Buddha, and Karl Marx to find a new, centered path to self-knowledge and well-being. In order to truly live, Fromm argues, we must first understand our purpose, and the places where we lost it. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

Praying Naked

The anthrax incidents following the 9/11 terrorist attacks put the spotlight on the nation's public health agencies, placing it under an unprecedented scrutiny that added new dimensions to the complex issues considered in this report. *The Future of the Public's Health in the 21st Century* reaffirms the vision of *Healthy People 2010*, and outlines a systems approach to assuring the nation's health in practice, research, and policy. This approach focuses on joining the unique resources and perspectives of diverse sectors and entities and challenges these groups to work in a concerted, strategic way to promote and protect the public's health. Focusing on diverse partnerships as the framework for public health, the book discusses: The need for a shift from an individual to a population-based approach in practice, research, policy, and community engagement. The status of the governmental public health infrastructure and what needs to be improved, including its interface with the health care delivery system. The roles nongovernment actors, such as academia, business, local communities and the media can play in creating a healthy nation. Providing an accessible analysis, this book will be important to public health policy-makers and practitioners, business and community leaders, health advocates, educators and journalists.

Big Friendship

It is taken for granted that power corrupts. This is reinforced culturally by everything from Machiavelli to contemporary politics. But how do we get power? And how does it change our behavior? So often, in spite of our best intentions, we lose our hard-won power. Enduring power comes from empathy and giving. Above all, power is given to us by other people. This is what all-too-often we forget, and what Dr. Keltner sets straight. This is the crux of the power paradox: by fundamentally misunderstanding the behaviors that helped us to gain power in the first place we set ourselves up to fall from power. We can't retain power because we've never understood it correctly, until now. Power isn't the capacity to act in cruel and uncaring ways; it is the ability to do good for others, expressed in daily life, and itself a good a thing. Dr. Keltner lays out exactly--in twenty original "Power Principles"-- how to retain power, why power can be a demonstrably good thing, and the terrible consequences of letting those around us languish in powerlessness.

Awareness Games

Maintain peace of mind while you are working or living abroad--wherever and however you travel. As an international traveler, you know there are risks. But are you doing everything you can to protect yourself and your belongings? Whether you are traveling for work or pleasure, *Personal Security: A Guide for International Travelers* enables you to prevent security incidents and react in life-saving ways during a crisis. This comprehensive manual answers questions such as: Which criteria should you use for selecting the safest hotel or airline? How to deal with corrupt officials? What are special considerations for women, families, elderly, or travelers with disabilities? What support can you expect from your organization and what are your responsibilities? Benefit from lessons learned from leading experts and seasoned travelers

Learn how criminals select their targets and manipulate situations, whether for street crime or serious attack such as kidnapping or terrorism See yourself from the local perspective Deal with common travel inconveniences and stress factors proactively Improve your situational awareness Increase your effectiveness by realistically assessing threats Make the most out of the opportunities that traveling brings Tanya Spencer has traveled extensively to high-risk destinations and has trained 1000s of people how to safely navigate the complexities of international travel. Emphasizing prevention, the book covers medical, cultural, and political considerations, so you understand exactly what you must do before and while you are abroad. It provides flexible frameworks, models, and tools that allow you to easily apply the wealth of tips and advice to any travel situation you might face. Before your next trip, benefit from these time-tested strategies for proactively managing travel risks.

One Minute Nonsense

In *Teaching with Poverty in Mind: What Being Poor Does to Kids' Brains and What Schools Can Do About It*, veteran educator and brain expert Eric Jensen takes an unflinching look at how poverty hurts children, families, and communities across the United States and demonstrates how schools can improve the academic achievement and life readiness of economically disadvantaged students. Jensen argues that although chronic exposure to poverty can result in detrimental changes to the brain, the brain's very ability to adapt from experience means that poor children can also experience emotional, social, and academic success. A brain that is susceptible to adverse environmental effects is equally susceptible to the positive effects of rich, balanced learning environments and caring relationships that build students' resilience, self-esteem, and character. Drawing from research, experience, and real school success stories, *Teaching with Poverty in Mind* reveals * What poverty is and how it affects students in school; * What drives change both at the macro level (within schools and districts) and at the micro level (inside a student's brain); * Effective strategies from those who have succeeded and ways to replicate those best practices at your own school; and * How to engage the resources necessary to make change happen. Too often, we talk about change while maintaining a culture of excuses. We can do better. Although no magic bullet can offset the grave challenges faced daily by disadvantaged children, this timely resource shines a spotlight on what matters most, providing an inspiring and practical guide for enriching the minds and lives of all your students.

Refugee

Awareness

Countertransference and the Therapist's Inner Experience explores the inner world of the psychotherapist and its influences on the relationship between psychotherapist and patient. This relationship is a major element determining the success of psychotherapy, in addition to determining how and to what extent psychotherapy works with each individual patient. Authors Charles J. Gelso and Jeffrey A. Hayes present the history and current status of countertransference, offer a theoretically integrative conception, and focus on how psychotherapists can manage countertransference in a way that benefits the therapeutic process. The book contains completely up-to-date data from existing research findings, and illuminates the universality of countertransference across all psychotherapies and psychotherapists. Contents include: *the operation of countertransference across three

predominant theory clusters in psychotherapy; *leading factors involved in the management of countertransference; and *valuable recommendations for psychotherapy practitioners and researchers. Professionals in clinical and counseling psychology, psychiatry, social work, and counseling will benefit from this volume. The book is also appropriate for graduate students in these fields.

One Minute Wisdom

Kahlil Gibran's Little Book of Life

In *The Glass Cage*, Pulitzer Prize nominee and bestselling author Nicholas Carr shows how the most important decisions of our lives are now being made by machines and the radical effect this is having on our ability to learn and solve problems. In May 2009 an Airbus A330 passenger jet equipped with the latest "glass cockpit" controls plummeted 30,000 feet into the Atlantic. The reason for the crash: the autopilot had routinely switched itself off. In fact, automation is everywhere — from the thermostat in our homes and the GPS in our phones to the algorithms of High Frequency Trading and self-driving cars. We now use it to diagnose patients, educate children, evaluate criminal evidence and fight wars. But psychological studies show that we perform best when fully involved in a task, while the principle of automation — that humans are inefficient — is self-fulfilling. The glass cockpit is becoming a glass cage. In this utterly engrossing exposé, bestselling writer Nicholas Carr reveals how automation is affecting our ability to solve problems, forge memories and acquire skills. Rather than rejecting technology, Carr argues that we must urgently rethink its role in our lives, using it to enhance rather than diminish the extraordinary abilities that make us human.

The Healing Drum

"You might have trouble imagining life without your social media accounts, but virtual reality pioneer Jaron Lanier insists that we're better off without them. In *Ten Arguments for Deleting Your Social Media Accounts Right Now*, Lanier, who participates in no social media, offers powerful and personal reasons for all of us to leave these dangerous online platforms"--

The Perils of Prosperity, 1914-1932

In his books *Awareness* and *The Way to Love*, among others, the internationally acclaimed spiritual guide Anthony de Mello presented an approach to spirituality that integrated the ancient traditions of the East with the psychological and philosophical perspectives of the West. Twenty years after his death, de Mello's books continue to attract readers and his work remains a powerful influence on contemporary spiritual thought and practices. J. Francis Stroud, S.J., who helped de Mello with his hugely successful lectures, seminars, and books, has dedicated himself to keeping de Mello's teachings alive through the de Mello Spirituality Center at Fordham University. In *Praying Naked*, Father Stroud draws on his peerless understanding of de Mello's works to help readers keep their lives on track and navigate their own spiritual journeys. In clear, simple language, he explains how to master de Mello's approach to meditation and shows that meditating for even as little as three minutes a day can resolve the problems caused by difficult life conditions and guide us on the quest for spiritual happiness, self-discovery, and self-awareness. From the Trade Paperback edition.

Attachment in Psychotherapy

A blend of history, analysis, and theory, ""Understanding Socialism"" is an honest and approachable text that knocks down false narratives, confronts failures and challenges of various socialist experiments throughout history, and offers a path to a new socialism based on workplace democracy. ""Richard Wolff's book is the best accessible and reliable treatment we have of what socialism is, was, and should be." - Cornel West "In the same accessible style that has made his programs and lectures such a hit, he explains his subject in a way that's not only smart, but makes the rest of us feel smart. It's actionable intelligence for the every person." - Laura Flanders "Lucid, brilliant and uncompromising in his dissection of the capitalist system he also provides a sane and just socialist alternative to capitalist exploitation, one we must all fight to achieve." - Chris Hedges

Ten Arguments for Deleting Your Social Media Accounts Right Now

The Perils of "Privilege"

For the past eighty years, the beautiful words of the Lebanese-American poet Kahlil Gibran have graced everything from greeting cards and wedding invitations to inspirational wall hangings and corporate motivational literature. By one account, Gibran is the third bestselling poet of all time, after Shakespeare and Lao-Tzu. In this beautiful gift book, we discover the essential wisdom about what it means to be alive. For Gibran life is the energy that saturates all we see and feel—as well as what we can only imagine. Here are over 100 fables, aphorisms, parables, stories, and poems from the author of *The Prophet*. Here on display is that visionary voice of comfort, love, and tolerance. *Listening to Nature's Life* Taking time to listen to the natural world reveals a new dimension of being human. It is as if all of nature were already within us, reminding us of our connection to the one life we share. *Solitude* Solitude is a silent storm that breaks down all our dead branches. Yet it sends our living roots deeper into the living heart of the living earth.

Personal Security

Anthony deMello, an Indian Jesuit who died in 1987, was along the most popular and influential spiritual teachers of our time. Through his books and retreats he achieved a world-wide following that has only continued to grow in recent years. But who was Anthony deMello? What were the sources that nourished his spiritual development? In this biography, Bill deMello, Tony's younger brother, provides an honest and intimate portrait.

The Future of the Public's Health in the 21st Century

This book reviews the extraordinary promise of technological advances over the next twenty years or so, and assesses some of the key issues -- economic, social, environmental, ethical -- that decision-makers in government, business and society will face in the decades ahead.

Rediscovering Life

Shares a new way to look at the world and God, by being aware of the circuitous and habitual nature of thought, allowing readers to find hope and release feelings of isolation, anger,

depression, and sadness.

Anthony Demello SJ

A pair of leading psychologists argues that prejudice toward others is often an unconscious part of the human psyche, providing an analysis of the science behind biased feelings while sharing guidelines for identifying and learning from hidden prejudices. 15,000 first printing.

The Power Paradox

This eloquent book translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development. Advancing a model of treatment as transformation through relationship, the author integrates attachment theory with neuroscience, trauma studies, relational psychotherapy, and the psychology of mindfulness. Vivid case material illustrates how therapists can tailor interventions to fit the attachment needs of their patients, thus helping them to generate the internalized secure base for which their early relationships provided no foundation. Demonstrating the clinical uses of a focus on nonverbal interaction, the book describes powerful techniques for working with the emotional responses and bodily experiences of patient and therapist alike.

Many Colors

Anthony de Mello was a Jesuit priest from India. He fuses spiritual ideas from many religions in a way that makes them accessible to readers. This book is in the form of a lecture at a retreat and it deals with the notion that we walk through life in a kind of sleep that prevents us from achieving a real connection to God and to ourselves. This book contains the following lectures: On Waking Up Will I Be Of Help To You? On The Proper Kind Of Selfishness On Wanting Happiness Are We Talking About Psychology In This Spirituality Course? Neither Is Renunciation The Solution Listen And Unlearn What's On Your Mind? Good Bad Or Lucky Our Illusion About Others Self-Observation Awareness Without Evaluating Everything The Illusion Of Rewards Finding Yourself Stripping Down To The 'I' Negative Feelings Toward Others On Dependence How Happiness Happens Fear The Root Of Violence Awareness And Contact With Reality Good Religion -The Antithesis Of Unawareness Labels Obstacles To Happiness Four Steps To Wisdom All's Right With The World Sleepwalking Change As Greed A Changed Person Arriving At Silence Losing The Rat Race Permanent Worth Desire, Not Preference Clinging To Illusion Hugging Memories Getting Concrete At A Loss For Words Cultural Conditioning Filtered Reality Detachment Addictive Love More Words Hidden Agendas Giving In Assorted Landmines The Death Of Me Insight And Understanding Not Pushing It Getting Real Assorted Images Saying Nothing About Love Losing Control Listening To Life The End Of Analysis Dead Ahead The Land Of Love

The Prayer of the Frog

The past couple of decades have witnessed Buddhist communities both continuing the modernization of Buddhism and questioning some of its limitations. In this fascinating portrait of a rapidly changing religious landscape, Ann Gleig illuminates the aspirations and struggles of younger North American Buddhists during a period she identifies as a distinct stage in the assimilation of Buddhism to the West. She observes both the emergence of new innovative forms of deinstitutionalized Buddhism that blur the boundaries between the religious and

secular, and a revalorization of traditional elements of Buddhism such as ethics and community that were discarded in the modernization process. Based on extensive ethnographic and textual research, the book ranges from mindfulness debates in the Vipassana network to the sex scandals in American Zen, while exploring issues around racial diversity and social justice, the impact of new technologies, and generational differences between baby boomer, Gen X, and millennial teachers.

You Can Be Happy No Matter What

"A novel wise in the complexities of adolescence and the human heart." --The Washington Post Longing to escape the rundown commune outside of Ithaca, New York where she lives with her organic-farmer mother, assorted half-siblings, and a cow named Marilyn, the precociously well-read Saskia White, twelve, imagines herself as the noble contemporary of Odysseus, Marco Polo, and Horatio Hornblower. But Saskia's elaborate fantasies are soon upstaged by her real-life, long-lost father, who leads Saskia and her best friend Jane on a camping trip that turns into an epic adventure of love, sex, and lies. Saskia is as unforgettable as her own heroes, a young girl whose story resonates with a rare and joyous sense of life and discovery.

Countertransference and the Therapist's Inner Experience

The Yellow Wall Paper

The author of the #1 New York Times bestseller Don't Sweat the Small Stuff shows readers how to achieve happiness NOW—without solving your problems first. Stop waiting for the best part of your life to begin, or for things get better soon. Dr. Richard Carlson, the author who helped millions of readers stop sweating the small stuff, reminds us all You Can Be Happy No Matter What. Interactive Edition: In this edition, people can experience the book in a wholly new way with Carlson's narration of illuminating passages about living joyfully in the present moment. You'll discover how understanding five principles—Thought, Moods, Separate Realities, Feelings, and the Present Moment—allows for a new way of living without repressing natural emotions or allowing thoughts or feelings to overwhelm you. Every moment of every day, our minds are working to make sense out of what we see and experience. Yet this is one of the least understood principles in our psychological makeup. Carlson's breakthrough work in understanding the nature of thought can be the foundation to a fully functional life. This interactive book aids anyone in understanding the ups and downs of life and how to build resilience. Most importantly, Carlson reminds us not to let the downside get in the way of living joyfully, despite the daily challenges we all face. In his own words, "Happiness is a state of mind, not a set of circumstances." "A needed counterbalance to the therapy junkie's tendency to wallow in "processing" while life's beauty passes them by." Yoga Journal "Very helpful—solid, sensible, and filled with loving guidance." Dr. Wayne Dyer, author of Your Erroneous Zones

Sadhana

The Spiritual Exercises of St. Ignatius is one of the great masterpieces of the Christian canon. A series of meditations and practices that guides seekers on a journey to spiritual perfection, this manual has been used by millions of religious and lay persons alike for centuries. Now, in

the first new Anthony de Mello book in more than fifteen years, the bestselling author of *Awareness* takes readers on an in-depth exploration of the practices of St. Ignatius and offers simple guidance and wisdom to help readers navigate the sometimes-confusing byways on the journey to God. Drawn from a series of talks de Mello gave before his untimely death in 1987, this book challenges us to achieve new levels of understanding and inner exploration, with chapters on how to hear the voice of the divine, the need for repentance, and how to ascend to love in our day-to-day life. A must-have for fans of de Mello's work and anyone interested in learning to pray in profound and meaningful ways, *Seek God Everywhere* is an inspirational and practical work that will transform your life. From the Trade Paperback edition.

21st Century Technologies Promises and Perils of a Dynamic Future

Privilege—the word, the idea, the j'accuse that cannot be answered with equanimity—is the new rhetorical power play. From social media to academia, public speech to casual conversation, “Check your privilege” or “Your privilege is showing” are utilized to brand people of all kinds with a term once reserved for wealthy, old-money denizens of exclusive communities. Today, “privileged” applies to anyone who enjoys an unearned advantage in life, about which they are likely oblivious. White privilege, male privilege, straight privilege—those conditions make everyday life easier, less stressful, more lucrative, and generally better for those who hold one, two, or all three designations. But what about white female privilege in the context of feminism? Or fixed gender privilege in the context of transgender? Or weight and height privilege in the context of hiring practices and salary levels? Or food privilege in the context of public health? Or two parent, working class privilege in the context of widening inequality for single parent families? In *The Perils of Privilege*, Phoebe Maltz Bovy examines the rise of this word into extraordinary potency. Does calling out privilege help to change or soften it? Or simply reinforce it by dividing people against themselves? And is privilege a concept that, in fact, only privileged people are debating?

The Spiritual Wisdom of Anthony de Mello

A tour de force from acclaimed author Alan Gratz (*Prisoner B-3087*), this timely -- and timeless -- novel tells the powerful story of three different children seeking refuge.

Seek God Everywhere

IT TAKES JUST TEN MINUTES a day train your mind — you will feel more awake, more alive and more creative. Using these carefully researched exercises you can increase your attention span, realise your potential and use your mind to its full capacity. Yes, just tenshort minutes.

Teaching with Poverty in Mind

Julius Evola's final major work, which examines the prototype of the human being who can give absolute meaning to his or her life in a world of dissolution — Presents a powerful criticism of the idols, structures, theories, and illusions of our modern age — Reveals how to transform destructive processes into inner liberation The organizations and institutions that, in a traditional civilization and society, would have allowed an individual to realize himself completely, to defend the principal values he recognizes as his own, and to structure his life in a clear and unambiguous way, no longer exist in the contemporary world. Everything that has come to predominate in the modern world is the direct antithesis of the world of Tradition, in

which a society is ruled by principles that transcend the merely human and transitory. *Ride the Tiger* presents an implacable criticism of the idols, structures, theories, and illusions of our dissolute age examined in the light of the inner teachings of indestructible Tradition. Evola identifies the type of human capable of "riding the tiger," who may transform destructive processes into inner liberation. He offers hope for those who wish to reembrace Traditionalism.

Sadhana

Through profound spiritual insights and his unique approach to the inner life, internationally acclaimed author Anthony de Mello points the way toward new levels of contemplation, happiness, love, wisdom, and enlightenment. In more than two hundred parables and lessons about living life fully yet simply, de Mello gives examples filled with wisdom that cannot be conveyed in regular direct discourse. Rooted in the spirit of the Gospel and spanning the mystical traditions of East and West, this invigorating volume -- like all the author's previous books -- is intended to enliven our faith and free us from whatever imprisons our mind, body, and soul. *One Minute Wisdom* will lead from sense to sensitivity, from mood to meaning, from thought to feeling. And as de Mello writes, "Wisdom can come without the slightest effort—in the time it takes to open your eyes." Wherever your spiritual belief may lie—or even if you have no beliefs at all—you will find in these pages needed and helpful direction on continuing the process of self-discovering and on finding the satisfying riches that lie deep within you.

Perilous Bounty

[Read More About Awareness The Perils And Opportunities Of Reality](#)

[Arts & Photography](#)

[Biographies & Memoirs](#)

[Business & Money](#)

[Children's Books](#)

[Christian Books & Bibles](#)

[Comics & Graphic Novels](#)

[Computers & Technology](#)

[Cookbooks, Food & Wine](#)

[Crafts, Hobbies & Home](#)

[Education & Teaching](#)

[Engineering & Transportation](#)

[Health, Fitness & Dieting](#)

[History](#)

[Humor & Entertainment](#)

[Law](#)

[LGBTQ+ Books](#)

[Literature & Fiction](#)

[Medical Books](#)

[Mystery, Thriller & Suspense](#)

[Parenting & Relationships](#)

[Politics & Social Sciences](#)

[Reference](#)

[Religion & Spirituality](#)

[Romance](#)

[Science & Math](#)

[Science Fiction & Fantasy](#)

[Self-Help](#)

[Sports & Outdoors](#)

[Teen & Young Adult](#)

[Test Preparation](#)

[Travel](#)